

Volume 16

June 2010

No. 6

RAD CLASSES ARE BACK RAD stands for Rape Aggression Defense

RAD classes are once again being offered at the Willowbridge clubhouse. This is a free 15 hour self defense class for women ages 12 years and older. The course is taught by instructors from the Harris County Sheriff's Office. It is a program that teaches realistic self-defense tactics and techniques for women. It is a comprehensive, women-only course that begins with awareness, prevention, risk reduction and risk avoidance, while progressing on to the basics of hands-on defense training. RAD is not a Martial Arts program.

Courses are taught by nationally certified RAD instructors. Each student is provided a workbook/reference manual which outlines the entire Physical Defense program for reference and continuous personal growth and is the key to the free lifetime return and practice policy offered to RAD graduates. The course includes very sensitive material, so participation and support by mothers of teens is strongly encouraged.

For more information about RAD, please visit the Harris County Sheriff's website at: http://www.hcso.hctx.net/. If you would like to attend the class, you must RSVP Shweta Patel at: shamu7@comcast.net

RAD Class Schedule August 23, 25, 29, 30, 9/1, 2011 6:00-9:00 pm. Willowbridge Clubhouse 9330 Willowbridge Park Blvd Houston, TX 77064

THREE WAYS TO REPORT A CRIME



CALL US

Call 713-222-TIPS (8477) We do not ask for your name Callers are given a code number Information is forwarded to law enforcement After arrest, cash rewards are paid

SEND US A TEXT MESSAGE

Text TIP610 plus your tip to CRIMES (274637) Your phone number remains unknown Code number sent back to you

SUBMIT ONLINE

Visit www.crime-stoppers.org Fill out the online form and submit Code number will be issued after submission

CRIME STOPPERS WILL PAY UP TO \$5000 FOR ANY INFORMATION THAT LEADS TO THE CHARGING OR ARREST OF A FELONY SUSPECT.

Willowbridge - Stonebridge

IMPORTANT NUMBERS

All Emergencies911
Harris County Sheriff
Harris County Animal Control
Cy-Fair Hospital
CenterPoint - Street Lights & Outages
CenterPoint Energy
Newsletter Publisher
Peel, Incwww.PEELinc.com, 888-687-6444
Advertisingadvertising@PEELinc.com, 888-687-6444
PCMI/ Margie Naranjo 281-870-0585x1315
Poison Control Center
Southwestern Bell - Repair 800-246-8464
- Billing
Swimming Pool - Pay Phone
Swimming Pool - Lifeguard
Trash – Waste Management713-686-6666
Vacation Watch - Harris County District 5 281-290-2100
W. Harris County MUD #11
Willow Place Post Office
Willowbridge Websitewww.willowbridgehoa.com
Cable/Internet/PhoneCOMCAST713-341-1000

ASSOCIATION DIRECTORY

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Barbara Lallinger
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www.willowbridgehoa.com
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HOA INFORMATION

Willowbridge Homeowners Association Inc PCMI		
Margie Naranjo		
E-Mail	mnaranjo@stes.com	
Fax		
If you have any questions of neighborhood please cont	0 0	

HOA MEETINGS

Willowbridge/Stonebridge Homeowner's Association meetings are held the fourth Wednesday of each month at the community clubhouse at 7:00 pm.

WELCOMING COMMITTEE

The Welcoming Committee meetings are the last Monday of each month.

HARRIS COUNTY ROAD AND BRIDGE

To report street or curb damage, missing/damaged street signs and street flooding: (281) 353-8424 or www.hcp4.net. If a resident wants to request a new sign or replace a damaged one, they have to go online and fill out a request.

To Submit Articles:

E-Mail articles and photos to the following address: *surou812@ yahoo.com*. Articles must be received by the 8th of the month for the following month's issue. Please specify on the article that it is to be published in the *WillowTalk*. Accurate and beneficial community information will be posted at the board of director's discretion.

