

MARKYOUR CALENDARS!

CY-FAIR KIWANIS CLUB

It's Golf Tournament Time!

Open to everyone. The Cy-Fair Kiwanis Club's annual Charity Golf Tournament will be held Monday, March 30th, at the Hearthstone Country Club. Registration is at 7 a.m. with Shotgun start at 8: a.m. Play or sponsor a player for \$100; sponsor a hole for \$125; a team for \$400; or be a Gold sponsor (hole plus four players) for \$500. Fees cover golf, greens fees, cart fee, refreshments, and lunch after play. What a bargain! There will be special prizes, door prizes, and a silent auction. Donations of items for silent auction gladly accepted. For more information, call Steve Caton at 281-589-4529. All profits from the tournament are given to support youth in the community through Key Clubs, Boy and Girls Scouts and other worthy causes. Get your own team together or we will place you in a team.

Come have a complimentary lunch with no obligation with the Cy-Fair Kiwanis Club. We meet three times a month at the Hearthstone Country Club in Hearthstone from 12:15 p.m. to 1:15 p.m. for lunch, and programs including guest speakers on subjects of concern to the community and individuals. Enjoy fellowship with our members, an informative program, and an opportunity to learn more about our organization. Reservations are not required. The Club will meet on March 3, 10, and 17th.

Membership in Kiwanis is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the service programs it promotes, call John Carroll at 281-463-0373

Sustainable Living Houston Kicks off National Bike Month!

On Friday, May 1, 2009, residents of Cypress, Texas, will bicycle from the Coles Crossing subdivision to the nearby METRO Park & Ride and transit oriented development. By riding bikes to the Park & Ride, and then taking the #217 METRO bus to their work locations, the residents will complete a long-haul, suburb-to-city multi-modal commute without the use of private automobiles.

METRO has recently installed bike racks at the Cypress Park & Ride, and these will be used to secure the bicycles. There is also limited space for taking a few bikes in the subfloor storage compartments of the # 217 buses.

Residents will assemble at 6:50 am on Friday, May 1, 2009 at the Coles Crossing Community Center parking lot and depart at 7:00 am sharp. Use of helmets, front & rear lights, red rear reflectors and articles of reflective clothing will be mandatory. Residents will ride on the sidewalk south on Barker-Cypress Rd. to Jarvis Rd., whereupon the group will transition to riding on Jarvis Rd. in a vehicular cycling mode. The total ride distance will be about a mile each way, and the time to the Park & Ride from the neighborhood will be about 6 minutes.

The rain date for this ride is May 15, 2009.

There will be a highly recommended pre-ride safety briefing

at the Coles Crossing Community
Center parking lot on April 25th
at 8:00 a.m. where helmets,
lighting, bike commuter clothing,
and vehicular cycling will be
discussed, as well as a test ride
of the route. This briefing
will be led by a League of
American Bicyclist certified
cycling instructor.

Important Numbers

Cy-Fair High School281-897-4	
Cy-ran riigii School201-09/-4	600
Cy-Woods High School281-213-1	919
Cypress Lakes Golf Club281-304-8	515
Cypress Mill M.U.D. #1, (24 Hour Emergency)713-983-3	604
Constable Ron Hickman, (24 Hour Emergency) 281-376-3	472
DPS Sex Offenders website http://records.txdps.state.tx	
Centerpoint Energy Gas713-659-2	
Centerpoint Energy Gas-Emergency Gas Leaks 713-659-3	552
CenterPoint Energy713-207-2	
Irrigation Leaks/Common Area Repairs - Principal Managen	nent
Poison Control Center800-764-7	661
Principal Management	137
Robison Elementary281-213-1	700
AT&T Repair Center800-246-8	464
Spillane Middle School281-213-1	645
Street Light Outages713-207-2	222
Comcast Cable713-462-9	000
Waste Corporation of America (WCA) Recycling 281-368-8	397
Pipeline Company – Exxon Mobil	
281-925-3816	
Mowing of Pipeline easement; Standing water; Smells or leaks	
3 · · · · · · · · · · · · · · · · · · ·	
Street Lights – Center Point Energy	
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MUD Board of Directors

The District is governed by the Board of Directors, consisting of five directors, who have control over and management supervision of all affairs of the District. All of the Directors reside in the District.

Mr. Ronald S. ("Ronnie") Koehn, President

Mr. Bob Henry, Vice President

Mr. Tim Halloran, Secretary

Ms. Angell Swedlund, Treasurer

Mr. Jerry Bryant, Assistant Secretary

http://www.cypresshillmud1.com/contact/index.html

Business Classifieds

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PEOPLE! Have you been wanting to get back into a fit, healthy body? Come unwind and get fit, in a relaxed, fun atmosphere! Mat Pilates will help build/regain strength, flexibility, range of motion, posture, focus those core muscles and more! You will leave class refreshed and ready to go! Your body and family will thank you! Personal Training available as well. Contact Allison Weaver, Fit and Loving It! 713.922.4391. Gift Certificate Available. All classes taught by a Certified Personal Trainer and Nutritionist.

