

The Harbour

COMMUNITY • CONNECTION • CULTURE

August 2012

Official Newsletter of the Chelsea Harbour Homeowners Association

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YARD OF THE MONTH

The winner for the August Yard of the Month award is 14327 Marina Bay Lane. Everyone who drives down Auckland has the good fortune to pass this beauty. If your usual route is down Mornington it will be worth your while to take a drive past this one. Located four houses from the corner of Marina Bay and Auckland this yard is full of color. We offered two pictures of this house as it looks great from both directions. From the south side you get a peek at the fountain but what really catches your eye are all the beautiful red tones. The red roses under the bay window, the red flowering bush by the front door, the red flowers bordering the sidewalk, and there are even more red flowers under the tree. The lush green vine between the garage and the entrance shows how well this yard is cared for. From the north approach your see what else this yard has to offer. The large sago, the well-trimmed Mexican palm behind what looks like a loquat tree and the cute bright green bushes shaped into balls that lead you to the front door. Walking up to the front door also gives you a great view of the beautiful three tiered Mediterranean fountain. You can enjoy this house coming and going! Thank you to the homeowners for their time and effort in keeping Chelsea Harbour beautiful. This yard demonstrates how, what one homeowner does can impact the entire neighborhood. We all certainly appreciate what this homeowner has created.

If you have a nice yard or think someone else has a nice yard please nominate it for next month's award. E-mail the Beautification Committee with your nomination at beautiful@ chelseaharbourhoa.com . You need to provide the address and homeowner's name if possible. Candidates will be judged solely on the total exterior appearance of their property and front yard as viewed from the street. General upkeep of the yard and property is paramount. Factors shall include the overall appearance, tidiness and neatness of the property. So far all the yards the Landscape Committee has selected as winners have been in section one. We know there are beautiful yards in section two – tell us which ones they are!



14327 MARINA BAY LANE





COMMUNITY CONTACTS

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gratitude is the ke Inlocking The Doors To Treasures In Our Children By Sugandha Jain

Gratitude is an instant mood converter. Gratefulness is the knife that melds impatience to patience, fear to love and anxiety to peace. Enveloped by the clouds of thankfulness, we can soar high in the air of optimism. Our aura is immediately cleansed when we fill our thoughts with praise. Relationships glow under the varnish of a positive expression in mutual affection.

We only have to look around us to realize how blessed we are. Being mindful of the generosity of people, beauty in our surroundings and the uniqueness of our own spirits can help us appreciate our fortunate existence.

Opening ourselves to receiving divine grace that is already a part of our lives makes us acknowledge our own sacredness. We appreciate our oneness with the universe and what we feel as a result, is gratitude on being a part of the whole. We feel love, we feel complete. Modeling gratefulness with our families can help children open their hearts to the love and light in everything they do. Daily writing in their Gratitude Journal can gradually shift children's consciousness to a higher dimension.

Constantly reminding children to see the lessons presented by events instead of sulking on challenges can be an exercise in life-long learning. When we encourage children to make choices, evaluate them and re-choose options that help them feel grateful, we show them how to be free.

Together, we find that our interactions with each other have always been complete; the missing link in the puzzle in seeking out and seeding in the Om of smile- the symbol of thankfulness.

Sugandha Jain is a Master Registered Texas Trainer and Director of Accreditation at a local preschool.



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Back To School Checklist Ensuring a Healthy Return to the Classroom Begins at Home

As a parent, there's no doubt that back-to-school season requires a lot of effort to get your kids all set for the challenges of the classroom. But it's also an important time to consider your child's health, says Daniel Howard, M.D., a pediatrician with The Austin Diagnostic Clinic (ADC).

"From making sure all of the proper vaccinations have been administered on schedule, to getting their kids back on 'school year' sleep schedules, health is obviously a huge consideration for parents with school-age children," Dr. Howard says.

- Vaccinations 101. Children should receive a variety of vaccinations and booster shots to prevent them from getting many serious and highly contagious diseases.
- **Hearing and vision tests.** Consider getting your child's hearing and vision tested before they begin school to prevent learning challenges in the classroom.
- **Health information.** Parents should be prepared to provide schools with a list of emergency contact information that includes telephone numbers for parents, close family, pediatrician, and dentist.
- Diet and sleep. Healthy eating is a critical part of a child's physical

and mental development and can help curb the risk of childhood obesity. Sleep is also essential—kids should get between eight to 11 hours per day, depending on their age.







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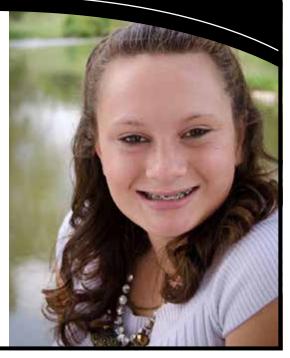


THE HARBOUR

ADOPTION COALITION OF TEXAS



Kelly is a friendly and outgoing young woman. She enjoys playing soccer, basketball and volleyball; Kelly also participates in her school FFA and adores animals. She enjoys swimming and has told her caseworker, that she doesn't care if it is a lake, river or swimming pool, she wants to swim. With her current foster family, she enjoys going to the swimming pool, shopping, eating out, rodeos, vacation bible school, church, youth group, dances, and a variety of other community and school events. Kelly thrives in any situation where she is given the attention that she needs, but freedom to be a teenager. She would do best in a home where her adoptive parents can give her the attention and proper guidance she requires. Kelly needs a good role model and a structured setting. For more information contact Grace Lindgren at the Adoption Coalition of Texas at (512) 810-0813 or gracelindgren@adopttexas.org



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