

The Ranch Review

www.riataranch.net

August 2008

Volume 3, Issue 8

Official Publication of Riata Ranch Homeowners Association

Parenting Our Future: **POWER STRUGGLES**

HOW TO PREVENT POWER STRUGGLES:

1. Recognize that NO ONE EVER REALLY WINS power struggles.
2. Side-step or avoid the power struggle by making requests or giving choices instead of orders and commands.
3. Don't fight with the child (co-worker) and don't give in to the child. Win-win negotiate and be kind yet firm. More on win-win negotiation in later newsletter.
4. Look for useful ways you can feel powerful and respected yourself and allow the people around you, including your children, to feel powerful and respected. Model being respectful by saying Yes Ma'm/Sir, knocking on child's door, etc.
5. Go for what you want rather than having everything your way.
6. TALK LESS and USE KIND TONE OF VOICE to teach your child the same.
7. DISENGAGE FROM THE POWER STRUGGLE (calmly walk away without words)
8. USE ONE WORD OR HAND SIGNALS (Peace sign, thumbs up, etc.)
9. BE FIRM YET KIND AND FOLLOW THRU ALWAYS
10. SAY "NO" IN A FRIENDLY TONE OF VOICE OR IN A FUN SING SONG WAY OR SAY "I'M NOT WILLING" OR SAY "I'LL GET BACK TO YOU."
11. ALLOW CHILD TO HAVE THE LAST WORD.
12. CATCH CHILD BEHAVING WELL AND THEN ACKNOWLEDGE THE GOOD BEHAVIOR instead of focusing on misbehaviors.
13. LET CHILD KNOW HOW VALUABLE AND IMPORTANT HE/SHE IS TO YOU (i.e., TALK POSITIVELY ABOUT THE CHILD TO OTHERS WHEN YOU ARE ON THE PHONE AND THE CHILD IS LISTENING TO YOU.)
14. MAKE PARENTING FUN AND PLAYFUL (i.e., SING "CLEAN UP" WHILE CHILD CLEANS UP ROOM)
15. USE 'GEMS' OFTEN (GENUINE ENCOUNTER MOMENTS). Makes children and adults more cooperative.) More on GEMS in another newsletter.
16. SEEK FIRST TO UNDERSTAND THE CHILD AND BE CLOSELY CONNECTED WITH HIM
17. CHOOSE NOT TO MAJOR IN THE MINORS—IT'S MOSTLY ALL MINOR

(Continued on page 2)

Riata Ranch Kindergarten Round-Up

ATTENTION Future Pumas!

School may be out, but we're gearing up for the Riata Ranch Annual Kindergarten Round-up!

Join other Riata Ranch kindergarteners and their parents as we get ready for the 2008-2009 school year. Our little Pumas will participate in crafts and games, plus have a few snacks. It's a GREAT way to meet your new classmates before school begins. Postma spirit items will also be available for purchase. YOU DON'T WANT TO MISS OUT!!

Saturday, August 16

10:00 am – 11:30 am

Kids R Kids Gymnasium

For more information, or to RSVP,
contact Khristina Howton at
(281) 304-0969 or khowton@sbcglobal.net

Pearl Fincher Museum Day Trip to MFAH

The Pearl Fincher Museum of Fine Arts is offering northwest residents a bus excursion to the Museum of Fine Arts, Houston on Friday, September 26, 2008. The MFAH will be exhibiting "In the Forest of Fontainebleau: Painters and Photographers from Corot to Monet:" as well as several other interesting exhibits.

The bus leaves the parking lot behind the Cypress Creek Christian Church/Barbara Bush Library at 6815 Cypresswood Drive promptly at 9 AM. Bus riders must be age 50 or older.

A minimum non-refundable donation of \$5 to the Pearl Fincher MFA will reserve your seat on the bus. Make your bus reservation by contacting Judi Redilla at jredilla@sbcglobal.net (281-469-3434) or Ethel Petropoulos (281-528-8846).

RiataRanch.net

Riata Ranch

IMPORTANT NUMBERS

Emergency

Sheriff.....	713-221-6000
Fire Department	281-855-1110
Cy-Fair Medical Center	281-890-4285
Memorial City Hospital	713-932-3000
Poison Control	800-222-1222

Schools

Cypress Fairbanks ISD	281-897-4000
Posta Elementary	281-345-3660
Spillane Middle	281-216-1645
Cy-Fair High	281-897-4600
Cy-Falls High.....	281-856-1000
Cy-Fair College.....	281-290-3200

Utilities

HCMUD #196

Billing	281-579-4500
Repairs	281-398-8211
Centerpoint Electric	713-207-2222
Centerpoint Entex Gas	713-659-2111
AT&T/SBC	800-464-7928
Warner Cable.....	713-462-9000
Waste Mgt	713-686-6666
HOA, SCS Mgt.....	281-463-1777
United States Post Office	800-275-8777

Library

Cy-Fair College Library.....	281-290-3210
------------------------------	--------------

Newsletter Publisher

Peel, Inc.....	888-687-6444
Advertising.....	advertising@Peelinc.com, 888-687-6444

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

At no time will any source be allowed to use the Riata Ranch Community Newsletter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from the Riata Ranch Homeowners Association and Peel, Inc. The information in the Riata Ranch Community Newsletter is exclusively for the private use of Riata Ranch Community residents only.

