



# Silverlake

NEWS

Silverlake Homeowner's Association, Inc. Newsletter

June 2011 • Volume 3, Issue 6

## LEMONADE DAY

*In Silverlake*

Lemonade Day was held on the first Sunday in May in cities across America. It was developed as a fun, entrepreneurial and experiential learning program that teaches youth not only how to start their own business by operating a lemonade stand, but fundamental lessons about life, success and themselves.

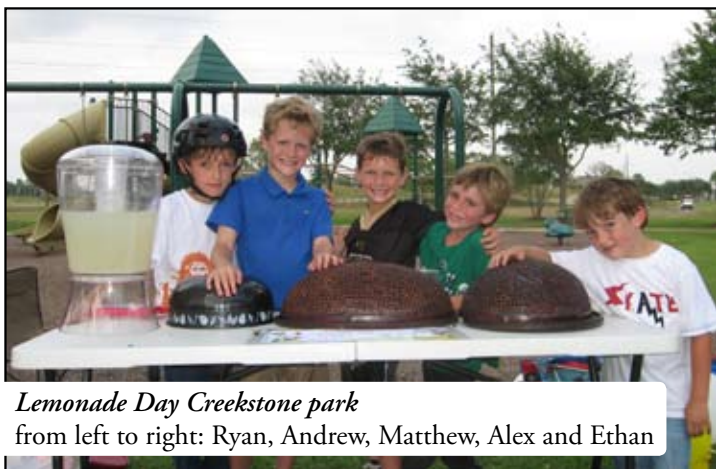
In our own Silverlake neighborhood, several Lemonade Stands were hosted, including ones at the Creekstone park and Southwyck Lake Park.

Alex, one of the boys who operated the Creekstone park lemonade stand, said, "It was fun learning how to run a business and giving the money to people who really need it. It was fun working with my friends."

Bayleigh, Cash (not pictured) and Brock raised \$295.86 with their Lake Park lemonade stand. Their goal was to raise \$295 to sponsor a kid going to Carolina Creek Christian Camp with New Hope Church this summer. Their parents said, "I am so proud of these guys. God has truly blessed us!"



*Lemonade Day Lake park*  
Bayleigh and Brock



*Lemonade Day Creekstone park*  
from left to right: Ryan, Andrew, Matthew, Alex and Ethan

## SPLASHPAD OPERATING HOURS

The Splashpad at 2715 Southwyck Parkway will be operating 8 am to 8 pm, 7 days a week, while the pool is open.

*See page 6 for Pool Hours & News*

## WELCOME TO SILVERLAKE HOA NEWS

*Official Newsletter  
of the Silverlake  
Homeowners Association*

Silverlake HOA News is a monthly newsletter mailed to all Silverlake residents. Each newsletter will be filled with valuable information about the community, local area activities, school information, and more.

If you are involved with a school group, play group, scouts, sports team, social group, etc., and would like to submit an article for the newsletter, you can do so online at [www.PEELinc.com](http://www.PEELinc.com), or you can email to [silverlakenews@gmail.com](mailto:silverlakenews@gmail.com). Personal news (announcements, accolades/ honors/ celebrations, etc.) are also welcome as long as they are from area residents.



**GO GREEN!** Subscribe via [Peelinc.com](http://Peelinc.com) to have an email sent to you with a link to a PDF of the newsletter, or have an email sent to you instead of having a newsletter mailed to you!

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## SILVERLAKE HOA INFO

### C/O KHARA MATHEWS

Planned Community Management, Inc.  
15995 North Barker's Landing, Suite 162  
Houston, Texas 77079  
KMathews@stes.com  
281-870-0585

HOA website: [www.silverlakehoa.com/](http://www.silverlakehoa.com/)

Clubhouse Rentals contact Leslie Coffee [lcoffee@stes.com](mailto:lcoffee@stes.com)

## NEWSLETTER INFO

### EDITOR

To Submit Articles/News..... [silverlakenews@gmail.com](mailto:silverlakenews@gmail.com)

### PUBLISHER

Peel, Inc ..... [www.peelinc.com](http://www.peelinc.com), 888-687-6444  
Advertising ..... [advertising@peelinc.com](mailto:advertising@peelinc.com), 888-687-6444

### ARTICLE INFO

The Silverlake News is mailed monthly to all Silverlake HOA residents. Residents, community groups, schools, etc., are welcome to submit information. Personal news is also welcome. All submissions will be reviewed for content and approved by the Board of Directors and Newsletter Committee Chair. The deadline for submission is the 8th of the month before publication.

