

### December 2012

Volume 6, Issue 12

### HOUSTON REPERTOIRE BALLET PROUDLY PRESENTS THE HOLIDAY CLASSIC

## THE NUTCRACKER

Sell-Out Performances Set for December 8 & 9

### WHO:

Houston Repertoire Ballet (HRB), featuring guest artists Bridget Kuhns as the Sugar Plum Fairy and Eric White as the Cavalier, both courtesy of Houston Ballet II, as well as Daniel Woellner as the Snow King, courtesy of Houston Ballet Academy.

### WHAT:

The premier pre-professional ballet company in Northwest Houston proudly presents its 11th annual The Nutcracker performance series. The program attracts and develops some of the finest young dancers in the greater Houston area, with many of the dancers advancing to professional ballet companies throughout the country. HRB graduates can be seen with New York City Ballet, American Ballet Theatre, Miami City Ballet, Pacific Northwest Ballet, Atlanta Ballet, Pittsburgh Ballet Theatre and other prestigious companies.

### WHEN/WHERE:

Saturday, December 8 at 2 pm and 7 pm Sunday, December 9 at 1 pm and 4 pm Tomball High School Auditorium 30330 Quinn Road Tomball, Texas 77375



### TICKETS:

For ticket information, call 281-940-HRB1 (4721) or visit www.hrbdance.org. Cost is \$15 for students and \$18 for all other. The December 9 at 1 pm performance is just Act I and \$10.

### **OUTREACH:**

The dancers of HRB perform excerpts from each production and make costumed appearances at various nursing homes, libraries, group events and at Arts & Education performances. Also, HRB brings two matinee performances to Tomball ISD third grade students, fulfilling the arts component of their curriculum. To schedule an outreach event for your organization, call 281-940-HRB1 (4721).

(Continued on Page 3)

# <u>THE TIMES</u>

## **IMPORTANT NUMBERS**

### **EMERGENCY NUMBERS**

EMERGENCY	
Fire	
Ambulance	
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Cy-Fair Volunteer Fire Dept	

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The Times is a monthly newsletter mailed to all Bridgeland residents. Each newsletter is filled with valuable information about the community, local area activities, school information and more.

If you are involved with a school group, play group, scouts, sports activity, social group, etc. and would like to submit an article for the newsletter you can do so online at www.PEELinc. com or you can email it *bridgeland@peelinc.com*. Personal news for the Stork Report, Teenage Job Seekers, special celebrations, birthday announcements and military service are also welcome. *Our goal is to keep you informed!* 

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### The Nutcracker (Continued on Page 3)

### **ABOUT HRB:**

The Houston Repertoire Ballet (HRB) is a non-profit 501(c)(3), founded by Victoria Vittum and Gilbert Rome, both nationally acclaimed teachers and choreographers who served as its co-artistic directors. Today, Ms. Vittum oversees training and programming with an equal eye to serving the needs of the community. Since 1994, HRB has contributed to the cultural fabric of Harris and Montgomery Counties by providing excellent dance training to the area's young ballet stars and dance educators of tomorrow, while also presenting two high-quality productions annually at affordable prices. The Nutcracker and a Spring Program, introduce area children and their families to the world of classical and contemporary ballet. Today, HRB is considered to be the premiere pre-professional ballet company in the Houston region, and is recognized for sharing its gifts with the community and beyond.

The Nutcracker's brilliant blend of costumes, sets and choreography creates a magical storybook world enjoyed by children and adults alike. With a cast of more than 100 HRB dancers and area children, HRB's masterful production is the highlight of the holidays!

#### **MISSION:**

HRB's mission is dedicated to providing the finest classical ballet instruction, education and performance experience to local gifted students, and to preparing them for a professional career in the world of dance.

HRB also is committed to serving the suburban Houston region with high-quality theatre productions that educate, engage and entertain residents of all ages and perpetuate their appreciation of dance as an art form.

\*\* Bridget Kuhns and Eric White appear courtesy of Houston Ballet II, official second company of Houston Ballet, Stanton Welch Artistic Director.

\*\* Daniel Woellner appears courtesy of Houston Ballet Academy, official school of Houston Ballet, Stanton Welch Artistic Director.

Major funding for HRB is provided by Houston Endowment, Inc. and ConocoPhillips. Additional support comes from ExxonMobil and Marathon.

