

# NORTHLAKE FOREST Herald

OFFICIAL PUBLICATION  
OF THE NORTHLAKE  
FOREST HOA

August 2011

Volume 1, Issue 8

## INDEPENDENCE DAY CELEBRATION

### *A Successful 4th of July Event and Concert in the Park*

Thank you to everyone who came out to celebrate our 4th of July event and our first Concert in the Park featuring Neil Austin Imber.



### NORTHLAKE FOREST

## Back to School Bash!!

Saturday, August 13<sup>th</sup>

NLF Community Pool

5:00 – 7:00 p.m.

*For Students (entering) Kinder – 5<sup>th</sup> Grade*

7:00 – 9:00 p.m.

*For Students (entering) 6<sup>th</sup> – 12<sup>th</sup> Grade*

Evite to Follow

\*Please visit [www.northlakeforesthoa.com](http://www.northlakeforesthoa.com) and register your email address to receive the Evite

\*Residents who are available to volunteer, please email [northlakeforestevents@gmail.com](mailto:northlakeforestevents@gmail.com)

# NORTHLAKE FOREST

## NORTHLAKE FOREST COMMITTEES

### LANDSCAPE COMMITTEE

Chair ..... Chuck Dale  
Team Lead ..... Paul Rath

### POOL & TENNIS COURTS- COMMITTEE

Chair ..... Russell McPherson  
Team Lead ..... Merritt Rundell

### LAKES – COMMITTEE

Chair ..... TBD  
Team Lead ..... TBD

### NEWSLETTER COMMITTEE

Chair ..... Wendy McCurley  
Team Lead ..... Kelly Moore

### SAFETY COMMITTEE

Chair ..... Kelly Moore  
Team Lead ..... Wendy McCurley

### EVENTS COMMITTEE

Chair ..... Jayla Henry  
Team Lead ..... TBD

### ARCHITECTURAL REVIEW COMMITTEE

Chair ..... Dan Daues  
Team Lead ..... Paul Rath

### VOLUNTEERS NEEDED

All of our committees are seeking volunteers to help continue making our community a fun place to be. Just a little bit of your time can go a long way. If you are willing to help, in any way, please contact a board member with your interest.

## NEWSLETTER INFO

### EDITOR

Wendy McCurley..... wendymccurley@gmail.com

### PUBLISHER

Peel, Inc. .... www.PEELinc.com, 512-263-9181  
Advertising..... advertising@PEELinc.com

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## IMPORTANT NUMBERS

### EMERGENCY NUMBERS

Ambulance/Fire/Police..... 911  
Poison Control ..... 1-800-222-1222

### NON-EMERGENCY NUMBERS

Constable, Precinct 4 ..... (281) 376-3472  
Harris County Sheriff ..... (713) 221-6000  
Cy-Fair Volunteer Fire Department..... (281) 550-6663  
Cypress Substation ..... (281) 376-2997

### GOVERNMENT NUMBERS

Animal Control ..... (281) 999-3191  
Health Department ..... (281) 439-6290

### Harris County Commissioner Precinct 4

Jerry Eversole - Community Assistance Office .. (713) 755-6444  
Harris County Appraisal District ..... (713) 957-7800  
Social Security..... (800) 772-1213  
Department of Public Safety (*Grant Rd*) .... (281)-890-5440  
Department of Public Safety (*Hempstead*) .. (979)-826-4066

### POST OFFICE

USPS (Cypress) ..... (281) 373-9013

### LIBRARY

NW Harris County Library (*Lonestar College*) .. (281) 618-5400  
Barbara Bush Library (*Cypress Creek*)..... (281) 376-4610

### SCHOOLS

Administrative Offices ..... (281) 897-4000  
Farney Elementary ..... (281) 373-2850  
Goodson Middle School ..... (281) 373-2350  
Cy-Woods High School ..... (281) 213-1800

### UTILITIES

#### Northwest M.U.D. No. 10

(Setup service/billing) ..... (281) 579-4500  
Northwest M.U.D. No. 10 (*Repair*) ..... 281) 398-8211

#### Best Trash

(Trash can request/time schedules) ..... (281) 561-5646  
Centerpoint (*Gas*) ..... (713) 207-7777

## DON'T WANT TO WAIT FOR THE MAIL?

View the current issue of the Northlake Forest Herald on the 1st day of each month at [www.PEELinc.com](http://www.PEELinc.com)

## BACK TO SCHOOL INFORMATION

### *First Day of School: Monday 8-22-2011*

FARNEY ELEMENTARY  
REGISTRATION and MEET THE TEACHER

Registration 8:00 am – 3:00 pm on the following dates:

