



# Steeplechase

## NEWSLETTER



The Official Newsletter of The Steeplechase Community Improvement Association, Inc. and Steeplechase

### SAVE THE DATE

*Mark your  
calendars for  
the following  
Steeplechase  
events in 2010!*

05/03/10:

Steeplechase Open  
Residents Meeting  
w/special guest  
CrimeStoppers

05/31/10:

Steeplechase Resident's  
Happy Hour

06/28/10:

Steeplechase Resident's  
Happy Hour

07/26/10:

Steeplechase Resident's  
Happy Hour

08/02/10:

Steeplechase Open  
Residents Meeting

11/01/10:

Steeplechase Open  
Residents Meeting

## Vote "YES" For The Merger *On June 14th*

The merger of the churchill, cobblestone, and greenbrook bridge associations into the steeplechase community improvement association will result in a more efficient, more effective community association. All three boards have voted unanimously for the merger. The name of each neighborhood stays the same.

### **What Will Happen To The Annual Maintenance Fee?**

The fee for 2011 will remain about the same, \$375.00 For all residents in steeplechase.

### **When Will The Fee Be Due?**

The due date for the annual maintenance fee will be changing to june 30th as suggested by steeplechase residents. The association billing in late november 2010 will be for 18 months (january 1, 2011 to june 30, 2012) with one payment due on january 31, 2011 and the second due on september 30, 2011. Annual fees for the following year (july 1, 2012 to june 30, 2013) will be due on june 30, 2012.

### **I'm Out Of Town On June 14th. Can I Still Vote?**

Proxies for each of the three current associations were sent out april 12th to every home owner. You can fill out, sign, and date the proxy and mail to pcmi at the address noted on the proxy or give it to one of the board members for your current association. You can also go to the steeplechase website ([www.Steeplechasetx.Com](http://www.Steeplechasetx.Com)) (click on document library on the left side of the website) and download/print a copy of the proxy for your current association and send it in. Alternately, the members of the board of directors for each of the associations will be going to door-to-door soliciting proxies and reminding people to vote. You can identify them by the steeplechase board member flyer that each person will be carrying with them.

### **My Vote Doesn't Matter.**

Incorrect, it does matter and it does count. There must be a quorum (10%) of eligible residents voting for the election to be valid. Furthermore, approval by 2/3rds of the member residents voting is required. If a quorum is not met, another vote will be held at additional cost. So, please vote in the june 14th election.

### **How Do I Know If I Am An Eligible Voter?**

If your maintenance dues are current and you are an owner, you are eligible. Only one owner must sign the proxy even if there is joint ownership.

### **I'm Confused. Whom Can I Call?**

Contact any board member, call pcmi or attend the open residents' meeting on may 3rd where all questions about the merger will be answered. You can also visit the website, [www.Steeplechasetx.Com](http://www.Steeplechasetx.Com) and look in the document library for additional information about the merger.

# STEEPLECHASE

## IMPORTANT

### Telephone Numbers



Emergency.....	911
Sheriff's Dept. ....	713-221-6000
Cy-Fair Fire Dept .....	911
Cy-Fair Hospital.....	281-890-4285
Animal Control .....	281-999-3191
Center Point (Street lights) .....	713-207-2222
<a href="http://cnp.centerpointenergy.com/outage">http://cnp.centerpointenergy.com/outage</a>	
Neighborhood Crime Watch .....	SteeplechaseSecurity@gmail.com
Library.....	281-890-2665
Post Office.....	713-937-6827
Steeplechase Community Center .....	281-469-CLUB
Deed Restriction Issues (PCMI) .....	281-870-0585
Water/Sewer .....	713-405-1750
Architectural Control (PCMI) .....	281-870-0585
Trash Pick-up (Best Trash, LLC) (Wed. & Sat.) .....	281-313-BEST
Harris Co. Pct. 4 Road Maintenance .....	281-353-8424
Community Events.....	281-469-CLUB
Clubhouse Rentals: Private Parties and Community Events (Phyllis McFarland).....	832-922-8031
Traffic Initiative .....	281-290-2100
Private Pool Parties .....	713-416-5161

### NEWSLETTER PUBLISHER

Peel, Inc. (Advertising).....[kelly@PEELinc.com](mailto:kelly@PEELinc.com), 888-687-6444  
Articles..... [newsletter@steeplechasetx.com](mailto:newsletter@steeplechasetx.com)