WESTERN ROCK LLC. 936-931-3804 We have a wide variety of landscaping supplies. Go to www.Westernrockllc. Com to see our selection or come by our yard at 31110 waller tomball rd. In waller texas, off of hwy 290 and 2920. Delivery available.

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Cypress Mill residents, limit 30 words, please e-mail *advertising@PEELinc.com*.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 888-687-6444 or <u>advertising@PEELinc.com.</u>

Newsletter Deadline

The deadline for the newsletters is the 10th of each month. Please email articles to: <u>cypressmill@peelinc.com</u>

Remember: The Speed Limit throughout Cypress Mill is 30 MPH!



Texas Terrapins Swim Team

Texas Terrapins Swim Team is a fast growing, year-round competitive swim team in Northwest Houston offering instruction and competition to swimmers of all ages and abilities. Our swimmers come to us from subdivisions in the surrounding areas including, but not limited to: Black Horse Ranch, Subdivisions near the new Cy-Ranch High School, Lakes of Rose Hill, Cypress Mill, Jersey Village, Coles Crossing, Cypress Point, and Fairfield. Recently, we had

the distinct privilege of attending a Mardi Gras Swim Meet in Baton Rouge, Louisiana at the LSU Natatorium. While some of our swimmers were attacked by the flu, the rest of them picked up the slack, improved their times and brought home many ribbons!

The Texas Terrapins had three swimmers earn High Point awards including Byron Keller (second place for high point 6 year old boys), Sydney Begnaud (4th place for high point 6 year old girls) and Sydney Stanford (second place for high point 7



year old girls). Other swimmers in attendance were Delaney Crowder, Madison Ellison, Allison French, Savannah Stanford, Kenzie Golladay, Makenna Meyers, Michelle Scott, Makaylynn Seeley, Sarah Whetstine, Aaron Thompson and Coaches Jason Harold and Megan Scott. Both Beth McNeese and Tyler Bennett were there in spirit as they were at home fighting off the flu.

A great time was had by all who attended as we were able not only

compete, but hang out with our team mates in a non-swim setting. Our team activities included visiting Mike the Tiger and the LSU bookstore and each evening we all gathered for Team dinners, where we had a chance to see our coaches in rare form. We are very serious about our swimming, but keep in mind that it is all about having fun! For more information about the Texas Terrapins, our year round swimming, jump start to summer league and swim lessons, log on to our website at www.texasterrapins.com.

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\$50 off Summer Camp



Corner of 290 & Skinner next to Cypress Park n Ride



WRAP PartyHeld at CFISD Berry Center on May 22, from 11 p.m. to 6 a.m.

WRAP's Busy Parent Fundraiser is the easiest fundraiser of the year!

Remember, WRAP has 501c(3) nonprofit status, so your contributions are tax deductible. Print form from website www. cywoodswrap.org and mail to:

WRAP PO Box 800 Cypress TX 77410-0800

\$100 WRAP bucks are given for every \$1 donated and bonus bucks are awarded as shown on the donation form.

Corporate donations are welcome and

desired!! Please help contact local businesses and corporations to support our event which provides a drug and alcohol free party for our graduating seniors and their guests after the Prom. ("Prospective Donor" letter is on the forms page of the website.)

Drink Donations - We are asking for donations of 12-pack cases of Coke, Diet Coke, Sprite, Dr Pepper and cases of water for Night of WRAP. Please contact Demitria Wilson or bring your donations to the WRAP meetings.

Senior Gift Bags - We are in need of

donations for senior gift bags (given to each Cy Woods senior attending WRAP). Please contact Claudia Carson at ccars4@ sbcglobal.net

Prizes for Drawings – We are planning on having lots of prizes for the drawings throughout the night and we need your help. Please contact Gina Baker at gina@ ginabaker.com to contribute.

WRAP bucks are given for every \$1 donated. You choose the senior you would like the WRAP bucks awarded to.

Thanks so much for your support!!



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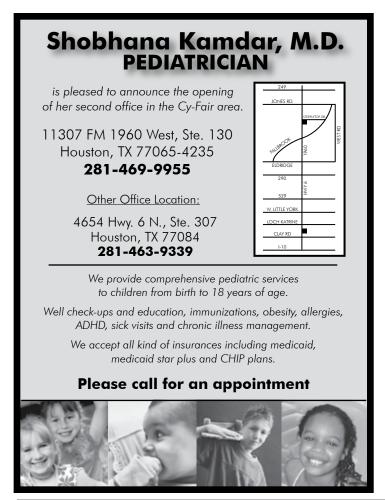
Need More Space? Reclaim the Space You Already Own Submitted by Heather Bland-Ho

Many of us might be feeling the urge for more space. In the current economy, however, moving out or "up" might not be an option. But waiting out the housing downturn doesn't mean you need to put up with spaces that are stressing you out or bringing you down... RECLAIM THE SPACE YOU ALREADY HAVE AND FALL IN LOVE AGAIN with the home you already own!