# NOT AVAILABLE ONLINE

## Advertising Information

Please support the advertisers that make the Silverlake News possible. If you would like to support the newsletter by advertising, please contact our sales office at 888-687-6444 or [advertising@peelinc.com](mailto:advertising@peelinc.com). The advertising deadline is the 8th of the month prior to the issue.

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## POOL HOURS & NEWS



### THE POOLS ARE ONLY OPEN WHEN THERE ARE LIFEGUARDS ON DUTY POOLS WILL BE CLOSED DURING INCLEMENT WEATHER

The Silverlake pool located at 2715 Southwyck Parkway (next to the recreation center) will open for weekend use on Saturday, May 7, 2011. Since the PISD school year ends on Friday, June 3rd, the pool will open for regular weekday and weekend activity beginning Friday, June 3, 2011.

The pool will remain open for regular weekday and weekend activity thru Sunday, August 21st to coincide with the first day of school in PISD. In addition, will remain open for weekend use thru September 4th, 2011, as well as for Labor Day – September 5th.

The pool will be closed on Mondays for cleaning unless otherwise announced. Since July 4th falls on a Monday this year, the pool will remain open on that day and close for cleaning on Tuesday, July 5th.

*The pool will only be open when lifeguards are on duty.*

#### \*HOURS OF OPERATION AS SCHEDULED AS FOLLOWS:

##### MAY 7 – MAY 29

|                      |                         |
|----------------------|-------------------------|
| Saturdays            | 10:00 a.m. to 8:00 p.m. |
| Sundays              | 11:00 a.m. to 8:00 p.m. |
| Memorial Day, May 30 | 10:00 a.m. to 8:00 p.m. |

##### JUNE 3 – AUGUST 22

|                    |                         |
|--------------------|-------------------------|
| Tuesdays - Fridays | 10:00 a.m. to 8:00 p.m. |
| Saturdays          | 10:00 a.m. to 8:00 p.m. |
| Sundays            | 11:00 a.m. to 8:00 p.m. |

*Mondays closed for cleaning except on July 4. The pool will be closed on July 5.*

##### AUGUST 27 - SEPTEMBER 4 (WEEKENDS ONLY)

|                    |                         |
|--------------------|-------------------------|
| Labor Day, Sept. 5 | 10:00 a.m. to 8:00 p.m. |
| Saturdays          | 10:00 a.m. to 8:00 p.m. |
| Sundays            | 11:00 a.m. to 8:00 p.m. |

##### DIVE-IN MOVIE NIGHTS

Watch this space for nights and films be offered, we are still currently working on the selection.

No outside commercial activity allowed at these locations including swimming lessons; homeowners may teach their family members. All of the facilities are intended for resident usage only, and are used at your own risk. You will be responsible for any damage caused by family and guests. Please use area trash receptacles and report any damage to the facilities to [www.silverlakehoa.com](http://www.silverlakehoa.com) so they may be promptly addressed and properly maintained.

Thank you for your cooperation and enjoy the 2011 swim season.

\*This is based upon the 2011-2012 Pearland ISD proposed calendars and is subject to change.

**LIFEGUARDS WILL NOT PERMIT ACCESS TO ANYONE WITHOUT AN ACCESS CARD AND A FORM OF I.D. - NO EXCEPTIONS. LIFE GUARDS ARE THE FINAL AUTHORITY AT THE POOL FACILITY**



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[http://www.futuraadventures.com/files/Houston%20Camp%20Programs\(2\).pdf](http://www.futuraadventures.com/files/Houston%20Camp%20Programs(2).pdf)

### DATES

June 6-10 | June 27- July 1

July 26-29 | Aug 15-19

### MAD SCIENCE CAMP

| CAMP                                | DATES       | COST    |
|-------------------------------------|-------------|---------|
| The Chemistry Mystery               | 6/13 - 6/17 | \$260   |
| NASA: Journey Into Outer Space      | 6/20 - 6/24 | \$260   |
| How Does It Work?                   | 7/11 - 7/15 | \$260   |
| Secret Agent Lab                    | 7/18 - 7/22 | \$260   |
| Red Hot Robots **\$25 materials fee | 8/1 - 8/5   | **\$285 |
| Mad Science All-Stars               | 8/8 - 8/12  | \$260   |

Before & After Care is available with the facility.