## Community Center Contacts

### Community Maintenance Concerns

PCMI ..... 281-870-0585

### Clubhouse Rentals

Private Parties and Community Events  
(Phyllis McFarland)..... 832-922-8031

### Pool Company Contact

Texas Aquatic Enterprises, Inc. .... 713-416-5161  
.....[www.texasaquaticenterprises.com](http://www.texasaquaticenterprises.com)

### Board Member Contact

PCMI ..... 281-870-0585

## Schools

Emmott Elementary.....	281-897-4500
Campbell Middle School.....	281-897-4300
Cy-Ridge High School.....	281-807-8000

### Want to Help Steeplechase Go Green?

Join our E-Mailing List at [www.SteeplechaseTX.com](http://www.SteeplechaseTX.com). Please add [webmaster@steeplechasetx.com](mailto:webmaster@steeplechasetx.com) to your address book to ensure you receive our emails. Your email address will not be shared, published, or used for soliciting.

## Steeplechase Board of Directors

Cobblestone	Churchill	Green-Brook-Bridge
Judy Weed	Nace Peard	Andy Sherbondy
Virginia Kelley	Bill Kuschmeider	Wade Wnuk
Kathy Dowling	Michael Cirillo	Michael Young
James Clarke	Greg Fredericks	Maurice Amidei
	Tricia Winters	

If you need to contact a director within your subdivision, please contact PCMI at **281-870-0585** and they will forward your request.

## Steeplechase Sanctioned Committees

Security	Welcome
Communications	Landscape
Pool	Clubhouse
Playground	Tennis

## Steeplechase Information Line: 281-469-CLUB - Option #3

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## Annual Easter Egg Hunt

Many at the Annual Easter Egg hunt had fun and Spring Celebration held on Saturday, March 27. The event was free! Kids and families from the neighborhood enjoyed many activities sponsored by neighborhood volunteers. Activities included a 3 –in- 1 toddler moonwalk slide, tattoos, designing egg craft, coloring page, pictures with the Easter Bunny, and of course the Egg Hunt. Children enjoyed hunting for eggs with the opportunity to find golden eggs for special prizes. There were plenty of Nachos, Cookies, and drinks. Also, we would like to thank Gus Sanchez, who graciously brought his live bunnies for the kids to pet. He is a FFA member and student at Langham Creek High School. Most of all children and families enjoyed socializing with one another.



Some of the Golden Egg Winners

We would like to “Thank” our many volunteers who made this event possible: Steeplechase Mom’s Club and HOA Board for their Financial Support, Especially Kathy Dowling, for purchasing supplies and Nace Peard for Sign Advertising.

Candice Santillo (Swim Team Coach and Steeplechase Mom’s Club President) coordination of Egg Hunt and volunteering

(Continued on Page 4)



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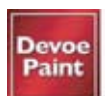
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# STEEPLECHASE



## Annual Easter Egg Hunt - (Continued from Page 3)

Tricia Szymanski (Steeplechase Mom's Club VP) designing our Steeplechase Mom's t-shirts and volunteering

Lilly Bauman (Steeplechase Mom's Club Treasurer) for Overall event planning and volunteering

Rachel Ramirez (Swim Team Team Representative and Steeplechase Mom's Club Secretary) coordination of Langham Creek National Honor Society students and volunteering

Krystal Gonzales (Steeplechase Mom's Club member and Century 21 Ross Group Realtor) for donating over 200 water bottles, coordinating the moonwalk, and volunteering

Tasha Carringer (Steeplechase Mom's Club member) for the craft ideas and volunteering

Gillian Adamson (Steeplechase Mom's Club member) for coordinating the refreshments and volunteering

Belinda Garcia (Steeplechase Mom's Club member) for coordination of the Egg Hunt and volunteering.



*Steeplechase Mom's Club Members*

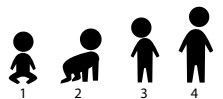


## COLIN'S HOPE

*Increasing water safety awareness and standards*

### FACTS YOU NEED TO KNOW ABOUT DROWNING

Drowning is the leading cause of unintentional injury-related death in children ages 1-4



### DROWNING WILL AFFECT YOU OR SOMEONE YOU KNOW

Drowning is the 2nd leading cause of unintentional injury-related death ages 1-14.

For more information, check out our website at

[www.colinshope.org](http://www.colinshope.org)

### DROWNING CAN STILL OCCUR EVEN IF YOU KNOW HOW TO SWIM

NO ONE is "drown proof" – no matter their level of swimming ability.