Follow these simple steps to make your home work harder to meet your needs:

- 1. Prioritize: What areas bug you the most? What are your trouble spots? From that list, which area, when improved, would have the biggest impact on your life?
- 2. Look with an Outsider's Eyes: Pretend you're a stranger coming into the house- what do you notice? You can even ask a friend to help with this part... they will notice piles or unnecessary objects better and faster than you will.
- **3. Systematize:** What works and what doesn't work in the space? Create systems to help alleviate problems, such as putting baskets to corral errant shoes near a doorway or designating a home for newspapers and magazines that are always lying around.
- 4. Organize: Get rid of things that you no longer need, are broken or don't serve a purpose. Keep only what you need, think to

- be beautiful or love. Sort and purge to lighten up and focus on what's really important in life. Do you want to constantly pick hundreds of toys around the house? Or would you rather spend that time playing with your children?
- 5. Recognize when you need help: Often we need another person to give opinions or to help keep the project moving along; enlist a friend or call a professional organizer. For a fraction of the cost of a new home, a professional organizer can help you transform your space and inspire you to do amazing things. I have worked with families to reclaim toyrooms, gamerooms, bedrooms, garages and many other spaces. Recently, one mom was overjoyed to see that her six-year-old daughter sat for two hours playing happily on her own because now she had the space to set up her Littlest Pet Shop "village." That same sweet girl also told her mom how happy she was to be able to do a cartwheel in her room again without hurting herself!
- 6. Realize the gain: Congratulations- you've just made a major improvement to your home! You've reclaimed space you already own, without the cost and hassle of relocating. You've fallen back in love with your home, saving yourself thousands of dollars.







Order forms are available at the Band's website: www.cypressranchband.org

Orders will be accepted until March 24, 2009.

Mail your check and order form to: CRHSBBC P.O. Box 1551 Cypress, TX 77410-1551

Or drop it off in the Band Hall at Cypress Ranch High School Please make checks payable to CRHSBBC.

All proceeds will benefit the Cypress Ranch High School Mustang Band. For more information please contact Marilyn Cisar at 281-373-9262. CYPRESS RANCH HIGH SCHOOL MUSTANG BAND SPONSORS

SPRING DRIVE-THRU TEXAS ROADHOUSE RIB DINNER MARCH 31, 2009

After a resounding success in January, the Cypress Ranch Mustang Bandsis once again sponsoring a Texas Roadhouse Ribs Drive Thru Dinner at Cypress Ranch High School.

Join us for a delicious Drive-Thru Dinner by Texas Roadhouse

Texas Roadhouse will provide $\frac{1}{2}$ slab of ribs, mashed potatoes, green beans plus those wonderful rolls with cinnamon butter for only \$10! You also get a bag of peanuts with each order and a coupon for a free "Cactus Blossom" appetizer (a \$5.99 value) Kids meals are also available for \$5

Texas Roadhouse will once again be in the Cypress Ranch High School parking lot behind the Auditorium in the Band Hall parking lot grilling this dinner for you and your family. Pre-order your dinner and then from 4:30 pm- to 6:30 pm on Tuesday, March 31, 2009 drive through the parking lot and someone will bring your Texas Roadhouse order directly to your car. It's that simple!

The Cypress Ranch Mustang Band, under the direction of Russell Holcombe, is in its inaugural year. This has been an active year for the band. In addition to marching at the Cypress Ranch Junior Varsity Football Games, they participated in the Blinn College Marching Competition, where they won a directors award for the best new band. Members of the band have participated in Region Orchestra, Region Band, and Freshman Region Band

(Continued on Page 8)



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Monday-Wednesday 10-6 Thursday-Saturday 10-3

- Clothing
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CYPRESS MILL MARKET REPORT

Courtesy of "DAVID FLORY"

This market information report is provided to keep you informed of resale market activity in your subdivision.

	Aug 08	Sep 08	Oct 08	Nov 08	Dec 08	Jan 09
\$200,000 +	1	0	1	0	0	0
\$180,000 - 199,999	0	0	1	0	0	3
\$160,000 - 179,999	0	0	0	0	0	0
\$140,000 - 159,999	6	3	0	1	1	0
\$120,000 - 139,999	6	1	1	1	0	0
\$120,000 -	0	0	1	2	1	0
TOTAL	13	4	4	4	2	3
Highest \$/Sq Ft	83.49	78.40	81.08	75.28	69.74	80.63

This chart represents the homes that have sold and closed in the past 6 months according the Houston Multiple Listing Service.