Before: \$60, After: \$60, Both: \$100

To register call the Mad Science office at 713-663-7623

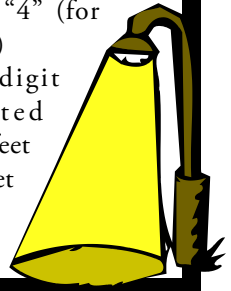
or visit our website [www.madscience.org/houston](http://www.madscience.org/houston)

### Street Light Out?

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## FOUNDATION FOR FOREIGN STUDY

Families from all over the Houston area are opening up their homes and lives to foreign exchange students through the EF Foundation for Foreign Study.

EF Foundation is a leader in high school foreign exchange, bringing more students to the United States than any other exchange program. A nonprofit committed to promoting global awareness for over 30 years; EF Foundation leverages a committed network of local coordinators to connect thousands of students with caring American families each year.

EF exchange students come from more than 30 countries around the world and are between the ages of 15 and 18. The majority of students stay for a full high school year. In the past, exchange students have come to live in Texas from as far away as Germany, Hong Kong, Australia and Norway, to name a few.

I am an International Exchange Coordinator for EF Foundation. I will be working with the community to secure host families for a number of students this year.

In order to raise awareness of this life-changing opportunity, we need the community to see local narratives of the wonderful families and students who have had unforgettable experiences through the program.

### CHECK OUT OUR INFORMATIONAL VIDEOS!

- <http://vimeo.com/1154826>
- <http://vimeo.com/10247951>
- [http://www.youtube.com/watch?v=cLldRF-4x04&feature=player\\_embedded](http://www.youtube.com/watch?v=cLldRF-4x04&feature=player_embedded)
- [http://www.youtube.com/watch?v=PSFCbQFCT5k&feature=player\\_embedded](http://www.youtube.com/watch?v=PSFCbQFCT5k&feature=player_embedded)

Please do not hesitate to contact us with any inquiries, as we would be happy to work with you.

Sincerely,  
Jennifer Tausworthe  
EF Foundation for Foreign Study  
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jenn423124@aol.com  
www.effoundation.org



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## *Do kids need sports drinks?*

Although children may request sports drinks, they offer little advantage over cool water, say nutritionists at Baylor College of Medicine (BCM) in Houston and the USDA/ARS Children's Nutrition Research Center at Baylor and Texas Children's Hospital. Sports drinks are designed to benefit athletes engaged in continuous, high-intensity aerobic workouts that last for 90 minutes or more.

But, if the availability of sports drinks encourages your kids to drink, consider making your own. Combine caffeine-free herbal tea, a little sugar, a pinch of salt, a few ounces of orange juice, and chill in individual bottles. Active kids need to fill up on fluids to prevent dehydration. Children should be encouraged to drink before heading outside and every 15 to 30 minutes during playtime activities.

## *Combination of limes, sun can result in 'margarita dermatitis'*

Adding a slice of lime to a favorite summer drink is nice to cool off with, but it could leave your skin burning, say dermatologists at Baylor College of Medicine.

The condition, called phytophotodermatitis, happens when a certain plant compound comes in contact with the skin, making that one area light sensitive. During the summer, lime juice is the common cause for this condition, which is why some doctors call it 'margarita dermatitis.' The reaction usually looks like a sunburn, or a poison ivy rash, with redness and sometimes swelling and blistering, says Dr. Rajani Katta, associate professor of dermatology at BCM. It can be itchy and painful, and leave behind skin discoloration.

Treatment is similar to treating a poison ivy rash. Cool compresses and hydrocortisone creams along with oral antihistamines are used. Severe cases could require steroid pills. Preventative action is best. Be aware of what plant products you come in contact with and wash the area thoroughly before going out in the sun. As always, make sure to apply sunscreen and stay in shaded areas to maintain good skin health.

