

April 2011

www.windermerelakes.net

Volume 5, Issue 4



YARD OF THE MONTH

And the winner is...10119 Ripple Lake (This residence is a repeat winner and continues to WOW the judges!)



This home brings thoughts of springtime and warm weather with its thick green grass and colorful flowers. There is no evidence of our recently experienced harsh winter anywhere in this lawn.

The homeowners inspired the committee with such thoughtful attention to detail throughout the landscape.

We are hoping homeowners get some inspiration this

spring to get out and get those ugly dead plants and leaves out of their flower beds and put in some 'spring time' beauty for our neighborhood!

If you would like to participate on the yard of the month selection committee or nominate a residence for yard of the month, please let us know by visiting our website at www. windermerelakes.net.

Minderm<u>ere Lakes</u>

IMPORTANT NUMBERS

E
Emergency
Sheriff's Dept
Center Point Energy - Customer Service (Gas)713-659-2111
Cy-Fair Fire Dept911
Cy-Fair Hospital
Animal Control
Center Point (Street lights)713-207-2222
Library
NW Harris County MUD #29713-983-3602
Post Office
Reliant Energy - Residential Electirc713-207-7777
SCS Management Services, Inc
Comcast Cable/Communications
Waste Management/Trash Pick Up713-686-6666
Southwest Water Company
(Service/Billing - NW Harris Co. MUD #29)

BOARD OF DIRECTORS

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Raj Amin

COMMITTEES:

Security	Kevin Swicegood
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Communication	.Gerri Rougeau-Eubank
Landscape	Judy Maze
Finance	
Architectural Control/Deed Restricti	onsTBA

All Board members and Committees can be contacted at www.windermerelakes.net

* We are establishing our Committees for 2010 and need resident volunteers! If you are interested in participating with us, please contact us at www.windermerelakes.net for more details. This is a great way to meet your fellow neighbors and to help make our Windermere Lakes community a better place to live.

NEWSLETTER INFO

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Contact: Kathey Hoffmaster x240 Gerri Rougeau, Windermere Lakes Resident

Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.

2		7				1		9		
	9			6						
6			7				2			
	4			1		3				
	1			5		4				
								6		
								8		
				2	8	5	7	1		
8					7		4			
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Windermere Lan

Meet Treyvon

Every day across Texas, thousands of children like 11 year old Treyvon wonder where today will lead them. Having been removed from their families due to abuse and or neglect, these children are looking for stable, loving family relationships that will allow them to feel safe and secure. Often these children are moved from one foster home to another as they experience difficulty adjusting to new rules, roles and expectations they have never experienced before and are ill prepared to meet. They face a never ending stream of changes in care givers, schools, caseworkers and foster siblings that often results in a sense of hopelessness and a lack of investment in relationships because they have found that caring leads to loss.

Despite these challenges, these children can be resilient. They bring strengths to their situation that can help to overcome the obvious challenges they face. Take Treyvon, for example. He is anything but an average child! In fact, he is an extremely bright child, who excels in all subjects at school. His future is hopeful as he desires to become an architect, engineer or author. Treyvon is a well rounded child who enjoys outdoor activities like football, swimming and riding horses. Like most boys his age, he loves to eat, with his favorite foods being pepperoni pizza and spaghetti with meatballs. Trevion needs a structured family that will provide him the love, encouragement and discipline that he needs while understanding the challenges he faces in adapting to a world much different from his early life experiences. He has a great mind that needs stimulation and direction to help him accomplish

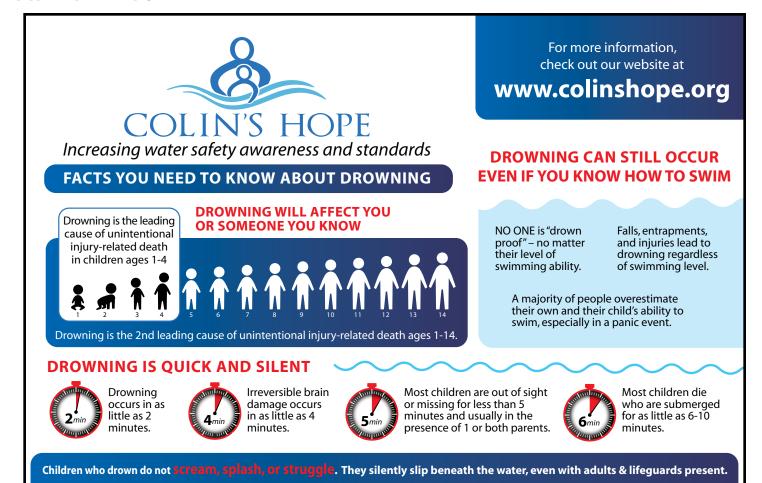


his goals. Adopting a child like Treyvon

from the foster care system is not difficult or expensive. Perhaps you and your family would be a good place for Treyvon to learn and grow.

