

SUMMERWOOD

live friendly.



Volume 8, Issue 7

Summerwood Community Association

www.summerwood.org

July 2006

Kids 'R' Kids

Kids 'R' Kids of Fall Creek, a childcare facility in Humble Texas, received the Award for Excellence for 2006 from the Better Business Bureau on May 3rd. Kids 'R' Kids of Fall Creek is the first childcare facility in Houston to ever receive this award.

The BBB Award for Excellence recognizes member businesses that maintain a superior commitment to ethics, overall excellence, and quality in the workplace. Customer service and satisfaction is the primary basis for determining the recipients of this award.

Kids 'R' Kids of Fall Creek is a two-story state-of-the-art childcare facility, which prides itself on providing the best care and education for young children. Kids 'R' Kids cares for children ages six weeks through twelve years, offering internet camera access, four outdoor play areas, classroom computers, a library, Nationally recognized curriculum, a water park – (no standing water) and much more.

At Kids 'R' Kids of Fall Creek, our teachers are professional, experienced and trained in early childhood development. Some of our teachers have Child Development Associates in either infant and toddler care or preschool care.

As owner of Kids 'R' Kids of Fall Creek, James Cate believes first and foremost that children should always be "Hugged First ~ Then Taught". Learning should be a happy and rewarding experience for children!

Kids 'R' Kids of Fall Creek's foundation is built upon partnerships between parents and teachers. This mutual relationship offers a strong educational foundation and optimal care for every child. James believes in being supportive of the parents, and welcomes their positive involvement and presence at Kids 'R' Kids at all times. This is why James has put in place an "open door" policy, parents are welcome to visit the school at any time.

Although Kids 'R' Kids of Fall Creek has built a reputation for providing excellence in care and customer service. Being recognized with the BBB Award for Excellence has great meaning to James Cate, the management of the school, and to all the teachers who have made their career in the early childhood field.



Team Yes!

Team Yes! Aquatics of Houston, a nonprofit, year round USA Swimming competitive swim team, is proud to enter our second full year with John Berry as the our head coach. Team YES! is located in the Cy-Fair area and offers practices at the Cy-Falls and Cy-Springs High School facilities.

Coach Berry holds a B.A. in Kinesiology & Business Management with a Minor in Sociology from Ouachita Baptist University, Arkadelphia, AR. Coach Berry has extensive experience as a Head Age Group Coach for Houston area USA Swimming organizations and has been Head Coach for both Texas and Arkansas summer league programs. In addition, he has extensive experience in the organization, management and execution of swimming programs designed to develop and motivate young swimmers. During his collegiate swimming career, Coach Berry was 27 Time NCAA All American, 7 Time NCAA National Champion, 2 Time NCAA National Record Holder and an Olympic Trials Competitor.

Team YES! recognizes that each swimmer has his or her own goals and it is our objective to help your swimmer achieve those goals. Our mission is to emphasize superior technique for each and every program we offer. Our programs range from "learn to swim" for the beginner to the competitive program for more advanced and high school level swimmers. Our practice schedule is designed to keep the groups small so that each participating swimmer receives individual attention and focused technique instruction.

Registration for the 2006-2007 swim season is scheduled to be held at Cy-Falls High School in the swimming pool area on Sunday, August 13, 2006 and Saturday, August 19, 2006 from 2:00 PM to 4:00 PM. For more information visit our website at www.teamyes.net or call and leave a message on our voice mail at 281-443-4002.



View the Summerwood Community Association newsletter each month on-line at www.PEELinc.com

SUMMERWOOD

IMPORTANT NUMBERS

EMERGENCY NUMBERS

Emergency Situations	911
Harris County Sheriff's Dept. (Dispatch)	713-221-6000
Constable - Precinct 3	281-427-4791
Sheldon Road VFD (Dispatch)	281-847-3300
South Lake Houston EMS (Dispatch).....	281-459-1277
Dead Animal Pick-Up (Precinct 1)	281-820-5151
Animal Control	281-999-3191
After Hours	281-221-5000

UTILITY SERVICE NUMBERS

Public Utility Commission Consumer Hotline	888-782-8477
Summerwood Technologies	281-225-1000
(Telephone, Cable, Alarm Monitoring)	
Southwestern Bell Telephone.....	800-464-7928
Entex Gas.....	713-659-2111
Houston Lighting & Power (HL&P).....	713-207-7777
Municipal Utility District (MUD #342).....	713-983-3602
24 Hour Service Number	713-983-3604
Garbage Pick-Up (Republic Waste).....	281-446-2030
(Pick up on Mon. & Thurs - Garbage must be out by 7 a.m.)	

