

The LONGWOOD Letter

October 2008

Volume 2, Issue 10

News For The Residents of Longwood

Halloween safety tips

Trick-or-Treaters

- Carry a flashlight
- Walk, don't run
- Stay on sidewalks
- Obey traffic signals
- Stay in familiar neighborhoods
- Don't cut across yards or driveways
- Wear a watch you can read in the dark
- Make sure costumes don't drag on the ground
- Shoes should fit (even if they don't go with your costume)
- Avoid wearing masks while walking from house to house
- Carry only flexible knives, swords or other props
- If there is no sidewalk, walk on the left side of the road facing traffic
- Wear clothing with reflective markings or tape
- Approach only houses that are lit
- Stay away from and don't pet animals you don't know

Parents

- Make your child eat dinner before setting out
- Children should carry quarters so they can call home
- Ideally, young children of any age should be accompanied by an adult
- If your children go on their own, be sure they wear a watch, preferably one that can be read in the dark
- If you buy a costume, look for one made of flame-retardant material
- Older children should know where to reach you and when to be home
- You should know where your children are going
- Although tampering is rare, tell children to bring the candy home to be inspected before consuming anything
- Look at the wrapping carefully and toss out anything that looks suspicious

Homeowners

- Make sure your yard is clear of such things as ladders, hoses, dog leashes and flower pots that can trip the young ones
- Pets get frightened on Halloween. Put them up to protect them from cars or inadvertently biting a trick-or-treater
- Battery powered jack o'lantern candles are preferable to a real flame
- If you do use candles, place the pumpkin well away from where trick-or-treaters will be walking or standing
- Make sure paper or cloth yard decorations won't be blown into a flaming candle
- Healthy food alternatives for trick-or-treaters include packages of low-fat crackers with cheese or peanut butter filling, single-serve boxes of cereal, packaged fruit rolls, mini boxes of raisins and single-serve packets of low-fat popcorn that can be micro-waved later
- Non-food treats: plastic rings, pencils, stickers, erasers, coins



LONGWOOD LETTER

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire	911
Ambulance	911
Constable	281-376-3472
Sheriff - Non-emergency	713-221-6000
- Burglary & Theft	713-967-5770
- Auto Theft	281-550-0458
- Homicide/Assault	713-967-5810
- Child Abuse	713-529-4216
- Sexual Assault/Domestic Violence	713-967-5743
- Runaway Unit	713-755-7427
Poison Control	800-764-7661
Traffic Light Issues	713-881-3210

SCHOOLS

Cypress Fairbanks ISD Administration	281-897-4000
Cypress Fairbanks ISD Transportation	281-897-4380
Cypress Fairbanks Senior High	281-897-4600
Goodson Middle School	281-373-2350
Hamilton Elementary	281-370-0990

OTHER NUMBERS

Animal Control	281-999-3191
Cypress Fairbanks Medical Center	281-890-4285
Harris County Health Department	713-439-6260
Post Office Box Assignment – Cypress	1-800-275-8777
Street Lights - CenterPoint Energy	713-207-2222
- not working (Report Number on Pole)	
Trash Removal	281-446-2030

NEWSLETTER PUBLISHER

Peel, Inc.	1-888-687-6444
Article Submissions	longwoodletter@PEELinc.com
Advertising	advertising@PEELinc.com, 1-888-687-6444

Creating Strong Vibrant Communities

It's a fact of our global economy that consumers are drawn to the Internet because of convenience. But as residents of NW Houston and in the wake of Ike, we may need to remind ourselves why it is important to "Think Local Business First."

1. Local businesses are often collectively our largest local employer. The largest growth of jobs is from small business owners.
2. When one dollar is spent at a local business, economists indicate it is circulated four to seven additional times in the local economy.
3. Every dollar spent locally generates up to 75% more tax revenue to our community and State.
4. Local businesses are often the largest financial supporters of neighborhood school programs, local charities and youth sports activities.
5. Strong local business helps maintain property values and contribute to the character of our community by offering a diverse selection of goods and services.
6. Local business is most often the first job for our children but also is the first introduction into the "real world" of economics. Many of us in NW Houston have had a small business owner in their family at one time or another.
7. Small business often innovates quicker and thus grows faster and can have a greater impact on our community.