Selling Agent In Cypress Mill

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*Realtor Teams per Remax 9/2008

Teenage Job Seekers

Baby Pet House Yard Doe, John

CPR Training

+-First Aid Training

Attention Teenagers

The **Teenage Job Seekers** listing service is offered free of charge to all Cypress Mill teenagers seeking work. Submit your name and information to *cypressmill@peelinc.com* by the 9th of the month!

Street Light Out?

"Have you noticed a street light out? You an report it to CenterPoint Energy 24 hours a day at 713-207-2222. Choose a language preference and then select option "4" for street light outages.

Please provide the street light's six digit number located approximately 5 feet up the pole. Also the street name and address are helpful.

Mustang Band - (Cont. from Page 6)

Cecilia Cisar placed 2nd chair on French Horn in the Freshmen All-Region Band. Conor McInnerney placed 4th chair on French Horn in the Freshmen All-Region Band. The following students placed in All District Band: Shannon Lacy on Trombone, Morgan Sinclair on Percussion and Kayla Vidrine on French Horn. Five Mustang Band members earned chairs in the All-Region Band and performed in the All-Region Band concert in January: Nick Kalogeras on Tuba, Kayla Kluetz on E-flat Clarinet, Katie Park on Oboe, Alexandra Redmon on Bassoon, and Lindsey Sutton on B-flat Clarinet.

Three amazing Mustangs earned All-Area Honors: Sophomore Sarah Guhl on B-flat Clarinet, Freshman Tanner Hoyt on Tuba and Sophomore Kourtney Kech on English Horn. Sarah Guhl was selected for All State Band. Way to go Mustangs!

Just a Reminder

Please be considerate and pick up after your dog when you are out for a walk including the walking trails by the retention ponds.

It is illegal to sweep grass clippings and trash into the drains. Please report violators at 713-525-2525.

The Foot Wellness Center



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CYPRESS MILL



Its tax time and there are many new tax provisions relating to your 2008 return. Let me go over just a few of these.

- 1.) For the first time, you can deduct up to \$1000.00 of your real estate taxes even if you do not itemize your deductions.
- 2.) There is another huge change in casualty losses. Having come from Florida, I am very familiar with hurricane losses. For the first time, you can deduct a casualty loss in federally declared disaster areas, even if you do not itemize, and if you do, it is not subject to the previous 10% of adjusted gross income threshold. In other words, if you had damage from hurricane Ike, and most people had some damage or loss, you may get a tax deduction for your loss. These losses may include anything from roof and fence damage to loss of food in your freezer.
- 3.) You may also qualify for last year's stimulus rebate check this year, even if you did not qualify last year. (A note on this, last year's check is NOT taxable this year, contrary to some rumors I have heard.)
- 4) They also raised the IRA contribution limit to \$5000.00, \$6000.00 if you are 50 years of age or older. I know many people lost much of their retirement values in 2008, but it is still a good idea to invest in your retirement accounts. You may want to consider investing in a more conservative investment, but you still should invest! Talk to your financial advisor.
- 5) If you own your own business, it is still not too late to set up a SEP retirement plan for your business and get a deduction up to \$46,000.00 for 2008.
- 6) Lastly, the standard mileage rate for 2008 is broken down into two parts. From January 1 to June 30, it is 50.5 cents per mile and 58.5 cents per mile driven during the rest of 2008.



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Why pay more than you have to? Those days are over!

Why would you want to go with an electric provider that charges you more, when you can go to www.sparkpowerbank.com and pay far less for the same electricity?

Make sense?

Please choose "Newsletter Ad" as your referral on the SparkPowerBank.com website.

Lone Star College - CyFair "Perspective"

Teen Driver's Education Available March and April

Spring driver's education courses for teens ages 15 to 17 are available starting March 23 and again April 13. The in-classroom driver's education course covers road rules, road signs, and laws to prepare the teens for the Department of Public Safety's written exam. Other topics are car maintenance, effects of drugs and alcohol, laws and penalties for drinking and driving, emergency situations, basic driving procedures, road rage, and insurance. Parents are responsible for the in-car instruction. Students are required to purchase the Texas Traffic Safety Education Student Manual, which is available at the campus bookstore. Call 832-482-1043 for information.

Free Tax Preparation Assistance Available

Free tax assistance is available at the Lone Star College-CyFair Library, located at 9191 Barker Cypress Road, with AARP Tax-Aide volunteers from noon to 4 p.m. every Wednesday and Thursday through April 15 in the library, room 131. Taxes may be filed electronically. For information on what documentation to bring, go to cyfair.lonestar.edu/library and click on free tax assistance under the news section.