WillowTalk

CPR & First Aid Schedule 2011 Sponsored by the Cy- Fair Fire Department

CPR Saves Lives

Approximately 92% of sudden cardiac arrest victims die before reaching the hospital. Immediate CPR can double or even triple a victim's chance of survival. Statistics show that if more people knew CPR, more lives could be saved.

The Cy-Fair Volunteer Fire Department offers two CPR classes each month at their business office at 9630 Telge Road in Cypress. The classes cost \$20-\$35.00; they are offered on Tuesdays from 6:30-:9:30 pm and Saturdays from 9:00-12:00 pm. For more information call: 281-550-6663

June	September	Saturday 19	Fees:
Tuesday 7 Saturday 25	Tuesday 6 Saturday 24	December Tuesday 6	CPR \$20
July Tuesday 12 August Tuesday 9 Saturday 27	October Tuesday 4 Saturday 22 November Tuesday 8	***First Aid classes are only on Saturdays ***	First Aid \$20 CPR & First Aid \$35

Have a Safe and H appy Fourth of July

To help you celebrate safely this Fourth of July, the Consumer Product Safety Commission and the National Council on Fireworks Safety offer the following safety tips:

- Always read and follow label directions
- Always have an adult present
- Only buy from reliable fireworks sellers
- Only ignite fireworks outdoors
- Be sure to have water handy
- Never ignite fireworks in dry, windy conditions
- Never experiment or attempt to make your own fireworks
- Light only one at a time
- Never re-ignite malfunctioning fireworks
- Never give fireworks to small children
- Store fireworks in a cool, dry place
- Dispose of fireworks properly
- Never throw fireworks at another person
- Never carry fireworks in your pocket
- Never shoot fireworks in metal or glass containers





Tuesdays & Thursdays, 9am - 2pm ages 3 months to 5 years

> Register Now! Start Date: August 30

OPEN HOUSE: August 26, 9-11am

houston first church of the nazarene

10001 W. Sam Houston Pkwy. N. (Beltway 8 between Fallbrook & West) phone: 281-897-0300 • web: www.hfcnaz.org • email: office@hfcnaz.org

Willowbridge - Stonebridge FINANCIAL FOCUS Know Your Investment Risks — and How to Respond

When you invest, you take some risks. While you can't totally avoid these risks, you can take steps to help reduce their impact and increase your comfort level. And the more comfortable you are with your investments, the easier it will be to follow a long-term strategy that can help you meet your goals.

Let's look at the most common types of risk related to investing, along with some suggestions on helping to reduce these risks:

Losing principal — This type of risk is most closely associated with investing. For example, when you purchase a stock, you know that its value could go up or down. If it drops below your purchase price, and you then sell your shares, you will lose some of your principal.

Your response — You can't eliminate the risk of losing principal, but by owning a mix of stocks, bonds, government securities and other types of investments, you can help reduce the impact of volatility on your portfolio. Keep in mind, though, that diversification, by itself, can't guarantee a profit or protect against loss.

Losing value when interest rates change — This type of risk primarily affects fixed-income investments, such as bonds. If you purchase a bond that pays, say, a 4% interest rate, and the market rate goes up to 5%, then the value of your bond will drop because no one will be willing to pay you the full price for it when newer, higher-yielding bonds are available.

Your response — You can combat, or even ignore, interest rate risk by holding your bonds until they mature. By doing so, you'll get your full principal back, provided the issuer doesn't default, and you'll continue to receive regular interest payments unless the bonds are "called," or repurchased by the issuer. (You can help protect against this by purchasing bonds that have some degree of "call protection" and by owning bonds with different maturities.)

Losing purchasing power — This risk largely applies to fixed-rate investments such as certificates of deposit (CDs). To illustrate: If you purchase a CD that pays 2%, and the inflation rate is 3%, you are actually losing purchasing power.

Your response — Despite their vulnerability to inflation, CDs can offer you some valuable benefits, such as preservation of principal. Yet if you are concerned about fighting inflation, you may want to look for investments than have the potential to offer rising income, such as dividend-paying stocks. In fact, you can find stocks that have increased their dividends for many consecutive years. (Be aware,

(Continued on Page 5)



Financial Focus - (Continued from Page 4)

though, that companies can reduce or eliminate dividends at any time. Also, an investment in stocks fluctuates, and you could lose your principal.)