## *Physical activity keeps Parkinson's at bay*

The management of Parkinson's disease is much more effective when regular exercise is included, say experts at Baylor College of Medicine (BCM) in Houston. "There's no doubt that people who have a positive attitude and exercise generally cope with the disease much better than those who don't," said Dr. Joseph Jankovic, professor of neurology and director of BCM's Parkinson's Disease Center and Movement Disorders Clinic.

*(Continued on Page 7)*

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**Personal classifieds** (one time sell items, such as a used bike...) run at no charge to The Silverlake residents, limit 30 words, please e-mail [silverlakeneews@gmail.com](mailto:silverlakeneews@gmail.com).

**Business classifieds** (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

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## Health Briefs - (Continued from Page 6)

“Exercise is clearly a positive force in dealing with Parkinson’s.”

Jankovic said that a regular exercise program, tailored to the needs of the individual patient, is critical for continued well being. Exercises for Parkinson’s patients should be designed to improve strength (through the use of free weights, weight machines, and elastic bands) and overall fitness (by walking and swimming). Swimming and water exercises have the additional advantage in that there is very little stress on the joints and the resistance improves muscle strength.

### *Traditional colonoscopy recommended over virtual method*

The option for a “virtual” colonoscopy is now available but doctors at Baylor College of Medicine recommend sticking to traditional methods when screening for colon cancer.

A virtual colonoscopy is a CT scan image of the colon and does not require the use of an endoscope - a thin, flexible device that is inserted into the colon.

“While a virtual colonoscopy may sound less invasive than traditional methods, it isn’t always as accurate,” said Dr. Waqar Qureshi, associate professor of medicine and chief of endoscopy at BCM. “A scan is more likely to miss small precancerous growths, and catching those polyps early is the key to preventing progression to colon cancer.”



Studies have shown that polyps smaller than 6 mm are frequently missed by CT scanning, Qureshi said. For someone who is at high risk for colon cancer, missing a polyp can be deadly. Almost all instances of colon cancer begin as polyps, which are easily detected and removed during a colonoscopy.

Many times a virtual colonoscopy must be followed by the traditional method, he added, and both procedures require the same preparation, which includes laxatives, diet restrictions and in some cases certain medications must be stopped.

Colon cancer screening should take place every 10 years starting at age 50. If colon cancer runs in a family, testing should begin earlier and be performed more often.

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## MEET NATHAN

What is life like today for a typical ten year old boy? Skateboards, bicycles, computer games, school with kids he has known since he started kinder garden, neighborhood friends to hang out with, parents that make him clean his room and take a bath on a regular basis, but are always there for him; grandparents that spoil him? For a child in the foster care system, many of these things are missing. And those are the most important, namely the relationships with family and long term friends that tend to build trust and security that help the child develop a strong sense of self and build on self-esteem.

Meet Nathan, an active 10 year old child in foster care. He loves the Texas Longhorns and is a talented football and basketball player. He enjoys school, has lots of friends and is always respectful to his teacher. Nathan has so much potential for the future and in finding his forever home, he is destined to reach all of it!!

Stability of loving relationships and predictability in a safe environment are essential elements to help each child reach their potential. Finding a "Forever Family" for a child like Nathan is critical to his continued growth and development. As long as kids like Nathan remain in the foster care system, they always have the mindset that tomorrow may mean another foster home, another school, another set of parents to adjust to. Could you help Nathan or other children like him to gain the trust and security that comes with having a permanent family?

Adopting a child from the foster care system requires little or no cost to the adoptive family and funding may be available to help the adoptive family support the child or sibling group.

For more information, please contact Stephanie Berka, Wendy's Wonderful Kids Recruiter, Adoption Coalition of Texas at



512-450-8750 or email at [stephanieberka@adopttexas.org](mailto:stephanieberka@adopttexas.org)

To learn more about the adoption process and the Adoption Coalition of Texas, please call Bruce Thompson at 512-301-2825 or visit our website at <http://www.adoptioncoalitiontx.org>

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{ Wasting water at home affects the amount of fresh water that flows into Galveston Bay. And that harms young fish and shellfish. Learn more at [BackTheBay.org](http://BackTheBay.org).  **BACKTHEBAY**

## FINANCIAL FOCUS

### *Know Your Investment Risks — and How to Respond*

When you invest, you take some risks. While you can't totally avoid these risks, you can take steps to help reduce their impact and increase your comfort level. And the more comfortable you are with your investments, the easier it will be to follow a long-term strategy that can help you meet your goals.