Falls, entrapments, and injuries lead to drowning regardless of swimming level.

A majority of people overestimate their own and their child's ability to swim, especially in a panic event.

### DROWNING IS QUICK AND SILENT



Drowning occurs in as little as 2 minutes.



Irreversible brain damage occurs in as little as 4 minutes.



Most children are out of sight or missing for less than 5 minutes and usually in the presence of 1 or both parents.



Most children die who are submerged for as little as 6-10 minutes.

Children who drown do not **scream, splash, or struggle**. They silently slip beneath the water, even with adults & lifeguards present.

# STEEPLECHASE

1 & 2 Year Olds



3 - 6 Year Olds



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# STEEPLECHASE

## RAD SELF DEFENSE CLASSES

*To Be Held In Steeplechase!!!*

Steeplechase Community and Harris County Precinct 4 will be partnering up to hold RAD women's self defense classes for Ladies 14 and up in May. Also, during the month of June a RAD kids class for kid's ages 5-11. These classes will be held in the Steeplechase Community clubhouse. Here are some FAQ's

**What is RAD?** RAD stands for RAPE AGGRESSION DEFENSE (ladies class) or RESISTING AGGRESSION DEFENSIVELY (kids class)

**What is the cost?** This class is FREE. Yes FREE! No charge to Steeplechase residents. This event is sponsored by Steeplechase HOA and Harris County Precinct 4.

**What will I learn?** You will learn the basics of self-awareness, risk avoidance, safety tips, survival tips, your legal rights, basic kicks and punches and a few other moves too

**Do I have to be in shape/Physically fit?** A healthy fitness routine is always encouraged, and while being fit is a benefit, no



you do not have to be in great athlete shape to participate. In fact ALL levels of fitness are encouraged to attend. These moves are made specifically to work with a woman's natural power. These are techniques are designed so ANY woman regardless of fitness level can participate.

**My (ankle/leg/hip/ shoulder... etc.) is bad... I had surgery on \_\_\_\_\_. Can I still participate?** Yes, please let our instructors know your current condition.

**Is there contact?** Yes, there will be contact.

This is completely optional. Contact is in a very controlled and safe environment.

**Will I get hurt?** We cannot guarantee 100% no injuries, however it is very rare that a female had been injured.

**Can I bring friends that are not from the neighborhood?** YES, we encourage woman in Steeplechase and surrounding neighborhood areas to attend.

*(Continued on Page 7)*

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# STEEPLECHASE

## Rad Self Defense Classes - (Continued from Page 6)

**Can I come for just one night or do I have to go to all three?** In order to gain the most knowledge and skills it is recommended that you attend ALL three nights.

**Are snacks/Food provided?** Yes, we will have some light refreshments and plenty of water/Gatorade.

**Is Childcare provided?** Yes, for a small fee of \$8.00 per class.

**What should I wear/Bring?** Please dress in comfortable workout clothing. Please no heavy jewelry, closed toe tennis shoes only. (Preferably ones without the black bottom --those scuff up the floor) all you need to bring is your self.

ALL classes will be held at the Steeplechase Community Center clubhouse.

To Register and sign up contact Danni Moss @ draemoss@gmail.com or 713-247-9781. Also, feel free to contact me if you have any questions or concerns.

### RAD WOMENS CLASSES DATES:

May 10, 11, 12 6pm-9:30pm

August 16, 17, 18 6pm- 9:30 pm

November 8, 9, 10 6pm-9:30pm

### RAD KIDS dates:

June 7, 8, 9 9am-1pm



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# STEEPLECHASE



Steeplechase residents and friends enjoyed Jazz Night featuring John Rochelle. It was a fun, relaxing night filled with laughter and great music. Here are some photos of the event.



## Electricity is **ON SALE** at StarTex Power!



Alan "Petrodamus" Lammey, host of 'Energy Week', can be heard every Sunday on 1070 KNTH in Houston.