Apart from these individual techniques to reduce investmentrelated risk, you should also save early and save often — because the more money you accumulate, the greater your ability to follow a longterm strategy that reflects your personal risk tolerance. That's why is's a good idea to contribute a gravity up

it's a good idea to contribute as much as possible over the years to your IRA and 401(k) or other employer-sponsored retirement plan.

By understanding the different types of investment risk, and by acting to help lessen them, you can reduce much of the stress sometimes associated with investing while you increase your prospects for achieving your objectives.



LANDSCAPE CORNER

Chinch bugs will be here soon. Here is some information on one of the biggest pests affecting St. Augustine grass.

CHINCH BUGS

What are they and how to prevent an infestation

- Chinch bugs are small black insects with tiny white dots on their wings.
- Chinch bugs feast on St. Augustine turf most often during hot, dry weather.
- Infestation predominately starts around concrete areas such as a curb, driveway or walkway.
- Infestation can be recognized in patch like areas when St. Augustine turns a yellow/rust color. If left untreated, St. Augustine will turn brown and die.
- To prevent/control chinch bug infestation, keep your lawn watered and avoid thatch build-up. If an infestation does occur, Diazinon is recommended for chemical control.



Don't traumatize your pet, don't expose your animal to other animals' illnesses, don't leave your pet in a kennel all day. Leave your pet in their familiar environment, maintain their diet and exercise routine and be attended to by caring professionals.

Barbara Andrews Willowbridge Addition 713-398-0507 bandrews650@gmail.com Need daily walks..... Working Late..... CALL ME TODAY!

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Willowbridge - Stonebridge

Willowbridge Swimming Pool Schedule & Rules - 2011

Apr 23, 2011 thru Jun 01, 2011

Monday	
Tuesday	
Wednesday	CLOSED
Thursday	CLOSED
Friday	CLOSED
Saturday 12:00pt	m - 8:00pm(2 Lifeguards)
Sunday 1:00p	m - 8:00pm(2 Lifeguards)
Memorial Day (5/30/2011 12:00pt	m - 8:00pm(2 Lifeguards)
Open after Memorial Day (5/31/20	011) CLOSED

Jun 02, 2011 thru Aug 21, 2011

Monday	
Tuesday	11:00am - 8:00pm(2 Lifeguards)
Wednesday	11:00am - 8:00pm(2 Lifeguards)
Thursday	11:00am - 8:00pm(2 Lifeguards)
Friday	11:00am - 8:00pm(2 Lifeguards)
Saturday	11:00am - 8:00pm(2 Lifeguards)
Sunday	12:00pm - 8:00pm(2 Lifeguards)
4th of July (7/04/2011	12:00pm - 8:00pm(2 Lifeguards)
Open after 4th of July (7/	05/2011) CLOSED

Aug 22, 2011 thru Sep 11, 2011

Monday	CLOSED
Tuesday	CLOSED
Wednesday	CLOSED
Thursday	CLOSED
Friday	CLOSED
Saturday	Lifeguards)
Sunday 12:00pm - 8:00pm(2	Lifeguards)
Open after Labor Day (9/06/2011)	CLOSED
Labor Day (9/05/2011) 12:00pm - 8:00pm(2	Lifeguards)

The rules for the swimming pool have changed slightly and are as follows:

- 1. All guests must sign in and present valid Willowbridge pool tags when they enter the facility, allowing us to keep track of the number of patrons in the facility in the event of an emergency.
- 2. Pets are not allowed inside the facility. Pet hair is potentially damaging to swimming pool filtration systems. Some pets do not interact well with unknown persons.
- 3. Running is not allowed inside the facility.
- 4. Dunking, pushing, shoving, and any other form of horseplay is not allowed. *(Continued on Page 7)*



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2011 Swimming Pool Changes - (Continued from Page 6)