Parenting - (Continued from cover page)

18. HAVE REGULAR FAMILY MEETINGS (more on how to do this later)
19. USING LOVING GUIDANCE WITH CHILD
20. FIND USEFUL WAYS FOR THE CHILD TO FEEL POWERFUL
21. TEACH CHILD TO SAY "NO" RESPECTFULLY TO ADULTS AND TO OTHER CHILDREN (This can keep your children safe.)
22. OFFER CHOICES – MAKES KIDS FEEL VALUABLE, POWERFUL AND SMART
23. DO THE UNEXPECTED (Hug a child who is trying to hit their sibling and tell him you love him)
24. LET GO OF YOUR POSITION
25. USE A SIGNAL THAT THE CHILD CREATES (i.e., one child asked her mom to say "broccoli" when the mom felt they were in a power struggle, and it worked. Another used a hand signal for "peace" when power struggles began, and it worked. Another made the sign of the cross as a signal, and it worked.)

This Is Your Newsletter!

Do you have an idea or suggestion for the newsletter? Want to submit a photo, article, or both? It's easy!! Email the editor at editor@riataranch.net. Articles for the newsletter are finalized on the 10th of the preceding month So if you get your ideas in before the deadline, you should see them in the very next month's newsletter.

We are glad to hear all of the positive feedback and we intend to continue to improving the look and feel of the newsletter according to what you tell us. So get as involved as you like! We look forward to hearing from you.

Advertising Information

Please support the businesses that advertise in the Riata Ranch Community Newsletter. Their advertising dollars make it possible for all residents to receive a newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our Sales Office at 888-687-6444 or advertising@PEELinc.com for ad information and pricing.

Carol L Brown

Certified Public Accountant



*Professional Accounting and Tax Services
For Small Businesses and Individuals*

713-899-1760

15201 Mason Road, Suite 1000, PMB 107

Cypress TX, 77433

Carolbrowncpa@sbcglobal.net

CAM School Supply Drive

Cypress Assistance Ministries

11202 Huffmeister

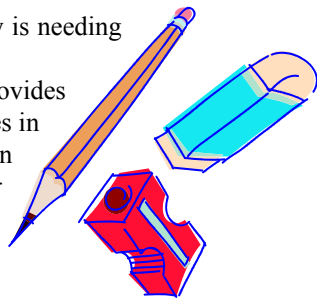
281-955-7684

www.cypressassistance.org

With the start of school just around the corner, CAM's school supply drive is in full swing. In August, we will be handing out school supplies to hundreds of children whose families are served through CAM. Your donations of school supplies are greatly appreciated. For a current list of needed school supplies go to our web site: www.cypressassistance.org.

For the summer, the Food Pantry is needing kid-friendly foods.

Cypress Assistance Ministries provides an array of services to needy families in the Cypress and Northwest Houston area. For a description of all our services, please see our web site, www.cypressassistance.org.



Free Concert

You are invited to a Free Concert, Jacob's Road, at St. John Lutheran Church, Fellowship Center (gym), 15235 Spring Cypress (corner of Spring Cypress and Huffmeister)

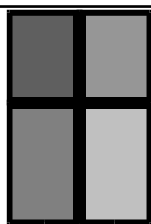
Join us Saturday, August 23, 2008 from 5 - 8 p.m. and be encouraged by the dynamic rhythms and melodies as this contemporary Christian rock group delivers the Word of God in a sincere way.

Hot dogs, drinks & chips will be served beginning at 4:30.

Vacation Watch

At your request, the Harris County Sheriff's Department will put your house on VACATION WATCH. Just go to www.riataranch.net and look for the Vacation Watch form in the FORMS and DOCS section.

Your completed form will need to be submitted to the Sheriff's Department 7 days prior to departure, or just call 713-221-6000.



SAINT AIDAN'S

EPISCOPAL CHURCH

...where people come together...

August Sunday Schedule

9:00am Breakfast

9:45am Worship with Children's Chapel

Saint Aidan's 6th Birthday

Sunday, August 31st

9:00am Breakfast

9:45am Worship

11:30am Birthday Party Lunch

School Year Sunday Schedule

8:00am Worship

9:15am Sunday School for all ages

10:30am Worship

13131 Fry Road ~ Cypress, TX 77433

Check us out on the web at

www.staidanshouston.org

Our Priest, the Rev. Justin A. Lindstrom,
looks forward to meeting you!



Speak Spanish today!

E-ZSpanish.com brings experienced certified Spanish teachers, translators, and interpreters to respond to the needs of students and clients doing business internationally, or those who live or work in a multi-national environment. Each program is tailored to customer specific needs and designed to build language fluency and greater cultural awareness.

Courses start in September

Please visit us at **E-ZSpanish.com**
for more information or call

832-895-0054

Vicky van der Henst-Homsey
Terry Medina

Our services include:

- Conversation classes for adults in a group or private setting. All levels.
- Full-Immersion adult programs.
- Intensive refresher classes for high and middle school students of levels II, III, and IV.
- Translation and interpretation of business documents, and technical publications.
- Business communication assistance with Spanish speaking countries.

Convenient Cy-Fair location!

11210 Steeplecrest Dr. Suite 120
Houston, Texas 77065

Off of West Rd., between 290 and Jones Rd.

Riata Ranch

2008 POOL SEASON

Riata Ranch Homeowners Association, Inc.

