

# ATASCOCITA Forest

OCTOBER 2012

The Official Publication of The Atascocita Forest Homeowners Association

VOLUME 1, ISSUE 10

## Additions to Atascocita Forest

The AFHOA board is continually trying to improve the community for our residents. We have recently installed a large canopy at the pool to shade a partial area for your family's enjoyment.

We also invite you to use the walking track located at the back of the pool and also the picnic areas at the front of the Recreation area.

We hope you enjoy these new additions to our neighborhood.

*Thanks,  
AFHOA Board*



# Happy Halloween!



## COMMUNITY CONTACTS

### BOARD MEMBERS

Ric Halbrook, President ..... ric@atascocitaforest.org  
 Russell Lilley, Vice President.....russell@atascocitaforest.org  
 Bill Wisenbaker, Treasurer ..... billw@atascocitaforest.org  
 Tom Meyers, Trustee ..... tom@atascocitaforest.org  
 Bill Shepard, Trustee ..... bills@atascocitaforest.org

### MANAGEMENT COMPANY

Pam Valentine, CAM .....  
 ..... pvalentine@communityassetmanagement.com

### EMERGENCY INFORMATION

**Fire, Medical or Life Threatening Emergency ..... 9-1-1**

P-4 Constable Dispatch..... 281-376-3472

Humble ISD Police (Schools)..... 281-641-7900

Atascocita Volunteer Fire Dept (AVFD)

*Non-Emergency Number* ..... 281-852-2181

Harris County Animal Control ..... 281-999-3191

Texas Poison Control Center ..... 800-222-1222

### UTILITIES

Electric, (multiple providers) ..... www.powertochoose.org

*Power Outages* ..... 713-207-7777

*Street Light Outages* ..... 713-207-2222

Gas, Centerpoint Energy ..... 713-659-2111

*Gas Leaks* ..... 713-659-2111

*Call Before You Dig*..... 811

Trail fo Lakes MUD ..... 713-405-1750

Aggressive Waste..... 713-631-1900

Humble Post Office..... 281-540-1775

### SCHOOLS

Humble ISD ..... 281-641-1000

*Website* ..... www.humble.k12.tx.us

Whispering Pines Elementary..... 281-641-2500

Humble Middle School..... 281-641-4170

Humble High School ..... 281-641-6300

### NEWSLETTER INFORMATION

Editor - Bill Shepherd ..... afhoawshepard@aol.com

Publisher, Peel, Inc. .... 888-687-6444

Advertising..... advertising@PEELinc.com

## Business Classifieds

**MRS. V's HOMEMADE PIES** – You name it and I can make it! Order early for the holidays! \$10 and up. 281-454-7103 or 713-305-7428.

### Classified Ads

**Business classifieds** (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales at 888-687-6444 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

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**References Available • Fully Insured**  
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# I WATCH

## WHAT IS IWATCHHARRISCOUNTY?

iWatchHarrisCounty is a virtual crime watch that you and your neighbors can use to report behaviors and activities that make you feel uncomfortable or do not look right.

## WHAT DOES IT DO?

Like traditional neighborhood crime watches, your awareness reported to the police can help solve crimes or even prevent a terrorist attack.



## WEB SITE:

[iwatchharriscounty.com](http://iwatchharriscounty.com)



## Do Not Dispose

Attention Residents: Please **DO NOT** dispose of the following items with your household garbage:

- human/animal waste
- hazardous waste
- motor oil
- cooking oil
- flammable materials
- paint
- auto parts
- batteries
- tires
- rocks
- concrete
- sand
- gravel
- dirt
- construction debris
- large pieces of glass

# ADVERTISE YOUR BUSINESS TO YOUR NEIGHBORS

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## LOST AND FOUND PETS

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Visit them today at [atascocitapets.org](http://atascocitapets.org) or on Facebook.



## Do you know what to look for in an Emergency Room?

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Spring Cypress at Skinner Road  
**281-304-9113**

**ATASCOCITA**  
19143 W. Lake Houston Parkway  
W. Lake Houston Pkwy at FM 1960  
**281-540-9113**

## Easy Catfish Tacos

PREPARATION TIME: 5 minutes

BAKING TIME: 20 minutes

SERVINGS: 12

### INGREDIENTS

- 1 package (13 ounce) frozen H-E-B Great Catch Breaded Catfish Strips
- 3 cups shredded red cabbage
- 12 corn tortillas

### EASY CHILI REMOULADE SAUCE

- 1/2 cup H-E-B Great Catch Creole Mustard Sauce
- 1/2 teaspoon Gebhardt Chili Powder
- 1/3 cup chopped green onions

### COOKING STEPS

1. Heat oven to 475°F. Cover a large baking sheet with foil for easy clean up.
2. Bake catfish according to package directions. Cool slightly, then cut strips into 1-inch pieces.
3. While fish cooks, combine remoulade sauce ingredients in a small bowl and set aside. Heat tortillas, a few at a time, in a hot, dry skillet or in the microwave, wrapped in a clean towel.
4. To assemble tacos, spread 2 teaspoons remoulade sauce on each tortilla; top each with fish pieces and a generous amount of shredded cabbage. Serve immediately.

Serve Easy Catfish Tacos with Black Beans and Wedges of Fresh, Ripe Mango.

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On the NW corner of Atascocita & Will Clayton between Starbucks and Baskin Robbins

# Bullying: What To Watch *Helping Parents Understand the Signs*

Has your child suddenly had declining grades or unexplained injuries? Have they purposely been trying to avoid school? They could be the victims of bullying.

“Bullying is a widespread problem among children, especially teenagers,” says Beth Nauert, M.D., a Texas pediatrician. “Bullying should always be taken very seriously by parents, educators, and the authorities.”

## **BULLYING SIGNS**

Children who are bullied are repeatedly exposed to aggressive, negative actions on the part of one or more other persons, and have difficulty defending themselves, says Dr. Nauert.

Some clear signs of bullying that parents should watch for include:

- unexplainable injuries,
- lost or destroyed clothing, books, electronics, or jewelry,

- feeling sick or faking illness,
- changes in eating habit,
- difficulty sleeping or frequent nightmares,
- not wanting to go to school,
- running away from home.

## **ACTION PLAN FOR PARENTS**

Because children who are bullied may be reluctant to talk about it, parents who suspect bullying should take immediate action to help their children, says Dr. Nauert.

“Parents need to find out from their child who is doing the bullying, whether the bullying was verbal, physical, or cyberbullying, and where and when the bullying is happening,” she says. “They should then speak with their teacher, principal, school administrators, or local law enforcement.”

*October is National Bullying Prevention Month*

**Did you forget the name of that...**



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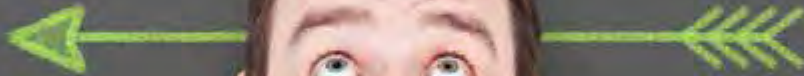
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