Check out Women's Month Activities

Come to Lone Star College-CyFair throughout March for activities that celebrate, teach and empower women. The theme is "Breaking Boundaries: Contributions of Women - Past, Present and Future." Among the activities are a women's health fair, international women's discussions, vocal performances, films, library displays and more. For information, go online to CyFair.LoneStar.edu/womensmonth.

What's in the Gallery and on Stage?

Check out an ancient method of painting through March 27 at the Bosque Gallery Encaustic Exhibition showcasing the work of a continuing education class. Go to CyFair.LoneStar.edu/bosquegallery for gallery hours and information. Enjoy Oscar Wilde's popular comedy "The Importance of Being Earnest" on stage through March 8 and a Symphonic Band performance March 27. For information, call 281-290-5201 or go to CyFair.LoneStar. edu/boxoffice.

L.I.F.E. Lessons in March

The Learning, Inspiration, Fellowship and Enrichment (L.I.F.E.)

(Continued on Page 11)



CYPRESS MILL

Lone Star College - (Continued from Page 10)

programs are free and held Wednesdays at 10 a.m. in the Lone Star College-CyFair Branch Library (Room 131.) Programs in March include: learning techniques for a good night's rest March 4, creating a produce garden March 11, knitting from stress relief to a business March 18 and talking with Commissioner Steve Radack March 25. Call the library at 281-290-3213 for L.I.F.E. program information or go online to CyFair.LoneStar.edu/library.

Prom Dress Give-Away for Teens in Need

The Fifth Annual Prom Dress Give-Away benefiting teens without the financial means to purchase a dress for prom is set at Lone Star College-CyFair Branch Library, 9191 Barker Cypress from 1 p.m. to 5 p.m. Saturdays March 21, March 28 (room change to Kids Korner), April 4, April 11, April 18 and April 25 in the library, room 131 as well as by appointment. Teens in need of a dress should contact the Youth Service Specialist at their high school or Prom Closet organizers Nancy Flanakin at meaford8510@yahoo.com or LSC-CyFair Teen Librarian Elise Sheppard at elise.j.sheppard@lonestar.edu or 281-290-5248.

More HELP for PETS...

When a pet is lost, finding the pet means that time is of the essence. It takes time to create, print and distribute flyers. The flyers are many times illegible because of wind or rain. I certainly do not fault the pet owner because I have done this myself.

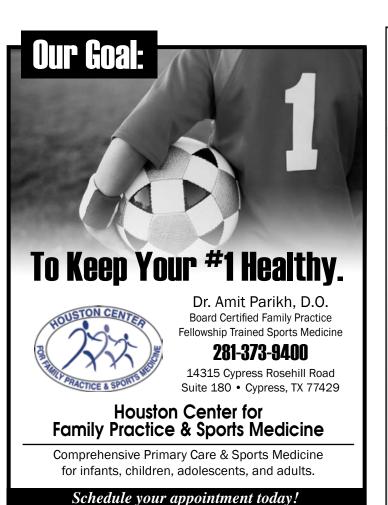
Frustrated, I thought there has to be a better way. So that is why we created Cypress Lost Pet Alert.com. The idea is to very quickly get the word out through an e-mail alert to as many neighbors as possible plus post the picture and information about the pet on the website under the specific neighborhood.

Once the email alert goes out to the specific neighborhood, many, many neighbors are now aware. If they happen to forward the email to their friends who have not signed up, it could mean hundreds of your neighbors are already alerted and are keeping their eyes open for your lost pet.

Cypress Lost Pet Alert.com is on-call 7 days a week from sun up to sun down and is FREE. We are glad to work with any informal email chains. The whole idea is to find lost pets quick for the good neighbors in Fairfield and surrounding areas.

Regards, RB Cox

alert@CypressLostPetAlert.com www.CypressLostPetAlert.com





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meet our team

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Quoc Le, MD

Alex Nguyen, MD

Blandina Sison, MD

Marian Allan, MD

Anthony Yee-Young, MD

Diana Malone, MD

Shital Patel, MD

Heidi Nashed-Guirgis, MD

Luz Marquez, MD

Jennifer Dong, MD

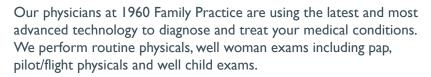
Haley Nguyen, MD

Tami Berckenhoff, PA-C

Brandi Valenzuela, PA-C

Sydney Payne, PA-C

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Because sickness doesn't revolve around a Monday-Friday 8-5 schedule, we are offer Urgent Care for your convenience. Our 1960 location has extended hours with evenings and weekends available. The 290 location offers Saturday hours from 9am-12pm.

