

The Official Newsletter of The Steeplechase Community Improvement Association, Inc. and Steeplechase

SAVE THE DA

Mark your calendar's for the following Steeplechase events

07/04/11	Steeplechase 4 th of July Cookout
	Steeplechase Community Center

07/28/11 Steeplechase Resident's Happy Hour

08/02/11 Open Resident's Meeting @ 7pm Steeplechase Clubhouse

08/02/11 National Night Out

08/06/11 Safety & Crime Cookout at the Steeplechase Community Center

08/25/11 Steeplechase Resident's Happy Hour

09/22/11 Steeplechase Resident's Happy Hour

10/04/11 Texas Night Out

10/27/11 Steeplechase Resident's Happy Hour

11/01/11 Open Resident's Meeting @ 7pm Steeplechase Clubhouse

11/22/11 Steeplechase Resident's Happy Hour

12/22/11 Steeplechase Resident's Happy Hour

SAFETY CORNER TIP SAFE AT HOME

- ~ Make sure that all doors to the outside are metal or solid. 1 ¾" hardwood.
- Make sure all doors to the outside have good, sturdy
- ~ Use the locks you have. Always lock up your home when you go out, even if it's only for a few minutes.
- Secure sliding glass doors with commercially available bars or locks, or put a wooden dowel or broomstick in the door track.
- Make sure your windows, especially at ground level, have good locks and use them.
- Make sure all porches and other possible entrances are well-lit.

(Continued on Page 2)

SAFETY CORNER TIP OF THE MONTH

ATM MACHINE

Try to plan your visits to the automatic teller during the day, rather than after dark.

Choose an ATM location that is in a busy public place.

Avoid making withdrawals in isolated areas.

If at all possible, take along a friend who can watch the surroundings while you are conducting your transactions.

Pre-plan your transaction carefully, and don't spend too much time at the machine.

When you make a withdrawal, quickly place the money in your purse or wallet and leave as soon as you finish your transaction.

Watch out for suspicious-looking people waiting around an ATMthey may not really be customers. If someone offers to let you go ahead of them, decline politely and leave.

When visiting a drive-through ATM, keep your doors locked and be prepared to drive away quickly. If anyone approaches your car on foot, roll up your window and drive off.

If you have not finished your transaction, and you are approached by a suspicious character, press the CANCEL button, receive your card and leave quickly.

Lynn Cirillo

Steeplechase Security Coordinator

Celebrate the

Monday, July 4th, join your Steeplechase Board and your social committee volunteers for a BLAST of a good time at the pool. Stop by, meet your neighbors, and enjoy the pool and these special activities for residents:

- Pool is Open 12pm to 9pm
 - 3pm Moonwalk opens
 - 5pm Pool Games begin
- 6pm Hamburgers & Hotdogs Served IT'S GONNA BE HOT!!! DON'T MISS IT!

STEEPLECHASE

IMPORTANT

Telephone Numbers



Emergency	911				
Sheriff's Dept.	713-221-6000				
Cy-Fair Fire Dept	911				
Cy-Fair Hospital	281-890-4285				
Animal Control	281-999-3191				
Center Point (Street lights)	713-207-2222				
http://cnp.centerpointenergy.com/outage					
Neighborhood Crime Watch SteeplechaseSecurity@gmail.com					
Library	281-890-2665				
Post Office	713-937-6827				
Steeplechase Community Center	281-469-CLUB				
Deed Restriction Issues (PCMI)	281-870-0585				
Water/Sewer					
Architectural Control (PCMI)	281-870-0585				
Trash Pick-up (Best Trash, LLC) (Wed. & Sat.)	281-313-BEST				
Harris Co. Pct. 4 Road Maintenance	281-353-8424				
Harris Co. MUD #168hcmud168board@gmail.com					
Community Events	281-469-CLUB				
Clubhouse Rentals: Private Parties and Community Events					
(Phyllis McFarland)	832-922-8030				
Traffic Initiative	281-290-2100				
Private Pool Parties	713-416-5161				

NEWSLETTER PUBLISHER

Peel, Inc. (Advertising)......kelly@PEELinc.com, 888-687-6444
Articles....newsletter@steeplechasetx.com

Community Center Contacts

Community Maintenance Concerns

Private Parties and Community Events

Pool Company Contact

Board Member Contact

Schools

Emmott Elementary	281-897-4500
Campbell Middle School	
Cy-Ridge High School	

Want to Help Steeplechase Go Green?

Join our E-Mailing List at www.SteeplechaseTX.com. Please add webmaster@steeplechasetx.com to your address book to ensure you receive our emails. Your email address will not be shared, published, or used for soliciting.

Steeplechase Information Line:

For all non-security issues email: manager@steeplechasetx.com

Steeplechase Community Improvement Association Board of Directors

Maurice Amidei Robert Kaechler Nace Peard Michael Cirillo Virginia Kelley Kari Suttles James Clarke Bill Kuschmeider Wade Wnuk

If you need to contact a Director, please contact PCMI/Severn Trent at 281-870-0585 and they will forward your request.