The 2008 Swim Season will begin Saturday, May 3, 2008 and pool tags will be required for admittance. The pool will be open the following days in 2008:

DAYS: May 3, 4, 10, 11, 17, 18, 24, 25, 26*
May 30 through August 24
August 30, 31
September 1*

The pool will be open when a lifeguard is on duty during the following hours:

HOURS:	Monday	Closed*
	Tuesday	10:00 am to 8:00 pm
	Wednesday	10:00 am to 8:00 pm
	Thursday	10:00 am to 8:00 pm
	Friday	10:00 am to 8:00 pm
	Saturday	10:00 am to 8:00 pm
	Sunday	12:00 pm to 6:00 pm
	Special Hours:	
	Memorial Day (May 26)	10:00 am to 8:00 pm
	Labor Day (September 1)*	10:00 am to 8:00 pm

*(Closed on Tuesday if Holiday falls on a Monday)

All residents must fill out a 2008 Registration form and return to SCS to arrive no later than May 31, 2008.

A limit of six (6) pool tags per address will be issued. Any applicant requiring more than 6 tags per household should note the circumstances on the back of the pool registration form for review by the board.

The following qualifications must be met in order to use the pool facility:

1. Residents must be current on all Annual Maintenance fees in order to receive tags.
Residents whose annual maintenance fees are not paid in full prior to June 1, 2008, will not be allowed pool privileges for the entire 2008 pool season.
2. Tags must be worn at all times while at the pool.
3. Residents may invite one guest per tag holder.
4. Tags are issued to **full-time household members** listed on your application.
5. The charge for lost, misplaced or stolen pool tags is \$50.00 per tag.

Forms received June 1st or later will incur a processing fee of \$25.00 per household. Your tags will be given or mailed to you, upon receipt of your application and the \$25.00 processing fee.

Note: This \$25.00 processing fee does not apply to new homeowners.

NO TAGS – NO ENTRY INTO POOL

Lone Star College-CyFair

Summer Fun in the Gallery and on Stage - The Bosque Gallery presents a photo exhibition titled "IN-SITU: In the Place. - Italy Summer Study Abroad 2008" (Aug. 12 - Aug. 28). There will be a closing reception Aug. 28. Go to CyFair.LoneStar.edu/bosquegallery for hours and information. Don't miss the theatre's children's show "Go, Dog. Go!" Aug. 4 through Aug. 16. Overflowing with action and canine tom foolery, this early reading book has been embraced and loved since 1961! It's a big dog party for all ages to enjoy. For tickets and information call 281-290-5201 or go to CyFair.LoneStar.edu/boxoffice.

It's not too late to register for fall - Registration continues through Aug. 23 for fall semester. Register for online, weekend, evening or distance learning courses by phone, 281-290-3200 or 832-782-5000; online to CyFair.LoneStar.edu; or in person at one of our conveniently located campuses at 9191 Barker Cypress or 14955 Northwest Freeway. Week day classes begin Aug. 25 with weekend classes beginning Sept. 5-Sept. 7.

Free New Student Orientation and Family Orientations! - Incoming new students and their family members will receive campus tours and learn about academic and student life. Choose among full-day and half day programs that also include My Records training, advising presentation and class registration, or mini orientation programs that include student panel, student activities information and a question and answer session. Programs are available Aug. 6, Aug. 13, Aug. 14 and Aug. 21. Register at CyFair.LoneStar.edu/orientation.

L.I.F.E. Lessons in August - The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) In August, learn the history of, and how to make, ice cream Aug. 6; find out how to make an earth-friendly backyard Aug. 13; restore powers for health and spirit with mindful breathing Aug. 20; and create exquisite and simple clay flowers Aug. 27. Call the library at 281-290-3213 for L.I.F.E. program information or go online to CyFair.LoneStar.edu/library.

Don't want to wait for the mail?
**View the current issue of The Ranch Review
on the 1st day each month at
www.PEELinc.com**

Cypress Lost Pet Alert.com

When a pet is lost, finding the pet means that time is of the essence. It takes time to create, print and distribute flyers. The flyers are many times illegible because of wind or rain. I certainly do not fault the pet owner because I have done this my self.

Frustrated, I thought there has to be a better way. So that is why we created Cypress Lost Pet Alert.com. The idea is to very quickly get the word out through an e-mail alert to as many neighbors as possible plus post the picture and information about the pet on the website under the specific neighborhood.

Once the email alert goes out to the specific neighborhood, many many neighbors are now aware. If they happen to forward the e-mail to their friends who have not signed up, it could mean hundreds of your neighbors are already alerted and are keeping their eyes open for your lost pet.

Cypress Lost Pet Alert.com is on call 7 days a week from sun up to sun down and is free. We are glad to work with any informal e-mail chains. The whole idea is to find lost pets quick for the good neighbors in Riata Ranch.

Please feel free to keep doing your flyers but in the mean time give us a call.

Regards,

RB Cox

alert@CypressLostPetAlert.com

Cypress N Houston @ Barker Cypress

The engineer for HCMUD #196 has informed us that within the next few weeks the county will begin extending Cypress N Houston on the west side of Barker Cypress. It will extend west far enough for Riata West to utilize their main entrance. At that time they will be putting traffic lights in at that intersection which will make it easier to turn south onto Barker Cypress from Cypress N Houston. At the same time, they will be making Cypress N Houston on our side of Barker Cypress 4 lane divided back to the first storm drain. Prior to this we will be taking down the three columns at that entrance along with the flower beds. We will be constructing a new entrance once the road work is complete. The county will not work around the columns. If we don't take them down, the utility crews will.

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Riata Ranch residents, limit 30 words, please e-mail editor@riatranch.net.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales @ 512-989-8905 or advertising@PEELinc.com.

