



CYPRESS MILL *Chronicle*

NEWS FOR THE RESIDENTS OF CYPRESS MILL

June 2012

Volume 12, Issue 6

HEALTH BRIEFS - JUNE 2012

TRAMPOLINES PUT KIDS AT RISK FOR SERIOUS INJURIES

"About 100,000 children between 5 and 10 years old are injured annually on trampolines," said Dr. William Phillips, professor of orthopedics and pediatrics at Baylor College of Medicine and chief of pediatric orthopedics and scoliosis at Texas Children's Hospital. "Younger children and teens are also at risk."

Common causes of injury on trampolines can be from colliding with another person, landing improperly, falling or jumping off the trampoline and falling on the trampoline springs or frame. Younger children are at greater risk for fractures, while older children often suffer sprains and strains.

"Kids don't have to fall off a trampoline to get hurt, so using a net around a trampoline does not mean they are safe," explains Phillips. "I've seen many children break bones landing on the trampoline itself."

LOSE WEIGHT TO SLEEP BETTER

Expanding waistlines are causing many Americans to lose sleep. Chronic obstructive sleep apnea, not visions of doughnuts, is keeping us awake. Obesity in the upper body, especially in the neck, can narrow the airways leading to the lungs, resulting in heavy snoring, pauses in breathing and frequent interruptions of sleep. "Most of our overweight patients say they snore excessively and don't sleep well," said Dr. Peter Jones, an associate professor of medicine at Baylor College of Medicine and medical director of weight management at Methodist Wellness Services at Methodist Healthcare Systems.

Patients in Methodist's weight management programs need to lose 50 or more pounds. After losing weight, many report that their sleep improves. "Losing weight can be an important part of treatment for patients who have sleep apnea," said Dr. Max Hirshkowitz, associate professor of psychiatry and director of the Baylor Sleep Disorders Center at the Houston Veterans Affairs Medical Center. "Even a 10 percent weight loss can reduce the number of times most patients stop breathing during the night."

THERAPY IS 'NO SWEAT' FOR EXCESSIVE PERSPIRERS

A little-known procedure at Baylor College of Medicine provides an alternative antiperspirant for those who sweat uncontrollably. Iontophoresis involves passing a mild electrical current through tap water to shut off the sweat glands temporarily. The hands and feet are soaked in a basin of water for 40 minutes in the comfort of the patient's home.

"The technology has been around since the 1950s, but it never gained widespread fame, in part because most doctors don't know it is an option," said Dr. Ramsey Markus, an assistant professor of dermatology at BCM. "It is a very safe and effective way to decrease sweating, especially in the hands and feet." Markus said he prefers iontophoresis for his patients with sweating in the hands and feet because it is less expensive and less painful than Botox

injections, and it can be done regularly as needed in the home. Most patients only require the therapy twice a month to keep the sweat glands from producing excessive sweat.

MANAGING FOOD ALLERGIES

Food packages often come with the caution, "Warning: may contain peanuts," and for good reason. It's estimated that more than 1 million Americans suffer from peanut allergies and their reaction if exposed can be life-threatening.

Other common food allergies are to cow's milk, tree nuts, fish and shell fish, egg and even some fruits and veggies, said Dr. Celine Hanson, professor of pediatrics at Baylor College of Medicine in Houston and chief of the allergy/immunology clinic at Texas Children's Hospital. Symptoms of food allergies can range from mild to severe and can affect various parts of the body, including the digestive system, the respiratory system and the skin.

Hanson offers several ways that patients can manage their food allergies. The best tactic is to avoid foods that cause allergies altogether, Hanson said. But in addition, medications such as antihistamines and corticosteroids are available to help manage symptoms. Patients who suffer severe reactions, should keep a device such as an EpiPenR on hand so that they can administer an epinephrine shot. Allergy sufferers should wear a medical bracelet or necklace with information about their allergy, and schools, caregivers and even the parents of children's friends should be notified of food allergies.