Steeplechase Sanctioned Committees

Architectural Playground Communications
Security Welcome Tennis
Pool Landscape Clubhouse

Safe At Home - (Continued from Cover Page)

- ~ Trim any bushes or trees that hide doors or windows. Keep ladders, tools, toys, and recreational equipment inside when you're not using them.
- Don't hide your house keys under the doormat or in a flowerpot. It's much wiser to give an extra key to a trusted neighbor.
- Keep written records of all furniture, jewelry and electronic products. If possible, keep these records in a safe deposit box, fireproof safe, or other secure place. Take pictures or a video, and keep purchase information and serial numbers if available.
- Clearly display your house number, so police and other emergency vehicles can find your home quickly.
- ~ \If you see a screen that has been cut, broken windows, or a door that's been left open, don't go in. Call the police from a neighbor's house or cellphone.
- If you hear a noise that sounds like someone breaking in or moving around, quietly call the police and wait calmly until they arrive. If you can leave safely, do so. Otherwise, lock yourself in the room you are in, pretend to be asleep.
- ~ Think carefully before buying a firearm for protection. Guns can be stolen and sold to anyone, or captured and used on you or the police. If you do own a gun, keep it locked up, with the ammunition secured separately, and learn how to use it safely.

Steeplechase Seahorses

The Steeplechase Seahorses is a group meeting for Water Aerobics and Fitness. All levels of fitness, especially beginners are welcomed! This class is taught by Niecy Moss, a certified instructor, lifeguard, and Steeplechase resident.

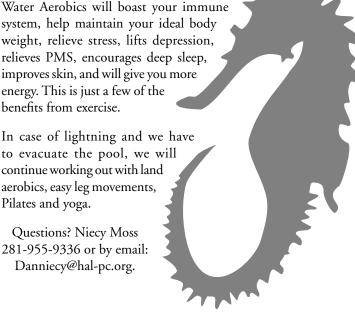
Visit www.steeplechasetx.com for the schedule, updates and changes. No pre-registration is required - just show up! Fee is \$5 per person, per class, paid on the date of class. Guests are welcome. Please be sure you have a complete medical checkup before joining water aerobics.

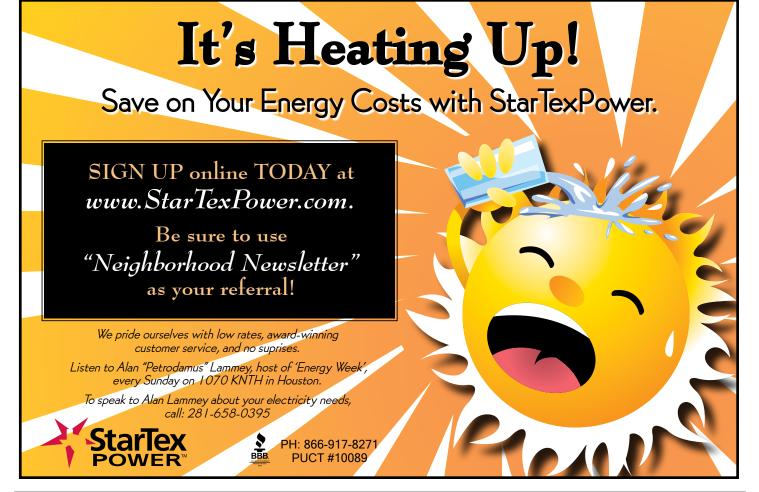
We start slow and easy, working and waking up muscles in a slow and relaxed way. We are in level 1 until July 8th and then we go into level 2. We then add more reps as your muscles become ready to take more challenge. Water aerobics is safe for all fitness levels. Before you start water aerobics please get a full health check up from your Doctor, wear a well fitted bathing suit that you do not have to adjust, drink plenty of water, use sun protection, sun glasses, caps or sun visor, towels and aqua shoes if you have sore feet. Please stretch your muscles before and after class each time and especially stretch your calf muscles. We stretch and tone all the muscles in the body while burning fat.

Water provides 12 times the resistance of air. That is why you can get fit so much faster. Water Aerobics will boast your immune system, help maintain your ideal body weight, relieve stress, lifts depression, relieves PMS, encourages deep sleep, improves skin, and will give you more energy. This is just a few of the benefits from exercise.

to evacuate the pool, we will continue working out with land aerobics, easy leg movements, Pilates and yoga.

Questions? Niecy Moss





PICK UP THE PILE

It's NOT Fertilizer...It's Bacteria, It's Litter

Canine waste is full of bacteria. When left behind in parks, campgrounds, and yards, it threatens our water supply. When it rains, it runs into rivers, streams, and wells. It only takes one irresponsible pet parent to infect an entire area's natural source of H2O. That's because different types of bacteria like fecal streptococcus, fecal coliforms (E. Coli), campylobacter and salmonella, which is found in pet waste, can make humans sick.

Being prepared to pick up your dog's pile each and every time he or she feels the nature call is one way to remedy this growing problem. It's the right thing to do for a number of reasons as explained by Tracy Johnson, Founder of the Pick Up the Pile Campaign. The concerned Austinite was alarmed to see just how

many pet parents let this issue go despite city efforts to eliminate public waste. She routinely encounters piles on the sidewalks and recreation areas of the parks that she visits. Rather than keep quiet any longer, she decided to address the problem one pet parent at a time.