SUMMERWOOD MARKETING

Summerwood New Home Center	281-225-1111
14111 Summerwood Lakes Drive; Houston, TX 77044	

SCHOOLS

Summerwood Elementary.....	281-641-3000
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POST OFFICE

Post Office.....	713-631-2098
9604 Mesa Drive; Houston, TX 77078	

NEWSLETTER PUBLISHER

Peel, Inc.....	512-989-8905
Article Submissions	articles@PEELinc.com
Advertising.....	advertising@PEELinc.com, 512-989-8905

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Submit Information for Publication in the Newsletter

Please help fill the Summerwood Community Association newsletter with news of interest to Summerwood residents. If you have some information that you would like to have published in the newsletter, please visit our web-site: www.PEELinc.com. Articles and/or photos must be received by the 15th of the month for the following month's issue. (Advertising deadline is the 10th of the month.)

Classified

For Sale: 3 tiered concrete backyard fountain/waterfall, 4' wide by 3' tall, \$150 OBO (281) 225-5000 or email for photos/questions: eich@entouch.net

Coffee Tables for Sale: 3 light colored wooden coffee tables with glass tops. Asking \$45 for all three.

Call Ramona 281-458-2830

SUMMERWOOD Moving Sale: full bed and frame, queen bed and frame, misc. window curtains and household items.

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SUMMERWOOD

Cartoon Corner



"Cell phone or no cell phone section?"

LAKEWOOD CRUSADERS

New Beginnings

Bible Study

Friday - July 21, 2006

7:30 P.M. - 8:30 P.M.

Summerwood Community Center

ALL ARE WELCOME

INCLUDING CHILDREN

LIGHT REFRESHMENTS SERVED

Contact:

Pastor Floyd and Alva Perry

gdnw@swbell.net

281-436-0779

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FAMILY OF JOY!

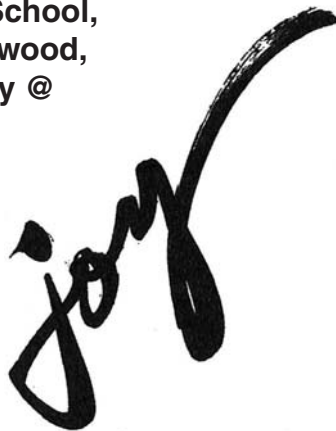
"A Cool Place for KIDS," especially at our new and exciting Vacation Bible School experience called, "Treasure Cove!" Come and experience exciting music, creative scenes and characters, free give-a-ways, and a ton of surprises! All for FREE!

WHEN: July 17-21, evenings (call or see webpage for exact times)

WHERE: Holy Trinity School,
just south of Summerwood,
Lake Houston Parkway @
Lockwood

Regular Sunday's:
Worship: 10:30am
Sunday School: 9:15

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Between FRIENDS



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Mobile: (713) 825-5905, www.tracysoldit.com

July is the month we celebrate our country's Independence, and owning your own home is an important part of realizing the American Dream. If you are buying or selling a home this Patriotic month, please call me so I can help you make a "dream" of a deal!

Many people don't realize the benefits of a Home Protection Plan. However, as an experienced Real Estate Professional, I would like to point out how a quality Home Protection Plan can benefit you, whether you are selling a home or buying one. A good Home Protection Plan ensures the repair or replacement of major home systems and appliances. For Sellers, this provides added value when selling a home. For Buyers, this means peace of mind and confidence in the purchase of a new home. I recommend to all my clients that a Home Protection Plan be included in the transaction of their home, and the company I trust to provide the best service and coverage is Old Republic Home Protection. Call me today for more information about how this valuable service can be put to work for you.