*Creating a Strong Vibrant Community when we
"Think Local Business First"*

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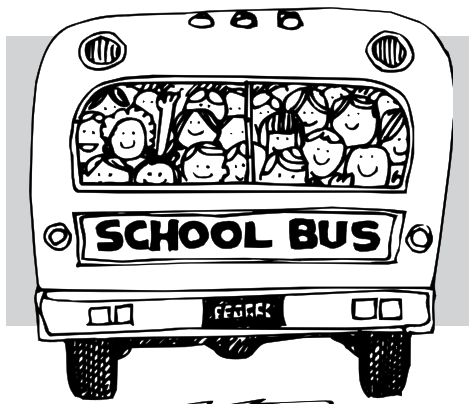
M.P.L.38626 at your service!



SCHOOL BUS SAFETY

Please be aware of children walking and biking to and from school. Of course, we want all children to be safe and school buses are relatively safe. However, accidents and injuries involving school buses do happen. More often than not these injuries happen when children are entering or exiting the bus. Here are some safety tips for school bus riders.

- Have a safe place to wait for the bus, away from traffic and the street.
- Stay away from the bus until it comes to a complete stop and the driver signals you to enter.
- Hold onto the handrails when entering or exiting the bus.
- Once on the bus, take your seat and remain seated face forward.
- Talk quietly so that you don't distract the driver.
- Never throw things on the bus and keep your hands to yourself.
- When you exit the bus, take ten giant steps



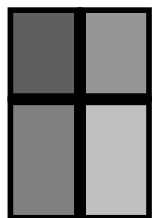
away from the bus. When you are closer than 10 feet from the bus, the driver might not see you. This is known as the DANGER ZONE.

- If you forget something on the bus, do not return to the bus to get it. The driver might not see you.
- Be aware of the street traffic around you.
- If you need to cross the street, cross in front of the bus never behind the bus.

Motorists should follow safety rules around school buses. Yellow flashing lights indicate that the bus is preparing to stop. Motorists should slow down and be prepared to stop. Red flashing lights indicate that the bus has stopped and that children are getting on or off. Motorists must stop their cars and wait until the red flashing lights are turned off. Here are a few more traffic safety tips for motorists.

- When backing out of the driveway or garage, watch out for children.
- When driving through neighborhoods and especially in school zones, watch out for children. Children don't always pay attention to traffic and don't always know that motorists have trouble seeing them.
- Slow down. Watch out for children walking or playing in the street.
- Be alert and ready to stop. Children sometimes dart into the street.

Basically "Watch out for our Longwood children!"



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6pm – Dinner
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Parenting Workshop
Sunday, September 28th
4-7pm
Workshops on Parenting Children;
Parenting Teens; His, Hers, and/or Ours;
and Parenting Parents. Childcare provided.
Dinner will be served.

**Father Justin,
our Priest, is
looking forward
to seeing you at
church!**



LONGWOOD LETTER

Cy-Fair ISD & Volunteers in Public Schools (VIPS): A Winning Combination

VIPS is an acronym for Volunteers in Public Schools. VIPS in Cy-Fair ISD center the attention of their service on supporting students and staff and making a significant contribution to the education of children. These dedicated individuals, who give freely of their time and resources, impact the academic and personal development of Cy-Fair students. Cypress-Fairbanks ISD is fortunate to be able to draw from a diversity of skills and knowledge in its community.

The district VIPS Executive Board spearheads the business of the VIPS. This board is comprised of volunteers elected to take on specific responsibilities offering support, guidance, and training to all volunteers in the district. The VIPS Executive Board meets monthly to evaluate and address the needs of the district and distribute information relating to volunteer and community activities and strengthen parental involvement in education.

If you are interested in becoming part of the winning combination at Cy-Fair schools as a volunteer, and making a difference, or would like more information, please contact Pam Scott, Partners in Education Director at 281-894-3950.

Cy-Fair ISD & Volunteers in Public Schools (VIPS): A Winning Combination October 2008 Upcoming Events

Oct. 1 - Math Training

9:30 a.m. to 12 p.m., Berry Center

Participants will have an opportunity to review the first semester curriculum in grades 1-5, use some of the technology applications available to teachers and students, learn more about the 4-step problem solving process, and explore some of the components of Singapore Math being used with students in elementary math.