CYPRESS MILL

Important Numbers

Cy-Fair High School	281-897-4600
Cy-Woods High School.....	281-213-1919
Cypress Lakes Golf Club	281-304-8515
Cypress Mill M.U.D. #1, (24 Hour Emergency)	281-374-8989
Constable Ron Hickman, (24 Hour Emergency)	281-376-3472
DPS Sex Offenders website	http://records.txdps.state.tx.us/
Centerpoint Energy Gas.....	713-659-2111
Centerpoint Energy Gas-Emergency Gas Leaks.	713-659-3552
CenterPoint Energy.....	713-207-2222
Irrigation Leaks/Common Area Repairs - Principal Management	
Poison Control Center	800-764-7661
Principal Management	713-329-7100
Robison Elementary	281-213-1700
AT&T Repair Center.....	800-246-8464
Spillane Middle School.....	281-213-1645
Street Light Outages.....	713-207-2222
Comcast Cable.....	713-341-1000
Waste Corporation of America (WCA) Recycling.....	281-368-8397

Pipeline Company – Exxon Mobil.....

281-925-3816

Mowing of Pipeline easement; Standing water; Smells or leaks

Street Lights – Center Point Energy

713-207-2222

Damaged or Burned Out Street Lights

They will need 6-digit pole number when calling

Constable Ron Hickman (24 Hour Emergency)

281-376-3472

Harris County Road and Bridge

281-463-6300

To request street signs and to report street damage, curb damage, street flooding, or missing/damaged street signs.

Newsletter Publisher

Articles..... cypressmill@peelinc.com
 Peel, Inc. advertising@PEELinc.com, 888-687-6444

Newsletter Deadline

The deadline for the newsletters is the 9th of each month.

Please email articles to: cypressmill@peelinc.com

**Remember: The Speed Limit
 throughout Cypress Mill is 30 MPH!**

MUD Board of Directors

The District is governed by the Board of Directors, consisting of five directors, who have control over and management supervision of all affairs of the District. All of the Directors reside in the District.

Mr. Ronald S. ("Ronnie") Koehn, President

Mr. Bob Henry, Vice President

Mr. Tim Halloran, Secretary

Ms. Angell Swedlund, Treasurer

Mr. Jerry Bryant, Assistant Secretary

<http://www.cypresshillmud1.com/contact/index.html>

LOCAL MENTORS NEEDED TO MENTOR ONE CHILD & CHANGE TWO LIVES!

CROSSROADS mentors are regular people, just like you, who prevent or reduce youth involvement with the juvenile justice system by fostering positive mentoring relationships. The goal is crime prevention! Our mentors must be 21 years of age and volunteer a minimum of 1 hour a week. If interested please contact Jan Sadler-Gibbs @ 713-295-2779 jan.gibbs@hcjpd.hctx.net or website: www.crossroads-volunteers.org



FAIRFIELD ANIMAL HOSPITAL

Mike Hicks, DVM

Sandra Harris, DVM

15040 Fairfield Vlg. Sq. Dr. #100
 Cypress Tx 77433 • 281.256.3150
www.myfairfieldvet.com

Office Hours:

Mon-Fri 7am-6pm

Close Sat & Sun

Early Morning Drop Off

Mon-Fri 7am

**Call 281.256.3150
 for Appointments**



- Compassionate, Quality Care for your Pet Family Member

- A Full Service Veterinary Hospital

- Friendly, Caring, Professional Staff

WE PROUDLY OFFER:



Microchip
 Identification System



get free teeth whitening for life!

with initial exam, necessary cleaning and x-rays.*

There's a new way of caring for you and your teeth.

Come in for your initial exam, cleaning and x-rays (services covered by most insurance companies) and you'll get **FREE custom take-home whitening trays and gel** (\$399 value). As long as you keep up with your recommended cleaning visits, you'll get 2 FREE tubes of whitening gel, twice per year, for the rest of your life.

