



January 2009  
Volume 2, Issue 1

# The Beacon

News For The Residents at Lakes of Fairhaven

## Community Website

If you have not done so already, it is time to visit [lakesoffairhaven.net](http://lakesoffairhaven.net). This is our community website, created by residents for residents. While it is not entirely dynamic and changing every day, with the help of some more people, it can be. I encourage anyone who has web building experience, or students who would be interested in working on this project to please contact me right away - [jennigrace@gmail.com](mailto:jennigrace@gmail.com).

Currently, the website is a place to post lost and found items, organize community gatherings, share your favorite restaurants and share your own business with the neighbors. A few ideas are to have a featured yard of the month, Christmas light pictures and voting, quarterly get-togethers to meet our neighbors, and a community wide donation to a chosen non-profit or family in need each year. Any input and help would be appreciated.

In these times of economic uncertainty, let's help support local businesses and keep Texas the strongest economy in the nation!

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## Cy-Woods Wildcat Band and Color Guard Casino Night and Silent Auction

On Saturday, January 31st from 7pm to 11pm, the Cy-Woods Wildcat Band and Color Guard will be hosting their third annual Casino Night at Cy-Woods High School. This is a once-a-year fundraiser for the band. Casino Night is a time not only to raise funds for the band, but also to have fun. Given the huge success of last year's Casino Night, a Texas Hold'em tournament has been added this year. You don't want to miss the fabulous Silent Auction and grand prize drawings for a ping pong table, foose ball table, digital camera and a Wii. Come join the fun and help support the Wildcat Band and Color Guard. For more information visit the band website at [www.cywoodsband.org](http://www.cywoodsband.org).



## A Special Invitation to All Women in the Community

**Eyewitness to Majesty: Abandoning Self for Christ with Mindy Ferguson**

*Come, walk along with Peter as an eyewitness to the life of Christ. Watch Peter transform from Simon the ordinary fisherman, to Peter fisher of men. Peter will encourage you and inspire you. But most of all, he will challenge you to abandon self for Christ.*

All women in the community are invited to join us on Tuesday evenings at Good Shepherd United Methodist Church in Fairfield for this eleven-week Bible study, featuring author and Cypress resident, Mindy Ferguson of Fruitful Word Ministries. Each week we will come together for 90 minutes of fellowship, music, prayer and in-depth teaching by Mindy. The workbooks for this series are \$13.00 payable the first night of class. Childcare is **free** with advance reservations. Please come and bring a friend!

**Dates:** Tuesday evenings, February 3rd through April 21st.

**Time:** 7:00 to 8:30 p.m.

**Location:** Good Shepherd UMC, 20155 Cypresswood Drive, Fairfield Subdivision (290 and Mason Rd)

**Cost:** \$13.00 for workbook

**To register contact:** Good Shepherd UMC office at 281-373-2273 or Aynne Daugherty ([aynnebaugherty@yahoo.com](mailto:aynnebaugherty@yahoo.com)) at 281-373-1822

*Visit Mindy's ministry website at: [www.Fruitfulword.org](http://www.Fruitfulword.org)*

## Newsletter Information

### Publisher

Peel, Inc. .... www.PEELinc.com, 512-263-9181  
 Article Submission ..... articles@PEELinc.com  
 Advertising ..... advertising@PEELinc.com

## Personal Classified

**Help Wanted:** Babysitter to assist sporadically during the day, and some evenings on an as needed basis in our home. Perfect for college student or stay at home mom. Please call Jodi for more info: 281-256-9267.

## Teenage Job Seekers

Name	Age	Baby Sit	Pet Sit	House Sit	Yard Work	Phone
Jackson, Peter.....	14	.....	.....	.....	.....	281-213-9307
Versnel, John.....	15	.....	.....	.....	.....	512-111-1111
Yenzer, Kristen.....	14	.....	.....	.....	.....	

\*-CPR Training

+ -First Aid Training

### Attention Teenagers

The **Teenage Job Seekers** listing service is offered free of charge to all Lakes of Fairhaven teenagers seeking work. Submit your name and information to [articles@PEELinc.com](mailto:articles@PEELinc.com) by the 9<sup>th</sup> of the month!

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## Newsletter Article Submissions

Interested in submitting an article? You can do so by emailing [articles@PEELinc.com](mailto:articles@PEELinc.com) or by going to <http://www.peelinc.com/articleSubmit.php>. All news must be received by the 9th of the month prior to the issue. So if you are involved with a school group, scouts, sports etc – please submit your articles for The Beacon. Personal news for the Stork Report, Teenage Job Seekers, special celebrations and military service are also welcome.

## Classified Ads

**Personal classifieds** (one time sell items, such as a used bike...) run at no charge to Lakes of Fairhaven residents, limit 30 words, please e-mail [articles@PEELinc.com](mailto:articles@PEELinc.com).

**Business classifieds** (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

## Advertising Information

Please support the businesses that advertise in The Beacon. Their advertising dollars make it possible for all Lakes of Fairhaven residents to receive the monthly newsletter at no charge. If you would like to support the newsletter by advertising, please contact our sales office at 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com). The advertising deadline is the 10th of each month for the following month's newsletter.

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## Lone Star College-CyFair Perspective

### It's Not Too Late to Register for Spring Semester Classes

Spring semester classes begin Jan. 12. It's not too late to register for spring as well as some late start and continuing education courses. Lone Star College-CyFair provides a variety of options such as weekend, evening, distance learning and even hybrid (part on campus instruction and part online learning) courses. For information, call 281-290-3200 or 832-782-5000 or go online to [CyFair.LoneStar.edu](http://CyFair.LoneStar.edu).