Johnson's nationwide campaign went into effect June 1, 2011. Cities around the country will take part in educating the public about the dangers of canine waste. Johnson notes that it's never been easier to safely conceal and discard piles. A number of products have been designed to help remedy this problem. Even the most squeamish pet parent will have no trouble being responsible once they are introduced to the items Johnson has found online and through pet supply stores. Johnson believes

that education is the key to shedding light on this problem. She also thinks the next generation of pet parents will show greater concern for the issue. As a way of introducing young people to the Pick Up the Pile Campaign, she is offering a fun Scavenger Hunt consisting of different Tasks, Trivia and Finds. Find out how to participate by visiting www.pickupthepile.



It's NOT Fertilizer, It's Bacteria! It's Litter & It's the Law!

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- · Custom Staining
- Roofing
- · Gutter Repair/Replacement
- Faux Painting
- · Door Refinishing
- · Window Installation
- · Trash Removal
- · Ceiling Fan/Light Fixtures

References Available • Fully Insured NO PAYMENT UNTIL COMPLETION

bashanspainting@earthlink.net



Harris County Sheriff's Department District V Vacation Watch

PLEASE PRINT OR TYPE ALL INFORMATION								
SUBDIVISION: NAME:		ADDRESS: TELEPHONE:						
DATE LEAVING:		AM/PM	DATE RETURNING	DATE RETURNING: AM				
VEHICLES:								
COLOR	YEAR	MAKE / MODEL	LICENSE #	DRIVEWAY /	GARAGE			
		/		/				
		/						
LIGHTS LEFT ON \square YES / \square NO TIMER ON LIGHTS \square YES / \square NO IF YES, WHAT ROOM LOCATIONS:								
ALARM: □	YES / 🗆 N	O PETS:	\square YES / \square NO	TYPE:				
		WHERE:	\square INSIDE	□ OUTSIDE □ O	GARAGE			
EMERGENCY CONTACTS: (Include phone #'s and at least one key holder with alarm codes if alarm is set)								
NAME		PHONE #	KEY HOLDER	ALARM CODES				
			□ Y / □ N					
			$\square Y / \square N$	□ Y / □ N				
		,	\square Y / \square N	□ Y/ □ N				
ADDITIONAL COM	ADDITIONAL COMMENTS:							
PLEASE MAIL OR FAX TO: HARRIS COUNTY SHERIFF'S OFFICE								
Attn: Vacation Watch								
23828 Tomball Pkwy, Tomball, TX 77375 Fax (281) 290-2177								
1 dx (201) 270-21//								





AREYOU RECEIVING NEIGHBORHOOD SECURITY ALERTS?

Interested in receiving neighborhood security alerts? If so, please send an email request to steeplechasesecurity@gmail. Remember, for your safety, emails are sent using 'blind copy' (BCC) so you will need to add steeplechasesecurity@gmail to your safe senders list.

Already on the security alert distribution list? Please make sure if you have changed your email address, to email steeplechasesecurity@gmail.com so you don't miss-out on important notifications.

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Increasing water safety awareness and standards

FACTS YOU NEED TO KNOW ABOUT DROWNING

DROWNING ALERT!!!



Typically more children drown in JULY than in any other month!

For more information, check out our website at

www.colinshope.org

DROWNING CAN STILL OCCUR EVEN IF YOU KNOW HOW TO SWIM





NO ONE is "drown proof" – no matter their level of swimming ability.

Falls, entrapments, and injuries lead to drowning regardless of swimming level.

DROWNING IS QUICK AND SILENT



Drowning can occur in less than 2 minutes.



Irreversible brain damage can occur in 4 minutes or less.



Most children are out of sight or missing for less than 5 minutes and usually in the presence of 1 or both parents.



Most children die who are submerged for as little as 6-10 minutes.

Children who drown may not <code>scream</code>, <code>splash</code>, <code>or struggle</code>. They can silently slip beneath the water, even with adults & lifeguards present.

SAFETY CORNERTIP WHEN YOU GO AWAY

- Ask a trusted neighbor to collect your mail and newspaper, and offer to return the favor.
- Leave word about when you're leaving, when you'll return, and how you can be reached in an emergency.
- Put automatic timers on at least two lights (and possibly a radio) to help your home look and sound lived-in.
- Send your Vacation Watch form to the Harris County Sheriff's Office.

Lynn Cirillo

Steeplechase Security Coordinator

Rachael's Cepsake ORNAMENT PREMIERE is July 16th & 17th

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- a pole number for the non-functioning light(s) you want to report
- contact information (in case more information is needed to locate a streetlight)
- an e-mail address (if you want feedback regarding your repair request)
- the number of streetlights you would like to report To report if you know the streetlight number, visit: http://cnp.centerpointenergy.com/outage

To report using Centerpoint's map system, visit: http://gis.centerpointenergy.com/sloreporting/

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