STRONG Vision Center 281-373-3063

- Thorough Adult & Childrens Eye Exams
- Treatment of Eye Disease/Infection
- Large Selection of Glasses & Contact Lenses
- Most Vision Insurance Accepted
- Free Lasik Consultation
- Board Certified Opticians
- Authorized Oakley
Sunglass Dealer

**Mon-Fri 9-6
Sat 9-3**



DR. JANE A.P. STRONG
THERAPEUTIC OPTOMETRIST
Cypress Resident

**17445 Spring Cypress @ 290 • Suite G
Next to Kroger Signature**

www.strongvisionctr.com



SparkPowerBank
www.sparkpowerbank.com

By **Spark Energy**

**We Challenge What You Pay
For Electricity!**

If SparkPowerBank isn't your current
electricity provider...
chances are you're paying too much!

Visit: www.SparkPowerBank.com

Please choose "Newsletter Ad" as your referral on the SparkPowerBank.com website.

Family Volunteering: Doing Good Together

Submitted by Wendi Baird

During a recent camping trip, my children were shocked to see the amount of trash left along the river bank following a long holiday weekend. "Didn't the people see the empty trash cans," asked my daughter with all the childlike wisdom of an eight year old. As we looked downstream, we noticed a lone Park Ranger walking along the banks with a trash bag picking up all the empty cans and other garbage left behind by the holiday revelers.

I saw the light bulbs go off simultaneously in my kids' minds ... "Mom, can we go back to our camper and get some trash bags to help, too?" To be honest, my first thought as a mom was that I didn't want my children touching all that germ-infested garbage. But then I realized what a great learning opportunity this could be. Here was a problem, and it was one that we could work together as a family to remedy. So after walking along the river banks, filling up two trash bags with garbage, we finally caught up to the Park Ranger downstream. Although he was very appreciative of the help, he was quite surprised by our efforts. "You shouldn't have to do this," he said. "It isn't your trash or your responsibility to pick it up".

I don't know what was more disappointing that morning – the fact that this beautiful park was strewn with garbage (while empty trash cans sit in plain site) or the surprise shown by the Park Ranger that someone would voluntarily help pick up the garbage.

It seems that the phrase "That's not in my job description" has become

a common mantra today. I firmly believe that one way to combat the selfish and materialistic attitudes prevalent in our society is through Family Volunteering. It's one thing to tell our children that we need to help others. But actually doing volunteer projects together as a family instills life lessons that won't be readily abandoned later in life.

According to the website www.DoingGoodTogether.org, family volunteering "is a hands-on way to teach children the values of kindness, compassion, tolerance, community responsibility and good citizenship." The website is full of ideas for family volunteer projects. One of my favorites is one that even the youngest children can do. Create a "Giving Box" from an old coffee can or shoe box. Let your children decorate it and then place it in a prominent location in your home. Encourage your children to fill it with any loose change they find. Then as the Holiday Season approaches, let your children help choose where the money will be donated. For example, they could use the money to buy a toy to donate to Blue Santa or to buy canned goods to donate to the local food pantry.

Our children still talk about that family experience of picking up trash along the Frio River. It was gratifying to all of us to see how clean the riverbank looked after spending just a few minutes helping that lone park ranger. But, more importantly, it reinforced to us as parents that it's one thing to teach your children something, but the impact is far greater when you show them!

FINANCIAL PLANNING & RETIREMENT SERVICES SINCE 1977

Retirement is just around the corner. The good news is – so are we.

Robare & Jones is helping neighbors, just like you, turn the corner on their financial planning – and prepare for their retirement years. We are a local, independent asset management company that offers the personal service and professional expertise to help you enjoy the good life. We're here to take care of you every step of the way. To schedule a personal, no-obligation meeting call **281-374-0756**.

Two Chasewood,
20405 State Highway 249, Suite 580
Houston, TX 77070

281-374-0756 tel
info@robare-jones.com
www.robare-jones.com



Securities offered through Triad Advisors. A registered broker/dealer. Member FINRA/SIPC.



Cy-Woods High School's project prom group of parents is busy raising funds for their first post prom celebration in May 2009. With about 930 seniors, WRAP has set a fundraising goal of \$100,000. Kicking off fundraising is the "Pave A Path To Woods" program. By purchasing a brick engraved with a

senior student's name, a lasting memory of this first graduating class will be left at the school and project prom will earn funds at the same time. Bricks are \$100 each and the deadline to purchase is October 1st. Parents, relatives, friends and businesses can participate by buying a brick for their deserving senior. To purchase a brick, contact Cindy Theut c.theut@sbcglobal.net.

Parents can join WRAP by coming to the monthly meetings held on the second Tuesday of the month in the Cy-Woods High School Commons at 7pm or check out our website at cywoodswrap.org Start earning WRAP bucks now--\$10,000 WRAP bucks for a brick and \$5000 for attending a meeting! See you there!



Cy-Fair Area Y-ME Breast Cancer Support Group

Are you a Breast Cancer Survivor? Please join us for the Cy-fair Area Y-Me Breast Cancer Support Group. We meet the second Thursday of each month @ Kindred Hospital Houston Northwest from 6 p.m. – 7 p.m. For more information please contact Tere Kelly@ 281-517-1008.



Trimming to Take-Downs

Trimming • Removal of Debris
Hedge Trimming • Stump Grinding
Professional Tree Health Care

Bonded & Insured Since 1987

Call David

Ph: 281-469-0458

Cell: 281-703-5729



Mention this
ad for a
Spring Special!
Senior Citizens
Receive an
Additional
Discount.