We're also proud to provide:

- The latest dental techniques and state-of-the-art technology, including our fast, painless, affordable oral cancer screening
- Open acceptance of most insurance plans
- Flexible financing options
- Convenient early morning and evening hours
- Exceptional patient care and service in a friendly setting

*Subject to exam results and doctor approval.



\$400 off any full orthodontic **treatment**

Limited time offer. Offer cannot be combined with Dental HMO, PPO or other discounts. Full upper and lower arch treatment to new orthodontic patients only. General dentist practicing orthodontics. Financing available with approved credit. The single largest discount will be applied.

FAIRFIELD
DENTAL CARE
& ORTHODONTICS

YOUR
DentalWorks
DENTIST

dentures | partials | crowns | bridges | restorative | cosmetic | preventive | braces

281-256-6190
dentalworks.com

Fairfield Dental Care & Orthodontics
Keith Grimm, DMD | Amy Mohr, DDS
15040 Fairfield Village Drive, Suite 240
Cypress, TX 77433

CYPRESS MILL

Congratulations! You've Been Accepted to Texas A&M University

Tish Otten, President, Northwest Harris County Aggie Mothers' Club



If your son or daughter has morphed into an Aggie and you need to ask SOMEBODY, what's next, the Northwest Harris County Aggie Mothers' Club is SOMEBODY with answers. Aggieland, including Galveston and College Station, has over 850 organizations to help students and families get going from day one, but only one is just for MOMS and it's Aggie Moms' Club.

Texas A&M has over 119 Aggie Moms' clubs with over 7,000 members. We're here to answer the questions your kid doesn't yet know how to ask; how to see a doctor between classes; how to get home at 11:30 when the car won't start; how to get tutoring; how to reach graduation. We're inviting you to an Aggie Moms' Club social mixer in your neighborhood. Get your answers from Moms who have been where you are now. RSVP by emailing me the date you can attend. I will send you the address and time. You can reach me at clubpres2012@gmail.com or go to our website page at www.nwhcaggiemoms.org.

Date	Day	Hostess	Subdivision
6/7	Thu	Carolyn Gilmartin	Fairfield
6/14	Thu	Linda Migl	Willowbridge
6/18	Mon	Susan Bozarth	Cole Creek Manor
6/20	Wed	Tina Mundt	Ponderosa
6/24	Sun	Sharin Scott	Cypress Creek Estates
6/26	Tue	Linda Saxby	Lakes of Fairhaven
6/30	Sat	Lisa Ostrander	Lakewood 14
7/9	Mon	Terry Miller	Wortham
7/11	Wed	Melissa Ross	Bridgestone
7/19	Thu	Mary Miller	Longwood
7/21	Sat	Mary Jaksik	Glennloch
7/22	Sun	Gilda Bartz	Fairfield
7/26	Thu	Maureen Baker	Fairwood
7/28	Sat	Amy Mulholland	Winchester Trails

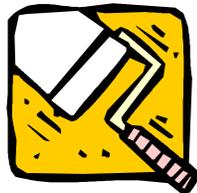
Bashans Painting & Home Repair

Commercial/Residential
Free Estimates

281-347-6702



281-731-3383 cell



- Interior & Exterior Painting
- Hardi Plank Installation
- Wood Replacement
- Sheetrock Repair
- Interior Carpentry
- Cabinet Painting
- Wallpaper Removal and Texturizing
- Pressure Washing
- Fence Repair/Replacement
- Garage Floor Epoxy
- Custom Staining
- Roofing
- Gutter Repair/Replacement
- Faux Painting
- Door Refinishing
- Window Installation
- Trash Removal
- Ceiling Fan/Light Fixtures

References Available • Fully Insured
NO PAYMENT UNTIL COMPLETION
bashanspainting@earthlink.net

FOOT & ANKLE Specialists

www.louettafootandankle.com

Serving your Community for 22 years

INGROWN TOENAILS

A condition characterized by redness and soreness on one or both sides of the toenail. With time, the offending nail may pierce the skin, leading to a severe infection. By using a safe and gentle technique, ingrown toenails can be corrected painlessly and permanently on children and adults alike. This can be done in the office with minimal time off work or school. If you suffer from ingrown toenails, give us a call.