Call today to schedule your appointment. 281-586-3888

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20320 Northwest Frwy Ste 500 Houston, Texas 77065 (turn right at the Firework Warehouse) Located at 290 and 1960

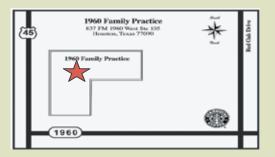
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FAMILY PRACTICE

NEW LOCATION AT HWY 290

20320 Northwest Frwy. Ste. 500 - Houston, TX 77065 Located at 290 and 1960





Services offered at 1960 Family Practice

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Diabetes
Hypertension

Heart Disease
Lung Disease
Sleep Disorders
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Hormone Therapy Cancer Screening Gastrointestinal Disease Bone Density

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shots

CRBS Creative Writing Contest

Clay Road is proud to recognize the following winners:

<u>Kindergarten</u>	
First Place	Everett Bakken
Second Place	Ryan Yun
Third Place	Erica Newman
Honorable Mention	Jordan Binkley
	Danielle Brock
	Cesar Mora

First Grade

First Place	Annie Giles
Second Place	Olivia Einarssor
Third Place	Dawson Conder
Honorable Mention	Hannah Bosco
	Lindsey Duong
	Jacob Walton

Second Grade

First Place	Ainsley Bakken
Second Place	Nicolas Einarsson
Third Place Tie	Grace Maynard
	Natalie Morel
Honorable Mention	John Nimri
	Kaitlynn Sims

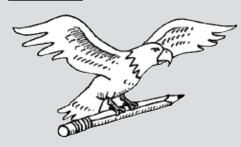
Third Grade

Fourth Grade

First Place	Ally Longoria
Second Place	Allison Giles
Third Place	Lauren Menard
Honorable Mention.	Alexia Hahn
	Jonathan Loebl
	Olivia Markham

First Place.......... Sophie Palmer Second Place Tie........ Allison Brock David Scott Timathy Xenakis Honorable Mention Blake Scott Gus Waters

Fifth Grade



First Place	Matthew Elliott
Second Place	Annie Messina
Third Place	Mary-Kate Scurlock
Honorable Mention	Peyton Conder
	Morgan Morel
	Ty Wise

Middle School Rhyming Poetry:

First Place	Yvonne Espinoza
Second Place	Amanda Brock
Third Place	Ashton Binkley
Honorable Mention	Marya Gray
	Andrew Harding

Hannah Voncannon

Free Verse:	
First Place	. Anderson Toups
Second Place	. Jared Pereira
Third Place	. Brandon Argueta
Honorable Mention	. Karissa Garcia
	Phoebe Toups
	Mackenzie Wilson

Essay:

First Place	Kylee Waters
Second Place Tie:	Victoria Gates
	Mallory Parker
Third Place:	Lauren Nugent
Honorable Mention	Christian Dixon

Short Story:

First Place	Hannah Cochran
Second Place	Jeffrey Schultz
Third Place	Corrie Andrews
Honorable Mention	Bryson Bergeron
	Daniel Bunch
	Beau Powell

Congratulations CRBS students!

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Movie Theatre on Hwy 290 & Spring Cypress Worship: 9:00 a.m. and 10:20 a.m.

Jones Road Campus

8350 Jones Road, ¼ mile off Hwy 290 on Jones Traditional Services: 8:15 a.m., 9:20 a.m., 10:40 a.m. Contemporary Services: 9:20 a.m., 10:40 a.m.

www.foundrychurch.org | 713.937.9388

Clay Road Baptist Spelling Bee Winners



Congratulations to the following first place winners of the 2009 Clay Road Baptist School Spelling Bee!

1st Grade Kristin Sanders 2nd Grade Evin Youm

3rd Grade Matthew Sanders

4th Grade Ethan Trapp (not pictured)

5th Grade Don Halt

6th Grade Hannah Ouebodeaux 7th Grade Lauren Nugent* 8th Grade Andrew Harding

*overall Spelling Bee winner

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Northwest Flyers Youth Track Club **Information Session Friday Evening**

April 3, 2009

The Northwest Flyers Track Club will host a free open house / registration session for all middle and high school athletes and their parents interested in joining for the 2009 season. The event will be held on **Friday**, **April 3**, **2009**, **from 7:00 – 8:30 PM** at the Champions Park subdivision clubhouse, 13635 Champions Park Drive**, Houston, TX 77069. The session will begin with a very important program overview / orientation at 7:00 PM. All interested athletes and parents should report on time.

The Northwest Flyers is a youth (ages 6 -18) track organization, affiliated with USA Track & Field. The club provides a full program of "track" events such as sprints, hurdles, middle distance, distance and relays, and "field" events such as long jump, triple jump, high jump, pole vault, discus, shot put and javelin. It is an excellent "offseason" program for young athletes who currently compete on their middle school or high school varsity track teams.

