

Volume 7, Issue 1 www.winchestertrails.com

January 2011

UPCOMING EVENTS

December 2010

- 20 01/04/11 CFISD Student Holiday
- 25 Merry Christmas!
- 26 Happy Kwanzaa!
- 31 New Year's Eve

January 2011

- 1 Happy New Year!
- 3-4 CFISD Student Holiday
- 17 Martin Luther King Jr. Day / CFISD Student Holiday





After a long hot summer pause, the STORK has been very busy this Thanksgiving month. The Trails has three little residents listed below:

Angie and Todd Drouin of Copperdale had a baby girl, Dylan on November 9th at 12:19pm. Dylan weighed 5 lbs. 6 oz. and 19.5 inches. Big sisters Ava and Kate are enjoying their newest family member. Angie and Dylan are fine, but Dad's a little tired. Welcome to Dylan!

Brian and LouEllen Stansell, on Minturn, have their first addition to the family. A baby boy, Forrest, was born on November 26th. at 9:02pm. Forrest weighed 7 lbs. 4 oz. and 20.5 inches. Brian and LouEllen just moved into the Trails this April. We wish them the best and are glad to have them here.

Richard and Megan Stephenson from Dude Rd. also started their first addition to the family tree with a baby boy. Jacoby was delivered on November 16th. He weighed 8 lbs. 5 oz. and 20.5 inches. Richard and Megan moved in this October, just in time for Jacoby's arrival.

If you live near any of these residents, please stop and say hello or welcome them to the neighborhood. We want everyone in the Trails to feel a part of the community. Congratulations to each family and God Bless every little soul. Merry Christmas to Dylan, Forrest and Jacoby!

From your friendly neighborhood STORK.

Remember to let our STORK know about new arrivals at: stork@winchester-trails.com



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NEWSLETTER

Publisher

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GREEN THUMB CORNER

The weather outside may be cold and uninviting but there's plenty of work to be done out there, and we could probably benefit from a little exercise if we relaxed too much over the holiday season. This is the best month for working with trees (planting, moving, pruning and spraying), and it's also a good time for soil cultivation and general clean-up and maintenance.

Arbor Day is intended to encourage the planting of trees and in the Houston region it's observed on the third Friday in January. But any time this month (or next) is ideal for planting new trees or transplanting existing ones. Be sure to choose a reasonable location, taking into account the growth habit and eventual size of the tree, and don't plant too close to the house slab. Also remember the importance of good drainage and don't feed a new tree in its first season of growth, except for a little root stimulator.

Fruit trees should be planted this month, and established trees should be pruned to eliminate any dead growth and to open up the center for light and air circulation. Other trees and woody shrubs may also be pruned, except for the spring bloomers where you might be cutting off this season's potential blooms. Crape myrtles can tolerate heavy pruning – cut them back to a few "broomstick" stems if you wish, or groom to any shape you desire. Nandina and similar shrubs can be pruned by cutting out unwanted canes at the base.

The fruit trees (and others) can be sprayed with dormant oil this month to eliminate scale and other insect pests that may have overwintered in the bark. The "dormant" label refers to the fact that the oil is applied when the tree is dormant, and the oil is not an insecticide but kills the bugs by suffocation.

Take the opportunity to fill in any low spots in the lawn while they are easy to spot during this period when the grass is dormant. Use weed-free top soil or sand and don't bury the grass too deeply at each application – try to leave the tips of the grass blades sticking out to encourage it to grow through.

Azaleas and camellias may be moved, and bare-root roses may be planted. Hard pruning of established roses is usually left until the middle of February. Keep these and other shrubs moist and well-mulched to guard against winter drought or freeze damage.

Prepare new beds and redesign existing ones, correcting any drainage problems, and cultivate with gypsum (to break up the clay) and lots of organic material. Prepare vegetable beds as soon as you can and allow time for them to settle so that you can be ready to plant cool-weather varieties next month.

And while you're out in the garden don't forget our feathered friends – they will appreciate some food and especially fresh water at this time of year.

Phil Richards Prich8935@aol.com

3rd Annual Gold Tournament Fundraiser

All net proceeds to benefit Cy Ranch Athletics

LONGWOOD GOLF CLUB SATURDAY APRIL 16, 2011 REGISTRATION 11:30 A.M. SHOTGUN START 1:30 P.M.

GET YOUR ENTRY FORM AT:

www.cypressranchmustangs.com

- o \$500 per foursome*
- o Hole-in-one prizes
- o Closest-to-pin prizes
- o Beat the coach contest
 - o Putting contest
 - o Silent auction
- o Dinner (after tournament)

* If a foursome enters before March 16, 2011, each player from that foursome will be entered in a Special Prize Drawing!!

MILESTONES

NEW TEENAGERS -HAPPY 13TH!

01/05 - Sofia Khaleg 01/13 - Macaslin Thayer 01/16 - Tori Woodruff

NEW DRIVERS -HAPPY 16TH!