FREE Initial Consultation

*X-rays and treatment not included.
Inclusive only of co-payment for HMO, PPO, and Medicare patients.



Dr. Brad Bachmann DPM
Board Certified in
Foot Surgery



Dr. Michelle Stern DPM
Member, American Academy
of Podiatric Sports Medicine



Dr. Amy Walsh DPM
Board Certified in
Foot Surgery

Louetta Foot Specialists
281-370-0648

8681 Louetta Road #150
(between Champions Dr. & Champions Forrest Dr.)

Foot Specialists of Tomball
281-351-5599

13414 Medical Complex Dr., Ste. 11

BREAST CANCER SUPPORT GROUP

RECONSTRUCTION OF A SURVIVOR

at Methodist Willowbrook

We help women at any stage of diagnosis and treatment understand that breast cancer affects them both emotionally and spiritually, not just physically. Our mission is to ensure, through information, empowerment and peer support, that no one faces breast cancer alone.

Don't face breast cancer alone!

Please join Survivors Offering Support at
Methodist Willowbrook Hospital
Cancer Center Lobby

6:30 p.m. - 7:30 p.m.

13802 Centerfield Boulevard • Suite 185

Thursday, May 17 th	Thursday, September 20 th
Thursday, June 21 st	Thursday, October 18 th
Thursday, July 19 th	Thursday, November 15 th
Thursday, August 16 th	Thursday, December 20 th

For more information and to register,
call 281-737-2500

Survivors Offering Support at Methodist Willowbrook Hospital

Many women with breast cancer have found caring support and information from sharing experiences with fellow survivors. Breast cancer patients need to find others who have had a similar experience, and our support group helps to fill this unique need to meet and talk with other survivors. The group is led by a trained facilitator who uses the curriculum "Navigating Life's Road Map After Breast Cancer" from the organization, *Reconstruction of a Survivor*.

Some of the session topics include:

- It's okay to cry
- Joy is around the corner
- What are you afraid of: The Fear Factor
- 2-1-I'm still a 10!
- I will forgive
- How can I function when I feel overwhelmed?

Program partially funded by:



Methodist
Cancer Center

Willowbrook

CYPRESS MILL

Cypress Village Station Proves to be Perfect Venue for First Annual Wine Fair Cy-Fair

CHAMBER PLANS FOR LARGER NUMBERS FOR NEXT YEARS' EVENT

A sold out crowd of over 1,400 guests enjoyed a casual sip and stroll at the first annual Wine Fair Cy-Fair on Saturday, April 28. The event was hosted by the Cy-Fair Houston Chamber of Commerce in partnership with Food & Vine Time Productions and was held at Cypress Village Station, a mixed-use development off Hwy. 290 and Skinner Road, which proved to be the perfect venue for this upscale event.

For the general admission cost of \$25 guests sampled a variety of wines and food from some of Cy-Fair's finest restaurants. They were also invited to partake in several craft beer samplings at The Backyard Grill's Beer Garden; VIP Premium ticket holders started 30 minutes earlier and received a higher caliber of wines and tasty treats from restaurant newcomer, Claudia's Fresh Mex, as well as, access to all of the general admission wines and foods.

PARTICIPATING RESTAURANTS INCLUDED

The Backyard Grill—Carino's Italian—Claudia's Fresh Mex—Don Julios Mexican Restaurant—d'Vine Wine Bar & Bistro —El Rey Cuban and Mexican Cuisine —HEB Cypress Market—Merche —Northwest Forest Hotel & Conference Center—Texas Road House—Zaxby's—1252 Tapas Bar

Greeted with goody bags, bottled waters and a baguette from H-E-B Cypress Market visitors enjoyed the cooler evening breezes as they made their way through the outside courtyard at Cypress Village Station. Sippers



were serenaded by the 'fresh' sounds of the Robert Hartye Band from the Aruba Tourism stage and they also got a sneak peek at several new Volkswagen cars courtesy of Momentum Volkswagen of Jersey Village. Greystar Cypress Village showcased their apartment property to prospective tenants who are seeking the amenities of a mixed use living property located at the development.