The School Outreach Arts and Education Program is sponsored by Target. The Nutcracker is hosted by Tomball-The Regional Arts Council.



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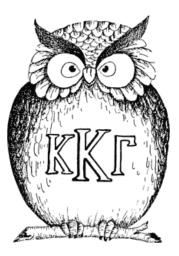
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## **Aggie Moms**

Aggie Moms won't ask you to wear a funny hat, learn a secret hand shake or give a speech. We simply help you help your student reach graduation day. Visit our website www. nwhcaggiemoms.org. Open our General Meeting link to see the speakers we have lined up for this year. Come as a guest and leave as a member.

Aggie Moms, as an organization, encourages parents to become familiar with A&M during their student's freshman year instead of waiting for graduation to visit as is the custom on other university campuses. The path to graduation can be a challenging journey; don't go it alone. Northwest Harris County Aggie Moms has been here for 25 years and we're committed to helping your student and you enjoy the TAMU experience.





### KAPPA KAPPA GAMMA Alums Of Houston NW

Come join your sisters this Month with our Ornament Exchange Social on the evening of Thursday, December 6th.

For more information on this or future events & membership please contact Natalie Bunton at gnat02@gmail.com or 832-717-3294.



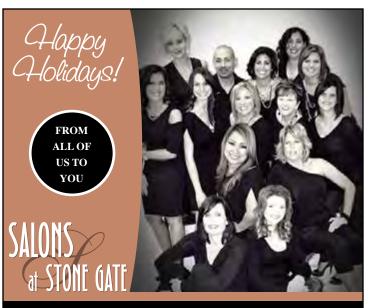
Women Serving the Community Submitted by Rosie Serrary

We had a blast during our November general meeting! We created our own floral centerpieces with guidance from HEB and in December, we are looking forward to an enjoyable time at our annual Holiday Party. We are all geared up and looking forward to 2013, so make sure you come join us next year! Happy Holidays!

CWC is a service organization that gives back to the community. This means that all funds raised will go

right back to the community in the form of scholarships for graduating high school seniors, at Lone Star College, Cy-Fair and grants to other non-profits in our community, as well.

Membership into the Cy-Fair Women's Club is open to



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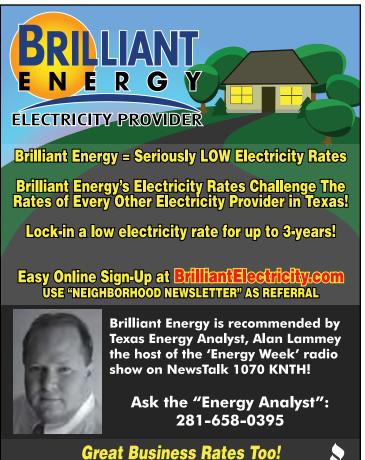
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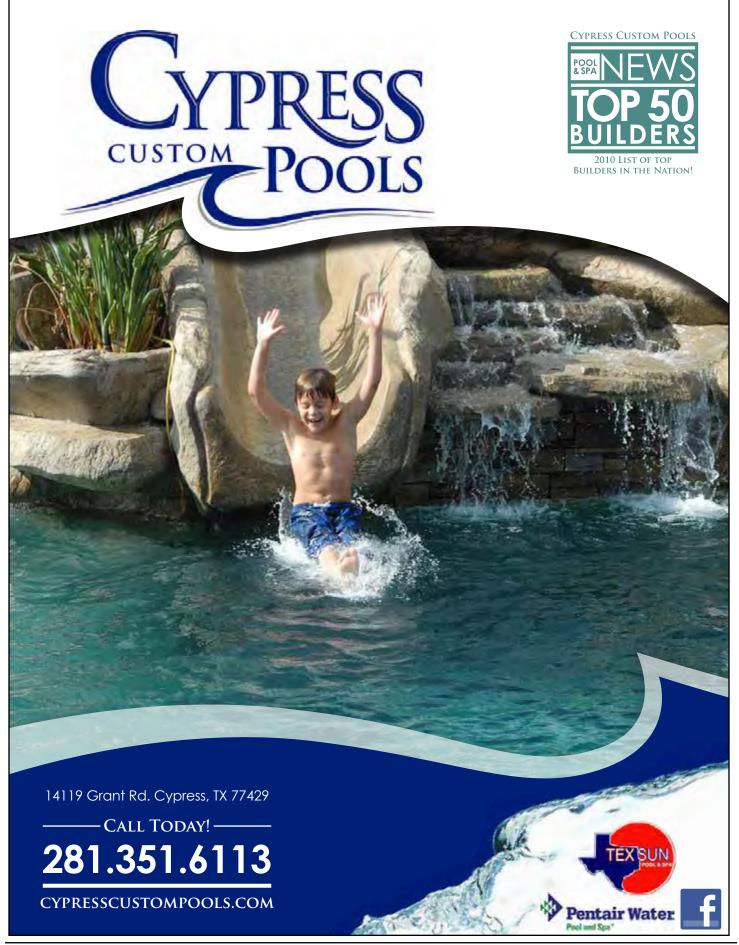
all ladies in Northwest Houston/ Cypress neighborhoods. Currently we meet the first Thursday of most months at West Houston Church of Christ. Our meetings begin with social time and refreshments at 7:00p.m. immediately followed by a program at 7:30p.m. The church is located at the corner of Queenston and West Road.

