

Woodland Hills



The Official Publication of the Woodland Hills Homeowner's Association

Volume 6, Number 2

February 2011

Annual Meeting

Thanks to all of you who attended the Annual Meeting for residents of Woodland Hills Homeowners Association. Your participation is vital to our neighborhood and is greatly appreciated. This article is prepared prior to the actual meeting. Any follow up and additional information from the meeting will be included in the March newsletter.

We'll see you next year! First Tuesday of February, 2012.

Share Your News

We'd love to have family news: births, marriages, graduations, military deployments and homecomings, etc. We can also post items for sale, babysitting services, etc.

Please submit information and photos via e-mail to helenharvey@att.net. Put the name of your organization or article in the subject line of emails. Please include the name of the submitting person at end of articles.

Questions? Call Helen Harvey Sink at 214-460-7072 or email me at helenharvey@att.net. Thanks for your contributions!

Community Services Update

Our City Liaison, Louie Sullins, reports that discussions are under way with the City of Colleyville to clean out the debris in the creek in Melrose Park. With the new gabions installed to slow our erosion issues, some form of ramp will need to be installed for City access for cleaning. Also, the city contracts for the special equipment used for cleaning out debris only twice a year. Louie is working with the City on plans that will best serve our neighborhood.

Street lights at the corner of Glendale and Cheek Sparger were reported as dim. The repair has been requested to the City. If you see other street lights that are burned out or dim, please contact Louie Sullins as listed on page 2 of this newsletter.

Darlene Page reports that the electrical panel in the park will be updated and repaired. There were some issues causing a breaker to fail which in turn stopped the power supply for the pond pumps. Multiple bids were reviewed and final contract has been approved for repairs to begin. Keeping the ponds full and attractive is a key component of park maintenance along with mowing, tree trimming and landscaping. They all contribute to the aesthetic appeal of our common areas.

- Found - Christmas Tree Yard Decorations

Over the holidays we had a few of our Christmas yard signs taken from our yard by some pranksters and left in another neighbors yard. They were returned to us by the neighbor whose yard they were left in – when they returned ours they also gave us more than ours hence the reason for my email. There are five in all - each 2 ft tall tree shaped and all linked together with one plug. I would like to get these back to the correct owner. I will keep them safely in my garage until then. See photo for identification.

Please contact:
Terry Kubitza
2912 Glen Dale
817-283-1133



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Personal classifieds (one time sell items, such as a used bike...) run at no charge to Woodland Hills residents, limit 30 words, please e-mail helenharvey@att.net

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 888-687-6444 or advertising@PEELinc.com.

SOCIAL EVENTS FOR 2011

By Terri Nielsen, Social Chair

The Board is looking forward to numerous neighborhood get-togethers in 2011 including, to name a few:

Spring

- **Movie Night in the Park** – this will be an annual event – details to follow once we have school calendars.
- **April 9th- Neighborhood Garage Sale.** NOTE: one time change from the normal third Saturday of April to accommodate Easter Egg Hunt. 8am to noon.
- **April 16th- Easter Egg Hunt** – this will be an annual event - the Saturday on the weekend before Easter
- **July 4th- Fourth of July Parade and Picnic** – parade at 9am, picnic and games in park from 10-12.

Fall

- **Movie Night in the Park** – this will be an annual event – details to follow
- **September 17th – Neighborhood Garage Sale.** Third Saturday of September from 8am to noon.

Winter

- **Christmas in the Park** – details to follow

If you have any ideas for additional WHHOA sponsored events or want to get involved in organizing upcoming occasions, please contact Terri Nielsen at 817.684.0450 (home) 817-475-1389 (cell) or tanderson3312@sbcglobal.net.

NEIGHBORHOOD CRIME WATCH

I have contacted the Colleyville Police Department concerning a Woodlands Hills Neighborhood Crime Watch Program and spoke with Officer Cannon. He suggested a neighborhood residents meeting - details to follow.