Several of the wines that were sampled at the event were available for bid at the Cy-Fair Educational Foundation's silent auction tent. In typical Cy-Fair fashion, generous guests bid on the elaborate wine filled baskets to benefit the foundation's scholarship program.

SPONSORS INCLUDED

Aruba Tourism—Backyard Grill—Bridgeland—Caldwell Companies—Community Impact Newspaper—Cypress Preventive Imaging—Greystar Cypress Village Apartments—HEB Cypress Market—Republic National Distributing Company—Texas Emergency Care Center of Cypress—To the 9's Boutique—

Plans are in the works to return to the same location next year and the Chamber is already planning for a larger crowd; adding more restaurants and more wine stations. They are encouraging restaurants and sponsors to sign up early for next year to benefit from the marketing exposure all year long. Call Casey Cargle with the Cy-Fair Houston Chamber of Commerce for more details 281-373-1390 or email casey@cyfairchamber.com.



Come grow with us!
St. Elizabeth Ann Seton Catholic School

"Living, loving, and learning in Christ and the Church."
6646 Addicks Satsuma Rd.
Houston, TX 77084
281-463-1444
www.seasc.org

EXCELLENT CURRICULUM • ATHLETICS
COMPUTER & SCIENCE LABS
BEFORE & AFTER SCHOOL PROGRAMS



Open Registration Begins Feb. 13th!

11202 Huffmeister • 281-955-7683
www.cypressassistance.org

Discover the Hidden Gem of Cypress!



Angels' Attic

Voted 2009 Resale Shop of the Year!

Benefiting Cypress Assistance Ministries

20% off
your entire purchase.
Reg. priced merchandise only.
Coupon valid thru June 30, 2012

- Furniture
- Designer Clothes and accessories
- Home Decor
- Toys...and more, *all at dazzling prices!*

Monday-Wednesday 10-6 • Thursday-Saturday 10-3



RE/MAX

Professional Group

832-478-1205

Cypress Mill

**T
H
A
N
K
Y
O
U**



When selling a home there are many challenges to be addressed that can affect the marketability of the home. David Flory and his team were great partners to include extra information about local home sales, marketing, competition and appeal. In a depressed market this knowledge is important for the seller. Constant communication during our home selling experience made us feel like we were the only customer, instead of just another MLS listing. Thanks to all of the team. - Mike and Sharon Mullins -



David Flory

Direct line:

281-477-0345

WWW.SUPERDAVE.COM

Each Office Independently Owned and Operated

- **#1 Realtor in Cypress Mill***
- **#2 Realtor in Houston & Texas****
- **#7 Realtor in United States****
- **Selling Over 500 Homes A Year**

*According to information taken from the HAR MLS Computer

**Realtor Teams per Remax 9/2008, 3/2009

CYPRESS MILL

Not Available Online

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

The Cypress Mill Chronicle is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use The Cypress Mill Chronicle contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc.



Dynamic Air & Heat
TACLB19859E
www.dynamicairandheat.com

832-593-7555

A Company Awarded with an A+ Rating



A/C Check-Up
\$39.95

Cannot be combined with any other offer, coupon, or special.
Single System Pricing
Expires 4/10/2012

A/C Tune-Up
\$89.95

Cannot be combined with any other offer, coupon, or special.
Single System Pricing
Expires 4/10/2012



10% Discount Plus No Service Charge

With Approved Repairs
Cannot be combined with any other offer, coupon, or special.
Expires 4/31/2012

Early Bird Special

0% Interest Or Up To \$1000 Instant Rebate

Buy a Qualifying new air condition or heating system and choose your savings.
Cannot be combined with any other offer, coupon, or special. WAC
Expires 4/31/2012




FREE Price Quotes Financing (WAC)





BRILLIANT ENERGY

ELECTRICITY PROVIDER



Brilliant Energy = Seriously LOW Electricity Rates

Brilliant Energy's Electricity Rates Challenge The Rates of Every Other Electricity Provider in Texas!