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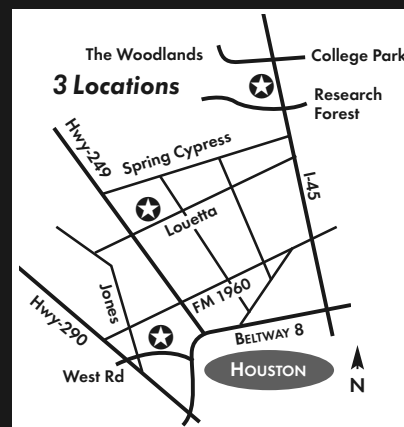


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# STEEPLECHASE

## Jazzercise Partners With Back In The Swing USA

### *To Empower Breast Cancer Survivors*

*Bear Creek Copperfield Jazzercise Fitness Center*

*Jazzercise will Host Fundraising Class on Sunday May 23, 2010 2:00pm*

Jazzercise, the world's leading dance fitness program, is proud to announce its partnership with Back in the Swing USA®, a grassroots nonprofit organization exclusively dedicated to providing awareness, access and financial support for breast cancer survivorship programs and academic medical research in the field of breast cancer survivorship. The organization's goal is to empower breast cancer survivors to get back in the swing of life physically, emotionally and spiritually.

Jazzercise Bear Creek Copperfield will host a special Back in the Swing fundraising class on Sunday, May 23, 2010 at 2:00pm during National Fitness and Sports Month. A \$10 donation will be requested to participate in this special Jazzercise class. All proceeds from Jazzercise/Back in the Swing fundraising classes will be donated to the Back in the Swing organization.

Jazzercise was at the forefront of a recent study at the Breast Cancer Survivorship Center at the University of Kansas Cancer Center (BCSC) that strongly indicated the importance of exercise for breast cancer survivors. From 2008 through 2010, half of the

study's participants attended Jazzercise classes for a six-month period. The participants underwent pre- and post- intervention assessments of overall fitness, breast cancer risk, and measures of quality of life. The study showed that Jazzercise participants lost 5.6% of their total body fat (DEXA), 12.6% of their starting body weight, and decreased their levels of insulin by greater than fifty percent. Additionally, the study group demonstrated considerable progress in several measures of fitness, including increased flexibility, grip strength, endurance, and heart rate. They also reported significant improvements in quality of life including diminished depression and fatigue symptoms. These findings have been shown to lower blood pressure and LDL ("bad cholesterol"), lessen the risk for heart disease, improve glucose intolerance (decreasing risk for diabetes), and greatly reduce the risk of breast cancer recurrence.

The results of the study will be presented June 17 at the prestigious "Biennial Cancer Survivorship Research Conference," sponsored by The National Cancer Institute, the American Cancer

*(Continued on Page 11)*



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## Jazzercise Partners with Back in the Swing USA - (Continued from Page 10)

Society, LIVESTRONG and the Centers for Disease Control and Prevention.

"We are proud to take part in this fundraising effort," said Jazzercise Bear Creek Copperfield instructor Mary Wadsworth. "Together we will help breast cancer survivors get 'back in the swing' and 'stay in the swing' of joyful, healthy living after breast cancer."

### About Jazzercise

Judi Sheppard Missett, who turned her love of jazz dance into a worldwide dance exercise phenomenon, founded the Jazzercise dance fitness program in 1969. Judi and Jazzercise Executive Vice President Shanna Missett Nelson have advanced the business opportunities of women and men in the fitness industry by growing the program into an international franchise business that today, hosts a network of 7,800 instructors teaching more than 32,000 classes weekly in 32 countries.

The workout program, which offers a fusion of jazz dance, resistance training, Pilates, yoga, and cardio box movements, has positively affected millions of people worldwide. Benefits include increased cardiovascular endurance, strength, and flexibility, as well as an overall "feel good" factor. Additional Jazzercise programs include Junior Jazzercise, Jazzercise Lite and Personal Touch. Jazzercise has raised more than \$27 million for charitable organizations around

the world. **For more information, contact Mary Wadsworth at 281-855-3488. For further information and worldwide class information, go to [jazzercise.com](http://jazzercise.com) or call (800) FIT-IS-IT.**

### About Back in the Swing USA

Back in the Swing USA is the first and only national nonprofit organization exclusively providing grassroots awareness, education and fundraising on behalf of the millions of breast cancer survivors to empower them to get back in the swing of life physically, emotionally and spiritually. **For more information, please visit [www.backintheswing.org](http://www.backintheswing.org).**

## RECYCLING NEWS!

### *Some Great News On Acceptable Materials!*

You can now also recycle: ALL COLORS OF GLASS, PLASTICS 1-7 and ALL PAPER PRODUCTS including CARDBOARD, CEREAL BOXES, PHONE BOOKS, ETC. A few non-acceptable: hangers, toys, packaging, styrofoam