Know anyone who is buying or selling real estate? Please pass my name on to friends, family, and co-workers so that I can use my skills, knowledge, and background in the real estate industry to help them with their sale or purchase.



If you are working with another Real Estate Professional, please disregard this notice.

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Health & Safety



You can improve your heart's function simply by eating heart-healthy foods. Below are foods that make your heart stronger and healthier — and the best news is that many of these foods you love to eat anyway. Now you can "take heart" knowing they are enjoyable and good for you!

Sweet and plump, and the perfect summertime snack, these gems are at the top of the list of nature's antioxidants. They have natural ingredients that neutralize harmful substances that contribute to heart disease, and they help prevent blood clots. Strawberries are another great choice.

Almonds, walnuts, macadamias, and hazelnuts are high in monounsaturated fat, which works to lower "bad" cholesterol levels. Additionally, they are rich in vitamin E — a powerful antioxidant and in the amino acid arginine, which helps keep artery walls strong.

High in the "good" monounsaturated fat, avocados also contain chemicals that inhibit the absorption of cholesterol, and protect against hypertension.

A "healthy" fat, this monounsaturated oil is good for your cholesterol, and using it on salads or to sauté veggies helps you absorb nutrients.

"Flavonols" — the nutrient found in rich, dark chocolate — helps to lower blood pressure and cholesterol levels.

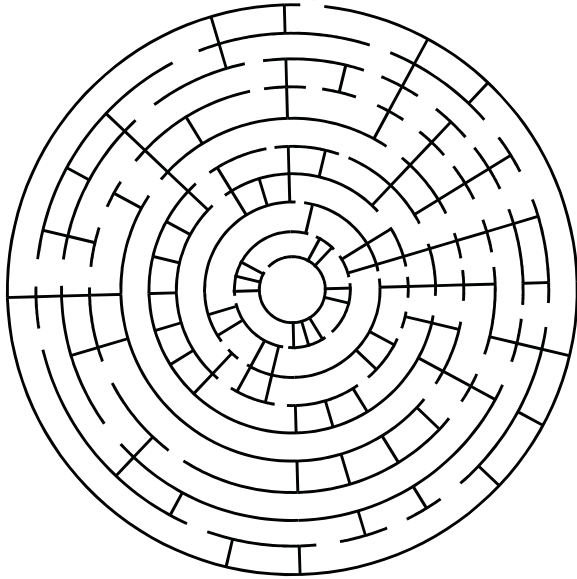
Helpful Hints

When paying bills or making purchases online, the Federal Trade Commission offers these tips to ensure safe, online financial transactions.

Pay bills with and make purchases from only companies you trust. Make sure the company safeguards your personal and financial information before you pay a bill or make a purchase online. Choose passwords that are difficult to hack. Use passwords that contain both letters and numbers—and keep your passwords a *secret*! Keep a copy of all purchase orders and confirmation numbers for bills paid online and online purchases.

Kid's Corner

Start here, and find your way to the center of the maze.



Sudoku

The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

						7	5	
		4	6	2				8
		7		1				
	9				6	5	1	
	3				8	4		
	2				5		4	
	5	3				6		
		8		4	2			

*Solution can be found at www.PEELinc.com

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Children Should Be Hugged First ~ Then Taught

kids R kids
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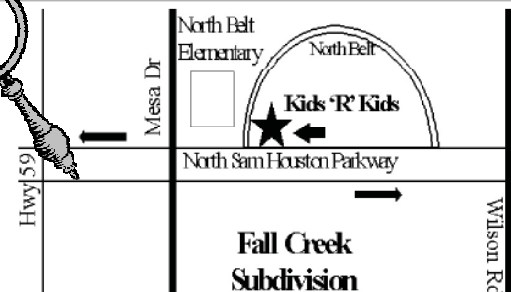
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SUMMERWOOD

Community Emergency Response Team – CERT

Cy-Fair CERT classes now have 53 team members in your neighborhood. These new team members are not only from Copperfield, but Katy, Bear Creek, Cypress, Alief, Tomball, and Sugarland. More trained CERT members will be needed in each of these areas to form teams.