Lock-in a low electricity rate for up to 3-years!

Easy Online Sign-Up at BrilliantElectricity.com
USE "NEIGHBORHOOD NEWSLETTER" AS REFERRAL



Brilliant Energy is recommended by Texas Energy Analyst, Alan Lammey the host of the 'Energy Week' radio show on NewsTalk 1070 KNTH!

Ask the "Energy Analyst":
281-658-0395

Great Business Rates Too!

Brilliant Energy Texas PUC #10140



2012 Open Regattas at Seabrook Sailing Club

The Seabrook Sailing Club is hosting two major regattas this summer on Galveston Bay, open to all interested sailors. Whether it's challenging one design racing or family fun, Seabrook Sailing Club's summer regatta schedule has it all. We are looking forward to having local and out-of-town sailors join us for competition and fun on the bay.

Summer Solstice Regatta: Seabrook Sailing Club's annual Summer Solstice Regatta will be held on June 23 and 24, 2012. This year we will be kicking off the regatta on Friday night with fireworks and a keg! We encourage everybody to leave work early and bring a picnic. This regatta is open to all small sailboats and beginner racers are welcome. Lasers, 470's, Sunfish,



Optimists on the downwind run at the Endless Summer Regatta

windsurfers, Vanguard 15's, and catamarans are regular classes at this fun event. This regatta is on the Texas Laser District 15 Circuit schedule, drawing Lasers from around the state. There will be one design starts for all classes with at least three boats. A Portsmouth handicap fleet will be formed for boats that do not make up a one design fleet. Official Notice of Race and Sailing Instructions will be posted on the SSC website nearer the time of the event.

Endless Summer Regatta:

Each year, youth sailors from all over Texas and surrounding states participate in the Endless Summer Regatta at the Seabrook Sailing Club. The Endless Summer Regatta is the best attended event on

(Continued on Page 10)



Antiques • Fine Home Furniture & Accessories
Artwork • Collectibles • Memorabilia

Consigning your fine home furnishings and finding new homes for things you no longer need.

"We believe that's simply smart living!"

New in Store ...

Grand Corner Cabinets

Come Check it Out! Silent auctions have begun!
Select items chosen every month for in-store silent auction

We shop our items specifically for Blackhorse, Bridgeland, Cypress Creek, Cypress Mill homes. You can find just what you're looking for here at your own hometown store!

Our Services Include:

- Antiques & Uniques
- Designor Consignments
- Estate Sales
- Appraisals
- Auctions
- Home Staging & Design Services
- International Buying & Personal Shopping
- Priority Shopping (appt only)



The unique & unusual



Antiques • Art • Memorabilia • Furniture

713-409-7944
16518 House & Hahl Road
Cypress, TX 77433

timelessconsign@gmail.com
www.TimelessConsignments.com
Full website with Live Auctions coming soon!

CYPRESS MILL

Register NOW for FSA Soccer!

It is time once again to register your soccer superstar for FSA Soccer. The Fairfield Sports Association offers a fantastic environment for your budding soccer player to develop their skills and grow their passion for the beautiful game. We offer soccer divisions for boys and girls ages 4 – 12. Our younger divisions (U5 and U6) play 3 v 3 soccer on small fields with no goal players. We gradually increase the size of the field and the number of players as the kids get older. Starting at age 7, players participate in an evaluation and are selected by their respective teams. This soccer season, FSA soccer players will wear the XARA MLS City Series 2 uniform. The uniforms look GREAT, and the kids will really love them! Registration costs cover a complete uniform kit including game jersey, shorts, and socks. Registration for the U5 and U6 divisions is \$115. Registration for the U7 and older division is \$130. There are no additional FSA fees, fundraisers, or sponsorships players or teams are responsible for during the season.