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# STEEPLECHASE

## PASSIONATELY PINK

### *For the Cure*

1 in 8 women will be diagnosed with breast cancer in their lifetime. Almost 2000 men will be diagnosed with breast cancer this year. Team Tiara is a non-profit foundation dedicated to raising money to fund research and education for this devastating disease as well as outreach services to those affected by it. Team Tiara started 5 years ago walking in the Susan G. Komen Breast Cancer 3-Day. Each member has raised \$2300.00 every year to walk 60 miles in three days, sleep in pink tents and shower in converted semi-trucks. This group of men and women are now at a turning point and are raising money to provide real-time assistance to those whose lives have been touched by breast cancer. One way they will be able to do this is to provide mammograms for those without health insurance so they do not have to wait what could be months to get their lump checked at the free clinics. This could mean the difference between a Stage 1 diagnosis and a Stage 4 diagnosis. They will also be able to fund expenses such as babysitting for young children during doctor's appointments and treatments, travel accommodations or any needs these families have.

Team Tiara has been featured on Channel 2 News and will be featured in many other publications throughout the year recruiting new members, participating in many fundraisers that will range from car washes, Southern Living Parties, Cookbook and Calendar Sales to their big event in October – Team Tiara Gala: Passionately Pink for the Cure.

Follow them on their journey by going to [www.teamtiara.net](http://www.teamtiara.net) or you can join them on their journey and be a part of this new way to live.

## WRITERS

### *Wanted*

Enjoy writing? The Steeplechase Newsletter wants you! We publish monthly and there's a need for profiles of interesting neighbors, nearby restaurants or businesses, and other stories of interest. Maybe you might want to write monthly column on a topic of your choosing (subject to editing, of course). Aspiring writers email [newsletter@steeplechasetx.com](mailto:newsletter@steeplechasetx.com).

## Next Open Residents Meeting

MONDAY, MAY 3, 2010  
7PM

STEEPLECHASE CLUBHOUSE  
WITH SPECIAL GUEST  
CRIME-STOPPERS

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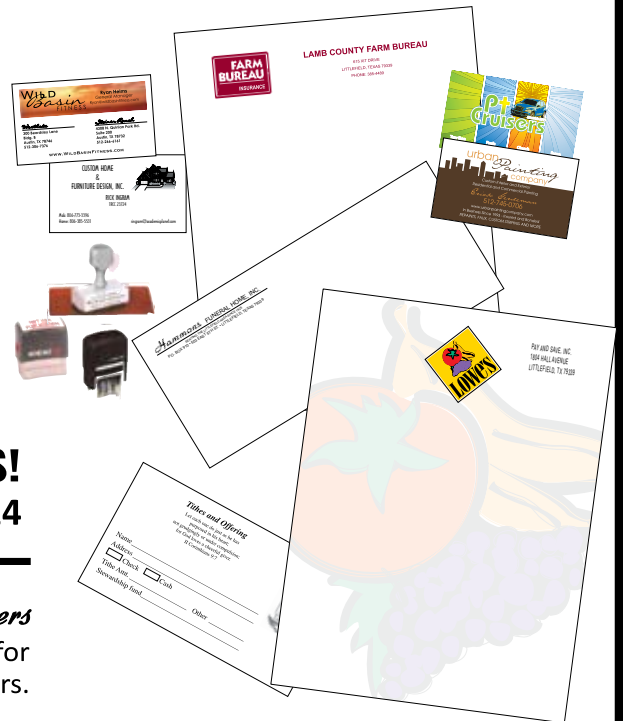
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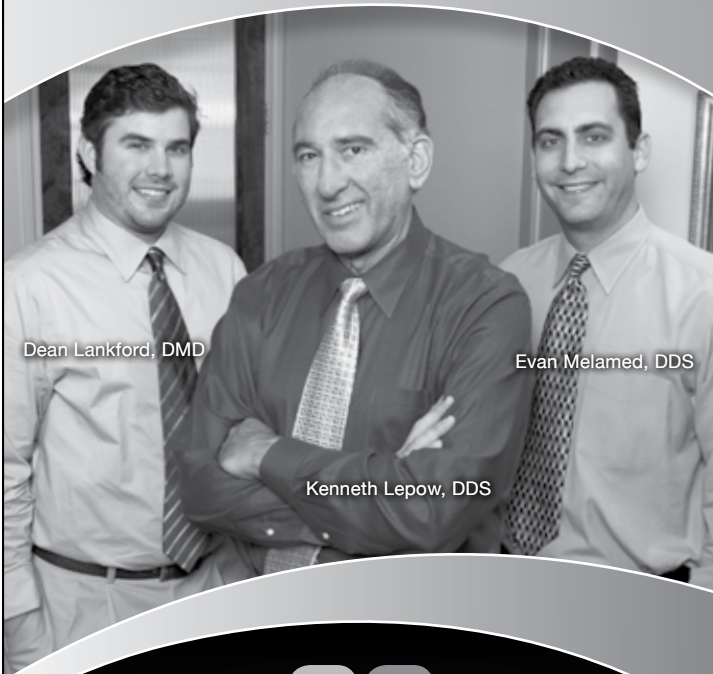
NOT AVAILABLE  
ONLINE