- 5. Foul or abusive language and/or physical violence will not be tolerated inside the facility. Anyone violating this rule will be asked to leave the facility.
- 6. All guests are subject to a swim test. Guests who are unable to swim one lap (two lengths) of the pool will not be granted access to the deeper areas.*
- 7. Ten minute breaks will be taken each hour. This is to ensure the safety of all swimmers under the age of 18. *
- 8. Street clothes and cut off shorts are potentially damaging to swimming pool filtration systems. They will not be allowed in the pool.
- 9. Only one guest allowed on the diving board at a time.
- 10. Potentially dangerous entries are prohibited. Entries of this nature from both the sides of the pool and the diving board increase risk of injury.
- 11. Children twelve (12) years old and under must be accompanied by a responsible adult over eighteen (18) years of age.
- 12. Alcohol is not allowed inside the facility. Any person suspected of using alcohol shortly before or during their visit to the facility will be asked to leave.
- 13. Smoking is not allowed inside the facility. Cigarette butts are potentially damaging to swimming pool filtration systems.
- 14. Glass containers of any kind are not allowed inside the facility.

Broken glass is a safety hazard.

- 15. Children in diapers must wear rubber swim pants. This prevents the spread of E- coli bacteria from fecal deposits. This also applies to the children's pool.*
- 16. One long whistle blast signifies the immediate exiting of the pool. This activates the Emergency Action Plan indicating that a lifeguard has entered the water.
- 17. Lifeguards are the definitive last word in regards to enforcing facility rules. The goal is to provide a safe, simple and secure plan worthy of an aquatic atmosphere. Those not adhering to lifeguard recommendations put themselves and others in compromising situations and will be asked to leave.

Please review the above rules of the pool before you go. Also, please remember that everyone must have a pool tag when you sign in to enter the pool area.





Willowbridge - Stonebridge



Advertising Information

Please support the businesses that advertise in the WillowTalk. Their advertising dollars make it possible for all Willowbridge residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the WillowTalk by advertising, please contact our sales office at 888-687-6444 or advertising@peelinc.com. The advertising deadline is the 8th of each month for the following month's newsletter.

NOT AVAILABLE ONLINE

Don't want to wait for the mail? View the current issue of the WillowTalk Newsletter on the 1st day of each month at www.PEELinc.com





Isn't the Fourth of July great? In addition to being a celebration of America's independence as a nation, there's no school, lots of families have barbecues or cookouts, and you can go see a fireworks display at night.

The safest way to enjoy fireworks is at a professional display. Some people light sparklers at home or even set off their own fireworks, but this is dangerous. More than 10,000 people were treated at hospital emergency rooms for fireworks-related injuries in 2005. And almost half of those injured each year are kids under age 15. Some of the people hurt each year aren't the ones setting off the fireworks, but people who are nearby

It's best to stay away from areas where nonprofessionals are setting off fireworks. Fireworks can cause serious eye injuries, including blindness, if the eye tissue gets damaged or torn. Other common injuries from fireworks include burns to the hands and face, which can leave scars. Someone could even lose one or more fingers if fireworks go off the wrong way. Fireworks can also start fires, which can hurt even more people.

If you know someone who plans to set off fireworks at home, here are some safety tips to share:

- Only adults should light fireworks.
- Never use fireworks indoors.
- Be prepared to put out a fire by having a hose or water nearby.
- Light fireworks one at a time.
- Stay away from a firework that has not gone off and never try to relight it.

Sparklers may seem less dangerous than fireworks, but they get extremely hot — as hot as 1,800° Fahrenheit (982° Celsius). Sparklers can light clothes on fire and can cause kids to get badly burned. In fact, in 2005, more than 1,000 people were treated in emergency rooms for injuries from sparklers. That would take the fun out of a great holiday!

Reviewed by: Larissa Hirsch, MD

Date reviewed: June 2007

Originally reviewed by: Barbara P. Homeier, MD

This information was provided by KidsHealth, one of the largest resources online for medically reviewed health information written for parents, kids, and teens. For more articles like this one, visit www.KidsHealth.org or www. TeensHealth.org. ©1995-2006.The Nemours Foundation

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WillowTalk

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The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.





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