FREE
ESTIMATES

jonesroadtreeservice.com

Bashans Painting & Home Repair

Commercial/Residential

Free Estimates

281-347-6702



281-731-3383 cell



- Interior & Exterior
- 20 Years Experience
- Hardiplank Installation
- Wood Replacement
- Pressure Washing
- Sheetrock Repair & Texturing
- Cabinet Painting
- Door Refinishing & Replacement
- Wallpaper Removal
- Custom Staining
- Fence Replacement or Repair

References Available • Fully Insured
NO PAYMENT UNTIL COMPLETION

bashanspainting@earthlink.net



Pediatric Dentist

infants children teens

13611 Skinner Road, Suite 135

Cypress, Texas 77429

(Skinner at Spring Cypress)

www.cypresskidsdentist.com

p 281.758.2790 f 281.758.2791

Crossword Puzzle

**See solution at PEELinc.com*

ACROSS

1. Curse
5. Glasses
9. Charge card
10. Japanese dish
11. Pear type
12. Type of alcohol
13. Mete out
15. Deer relative
16. Mountains
18. Sin
21. Fawn's mom
22. Rain shoe
26. Angry
28. Sole
29. Whoop
30. A spinning toy (2 wds.)
31. Plateau
32. Former magistrate of Venice

DOWN

1. Baby's "ball"
2. Famous cookies
3. Loch __ monster
4. Levy
5. Jag
6. Direct
7. Animal kingdom division
8. Soft materials
10. Member of an American Indian people
14. Dancer Rogers
17. Put more ammunition in
18. Abhorrence
19. Skill
20. Heroic actions
23. Upon
24. Slug
25. Publicity
27. Drink

© 2007. Feature Exchange

NOW OPEN Emergency Room Open 24 Hours

Ready or not... we are.

Texas Emergency Care Center is open **24 hours a day**. We're committed to delivering comprehensive medical services in a comfortable environment with little to no wait time – day or night.

You'll experience:

- A full-service facility equipped with a complete laboratory, radiology, CT scanning and cardiac monitoring.
- Prompt, friendly and caring service.
- Quality face time with a physician who is both emergency residency-trained and Board Certified in Emergency Medicine.

After all, emergencies just can't wait.

281-304-9113

All private insurance accepted.



TEXAS
EMERGENCY CARE
CENTER AT CYPRESS



Spring Cypress at Skinner Road
17255 Spring Cypress Road, Suite A

www.txercare.com

Accredited by the Joint Commission of
Accreditation of Healthcare Organizations
for our commitment to excellence.



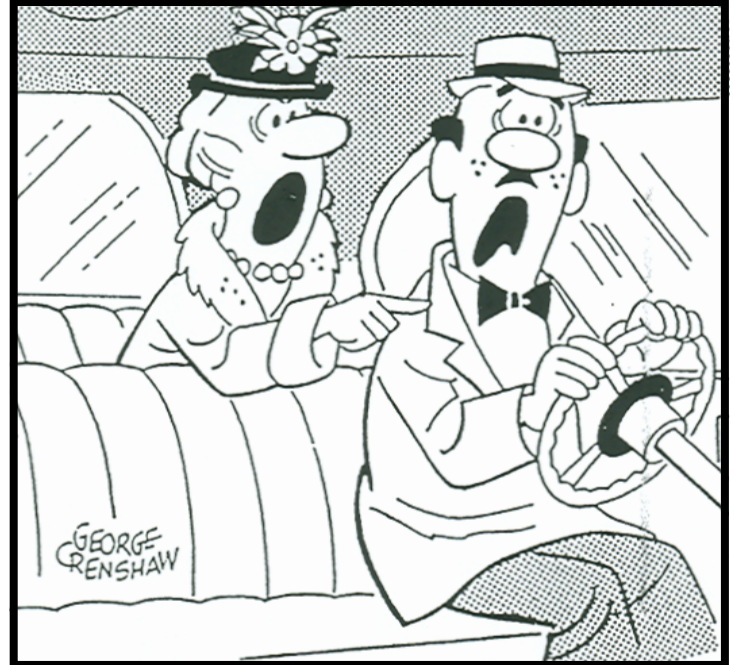
Tennis Tips

Submitted by Fernando Velasco

Watch for Dehydration - Avoid Heat Stress by:

- Schedule practice time in the morning and late afternoons.
- Wear light-colored clothes with breathable material.
- Wear white hat to protect face, skull and neck
- Drink 18-20 oz of fluid two or three hours before your match, then again another 8-10 oz ten to twenty minutes before match.
- During play, drink 8-10 oz every ten to twenty minutes (during changeovers.)
- If you have heat cramps, stretch the muscle, and take rehydration drinks with glucose and electrolytes.
- If you feel light-headed and think you might faint, lower your head or lay down on your back with your feet up. It would be a good idea to stop playing and to sit down in a cool area.
- Take two coolers on the court. One full of ice and water to drink and one with ice only with a towel. Between games, soak your towel in the cooler and refresh your face, neck and wrists.

Enjoy your tennis games and stay "cool"



"So what's new about air bags in cars? I've been driving with one for years."



Buy or Sell Your Home
Lease Apartment, Condo, Home or Lease Space

Want to know how much your home is worth?

Call me for a Free Market Analysis!

In Over Your Head? We do Short Sales

Ask me how I can Save you \$\$ on purchase.