### Classified Ads

**Personal classifieds** (one time sell items, such as a used bike...) run at no charge to Steeplechase residents, limit 30 words, please e-mail to [newsletter@steeplechasetx.com](mailto:newsletter@steeplechasetx.com).

**Business classifieds** (offering a service or product line for profit) are \$45, limit 40 words, please contact Peel, Inc at 888-687-6444 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

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# STEEPLECHASE

## We Can't Expect Law Enforcement To Protect Us

### *From Our Own Stupidity*

On a daily basis, the dedicated Harris County Sheriff's Department (HCSO) works in reactive mode. Day-in day-out they respond to citizen calls, accidents, alarms – you name it, they are responding to it – it's their job. HSCO is expected to respond swiftly and this means they must rely on citizens to be proactive – this includes a list of very simple yet important common sense items that every resident of Steeplechase is responsible for.

- Outdoor lighting. The front of your home should be lit at night. Front doors lights should be turned on from dusk to dawn. Additional exterior lighting operated by motion sensor is highly recommended for your garage and back door.
- House number should be clearly visible on both your home and curb.
- Garage doors should be closed at night.
- Vehicle doors should be locked and valuable items removed.
- Landscaping should be maintained. Overgrown bushes offer excellent hiding spots.
- All entry doors and windows should be locked.
- If you have an alarm system, it should be engaged and a sign or decal present.

- Crime watch and 'No Soliciting' decals should be present in window by front door.
- 'Vacation' forms should be on file with HSCO when you are away.

These are easy items to accomplish and maintain. They serve to deter criminal activity and assist law enforcement. If HSCO is called to your residence or even a neighbor's, addresses are easily identifiable removing guesswork and saving valuable time. Again, **WE CAN'T EXPECT LAW ENFORCEMENT TO PROTECT US FROM OUR OWN STUPIDITY.** Securing our homes and being smart, safe and informed is important to our own wellbeing as well as our neighbors.

**Lynn Cirillo**  
Steeplechase Security Coordinator

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## Join the Steeplechase Crime Watch Program

What is a Neighborhood Crime Watch Program? It is a grass roots effort of neighbors coming together to reduce crime in the community. It involves getting to know your neighbors, working together with them to be alert to the potential for crime, and looking out for one another's interests. Neighbors working together through Neighborhood Crime Watch combat crime the most effective way, *before it starts!*

### ***MORE BLOCK CAPTAINS ARE NEEDED.***

If you are interested in participating as a Block Captain visit the website, [www.steeplechasetx.com](http://www.steeplechasetx.com) for more information and to register, or email [SteeplechaseSecurity@gmail.com](mailto:SteeplechaseSecurity@gmail.com).



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## Real Estate Market Report

*Steeplechase* Specialist

**DAVID "SUPER DAVE" FLORY**



- **#1** Realtor in Steeplechase\*
- **#2** Realtor in Houston & Texas\*\*
- **#7** Realtor in United States\*\*
- **Selling Over 500 Homes A Year**

	ACTIVE	PENDING	SOLD Last 6 Mos
<b># of Listings</b>	37	5	29
<b>Price Range:</b>	\$75,900 #175,000	\$100,000 \$175,000	\$68,000 \$171,000
<b>Average Price</b>	\$129,967	\$133,978	\$113,836
<b>Avg Price/sq.ft.</b>	\$68.58	\$78.33	\$60.55
<b>Avg DOM</b>	87	37	74
<b>High Price/sq.ft.</b>			\$76.67
<b>Low Price/sq.ft.</b>			\$33.83



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\*According to information taken from the HAR MLS Computer

\*\*Realtor Teams per Remax 9/2008, 3/2009