NEIGHBORHOOD DIRECTORIES

We are planning to publish new directories next year. If you have any changes you want made to your listing, please get with your Block Captain. We also would like to add everyone's email address, so please be sure your Block Captain has the address. Or you can update the online directory yourself by editing your information on our website: www.woodlandhills-hoa.com.

**NOT AVAILABLE
ONLINE**

It's never too early.... to start thinking about a parade!

Consider this your first notice and reminder of our annual July 4th parade and picnic. This is one of our best attended events so please come with your family and enjoy a hometown style parade and picnic. This year, we will be making a few small changes. We hope to change the parade route to start in the northern half of our neighborhood in hopes of garnering even more attendance along the parade route. The folks in the southern part of the neighborhood already know how much fun the parade is – so let's spread the festivity around!

Be thinking about making a parade entry for yourself, a bunch of kids, a block or a business. One thing we want to ensure is that the parade itself is large enough to continue with the effort of putting it on. So please get creative and get with friends, family and neighbors to dream up ideas for floats, walking entries, bikes, etc for the parade itself. And lots of cars that everyone seems to appreciate! We will have candy for you to toss as you progress along the parade route.

The picnic with all the activities for kids is a huge success. You won't want to miss it!

See you in July!

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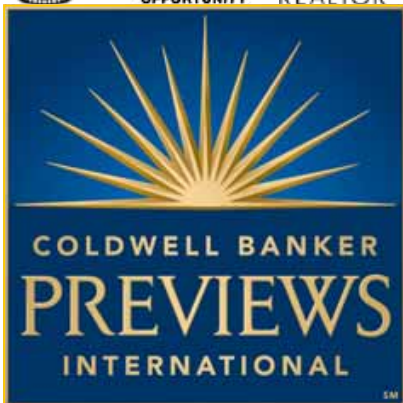
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Happy Valentine's Day!



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Spring Will Be Here Soon!

*Submitted by Shonda Britton,
Select Management Association Manager*

Woodland Hills Residents,
Spring is around the corner and with it comes daylight savings time. Daylight savings time spells opportunity to get your "Spring Cleaning" and "Honey Do's" completed in and around the home before dark.

*Here are a few items
to keep in mind:*

- **Exterior Changes** – New, replacements, or changes to the exterior of your home DO require an ACC submission. i.e., exterior paint, landscape changes, storage building or play set installation, etc. Forms can be obtained from the website or Select Management. The Architectural Control Committee form MUST be reviewed and approved by the Architectural Review Committee (ACC) prior to the start of any work. You can find the ACC approval form on our website: www.woodlandhills-hoa.com. Please be sure to call Shonda at Select Management with any questions you may have.
- **Garages** – Now is a good time to clean out your garage! You can get ready for the April Neighborhood Garage Sale and also clear out more room for parking your vehicles securely in your garage.
- **Garbage Containers** – Garbage containers are to be stored in the garage and placed at curbside for collection the designated morning of pickup.
- **Trash & Debris** – Please be sure to bag any loose trash, paper and debris before placing in your garbage containers and secure the lid tightly.

Preventing Frozen Pipes

Submitted by Chris Minter

Preventing Frozen Pipes

With the recent Frigid Winter air and more possible this winter, we thought we'd share some helpful information that we found online at www.StateFarm.com.

An average of a quarter-million families have their homes ruined and their lives disrupted each winter, all because of water pipes that freeze and burst.

And recovering from frozen pipes is not as simple as calling a plumber. An eighth-inch (three millimeter) crack in a pipe can spew up to 250 gallons (946 liters) of water a day. Both plastic (PVC) and copper pipes can burst.

By taking a few simple precautions, you can save yourself the mess, money and aggravation frozen pipes cause.