CERT training is designed to prepare you to help yourself, your family, and your neighbors in the event of a catastrophic disaster. Because emergency services personnel will not be able to help everyone immediately, you can make a difference by using this training to save lives and protect property.

This 8 week course (24 hours of training) covers basic skills that are important to know in a disaster when emergency services are not available. You are taught skills about disaster preparedness, small fire suppression, urban search & rescue, medical operations and more. With training, practice and working as a team you will be able to do the greatest good for the greatest number of people after a disaster, while protecting yourself from becoming a victim.

In 2003 President Bush asked Americans to volunteer to serve others. The Harris County Citizen Corps www.harriscountycitizen corps.com was created to help our citizens find volunteer and training opportunities. CERT training is just one of the programs created.

Traing courses are provided throughout Harris County. There is no

cost for this course. A backpack of supplies is provided to all CERT team members during training. This program is brought to you by Harris County Judge Eckels.

For more information on how you can become involved in CERT and to register contact: Sue Zahn Lucas (Cypress Mill Resident), 832-687-5778 or email suezahn58@yahoo.com or Teri Shamlian, 713-594-1159 or email at tshamlian@sbcglobal.net



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Business Classifieds are \$45.00. Please contact Peel, Inc. Sales Office at 512-989-8905 or advertising@PEELinc.com

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Summerwood residents, limit 30 words, please e-mail articles@PEELinc.com

Business classifieds (offering a service or product line for profit) are \$45, limit 40 words, please contact Peel, Inc. Sales @ 512-989-8905 or advertising@PEELinc.com.

Advertising Information

- Please support the businesses that advertise in the Summerwood
- Community Association Newsletter. Their advertising dollars
- make it possible for all residents to receive a newsletter at no
- charge. No homeowners association funds are used to produce or
- mail the newsletters. If you would like to support the newsletter
- by advertising, please contact Peel, Inc. Sales Office at 512-
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- pricing.

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for the following subdivisions:

Austin Area

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Cherry Creek on Brodie Ln.
Circle C Ranch
Courtyard
Coventry
Davenport Ranch
Estates of Shady Hollow
Granada Hills
Harris Branch
Highland Park West Balcones Area
Hutto Parke
Lakeside Estates
North Acres
Ridgewood
Scenic Brook
Sendera
Settlers Estates/Crossing/Overlook
Stone Canyon
Village of Hidden Lake
Westcreek

Dallas Area

Eldorado

Houston Area

Berkshire
Cypress Mill
Fairfield
Harvest Bend, The Village
Hastings Green
High Meadow Ranch
Lakes on Eldridge
Lakes on Eldridge North
Riata Ranch
Ridge Lake Shores
Sommerall
Steeplechase
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Summerwood
Village Creek
Villages of Langham Creek
Waterford Harbor
Willowbridge
Willowlake
Willow Pointe
Winchester Country
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Wortham Village

Who knows the neighborhood better than a NEIGHBOR?



	Dec 05	Jan 06	Feb 06	Mar 06	Apr 06	May 06
\$300,000+	3	0	1	4	0	3
\$250 - 299,999	1	1	2	0	1	4
\$200 - 249,999	4	3	2	3	8	9
\$170 - 199,999	3	2	2	4	4	1
Under \$170,000	4	5	0	4	1	1
TOTAL	15	11	7	15	14	18
AVG \$/Sq Ft	82.62	72.67	78.20	83.54	78.49	78.84

Summerwood Resident



Shalene Fox
Broker

Summerwood's GHBA's Community of the Year 2006

Is your realtor providing this information to potential buyers? Are they even aware of them?

Make sure your realtor knows the neighborhood so you don't miss out on potential sales.

Direct: 832-338-8586 • Email: sfox16@entouch.net

* All figures based off MLS data 5/10/06

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