The club was founded 22 years ago by Olympic gold medalist Fred Newhouse to foster the development of youth track & field in the Northwest Houston area. Last year, the Northwest Flyers qualified 26 young athletes to compete at the U.S. Junior Olympics National Championships in Omaha, Nebraska.

Visit the team website at http://www.northwestflyers.org for registration forms and information prior to the session, or contact Linette Roach at (281) 587-8442 or linette.roach@sbcglobal.net.

NOTE: Champions Park Drive is in between Cutten Road and **Champions Drive.**

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Cy-Fair Community Emergency Response Team (CERT)

Cy-Fair CERT now has over 200 team members in your neigh—borhood. The team members are not only from Fairfield/Cypress area, but Alief, Katy, Bear Creek, Copperfield, Tomball, and Sugarland. More trained CERT members will be needed in each of these areas to form neighborhood teams.

CERT training is designed to prepare you to help yourself, your family, and your neighbors in the event of a catastrophic disaster. Because emergency services personnel will not be able to help every—one immediately, you can make a difference by using this training to save lives and protect property. For example, during and after Hurricane Ike members of the Cy-Fair CERT volunteered at the phone bank of the Harris County Office of Emergency Management, manned the federal PODs all over the county, distributed Meals on Wheels food, cleared debris in their communities, etc.

The 8-week course (24 hours of training) covers basic skills that are important to know in a disaster when emergency services are not available. You are taught skills about disaster preparedness, small fire suppression, urban search & rescue, medical operations and more. With training, practice and working as a team you will be able to do

the greatest good for the greatest number of people after a disaster, while protecting yourself from becoming a victim.

In 2003, President Bush asked Americans to volunteer to serve oth—ers. The Harris County Citizen Corps www. harriscountycitizencorps.com was created to help our citizens find volunteer and training opportunities. CERT training is just one of the programs created.

CERT training courses are provided throughout Harris County. There is no cost for this course. A backpack of emergency/medical supplies is provided to all CERT team members during training. This program is brought to you by Harris County Judge Emmett. The next CERT training class for the Cy-Fair area will begin on April 1, 2009 at the Lone Star College (Barker-Cypress campus).

For more information on how you can become involved in CERT contact Patrick Wong (Fairfield/Cypress Team Lead) at pcwong1@ earthlink.net. For more information on how you can register for the next training class contact Terri Pope-Mobley at tpopemobley@ yahoo.com.

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"Introduction to Carbohydrate Counting" 8:30 am - 10:30 am

"Introduction to Insulin Pump Therapy" 10:30 am – 12:30 pm

"Advanced Pumping Skills & Support Group" 1:30 – 3:30

RSVP prior to each class to Tere Kelly at 281-517-1008



The Tall Pines Quilt Guild of Huntsville Texas is hosting

"The 8th Annual Airing of the Quilts Outdoor Quilt Show"

Saturday, May 2nd from 9 a.m. to 4 p.m. on the square in Historic Downtown Huntsville, Texas. The LARGEST outdoor quilt show in the state of Texas, quilts will be on display on the Walker County Courthouse and other buildings on the square. The event is fun, FREE and open to the public. Rain or shine, come for the fun; stay for the quilts!

Opportunities' are available for quilters across the state to display and/or sell quilts. More info may be obtained at www.tallpinesquiltguild.com. Fabric Carousel: (936) 295-8322. or call Dani Ducic: (936) 295-

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When it comes to your child's development, getting help early is best!



Texas Early Childhood Intervention (ECI) provides early intervention and therapy services for children birth to 36 months. If you have questions about how your baby or toddler is developing-ask ECI! Programs are in every Texas County.

Questions or Concerns?

Call ECI of MHMRA Harris County at 713-970-4900 or visit www.dars.state.tx.us/ecis to find out more about ECI and to find your local program.

ECI developmental screenings & evaluations are at no cost to families!

Cypress Christian School Students Provide "Socks for Little Souls"

Fifth graders at Cypress Christian

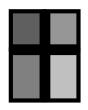
School collected socks in February to donate to children at the Baptist Missions Center. In addition, the students made valentines for the children at the center. The "Socks for Little Souls" project began when the fifth grade classes were asked to find a way to share God's love with those less fortunate for Valentine's Day.

The mission of Cypress Christian School is "to equip students to engage and impact their world for Jesus Christ." Community service projects like "Socks for Little Souls" help to encourage students to

make a difference in the lives of others both now and throughout

their lifetimes.

Cypress Christian School is located at 11123 Cypress N. Houston Rd. at Jones Road and serves families of K-12 students in northwest Houston. For more information, call 281-469-7745 or visit the website at www.CypressChristian.org



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The angel said to the women,
"Do not be afraid. For I know that you
are looking for Jesus, who was crucified.
He is not here; He has risen, just
as He said." Matthew 28: 5-6



Saint Aidan's wishes you a blessed Lenten season and a joyous Easter. We invite you to worship with us during this time of reflection and celebration.