1% back to Buyer on New Construction

I DO INTERNATIONAL LISTINGS!



KEY²TEXAS
REALTY

RICHARD CANNON
Realtor

281-414-4555 Direct
281-859-1313 Fax
richard@key2texasrealty.com

“I’m a Primrose Kid”

Margaret Erwin; Double Major, Business and Marketing,
University of Georgia; Dean’s List;
Primrose Class of ‘90



With the right foundation, anything is possible.

Primrose gave me the opportunity to learn in a fun and nurturing environment. From being an all-star athlete in high school to being on the Dean’s List at the University of Georgia, Primrose prepared me for lifelong success. That’s why I’m proud to be a Primrose kid. Begin your child’s Primrose story today. Contact your local Primrose School or go online to learn more about our CITA (SACS CASI/NCA CASI) accredited programs for infants through private kindergarten and after school.

Primrose School at Crossroads Park

9701 Wortham Blvd. | Houston, TX 77065
281.469.3500

Located behind Academy / Hwy 290 & 1960



Primrose Schools

The Leader in Educational Child CareSM
www.primroseschools.com



25th Anniversary

Infants through Private Kindergarten and After School

Each Primrose School is privately owned and operated. Primrose Schools and The Leader in Educational Child Care are trademarks of Primrose School Franchising Company. © 2007 PSFC.

Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.

	5		7		8		9	
				1				
9		6			3			
			2			8		
3	7				5			
					4		1	
7		2						
8	6		5			2		
			1			4		

*See solution at PEELinc.com

© 2006, Feature Exchange

Recipe of the Month:



Chicken Apple Salad

Ingredients

- 1 cup cubed chicken
- 2 cups shredded cabbage
- 1/3 cup chopped celery
- Juice of one lemon
- 3/4 cup mayonnaise
- 1 cup cubed apple, do not peel
- 1 cup coarsely chopped pecans

Directions

Combine first 6 ingredients in large mixing bowl. Add just enough mayonnaise to moisten. Cover and chill at least 1 hr. before serving.

Note:

Small can crushed pineapple(draind) can also be added.

If you would like to submit YOUR recipe email it to articles@peelinc.com.



Dynamic Air & Heat

832-593-7555

www.dynamicaireandheat.com



BEAT THE HEAT

USE LESS ENERGY & SAVE MONEY

Tune-up your old A/C system now, or replace it with a new humidity controlling, high efficiency, RUUD A/C.

FREE ... 10-Year... All Parts & Labor Warranty
with purchase of
16 SEER RUUD A/C



A/C Check-Up
\$59⁹⁵

Cannot be combined with any other offer, coupon or special. Expires July 31, 2008

A/C Tune-Up
\$89⁹⁵

Cannot be combined with any other offer, coupon or special. Expires July 31, 2008

Financing Available

(with approved credit)
There are many options including
6 Months, No Payments, No Interest!
Apply for the plan that's right for you.



Greg Riddle
Owner



10% Off Any REPAIR AND No Service Charge

with repair. Cannot be combined with any other offer, coupon or special. Expires July 31, 2008



Sales • Service • Installation

Call us if you want to be added to our mailing list.

Tutoring Club

A Class Above. Guaranteed.™

Tutoring for students of all academic levels, K-12

GUARANTEED to improve academic performance in **LESS TIME** and at a **LOWER COST** than any other program.



Special Individualized programs for
Math
Reading
Writing
Study Skills
All School Coursework



Make sure your student is prepared!

Ask about our Tutoring Club guarantee!

- Proven Success in School
- Increased Confidence and Self-esteem
- Help Throughout the School Years
- Free Conferencing to Discuss Performance
- No Long-term Contracts
- Guaranteed to Succeed

281-373-9200

www.tutoringclub.com

24140 Highway 290 @ Barker Cypress
in front of Randalls

It's the plan where
your savings for college
grow tax free.*

It's the start of
something



With the Texas College Savings Plan, a professionally managed 529 plan, your money grows tax free and can be used at most accredited colleges in the US. You can open an account for your child with as little as \$25. Enroll today—the earlier you start, the bigger they can dream. It's fast and easy to get started.

Go to www.texascollegesavings.com

1.800.445.GRAD (4723)



Susan Combs Texas Comptroller of Public Accounts



OppenheimerFunds®
Distributor, Inc.

*Earnings on non-qualified withdrawals are subject to income tax and penalty. Not FDIC insured, not guaranteed and may lose money. Established and maintained by the Texas Prepaid Higher Education Tuition Board. Distributed by OppenheimerFunds Distributor, Inc. Non-Texas residents should see if their state offers a plan with alternative tax advantages. Carefully consider the Plan objectives, risks, admin fees and expenses. Plan documents contain this and other info. Read them carefully before investing.
©Copyright 2008 OppenheimerFunds Distributor, Inc. All rights reserved.

Meet Devion

Devion, who turned 6 years old in July, has been in foster care four years.

While Devion loved the gifts he received for his birthday, the greatest gift he could get is a forever family. He said “it doesn’t matter what type of family, just a forever family”.

Devion is with wonderful foster parents who spend a tremendous amount of time helping the children to overcome trauma, heal and grow. Devion has flourished in their home!