Let's look at the most common types of risk related to investing, along with some suggestions on helping to reduce these risks:

**Losing principal** — This type of risk is most closely associated with investing. For example, when you purchase a stock, you know that its value could go up or down. If it drops below your purchase price, and you then sell your shares, you will lose some of your principal.

**Your response** — You can't eliminate the risk of losing principal, but by owning a mix of stocks, bonds, government securities and other types of investments, you can help reduce the impact of volatility on your portfolio. Keep in mind, though, that diversification, by itself, can't guarantee a profit or protect against loss.

**Losing value when interest rates change** — This type of risk primarily affects fixed-income investments, such as bonds. If you purchase a bond that pays, say, a 4% interest rate, and the market rate goes up to 5%, then the value of your bond will drop because

no one will be willing to pay you the full price for it when newer, higher-yielding bonds are available.

**Your response** — You can combat, or even ignore, interest rate risk by holding your bonds until they mature. By doing so, you'll get your full principal back, provided the issuer doesn't default, and you'll continue to receive regular interest payments unless the bonds are "called," or repurchased by the issuer. (You can help protect against this by purchasing bonds that have some degree of "call protection" and by owning bonds with different maturities.)

**Losing purchasing power** — This risk largely applies to fixed-rate investments such as certificates of deposit (CDs). To illustrate: If you purchase a CD that pays 2%, and the inflation rate is 3%, you are actually losing purchasing power.

**Your response** — Despite their vulnerability to inflation, CDs can offer you some valuable benefits, such as preservation of principal. Yet if you are concerned about fighting inflation, you may want to look for investments that have the potential to offer rising income, such as dividend-paying stocks. In fact, you can find stocks that have increased their dividends for many consecutive years. (Be aware,

*(Continued on Page 11)*

**COLIN'S HOPE**  
*Increasing water safety awareness and standards*

**DROWNING IS PREVENTABLE**

Children under the age of 5 are at especially high risk.

Drowning is a leading cause of unintentional injury-related death ages 1-14.

**JOIN US IN GETTING READY FOR A SAFE SUMMER IN THE WATER!**

**June 14th World's Largest Swim Lesson at Schlitterbahn Waterpark in New Braunfels.** Join Colin's Hope as we partner with Schlitterbahn to try and break the world record for the World's Largest Swim Lesson on Tuesday, June 14th. Visit [www.Schlitterbahn.com](http://www.Schlitterbahn.com) for more information.

**June 26th Open Water Swim benefits Colin's Hope** Splash into Lake Travis for the Red Licorice Events Open Water Swim at the Mansfield Dam on June 26. The swim benefits Colin's Hope and you can choose from 800m, 1.2 mile or 2.4 mile options. Visit [www.redlicoriceevents.com](http://www.redlicoriceevents.com) for more information.

**August 27th & 28th 3rd Annual Colin's Hope Kids Triathlon** Athletes ages 5-15, mark your calendars for August 27th & 28th. Our Kids Triathlon will once again take place in the Lake Pointe neighborhood. Registration opens in early June and will fill up very quickly! [www.colinshope.org](http://www.colinshope.org)

For more information, check out our website at [www.colinshope.org](http://www.colinshope.org)

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## Financial Focus - (Continued from Page 10)

though, that companies can reduce or eliminate dividends at any time. Also, an investment in stocks fluctuates, and you could lose your principal.)

Apart from these individual techniques to reduce investment-related risk, you should also save early and save often — because the more money you accumulate, the greater your ability to follow a long-term strategy that reflects your personal risk tolerance. That's why it's a good idea to contribute as much as possible over the years to your IRA and 401(k) or other employer-sponsored retirement plan.

By understanding the different types of investment risk, and by acting to help lessen them, you can reduce much of the stress sometimes associated with investing — while you increase your prospects for achieving your objectives.



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