Oct. 7 - Junior Achievement Coordinator Training

9:30 a.m. to 12 p.m., Berry Center
Specifically for those who will take responsibility for implementing the JA program for their campus.

Oct. 7 - Junior Achievement Volunteer Training

9:30 a.m. to 12 p.m., Berry Center
The purpose of Junior Achievement is to educate and inspire young people to value free enterprise, understand business and economics, and be workforce ready.

Oct. 9 - Sooper Puppy Training

9:30 a.m. to 12 p.m., Berry Center
Sooper Puppy is a first grade class series dealing with life lessons, facing dilemmas and arriving at solutions by making good choices.

Oct. 15 - Hearing Certification Training

9:30 a.m. to 2 p.m., Berry Center

(Continued on Page 5)

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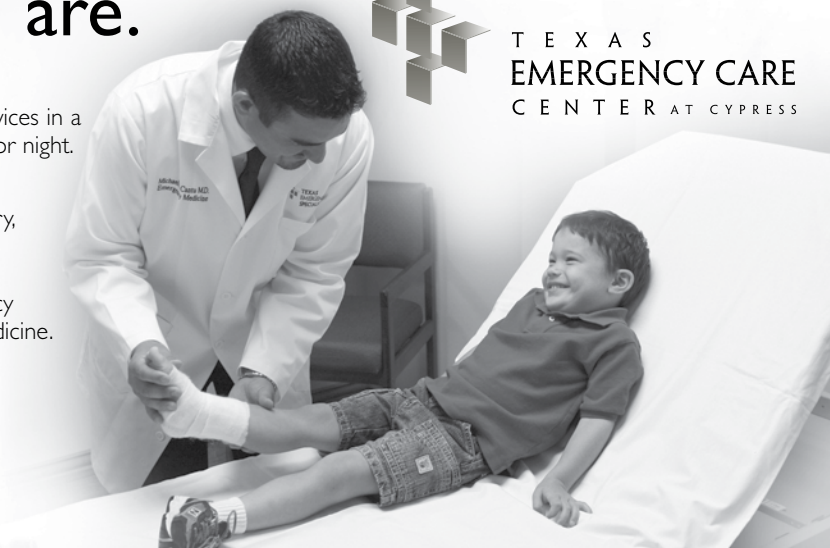
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LONGWOOD LETTER

Cy-Fair ISD & Volunteers- (Continued from Page 4)

Become a State certified trained volunteer to assist your CFISD school in hearing testing for the students. Please RSVP to your school nurse by October 10.

Oct. 16 - Vision Certification Training

9:30 a.m. to 2 p.m., Berry Center

Become a State certified trained volunteer to assist your CFISD school in vision testing for the students. Please RSVP to your school nurse by October 10.

October 23 - Classroom Assistance

10:00 a.m. to 2 p.m., ISC West

Learn basic classroom technology tips to assist students in the classroom. A campus administrator or VIPS liaison approval signature is required for this free technology training.

October 28 - Junior Achievement Volunteer Training

9:30 a.m. to 12 p.m., Berry Center

October 28 - Microsoft Word I & II

10:00 a.m. to 2 p.m., ISC West

Learn simple to moderate applications of Microsoft Word software. Administrator signature approval required to register for this free technology training.

October 30 - Fall Conference

8:00 a.m. to 2 p.m., Berry Center

A day of informative workshops is offered to volunteers, staff, parents and community members designed to support the work of volunteers in all district schools.

How to register for training - With the exception of Hearing and Vision Certification, register for training by emailing the PIE office at vipsrsvp@cfisd.net. Provide your name and the name and date of the training you wish to attend. Registration is required to guarantee a seat and training materials.

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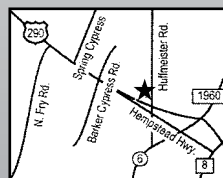
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LONGWOOD LETTER

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Furnace Tune-Up Consist of:

1. Infrared camera inspection of furnace heat exchanger
2. Test airflow for deadly carbon monoxide
3. Test ignition system for safe & proper operation
4. Test safety & control circuits for proper operation
5. Test exhaust system for proper venting
6. Inspect blower motor bearings for wear
7. Measure temperature differences-Supply/Return
8. Inspect and adjust fan belt tension (if applicable)
9. Check thermostat for accuracy
10. Inspect for combustible material around furnace
11. Brush clean and vacuum burner
12. Brush clean and vacuum heat exchanger
13. Test furnace flame for proper burn
14. Clean existing filters as needed
15. Measure and adjust gas pressure for peak efficiency
16. Lubricate all moving parts, per manufacturer
17. Measure amperage and voltage of blower motor
18. Tighten and inspect all electrical wiring
19. Check for proper combustion air
20. Test for gas leaks
21. Clean furnace exterior