### Center for the Arts Season Tickets on Sale

Order your seats for the 2009 Season of Entertainment at Lone Star College-CyFair and not only save 25% off regular ticket prices, but receive one free ticket to the 2009 summer children's production. A variety of season ticket packages are available for this year's engaging and enjoyable choral, music and theatre line up. All performances are held in the Center for the Arts on the Barker Cypress campus at 9191 Barker Cypress. Call 281-290-5201 or go to [CyFair.LoneStar.edu/boxoffice](http://CyFair.LoneStar.edu/boxoffice) for information.

### Deadline Jan. 26 to Submit a Film for Quack Attack Competition

Do you have what it takes to make a movie? Five-minute film submissions will be accepted monthly through Jan. 26, with the Quack Attack Film Festival set for Feb. 27. Competition categories

include: Drama, Comedy, Public Service Announcements, Action, Documentary, Commercial/Advertising, Horror, Science Fiction, Romance, Animation, News Packages and Music Video. Each film will be judged on the basis of: Creativeness, Sound, Cinematography and Special Effects. For competition rules, guidelines, entry form and information go to [cyfair.lonestar.edu/video](http://cyfair.lonestar.edu/video).

### Try Tai Chi in the New Year

Lone Star College-CyFair offers a variety of continuing education courses, such as Tai Chi. This introductory course offers practice in the simplified styles and forms of Tai Chi. A person doing tai chi moves his or her body slowly and gently, while breathing deeply. The 24-point posture is emphasized in this course. Students also study history and basic terms along with philosophical and physiological principles and the movements of Tai Chi. Registration is under way. For information, go to [CyFair.LoneStar.edu/ce](http://CyFair.LoneStar.edu/ce).

### L.I.F.E. Lessons in January

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.) programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) Call the library at 281-290-3213 for L.I.F.E. program information or go online to [CyFair.LoneStar.edu/library](http://CyFair.LoneStar.edu/library).



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ready) is surrounded by a figurehead that is sometimes loose in kids.



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## Healthier Homes

Submitted by Charlie & Michelle Bubnis

Did you know that dryer sheets, air fresheners, scented laundry soap, scented cleaners and scented body lotion tend to have one thing in common? 95% of the chemicals used in these particular products contain artificial fragrance molecules derived from petroleum which have shown to pose human health risks.

The chemical fragrance industry is virtually unregulated. Full disclosure of the ingredients in their products is not necessary because these ingredients are considered "trade secrets". Because of this in 2005 the Food and Drug administration (FDA) issued a warning to the fragrance industry stating that the agency is serious about enforcing a law requiring companies to inform consumers that their products have not been safety tested.

### Several of the common fragrance ingredients found in these products are:

- a) benzyl alcohol – a central nervous system (CNS) depressant.
- b) coumarin – animal carcinogen
- c) p-cymene – chronic effects: damage to lungs, liver, kidneys.  
Target organ: CNS
- d) diethyl phthalate – possible risk of congenital malformation of fetus, targets nerves

e) musk ketone – increases carcinogenic effects of other materials.  
Found in blood, fat tissue and breast milk; crosses placenta/barrier.

f) toluene – target organs: liver, kidneys, brain and bladder

Using fragrance free products for laundry and personal care products is an educated step towards making the home healthier for the entire family.

### Try some of these easy less toxic options:

- Use free and clear laundry detergent
- Wash and dry cotton and synthetic products separately
- Add one half cup of vinegar to the wash cycle as a fabric softener
- Fresh fruit bowls for non-toxic fragrance in the house
- Use baking soda as a deodorizer
- Use fragrance free shampoo, conditioner, lotion and deodorant

### Resources for more information:

- Environmental Health Network: [www.ehna.org](http://www.ehna.org)
- [www.cosmeticdatabase.com](http://www.cosmeticdatabase.com)
- Less Toxic Alternatives, Carolyn Gorman, 2001
- Industry MSDS sheets

### TAXES • ACCOUNTING • BOOKKEEPING

## TAX TIME IS HERE

Call Lisa Beitler CPA at 281-455-5625  
to schedule your tax preparation

### Lisa Beitler

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**lisabeitler@yahoo.com**



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## Celebration Women's Ministry at Cypress United Methodist Church

All women are invited to join us for Saturday brunch and speaker on January 24th at 9 am to noon at Cypress United Methodist Church in the Fellowship Hall at 13403 Cypress N. Houston Rd, just east of Huffmeister Rd. We'll have a lite breakfast, fellowship, praise and worship, prayer time, along with our guest speaker—Rachel Norris of Joy Pottery Ministries. Rachel uses pottery demonstrations and her testimony to reveal God's purposes of His love, mercy and grace. Celebration is a woman-to-woman ministry of sharing, encouraging, discipling, and mentoring in the faith. Our focus is presenting the truth and beauty of the message of salvation, healing, renewal, and restoration.

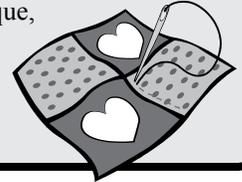
It's an awesome morning to meet new friends and hear an inspiring message. And the cost is free! Our nursery is available upon request. Please RSVP so we may save a seat for you. Contact Karen Bidinger at 281-304-8888. We hope you'll join us!



## Threads of Time Quilt Show

*Submitted by Susan McClendon*

West Houston Quilter's Guild's bi-annual quilt show will be held February 20-21 at the Leonard E Merrell facility in Katy, Texas. Hours: Fri. 9-5 Sat. 9-4 There will be over 200 quilts, vendors, donation quilt, guild boutique, quilt appraisals by appointment. For more information: [www.whqg.org](http://www.whqg.org) or 281-373-0072.



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