Tuesday 8-9-2011, Wednesday 8-10-2011, Friday 8-12-2011

Tuesday 8-16-2011, Wednesday 8-17-2011

Meet the Teacher

Friday 8-19-2011

Last Name (A-L): 9:00 – 9:45 am

Last Name (M-Z): 11:00 – 11:45 am

Kindergarten Orientation (Parents Only)

Thursday 8-19-2011 6:00 – 7:00 pm

*This is an informational meeting for parents. Teachers will share important school information, provide time for questions, and give parents the opportunity to complete paperwork.*

GOODSON MIDDLE SCHOOL  
GRIZZLEY GROWL EXPRESS

6th Grade: Tuesday 8-16-2011 12:00 – 3:00 pm

7th Grade: Wednesday 8-17-2011 12:00 – 3:00 pm

8th Grade: Thursday 8-18-2011 12:00 – 3:00 pm

Mini-Express (all grades): Thursday 8-18-2011 5:00 – 7:00 pm

*Students will be able to receive schedules (with locker # and combo included), school supplies, planner, PE uniforms (Athletic uniforms will be sold during Athletic classes), spirit items, and place money in their cafeteria account.*

\*MUST BRING COMPLETED & UPDATED EMERGENCY CARD (mailed to you over the summer) WITH YOU IN ORDER TO PICK UP SCHEDULE.

Supplies if ordered on-line in advance: Planner - \$4.00

6th grade- \$60.00 PE Uniforms - \$25.00

7th grade - \$50.00 Athletic Uniforms – purchased

8th grade - \$65.00 during class.

Quantities very limited at the Express.

Price \$5.00 more if bought at Express.

CY-WOODS HIGH SCHOOL  
FRESHMAN ORIENTATION

Friday 8-5-2011 11:45 – 2:45 pm

*Receive your books, locker assignment and take your yearbook photo (see website for form). Please bring cash only for purchases (novels, lunch account, PE clothes, etc.) Pick up your pre-ordered Class of 2015 t-shirt!*

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## Things to do...

### MOPS AT THE MET REGISTRATION

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or visit us at [facebook.com/METmops](http://facebook.com/METmops)  
If you have any questions please call (281)890-1900.

### CRIMSON CADETTES DANCE CLINIC

The Cy-woods Crimson Cadettes Drill Team will host their 6th annual dance clinic for K-12 from 8:30 a.m. to 11:30 a.m. on August 10-12. This is a major fund-raiser for the team and enables them to participate in activities throughout the 2011-2012 school year. The fee is \$55 and includes dance technique, specially choreographed routines for each age group, a t-shirt, drinks and snacks each day and a picture for each participant. Showoffs will be held the last day at 11:30 a.m. For more information email [goodsnms@comcast.net](mailto:goodsnms@comcast.net) or check out our website at [www.crimsoncadettes.com](http://www.crimsoncadettes.com). On the website, you will find a sign-up form and a link to PayPal for easy payment.

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## RECIPE CORNER

### *Millionaire Pie*

*Congratulations to Dakota Willman for her award-winning pie*

#### INGREDIENTS:

- 1 cup powdered sugar
- ¾ cup margarine
- 1 egg
- ½ teaspoon vanilla
- ¼ teaspoon salt
- 2 cups whipped topping
- 8oz crushed drained pineapple
- ½ cup chopped pecans
- ¼ cup chopped maraschino cherries

#### PREPARATION:

Cream together sugar and margarine. Add egg, vanilla and salt. Beat until smooth and creamy and spread mixture in baked pie shell. Chill. Combine whipped topping, pineapple, pecans, and cherries. Spread mixture over chilled filling. Chill again.



*Team Tiara Tee'd Off Golf & Bunco Classic*

Monday, September 12th, 2011  
Hearthstone Country Club

Registration 11:00 a.m.  
Shotgun start 12:30 p.m.

\$175.00/golfer      \$60.00/Bunco player  
\$650.00/foursome    \$220.00/Bunco team of four

Lunch, dinner, snacks, prizes, auction, golf cart and more!

Team Tiara is a 501(c)(3) non-profit corporation dedicated to funding breast cancer research, education and awareness. In addition to walking in the Susan G. Komen 3-Day for the Cure, we provide real-time assistance to men and women whose lives have been touched by breast cancer. So take some time out of your day and join us for a fun filled day of golf or bunco!