Before the cold hits

- **Insulate** pipes in your home's crawl spaces and attic. These exposed pipes are most susceptible to freezing. Remember - the more insulation you use, the better protected your pipes will be.
- **Heat tape** or thermostatically-controlled heat cables can be used to wrap pipes. Be sure to use products approved by an independent testing organization, such as Underwriters Laboratories Inc., and only for the use intended (exterior or interior). Closely follow all manufacturers' installation and operation instructions.
- **Seal** leaks that allow cold air inside near where pipes are located. Look for air leaks around electrical wiring, dryer vents and pipes. Use caulk or insulation to keep the cold out and the heat in. With severe cold, even a tiny opening can let in enough cold air to cause a pipe to freeze.
- **Disconnect** garden hoses and, if practical, use an indoor valve to shut off and drain water from pipes leading to outside faucets. This reduces the chance of freezing in the short span of pipe just inside the house.

When the mercury drops

- A trickle of hot and cold water might be all it takes to keep your pipes from freezing. Let warm water drip overnight, preferably from a faucet on an outside wall.
- Open cabinet doors to allow heat to get to uninsulated pipes under sinks and appliances near exterior walls.

Before you go away

- **Set** the thermostat in your house no lower than 55°F (12°C).
- Ask a friend or neighbor to check your house daily to make sure it's warm enough to prevent freezing or
- Shut off and drain the water system. Be aware that if you have a fire protection sprinkler system in your house, it will be deactivated when you shut off the water.

If your pipes freeze

- **Don't** take chances. If you turn on your faucets and nothing comes out, leave the faucets turned on and call a plumber. If you detect that your water pipes have frozen and burst, turn off the water at the main shut-off valve in the house; leave the water faucets turned on. (Make sure everyone in your family knows where the water shut-off valve is and how to open and close it.)
- **Never** try to thaw a pipe with a torch or other open flame. Water damage is preferable to burning down your house. You may be able to thaw a frozen pipe with the warm air from a hair dryer. Start by warming the pipe as close to the faucet as possible, working toward the coldest section of pipe. Do not use electrical appliances in areas of standing water because you could be electrocuted.

Automatic Sprinklers

- Don't forget to turn off your lawn sprinkler system when freezing temperatures are expected. The runoff freezes to make driving treacherous. And you can also be fined by the City of Colleyville for leaving sprinklers on during freezing weather.

Woodland Hills

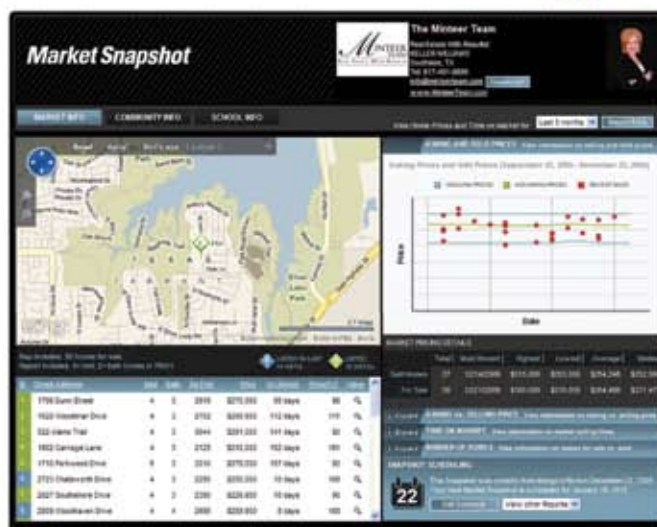
Block Party News

The “sort-of mostly annual” New Year’s Day Brunch was the block party recently for neighbors on Scarborough Lane, Beckley Court and Oxford Court. Hosted by Helen and Charlie Sink, we all had a good time catching up with each other and catching our breath as we finished out the last of the holidays. This is a “pot luck” brunch and we were mighty lucky with all the delicious dishes that were shared! We remarked that now that we’ve done this many times, it seems like everyone knows each other well enough to relax and really visit. Thanks to everyone for coming – we enjoyed it! Please see all the photos.

Block Captains – please share your stories and photos as you have gatherings with your neighbors. Thanks!



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Fitting in Fitness: Making Time for Exercise

By Sarah S. Jordan, MS

Finding time for exercise can be an ongoing challenge in our busy lives. We know that exercise will benefit our bodies and minds in many ways and that we should do it. But actually finding the time and making it happen can be difficult.