All practices and games are played in Fairfield. Players in the U5, U6, and U7 divisions are all awarded participation trophies at the end of the season. In the older divisions, trophies are awarded for the divisional champions and runners-up. Additionally, the older divisions participate in a season ending tournament. Tournament time is very exciting with many games played “under the lights” at night on the grounds of the Fairfield Athletic Center. FSA Soccer is also thrilled to announce we are conducting our first ever Kick-off Summer Soccer Camp! This camp is for boys and girls ages 6-10. The camp is scheduled for June 11th thru 14th from 9:00am until 11:00am. Professional trainers from the Challenge Soccer Club and the Texans Soccer Club will be working with FSA Soccer providing the training for the camp. The cost of the camp is only \$50. The camp will be held in Fairfield at our Robert’s Fields facility near our Central Park Splash Pad.

To register for either the camp or an exciting season of FSA soccer, visit the Fairfield Sports website at www.fairfieldsports.net. From the menu button, click the SOCCER link. Once at the Soccer page, click the MORE menu button and then click the REGISTRATION link.

IMPORTANT FSA SOCCER DATES

FSA Kick-off Summer Soccer Camp registration..... Open Now – June 9th
FSA Kick-off Summer Soccer Camp June 11th – June 14th
FSA Soccer registration May 28th – July 20th
Player evaluations (ages 7 and older) July 23rd – July 25th
Practices begin Week of July 30th
Games begin Weekend of August 25th

*Please direct any questions about the FSA Soccer program to Scott Baehren,
Commissioner – FSA Soccer at soccer@fairfield-sports.net*

2012 Open Regattas... (Continued from Page 9)

the Texas Youth Circuit after Texas Race Week, with approximately 200 sailors, coaches, parents, and organizers coming to Seabrook and Galveston Bay. The youth sailors participate in 6 different fleets; the beginner sailors in the Optimist Green fleet, the experienced Optimist sailors in the Red/White/Blue fleet, Laser 4.7, and Laser Radial. Parents enjoy the view of the sailing course and Kemah from the clubhouse deck, while their kids put their skills to the test. Sailing is a great sport for kids that fosters self-confidence, independence, and responsibility. As skippers, they are in control of their own destiny; they make their own decisions, which have a direct result on their finish position, well-being, and boat condition. But most importantly, it’s fun! The 2012 regatta will take place September 22-23, 2012. Official Notice of Race and Sailing Instructions will be posted on the SSC website nearer the time of the event.

The Seabrook Sailing Club has been providing safe, organized, and challenging sailing for local sailors and guests since 1934. If you’ve been thinking about learning to sail, getting back on the water, or competing in our organized club races, check out what the Seabrook Sailing Club has to offer. For more information about SSC, contact James McTurk at sscmembership@yahoo.com, or visit www.seabrooksailingclub.org.

Father’s Day is June 17th!


RACHAEL’S

We’re On Facebook!
www.facebook.com/RachaelsHallmark

12312 Barker-Cypress @ 290 - 281.256.9800 

Advertise
Your Business Here
888-687-6444

Recipe of the Month

Ready-to-Go Chili

(5-6 servings)

- 1 lb. lean ground beef
- 1 medium onion, chopped
- 2 cans(15 ozs ea.) pinto beans, undrained
- 1 can(28 ozs) diced tomatoes, undrained
- 1 can(15 ozs) tomato sauce
- 1 can(4 ozs) chopped green chilis, undrained
- 2 tablespoons chili powder
- 1 teaspoon ground cumin
- ½ teaspoon salt
- ½ teaspoon black pepper

1. In a large soup pot, brown the ground beef and onion over medium-high heat for 5 to 7 minutes.

2. Add the remaining ingredients, reduce the heat to medium-low, and cook for 1 hour, or until the chili has thickened, stirring occasionally.