01/25 - James Stonegraber

NEW ADULTS -HAPPY 21ST! 01/01 - Caitllin Gullo

01/10 - Allison Hurt 01/17 - Quyen Tong 01/23 - Amanda Gorka 01/26 - Jordan Bontke

01/29 - Kristin Griesbach

HAPPY 10TH ANNIVERSARY!

01/01 - Todd & Karen Russell

HAPPY 30TH ANNIVERSARY!

01/10 - Michael & Sharon Wisnoski

HAPPY 35TH ANNIVERSARY!

01/09 - David & Susan Morgan

Melissa Zmerzlikar directory@winchestertrails.com

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U.S. Track Olympian

to Speak at Northwest Flyers Track Club Registration Breakfast on February 5th

The Northwest Flyers Track Club will host its annual free information / registration breakfast on Saturday, February 5, 2011, for all boys, girls and their parents who are interested in joining for the 2011 track season. The breakfast starts promptly at 8:30 AM at the Cypress Creek Christian Community Center Forum located at 6823 Cypresswood Dr., Spring, TX, 77379.

The breakfast is the annual opportunity for youth athletes to register for the 2011 spring/summer track season, and to meet the Northwest Flyers coaches, staff, and other new and returning athletes. The event will be highlighted by a special presentation from a member of the USA Track & Field Olympic team.

The Northwest Flyers Track Club is a youth (ages 6 -18) track organization, affiliated with USA Track & Field (USATF), that provides a full program of sanctioned "track" events such as sprints, hurdles, middle distance, distance and relays, and sanctioned "field" events such as long jump, triple jump, high jump, pole vault, discus, shot put and javelin. The Northwest Flyers has approximately 275 members, boys and girls. The club was founded 24 years ago by

Olympic gold medalist Fred Newhouse to foster the development of youth track & field in the Northwest Houston area.

The Northwest Flyers is a member of the "Win with Integrity" program, a partnership between USATF and the American College of Sports Medicine. "Win with Integrity" brings elite track & field athletes and school-aged kids together to promote healthy lifestyles, keeping active, and living with integrity through the sport of track & field.

For additional information on the Northwest Flyers Track Club, please visit the team site at http://www.northwestflyers.
or contact Linette Roach at (281) 587-8442 or linette.
roach@sbcglobal.net.



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Attention NW Harris County Tri Delta Alumnae

Mark your calendars to join your Tri Delta sisters for our upcoming meeting at "The Pearl Fincher Museum" on Cypresswood Tuesday, January 11 at 7:00 pm. We will have the opportunity to tour the current exhibit and there will be a nominal fee to attend this meeting. Our group meets on the second Tuesday of every month September - April. We have a diverse group of women of all ages from a variety of colleges. For more information, please contact Christina at 281 -855-6893 or Karen at trideltanews@yahoo.com

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Tackle Hunger in Texas with the Souper Bowl of Caring!

What would happen if every American that celebrates the Big Football Game donated one can of food or \$1 to fight hunger and poverty in their local community?

The result would be an astounding \$90 million in cash and cans to help feed the hungry, provide shelter to the homeless and help our neighbors in need.

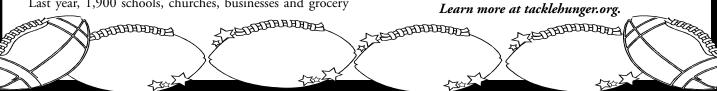
With all eyes on North Texas this year as they host the Big Game, you can join the Souper Bowl of Caring and help make this vision a reality! For more than 20 years, groups all over the country have joined forces to demonstrate the power of caring. To date, more than \$71 million in cash and cans has been collected and 100% was donated in communities throughout the U.S. Every penny stays local and every collection matters!

Last year, 1,900 schools, churches, businesses and grocery

stores in Texas collected more than \$4.5 million for local charities that fight hunger and poverty. The need is growing and we need your help!

JOIN THE TEAM. GET STARTED TODAY!

- 1. REGISTER your school, church or business at tacklehunger. org and designate an organizer for your Souper Bowl of Caring event. You'll receive a free Resource Kit!
- 2. COLLECT money and/or canned foods anytime January 17-February 6, 2011. Super Bowl Sunday is February 6, 2011.
- 3. REPORT the amount of your collection to the Souper Bowl of Caring so it can be added to the national tally.
- 4. DONATE 100% of your collection to the charity of your choice in your own community.



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Recipe of the Month

Picante Sauce

INGREDIENTS

- 1 lb. peppers (bell, banana, & jalapeno; according to how hot you want the sauce; the seeds of the jalapeno peppers add a lot of WARMTH!)
- 3 onions
- 3/4 C sugar
- 3 qts. tomatoes
- 4-5 cloves garlic
- 1 C vinegar
- 2 T salt

DIRECTIONS

Scald tomatoes and peel. Quarter and place in large pot. Chop peppers, onions, and garlic; and mix with tomatoes. Add sugar, vinegar and salt. Simmer slowly several hours until the sauce is the desired consistency. Pour into sterilized jars. Close and invert to seal. (I pressure mine for 5 minutes at 5 # pressure.)

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