Here is a paragraph from the foster mom: Devion came to our home just before his 4th birthday. Upon coming to our home Devion quickly became our “Peanut” because he was so tiny for his age. Our little Peanut is growing and thriving and has grown 6 inches in two years. Devion’s only little in physical size. He is convinced he is the biggest kid around and that he can do anything anyone else can do. This little man lights up any room he enters with his smile and personality. Devion loves attending church and enjoys singing in the children’s choir. While he has difficulty playing independently, Devion loves to do almost anything outside. He loves to swim, ride bikes & scooters, play baseball, basketball & football and has even recently tried to water ski! Devion has played 4 seasons of t-ball and one season of basketball since living in our home and loves telling everyone about it.

Devion has attended a full year of Head Start and kindergarten but will need to repeat kindergarten this fall. While Devion has wonderful gross motor skills he struggles with his fine motor skills. He also has some speech delays. Devion receives speech and occupational therapy at school and through Easter Seals. While Devion has made much progress emotionally he continues to receive weekly therapy [therapy is important for children who transition through the foster care system]. Devion is very loving and affectionate. He enjoys being with others and would do well in a loving, structured, active home with one or two other children.

He is definitely quite the little ham. To learn more about Devion or the adoption process, contact Tracy Eilers at the Adoption Coalition of Texas, 512-301-2825 - www.adoptioncoalitiontx.org

Pet Corner

Natural Watch Dog

Submitted by Luis Escobar

I spoke with a man yesterday who has a "great watchdog". His dog lets him know when his neighbor is outside, when the kids down the street come home from school or are outside playing, when there is a squirrel on the lawn, when the mail arrives, when the neighbors get a UPS delivery, when a bird lands, a cat is out, when someone walks their dog, and on and on. WOW was I impressed. I couldn't help wondering how many times this guy was getting up to check on these alerts from his dog. I'm guessing a lot as he knew exactly what his dog was barking at. I got tired just thinking about having to check on all that activity.

I almost asked him how he would know if there was something that really needed his attention. To my thinking this wasn't a watch dog, but a nuisance barker. Can dogs learn the difference? Thankfully the answer is YES! Rover can learn to distinguish the difference, as long as we know the difference.

Rover is not a barker. I wish I could say that about the other dogs in our neighborhood. There are two yorkies behind us who go ballistic when anyone walks by. There is Rover's friend Emma the mixed up mutt next door who tries to tell the yorkies to shut up. There's Charlie the lab down the street who barks at every dog that walks by his house. You can follow us around the block, just by listening to the barking.

These dogs are all barking inappropriately. In other words this is nuisance barking. Birds, squirrels, leaves, cats, lizards or other dogs and

people are not things we need Rover telling us about. Fires, someone breaking in, or unexpected things are what we want to be notified about.

As I said, Rover is not a barker. He'll look towards the sound of other dogs barking but he doesn't join in. The times he did join in we corrected him. We consistently let him know that we didn't need to know if the Yorkies saw someone or even if he saw someone. It was none of his business, but if he wanted to watch he could do so quietly. Now he basically ignores the cacophony of the "watch dogs". But he will alert us to unusual events.

One night I was having trouble sleeping and got up and went outside in the middle of the night. Rover didn't hear me go out but he did hear me come back in. He gave a couple of warning barks and started growling when he heard the front door open. The door opening in the middle of the night was unusual. He woke Cathy, alerting her to my sneaking back in. Even though he rattled me out he still got lots of praise for raising the alarm.

Dogs will naturally alert you to the things out of the ordinary. They WILL warn about unusual events, even if they are corrected for barking at the wrong things.

If Rover is a nuisance barker the chances are that over time we'll just tune him out. It's like the boy who cried wolf. When the wolf really comes we won't believe him.

Nuisance barking CAN be corrected but it's important to address the cause(s) and not just the symptom(s). Dogs bark for various

reasons such as calling the pack, trying to scare someone or something, because they are afraid, or because they're bored. It's often stressful not only to us and our neighbors, but to the dogs as well. This is especially true with issues of separation anxiety.

Do you have a neighbor whose dog is creating a nuisance with his constant barking? How you approach this might be difficult. You might ask if their dog is ok because it seems to be upset a lot. If it only barks when the owners aren't home they might not even know it's barking. Ask about the dog with concern instead of confrontation and you may have a better chance of getting the owner to understand there's a problem.

Once the inappropriate barking is under control you'll have a natural watchdog. One who alerts you to something out of the ordinary, and one who's warning you can trust. Once we can trust Rover's warning we'll know when we have to really check on things and it won't be because the kids down the street are outside playing. The results?

Happy Dogs = Happy Families and Happy Neighbors.



Pet Corner

281-859-9180



832-483-9061

Summer Specials!

NORTHWEST CONSTRUCTION

- ROOFING
- INTERIOR/ EXTERIOR PAINTING
- CONCRETE
- INTERIOR/ EXTERIOR CARPENTRY
- POWER WASHING



www.northwestconstructiononline.com

*Give your home
a noticeable face lift
this summer*

Call today and mention this ad!

Riata Ranch

Do You Know Who Represents You?