Note: Add a little hot pepper sauce or cayenne pepper if you like a spicier chili. Serve in bowls topped with all the classic chili fixin's like shredded cheese, sour cream, chopped onion, or sliced jalapeno peppers.

Enjoy

OUR GOAL:

TO KEEP YOUR #1 HEALTHY.

Dr. Amit Parikh, D.O.
Board Certified Family Practice
Fellowship Trained Sports Medicine

281-373-9400

14315 Cypress Rosehill Road
Suite 180 • Cypress, TX 77429

Broad spectrum of sports medicine services including: treatment of acute and chronic musculoskeletal injuries, management of medical problems in athletes (e.g. asthma, diabetes, heart disease, etc), education regarding injury prevention and performance enhancement, pre-participation screenings and physical exams.



Houston Center for Family Practice & Sports Medicine

Comprehensive Primary Care & Sports Medicine for infants, children, adolescents, and adults.
Comprehensive Dermatology Service Available.

Schedule your appointment today!

STRONG Vision Center

281-373-3063

- **TWO Full Time Doctors**
- Thorough Adult & Childrens Eye Exams
- Treatment of Eye Disease/Infection
- Large Selection of Glasses & Contact Lenses
- Most Vision Insurance Accepted
- Free Lasik Consultation
- Board Certified Opticians
- Oakley & Ray-Ban Sunglasses

Now Featuring Optomap Digital Retinal Photos!



Dr. Jane A.P. Strong (Cypress Resident)
& **Dr. Cassandra Knight**
Therapeutic Optometrists

17445 Spring Cypress @ 290 • Suite G
M/TH/F: 9 - 6 Tues/W: 8-7 Sat: 9 - 3

www.strongvisionctr.com



PEEL, INC.

308 Meadowlark St. South
Lakeway, TX 78734

PRSRST STD
U.S. POSTAGE
PAID
PEEL, INC.

CM



Selling Your Home In Cypress Mill?

*Put the Mike Schroeder Team
to work for you!!*



- Marketing on multiple websites for 24/7 exposure of your home.
- The Mike Schroeder Team has over 30 years of combined real estate experience.
- Honored by the Houston Business Journal as one of the top 25 residential Real Estate Teams in the city
- Flexible commission plans

Cypress Mill Year-to-Date Sales Report

	July '11	Aug '11	Sept '11	Oct '11	Nov '11	Dec '11	Jan '12	Feb '12	Mar '12	Apr'12
\$201,000 and above	0	0	0	1	0	1	0	0	0	0
\$176,000--\$200,999	0	3	2	0	1	0	0	0	0	1
\$151,000--\$175,999	2	2	0	1	1	3	2	1	0	1
\$141,000--\$150,999	0	0	0	1	0	0	0	2	0	1
\$121,000--\$140,999	0	0	0	0	0	0	0	1	3	2
\$101,000--\$120,999	0	0	0	0	0	0	0	1	1	0
\$100,000 and below	0	0	0	0	0	0	0	0	0	0
Total	2	5	2	3	2	4	2	5	4	5
Highest \$/sq ft	\$105.13	\$117.36	\$112.30	\$112.27	\$112.27	\$108.92	\$109.27	\$76.65	\$69.74	\$81.82

**Looking for a Career in Real Estate with the #1 Brand in Real Estate?
Call Mike for a Confidential Interview with RE/MAX Preferred Homes.**

Mike Schroeder, ABR, CDPE
Broker-Owner - RE/MAX Preferred Homes
Fightin' Texas Aggie Class of 1989
281-373-4300 (office)
281-373-4345 (fax)
281-705-6385 (cell)
www.mikeschroederteam.com

*“Good isn’t good enough if it can
be better. Better isn’t good enough if
it can be best. We are the BEST”*