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LONGWOOD LETTER

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LONGWOOD LETTER

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Benefit for "Help Lauren Learn"

Lauren is 5 years old. She has a twin sister Elizabeth and a younger brother Jack. Lauren laughs, explores, plays and loves just like many 5 year olds. Lauren is deaf blind. Lauren will learn to communicate with her hands - but she needs an intervener to open these doors. In the United States, interveners are not recognized as licensed professionals as they are in Canada. All interveners in the United States must be privately funded. So providing an intervener for a child in Texas becomes the sole responsibility of the family. Interveners are \$1,000-\$1,500 a week. Lauren's family is looking for help in the form of donations to pay for Lauren's intervener.

On the morning of Saturday, October 18, the Northwest Houston Mothers of Multiples (NWHMOM) will hold a Bake Sale during their Fall "Garage Sale" at the Outback Steakhouse Parking lot (7070 Highway 6 North, Houston, TX 77095; in the Best Buy/Barnes & Nobles shopping center). The proceeds from the Bake Sale will be donated to Lauren's family to help with the costs of Lauren's intervener.

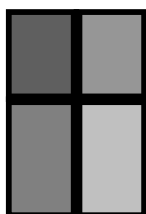
In addition, NWHMOM will host a Vendor Day on Saturday, October 25 from 9 am to 4 pm at the Coles Crossing subdivision clubhouse (13050 Barker Cypress, Cypress, TX 77429) to further help support Lauren's intervener costs. The Vendor Day will have a

variety of merchandise: from home décor to clothing and accessories, jewelry, fall and holiday decorations and gifts, food items and much, much more. Come out and start your holiday shopping early!

For more information about Lauren please visit her website: www.HelpLaurenLearn.net. NWHMOM hopes to see everyone at the Bake Sale and/or the Vendor Day. Please come out and support Lauren!

The Northwest Houston Mothers of Multiples (NWHMOM) meet the third Thursday of every month at 7 pm at the Coles Crossing subdivision clubhouse (13050 Barker Cypress in Cypress). NWHMOM assists mothers of multiple birth children by lending them support, sharing information and relating experiences raising multiples. Welcoming all expectant, newly delivered and seasoned (veteran) multiple mothers.

Details: www.nwhmom.org



SAINT AIDAN'S

EPISCOPAL CHURCH

...where people come together...

Sunday Schedule

8:00am Worship

9:15am Sunday School for All Ages

10:30am Worship

Wednesday Schedule

6:00pm Dinner

6:30pm Worship

6:45pm Classes for All Ages

Sunday, October 26th

4-6pm Fall Festival and Trunk 'N Treat

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Father Justin, our Priest,
looks forward to meeting you!
Come see our new church at
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LONGWOOD LETTER

7th Annual Fairfield

5K for Life

Benefiting the Leukemia & Lymphoma Society

It's a Run! It's a Walk! It's a Party!

Date: Saturday, Oct. 18th, 2008 Rain or Shine.

Time: 5K begins at 8:00 a.m. 50-yard dash begins at 8:45 a.m. Festivities follow with refreshments, prize drawings, and awards.

Place: Fairfield Athletic Center, 16055 Mason Road

Race packet pickup: 7 to 8 p.m. Friday evening at the Fairfield Athletic Club; 7:00 a.m. race day

Awards: 1st, 2nd, 3rd Male & Female overall; Boy under 12 & Girl under 12 (5K)

Fees: 5K--\$20 before 10/11; \$25 after 10/11

50-yard dash for kids 10 and under--\$10 before 10/11; \$15 after 10/11

Questions: Call Kelley Armstrong at 281-796-6577 or email at kdabrazofuerte@yahoo.com

Visit the website @ <http://www.fairfield5k.apluscompsci.com>

Online registration is available via Active.com (enter through our website).