To register visit: [www.teamtiara.net](http://www.teamtiara.net) or contact Sherrie Webb by emailing [teamtiaragolf@gmail.com](mailto:teamtiaragolf@gmail.com)

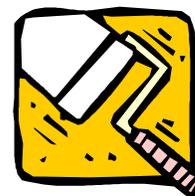
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## Maintenance Around the Neighborhood

### *Upcoming maintenance or improvement projects*

- Repair and replacement of stone work around the pool house
- Replacement / repainting of the metal fencing around the pool
- Repair to asphalt walking trail along the greenbelt
- Additional landscaping along Spring Cypress
- Re-plaster the pool

### *This year's projects completed to date:*

- Installation of No Soliciting, Duck Crossing, Lakes and Recreation Signs
- Replacement of lake pump (water well)
- Installation of a concrete pad under the shade canopy at the park
- Repainting of all metal fencing in the neighborhood
- Installation of new kiddee mulch at the park
- Fertilization of all new crape myrtles
- Clean up along Spring Cypress, north and south of Indian Harbor
- Repair to splashpark pump at the pool
- Repairs to pool fill line at the pool.
- Installation of extractor fans in the pool room / chemical room.
- Fountain pump repair / rebuild - Diamond Rock
- Replacement of corroded security doors at the pool
- Replacement of waterfall fountain pump and motor
- Lake wall repair - main lake (MUD project \$25,000)
- Replacement of the wooden fences around the Northlake Forest Drive pump station

## Announcements!

### **HAPPY BIRTHDAY DICK!!**

Dick Cummings, of Sunmill Ct, celebrated ANOTHER birthday on July 7th.

### **CONGRATULATIONS KAITLYN!!**

Kaitlyn Cummings, granddaughter of Dick and Maureen Cummings, graduated from Cypress Ranch High School on June 3, 2011. She will be attending Tarleton State University.

### **HAPPY BIRTHDAY CAROLINE**

Happy Birthday to Caroline (8/22)!!!!!! Love, Mom, Dad, and Victor



Deb Hicks | 713.446.7187  
Deb@DebraKayHicks.com



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Vice President ..... Dan Daues  
Treasurer ..... Russell McPherson  
Secretary ..... Kelly Moore  
Director ..... Wendy McCurley

If you notice a problem or have a concern about something within NLF, please complete the form on our website and bring it to the attention of the management company or Board member so that the issue can be addressed.

### MANAGEMENT COMPANY

Planned Community Management, Inc. (PCMI)  
Michael Quast  
(281) 870-0585  
mquast@stes.com  
www.pcmi-us.com

Northlake Forest HOA Website: [www.northlakeforesthoa.com](http://www.northlakeforesthoa.com)

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16610 Rose View  
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# NORTHLAKE FOREST

## Local Fun for the Summer!

- **Hobby Lobby** at Spring Cypress/290 has Art Classes all summer long for kids of ALL ages. The teacher's name is Sandy and her email is: sandys\_art@peoplepc.com—the classes are very reasonably priced and she provides all the material.
- **The Artist Within** also has some great Summer Camps—www.artistwithin.net
- **Painting with a Twist** on Barker Cypress has cool paintings for the kiddos to do---www.paintingwithatwist.com
- **1960 Playhouse** has camps as well for some cool kids plays this Summer- www.ph1960.com
- **Broadway Center of Houston**, right here at Spring Cypress and Huffmeister has Summer Workshops for June, July and August. www.broadwaycenterofhouston.com
- **Home Depot and Lowes** both have Saturday morning workshops for kids.
- **Cy-Fair/ Lonestar College** on Barker Cypress has a great program in their library that is free for kids...including Movie Day and a Book Club for kids.
- **Barnes and Noble** has a reading program.
- **Cinemark** has 10 movies for \$1 each on Tuesday and Wednesday mornings at 9:30.
- **Champions Skate and the Aerodrome** have public skating hours available all summer.
- **ITZ and Mountasia and Chuck E. Cheese** also have different specials throughout the summer.
- **The Cypress Creek YMCA** has weekly summer camps and day drop-in rates available for members and non-members—great pools and canoeing, different theme each week.
- Further away, but also cool is the **Houston Zoo** has weekday camps that are vary for all ages. They have half day and full day camps. And of course our neighborhood pool and park are great places to enjoy a picnic!

*Thank you to Michelle Mickelson for submitting this article for the Newsletter!*



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## ARCHITECTURAL REQUEST FOR IMPROVEMENTS

JUST A REMINDER: Any changes or improvements to the exterior of your home (new garage doors, installing a pool, new windows, covered patios/decks, walkways, painting etc) must have the approval of the Architectural Committee. The ARC has up to 45 days to approve plans so keep that in mind when hiring a contractor. Forms and instructions can be found on our website at [www.northlakeforesthoa.com](http://www.northlakeforesthoa.com) under NLF Forms.

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## Northlake Forest Pool Hours 2011

### JULY:

Monday: CLOSED  
Tuesday-Saturday: 10:00 a.m.-9:00 p.m.  
Sunday: 11:00 a.m.-8:00 p.m.

### AUGUST:

1st-21st - then weekends only  
Monday: CLOSED  
Tuesday-Saturday: 10:00 a.m.-9:00 p.m.  
Sunday: 11:00 a.m.-8:00 p.m.