U.S. Senators (Texas)

John Cornyn(R)

517 HART SENATE OFFICE BLDG
WASHINGTON DC 20510
Phone: (202) 224-2934
Fax: (202) 228-2856
Email: cornyn.senate.gov

Kay Bailey Hutchison (R)

284 RUSSELL SENATE OFFICE BLDG
WASHINGTON DC 20510
Phone: (202) 224-5922
Fax: (202) 224-0776
hutchison.senate.gov

U.S. House of Representatives (Texas) (District 7)

John Abney Culberson (R)

Capital Office
U.S. House of Representatives
1728 Longworth House Office Building
Washington 20515
Phone: (202) 225 2571
Fax: (202) 225 4381
District Office
10000 Memorial Drive
Suite 620

Houston 77024

Phone: (713) 682 8828

Fax: (713) 680 8070

Email: <http://www.culberson.house.gov/contactinfo.aspx>

Website: <http://www.culberson.house.gov/>

Texas Senator (District 7)

Dan Patrick (R)

Capital Office
PO Box 12068
Capitol Station
Austin 78711
Phone: (512) 463 0107
Fax: (512) 463 8810

District Office

11451 Katy Fwy

Suite 209

Houston 77079

Phone: (713) 464-0282

Fax: (713) 461-0108

Email: <http://www.patrick.senate.state.tx.us/>

Website: <http://www.patrick.senate.state.tx.us/>

Texas House of Representatives

(District 130)

Corbin Van Arsdale (R)

Capital Office

House of Representatives, Room E1.412

PO Box 2910

Austin 78768

Phone: (512) 463 0661

Fax: (512) 463 4130

District Office

12777 Jones Road

Suite 175

Houston 77070

Phone: (281) 469 9130

Fax: (281) 469 4130

Email: corbin.van_arsdale@house.state.tx.us

Website: <http://www.house.state.tx.us>

County Commissioner (Precinct 3)

Steve Radack

Administration Building

1001 Preston, Suite 924

Houston TX 77002

Email: pct3@hctx.net

Website: <http://www.pct3.hctx.net/>

Phone: (713) 755 6306

Fax: (713) 755 8928

Advertise YOUR business
to YOUR neighbors for
less than 8¢ per home.

Effective Advertising, Done Right.

Call today to Reserve your space.

Peel, Inc.
COMMUNITY NEWSLETTERS

1-888-687-6444

www.PEELinc.com

RR

Teenage Job Seekers

Please place my name on the TEENAGE JOB SEEKERS list in the RANCH REVIEW.

Signature _____

Please check appropriate boxes:

- ☐ Baby-sitting
- ☐ Pet Care
- ☐ House/Plant Care
- ☐ Lawn Care

Name _____

Address _____

Age _____ Phone _____

I give my permission for my child's name and phone number to be entered in THE RANCH REVIEW as a TEENAGE JOB SEEKER

Parent's Signature _____

Clip and mail to: The Ranch Review c/o SCS management
7170 Cherry Park Drive, Houston, TX 77095

Attention Teenage Job Seekers

NOT AVAILABLE ONLINE

Personal Classified Ads

The RANCH REVIEW runs personal classified ads that are FREE to residents. If you would like to place and add, please email your submission to editor@riataranch.net. Your submission must be received by the 10th of the prior month.

HI-TECH MECHANICAL

For your Air Conditioning and Heating needs

\$68⁰⁰

*One System

**Professional A/C System
Summer Tune-Up***

Additional Systems \$54⁰⁰



TRANE®

It's Hard To Stop A Trane.™

Comfortmaker®
Air Conditioning & Heating



713-937-4400

TACL-A011183C

Mastercard, Visa, and Discover Accepted

FOOT & ANKLE Specialists

www.louettafootandankle.com

Serving the Community for 20 years

BUNIONS

A bunion is a bony protrusion at the sides of the big toe joint. A Tailor's bunion is a bump on the other side of the foot at the little toe joint. They both progressively get worse with time. Using state of the art techniques, our doctors can safely and gently correct your bunions and get you back on your feet.

FREE* Initial Consultation

*X-rays and treatment not included.
Inclusive only of co-payment for HMO, PPO, and Medicare patients.



Dr. Brad Bachmann DPM
Board Certified in
Foot Surgery



Dr. Michelle Stern DPM
Member, American Academy
of Podiatric Sports Medicine



Dr. Amy Walsh DPM
Board Certified in
Foot Surgery

Louetta Foot Specialists
281-370-0648

8681 Louetta Road #150
(between Champions Dr. & Champions Forrest Dr.)

Foot Specialists of Tomball
281-351-5599

13414 Medical Complex Dr., Ste. 11

Life In Riata Ranch

Ann Marie Gargano-Parks

Visit me at

www.RiataRanch-Neighbors.com

Comments are always welcome at:
thatgirl@AnnMarieGargano-Parks.com

Price trends for the previous month...



RE/MAX[®]
Realty Center

*When it comes to
 buying or selling
 a home why
 settle for less?*

*RE/MAX REALTORS have
 outsold their nearest three
 competitors combined for
 the past ten years, according
 to the Houston MLS.*

Neighborhood Section	Active Listings	Pending Listings	Solds	Ave. Days on Market	Ave. Price per Sq. Ft
Section 1	2	2	1	126	57.96
Section 2	2	1	-	-	-
Section 3	4	-	1	155	70.82
Section 4	3	1	-	-	-
Section 5	7	1	-	-	-
Section 6	3	1	-	-	-
Section 7	5	1	-	-	-
Section 8	2	1	-	-	-
Section 9	2	2	-	-	-
Section 10	-	2	-	-	-
Section 11	4	1	-	-	-

According to information taken from the Houston Board of Realtors MLS computer.
 This is not a solicitation of currently listed properties.

Call me today @ 281 460-5994

Peel, Inc.

203 W. Main Street, Suite D
 Pflugerville, Texas 78660

PRSRT STD
 U.S. POSTAGE
 PAID
 PEEL, INC.

☎ Voice 512-989-8905

💻 www.PEELinc.com

RR