One registrant per form. Copies accepted. Sorry, no refunds. Entrants will receive T-shirts, chances to win prize drawings, and refreshments. Additional chances for prizes can be purchased the day of the race, so bring your dollars! Jogging strollers are welcome.

Sorry, no bikes, rollerblades, or scooters allowed!

Name _____ Address _____

Phone number _____ Email Address _____

Please circle shirt size: Youth L Adult S Adult M Adult L Adult XL

Please mail or deliver form to: Race director, 15418 Coral Leaf Trail, Cypress, TX 77433

Make checks payable to Kelley Armstrong.

ENTRY FORM MUST BE SIGNED BELOW TO ENTER RACE

Release of Liability. In consideration of acceptance of this entry, I waive and release any and all claims for myself and my heirs against Friendswood Development, Fairfield Athletic Club, Kelley Armstrong, all sponsors and their representatives for any and all injuries suffered by me in this event. I attest and verify that I am physically fit and have sufficiently trained for this event and my physical condition has been recently verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the foregoing to use photographs or images taken during this event for legitimate purpose. I agree to abide by the rules of this event and show good sportsmanship.

Signature: _____ Date _____



Family Fun Center

13529 Skinner Road
Cypress, Texas 77429
281-304-6565

"Cypress Birthday Party Headquarters"

Hours

Monday	Closed
Tues & Weds	Private Parties
Thursday	6:00 PM - 9:00 PM
Friday	6:00 PM - 10:00 PM
Saturday	11:00 AM - 10:00 PM
Sunday	2:00 PM - 6:00 PM

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Birthday/Team Parties

Private Parties

Corporate Functions



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Color the drawing below and mail the finished artwork to us at 311 Ranch Road 620 S Ste. 200, Lakeway, TX 78734
We will select the top few and post their artwork online at www.PEELinc.com. DUE: October 31st

Be sure to include the following so we can let you know!

Name: _____ (first name, last initial)

Age: _____ Email Address: _____

[This information will only be used to notify you or your parents if your artwork was selected.]