Here are a few tips to help you fit in fitness in the New Year.

- Remember that any movement is better than none. If you only have 15 minutes each day to go for a power walk, those 15 minutes will equal 105 minutes (almost two hours) by the end of the week, 420 minutes (seven hours) of exercise each month and 91 hours of exercise a year! Small things can add up to big victories over time.
- Find what works for you. For some people, a gym membership is very convenient. For others, it may not be convenient to their location, budget, job, or family. If that is the case, see if your neighborhood has any exercise groups, hire a personal trainer that will come to you, or start your own lunchtime workout group for added camaraderie and accountability.
- Schedule exercise into your week. Workouts are much more likely to happen if we put them in our calendars. Schedule workouts as you would important business meetings or doctor appointments.
- Remember that sometimes, the hardest thing to get is going. Many times, just getting our shoes on and getting out the door is the hardest part of a workout. Once we are moving, endorphins kick in and we feel great for moving.
- Make use of the early hours. I used to dread getting up at 5:20 every morning. But now I love it, because after I get ready for work, it guarantees me a few minutes to myself before anyone else is awake. Similarly, getting workouts in before the busy day kicks off ensures that they happen, and the day will be better because of it.
- Take the kids along. My baby and I have logged countless hours with the jogging stroller. But I know that if I didn't take him with me, the majority of those workouts would have never happened. Pack up the kids and remember that pushing the kids will mean more calories burned.
- Don't give up. If you are not reaching your goals, determine what is not working and create a roadmap to resolve it. Remember that fitness is a lifestyle and it goes through ups and downs, but always benefits us if we persevere.
- Make the time that you do have count. If you have just thirty minutes three days a week, step up the intensity of those workouts to get the most you can for your time. Add intervals and hills, or find a fitness class or DVD that offers a combination of cardio and strength training.

*Wishing you a
happy and movement
filled 2011!*



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Tips for Enjoying Networking Events

By Amy Wolfgang, M.Ed.

Many of us know someone who is in the midst of a job search. They may be looking for their first job after graduating, a new job after being laid off, or a totally new career. Job seekers use many different avenues to find a job but one of the most effective is networking. It is one thing to speak with your neighbor about opportunities at his or her company but, eventually, many job seekers will need to utilize different networking events.

Great opportunities are found at networking events but, at the same time, they can be intimidating because we may not know anyone

there. Networking events can strike fear in many people, even those with outgoing personalities, so here are a few tips on how to make networking events more pleasant, less overwhelming and more productive.

Tip 1: Take a Deep Breath

Remember that many people are uncomfortable at networking events. It is much more prevalent than you probably know. With that said, go into the event with a relaxed and positive frame of mind. Identify how you relax – taking deep breaths, visualizing a positive experience, etc. Employ those methods before you enter the networking event.

Tip 2: Appear Approachable

Smile! If you have a smile on your face, others will be encouraged to speak with you. Other open body language you should employ includes:

- keeping your arms uncrossed
- standing up straight (don't slouch)
- making eye contact with those around you

While you are at the event, take notice of others' body language. See if you can tell what aspect of their body language makes them look either approachable or closed off. That will help you with your own body language.



(Continued on Page 11)

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Tips for Enjoying Networking Events -

(Continued from Page 10)

Tip 3: Utilize the Event Activities

The toughest networking scenario is when you don't know anyone at the event and go by yourself. In this case, try to use the activities or functions at the event to your advantage. Does the event have a bar or buffet? Once you are in the food or beverage line, begin speaking to someone also in line. Are you at an art gallery? Approach a piece of art and chat about it with someone else who is also looking at it. It's much easier to speak to people when you already have some common ground.

Networking isn't easy and intimidates many people, however, it can lead to a powerful advantage over other job hunters! Hopefully the tips above give you the confidence to attend networking events. Who knows, you might really enjoy meeting new people and be surprised at the doors it opens for you!

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