For more information, please contact Stephanie Berka, Wendy's Wonderful Kids Recruiter, Adoption Coalition of Texas at 512-450-8750 or email at stephanieberka@adopttexas.org

To learn more about the Adoption Coalition of Texas, please call Bruce Thompson at 512-301-2825 or visit our website at http://www. adoptioncoalitiontx.org



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FINANCIAL FOCUS Sandwich Generation Needs "Stress Busters"

You may be too busy to realize it, but April is Stress Awareness Month. Sponsored by the Health Resource Network, a non-profit health education group, Stress Awareness Month is designed to promote awareness about ways to reduce stress in our lives. And if you're a member of the so-called "Sandwich Generation," you may well have plenty of stress to deal with — especially financial stress. And that's why you may want to look at this month as an opportunity to explore ways of "de-stressing" yourself.

To understand the scope of the problem facing people in your situation, consider this: One out of every eight Americans aged 40 to 60 is both raising a child and caring for an aging parent, according to the Pew Research Center. The definition of "caring" for an elderly parent can range from actually having the parent living in one's home to helping



pay for the parent's stay in an assisted living or nursing home facility. When you consider the costs involved in this type of care, added to the expenses of raising your children, and possibly even providing some financial support to them as young adults, it's easy to see that you could potentially face enormous strains, both emotionally and financially.

To help ease this burden, consider these suggestions:

• Save. As a Sandwich Generation member, you're probably within shouting distance of your own retirement — so you need to be saving for it. This may not be easy. You don't know how much financial support you may someday have to provide your elderly parents — and even after your children are grown, they may need some help from you. Unfortunately, in helping these "boomerang" children, many people have to disrupt their day-to-day cash flow and raid their savings. That's why it's important to try to "pay yourself first" by deferring part of each paycheck into your 401(k) and by automatically moving money, each month, from your checking or savings account into your IRA.

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Financial Focus - (Continued from Page 4)

- Talk. Many people in the "Greatest Generation" (over age 80) have not even prepared a will, so, if your parents are in that group, you may want to talk to them about taking action. Also, find out whom, if anyone, is handling their investments. And ask if your parents understand how Medicare works and if they need to add supplemental health insurance, such as Medigap. Plus, you need to find out if your parents have created a power of attorney or health care directive. It's best to have these conversations sooner, rather than later.
- Delegate. You eventually may have to take some responsibility for your parents' care — but you don't have to do it alone. You could, for example, work with a financial services provider that offers trust services, which can be invaluable if your parents are incapacitated, but which are useful even if they aren't. A professional trust officer can, among other duties, help manage your parents' investments, pay their bills, keep their records and supervise distribution of their assets to beneficiaries. In short, a qualified trust officer can make life a lot easier for you.

Stress Awareness Month only lasts 30 days, but by taking the right steps, you can de-stress yourself for many years to come. After all, just because you're in the Sandwich Generation, it doesn't mean you have to be "squished."

Windermere Lakes Classifieds

Have any items that you need to get rid of but think someone else could use? Have a useful service to offer your neighbors? Why not place an ad in the Windermere Lakes newsletter? Just send the info and a phone to the newsletter editor, and your ad will be run in the newsletter for two issues.

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Windermere Lake residents, limit 30 words, please e-mail newsletter@windermerelakes.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 888-687-6444 or advertising@PEELinc.com.

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at West Road

(1 block East



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Prescription Drug Take-Back

On April 30, 2011 from 10am to 4pm DEA and its community partners will take part in a nationwide prescription drug take-back, operating collection sites around the nation where Americans can turn in their unused, unneeded, and/or expired prescription medications. Unused or expired prescription medications are a public safety issue, leading to accidental poisoning, overdose, and abuse. This service is free and anonymous. Tablets, capsules, and all other solid dosage forms will be collected. Intravenous solutions,



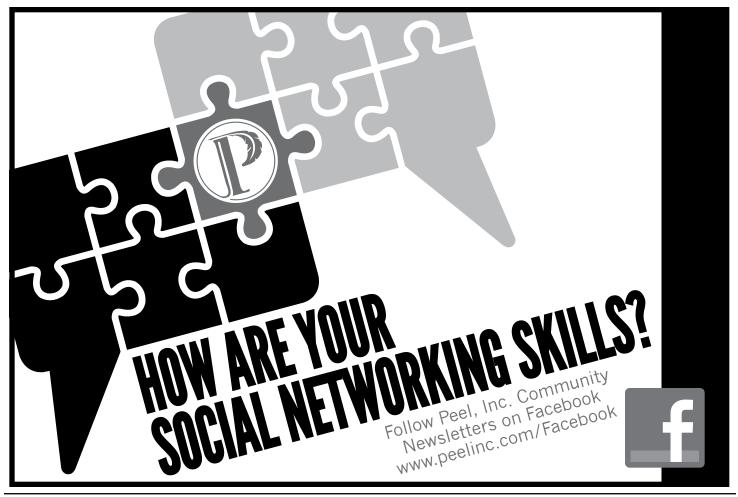
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