### SEPTEMBER:

3rd, 4th, and 5th (last day)  
Sunday: 11:00 a.m.-8:00 p.m.  
Saturday and Labor Day: 10:00 a.m.-9:00 p.m.

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## GOING 100 PERCENT ORGANIC NOT FEASIBLE?

*By Melanie Dragger, M.Comm.*

The Environmental Working Group (EWG), a non-profit organization specializing in research and advocacy related to public health and the environment, has released its 2011 updated "Dirty Dozen" list of the 12 fruits and vegetables containing the most pesticides. Topping this year's list? Apples. This begs the question, "Can eating an apple a day really keep the doctor away?"

The answer may lie in where you get your apples. Although the EWG's ranking was cited as an overestimate of the risk by the Alliance for Food & Farming, a non-profit organization with the stated mission of providing a voice for farmers to communicate their commitment to food safety, consuming organically grown products can reduce the amount of pesticides that enter your body. According to the World Health Organization (WHO), long-term exposure to pesticides can lead to death or serious illness, including developmental and reproductive disorders, impaired nervous system function, and certain cancers. Further, the WHO has found children to be at higher risk from exposure than adults.

However, organically grown products are typically more expensive than conventionally grown products, and some organic products may be difficult to find in some areas. If growing your own fruits and vegetables is not an option, and purchasing 100 percent of your produce in organic form is monetarily unfeasible, the EWG's list offers a good starting point for consumers.

According to the EWG's 2011 report, which is based on its analysis of tests conducted by the U.S. Department of Agriculture (USDA) and the federal Food and Drug Administration (FDA), the following 12 fruits and vegetables (the "Dirty Dozen") consistently contained the highest amount of pesticides when conventionally grown, and should be consumed in organic form when possible:

1. Apples
2. Celery
3. Strawberries
4. Peaches
5. Spinach
6. Nectarines (imported)
7. Grapes (imported)
8. Sweet bell peppers
9. Potatoes
10. Blueberries (domestic)
11. Lettuce
12. Kale/collard greens

Alternatively, according to the EWG, the following 15 fruits and vegetables (the "Clean 15") consistently contained the least amount of pesticides, and by adhering to this list, individuals can get their recommended daily allowance of fruits and vegetables without incurring the expense of buying

organic products in order to limit their exposure to pesticides:

1. Onions
2. Sweet Corn
3. Pineapples
4. Avocado
5. Asparagus
6. Sweet peas
7. Mangoes
8. Eggplant
9. Cantaloupe (domestic)
10. Kiwi
11. Cabbage
12. Watermelon
13. Sweet potatoes
14. Grapefruit
15. Mushrooms

Underscoring the importance of the consumption of fruits and vegetables was the release of MyPlate, also in June, replacing the classic food pyramid. The USDA's new food icon is a simple, visual cue that advises individuals to "make half your plate fruits and vegetables," graphically shrinking the role of meats and dairy products in the national diet. More information on the EWG, as well as the full list of fruits and vegetables ranked, can be found at <http://www.ewg.org>. More information on the Alliance for Food and Farming can be found at <http://www.foodandfarming.info>. To learn more about the USDA's MyPlate, visit <http://www.choosemyplate.gov>, and to discover more about the WHO, visit <http://www.who.int/en>.



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# NORTHLAKE FOREST

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11777 FM 1960 West, Houston, TX 77065  
281-469-4688

### North Cypress Medical Center

21214 Northwest Freeway, Cypress, TX 77429  
832-912-3773

### Cypress Fairbanks Medical Center

10655 Steepletop Drive, Houston, TX 77065  
281-890-4285

### Methodist Willowbrook Hospital

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281-477-1000

### Tomball Regional Hospital

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**Northlake Forest Year-to-Date Sales Report**

	JULY '10	AUG '10	SEPT '10	OCT '10	NOV '10	DEC '10	JAN '11	FEB '11	MAR '11	APR '11	MAY '11	JUNE '11
\$130,000-\$159,999		1							1			
\$160,000-\$189,999					1							
\$190,000-\$219,999	2					1		1		1		
\$220,000-\$249,999				1	1	1	1					
\$250,000-\$279,999	1								1	1		
\$280,000-\$300,000							1					1
\$300,000-\$350,000									1			1
<b>Total</b>	<b>3</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>2</b>	<b>2</b>	<b>1</b>	<b>3</b>	<b>2</b>	<b>0</b>	<b>2</b>
Highest \$/sq ft	\$80.55	\$53.42	-	\$71.42	\$88.87	\$92.87	\$82.27	\$78.58	\$69.90	\$81.87	-	\$83.60

*This information is taken from the Houston Multiple Listing Service*



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**Realtor Associate/Hablo Español**  
**Northlake Forest Resident**

**Immediate Over the NetEvaluation at:**  
**HomeValuesinCypress.com**

*This is not a solicitation of currently listed properties.*