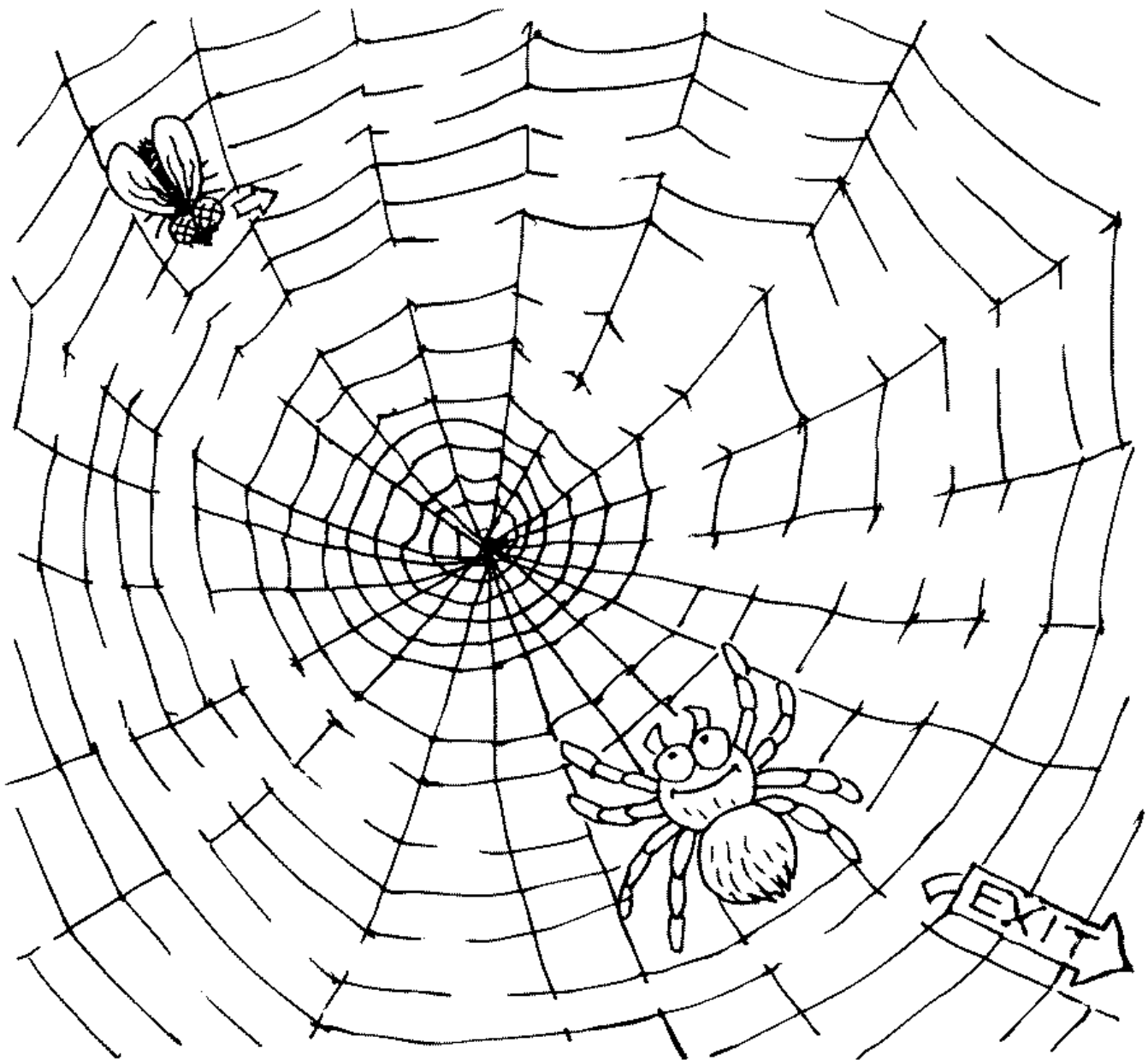
Trick
or
treat



Longwood

Kids Corner

MAZE CRAZE



Cypress Ranch High School Theatre Department Presents

It All Began With A

Little Blue Spot On His Forehead

Playwright and Texas resident,
Alex Garza

Nine-year old Trevor's life turns upside down when he realizes that blue spots are appearing all over his body. This play takes both a humorous and a dramatic look at the world through the eyes of a child as he tries to come to terms with being a little different. Trevor must confront many fears in the story including his fear of doctors, needles, nightmares, and even aliens.

Cypress Ranch Auditorium

Thursday, November 13th at 6:30pm

Friday, November 14th at 6:30pm.

Saturday, November 15th at 2:00pm

Tickets at the door

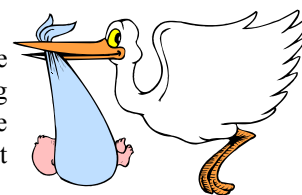
\$5 students and children

\$7 adults

NOT AVAILABLE ONLINE

Stork Report

If you have a new addition to the family please let us know by emailing longwoodletter@peelinc.com and we will include an announcement to let everyone know!



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Longwood Sales History Report

Price range	2006		2007		2008	
	No. of units	\$\$\$ Sq.Ft.	No. of units	\$\$\$ Sq.Ft.	No. of units	\$\$\$ Sq.Ft.
Less than 200,000	30	\$76.63	29	\$78.92	11	\$79.75
200,000 to 250,000	47	\$78.37	40	\$81.31	18	\$83.27
250,000 to 300,000	36	\$83.65	27	\$88.09	19	\$87.39
300,000 to 400,000	13	\$90.27	8	\$87.49	11	\$90.42
400,000 and up	9	\$113.02	7	\$127.39	4	\$128.99

The Above Numbers Show Longwood's Sales still has Overall Good History.

The Higher Selling homes in Longwood are those which have had;

- Updated Kitchens
 - Granite Counters (No. 1 Update to do)
 - Newer Appliances
 - Flooring
 - Painted or Replaced their White Cabinets
- Outdoor Updates
 - Pools
 - Outdoor Kitchens
 - Extended Patios and/or Covers
 - Landscaping
 - Sprinkler Systems
- Interior Updates
 - New Flooring, Carpet, Hardwoods, Tile (Tile in Master Bath great Update)
 - Designer paint (a designer paint color is any color that is not Ugly)
 - "De-Gold" (old style Gold Faucets, Gold Cabinet Hardware, Gold Shower Frames replaced with Rubbed Bronze, Pewter, anything but Gold or White)
 - Clean and Staged well

**If you are thinking of Selling,
Call Us for Marketing & Staging Tips to get *You*
the Most Bang for Your Hard Earned Bucks !!!**

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