April 9th Maundy Thursday Worship Service at 7:00pm.

April 10th Good Friday Worship Services:

7:00am "Stations of the Cross" / Noon "Seven Last Words" / 7:00pm Evening Worship.

April 11th Holy Saturday 8unny Brunch and Easter Egg Hunt at 9:00am.

April 12th Easter Worship Services at 8:00am and 10:30am.

Regular Worship Schedule

Sundays at Saint Aidan's

8:00am Worship

9:15am Sunday School for All Ages

10:30am Worship

Wednesdays at Saint Aidan's

6:00pm Dinner 6:30pm Worship

6:45pm Programs for All Ages

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Crossword Puzzle 10 12 14 15 25 29 30 32 33 34 35 37 36

ACROSS

- 1. Fire remains
- 4. Alarm bell
- 10. Fib
- 11. African country
- 12. Lodge
- 13. Chronological records
- 14. Colorful Mexican shawl
- 16. Legume
- 17. Matching
- 18. Scale note
- 20. You
- 22. Club
- 26. First woman
- 29. Seed part
- 31. Plunderer
- 33. Epoch
- 34. Verse meter
- 35. Twitch
- 36. Secures
- 37. Ball holder
- © 2007. Feature Exchange

DOWN

- 1. List of highly desired guests
- 2. Tendon
- Matisse, painter
- 4. Catch
- 5. Held the deed
- 6. May
- 7. Metal fastener
- 8. Bored
- 9. Space administration
- 15. One of these
- 19. Often poetically
- 21. Devour (2 wds.)
- 23. Gone With the Wind's Mr. Butler
- 24. Eagle's nest
- 25. Draw
- 26. Heroic
- 27. Phial
- 28. Writer Bombeck
- 30. Loch __ monster
- 32. Abdominal muscles (abbr.)

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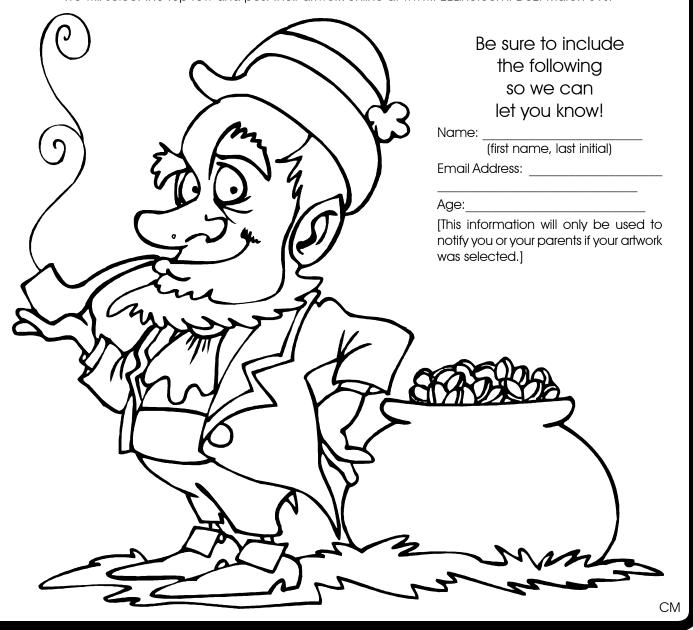
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15207 Olmstead Park, 3/2/2, 1575 SqFt, \$139,900



16407 Thyme Green Lane, 3/2.5/2, 2068 SqFt, \$154,900



15703 Township Glen Lane, 4/2.5/2, 2727 SqFt, \$219,900



20631 Orchid Blossom Way, 4/2.5/2, 2492 SqFt, \$169,900



15807 Lake Loop Drive, 4/4/3. 3625 SqFt, \$278,950

Dawn Fore's Cypress Mill Market Report 3rd Quarter 2008 Neighborhood Current \$ per SqFt | DOM Cypress Mill Sold Avail Pending Up to \$125,000 3 \$66.00 43

Cypress Mill Estates All Price Ranges	Sold 2	\$ per SqFt \$66.06	DOM 25	Avail 9	Pending 1
Cypress Mill Estates	501a	per sqrt	DOM	Avaii	Penaing
C 1011 F	C-14	C C Et	DOM	A :1	D 11
\$170,001 - \$200,000	0	-	-	2	0
\$155,001 - \$170,000	2	\$69.13	46	5	0
\$140,001 - \$155,000	9	\$62.13	79	10	1
\$125,001 - \$140,000	9	\$69.86	60	5	2

These numbers for resale homes were obtained from the Houston Mulitiple Listing Service. While we have no reason to doubt the accuracy of this information, we cannot guarantee it. This is not a solicitation of currently listed properties.