Our monthly meetings are not only educational and enjoyable, but they develop lasting fellowships. We

look forward to meeting you there! If you have any questions about our club or need directions to the church, please contact Susan McLeroy, Membership Chair at cyfairwomensclub@ gmail.com.



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### Hockley Community Center December 2012 Special Events

In addition to Hockley Community Center's regularly scheduled activities such as knitting, quilting, oil painting, yoga, stretch-andtone exercise, Bridge, Canasta, Spades and domino games, the center will offer the following special events in December 2012. Advance registration is typically requested, and an adult must accompany and remain with anyone under the age of 18 visiting the center. The Community Center is a Harris County Precinct Three facility located at 28515 Old Washington Road in Hockley.

A calendar of events is available at the Harris County Precinct 3 website at www.pct3.hctx.net. For more information, call (936) 931-5030.

### **BEGINNER BRIDGE**

Beginner Bridge will be taught each Monday in December from 1:00 – 3:00 p.m. at the Hockley Community Center, 28515 Old Washington Road. This is just the right opportunity to learn to play Bridge, free of charge. Call (936) 931-5030 for more information.

### MONTHLY SUPPORT GROUP

A Monthly Support Group is meeting at the Hockley Community Center, 28515 Old Washington Road, on Monday, December 3rd, from 10:00 - 11:30 a.m. It is a safe place to go and share experiences, receive strength and understanding and meet people with similar concerns. Newcomers are always welcome. Call (936) 931-5030 for more information.

### **BOOK DISCUSSION GROUP**

Join the Book Discussion Group on the first Thursday of each month at the Hockley Community Center, 28515 Old Washington Road, 1:30 - 3:00 p.m. The book to be discussed on December 6th is 'While Mortals Sleep' by Kurt Vonnegut. Call (936) 931-5030 for more information.

### STOP STRESS DAMAGE WORKSHOP

Stop Stress Damage, a workshop by Louise Stiedle Hayes, Ph.D., is coming to the Hockley Community Center, 28515 Old Washington Road, on Wednesday, December 5th, from 10:30 a.m. – 12:00 p.m. Learn about the damaging effects stress can have on the body and the brain and about ways to stop the damage of stress. Call (936) 931-5030 for more information and to sign up for this free program.

### WELLDERLY PROGRAM: WINTER COMFORTS

'Winter Comforts', one of the Wellderly Program's seminars for senior citizens, their families and caregivers is coming to the Hockley Community Center, 28515 Old Washington Road, on December 12th from 10:00 - 10:45 a.m. Call (936) 931-5030 for details and to sign up for this free workshop.

### SENIOR CITIZEN BUSTRIP

Christmas shopping and the enjoyment of seasonal decorations and light displays will be on the agenda of a Hockley Community Center senior citizen bus trip to The Woodlands and Magnolia on December 13th. Bus departure time will be 9:00 a.m. For more information, call (936) 931-5029.

### Northwest Flyers Youth Track Club Registration on Feb 2<sup>nd</sup>

The Northwest Flyers Youth Track Club will celebrate its 26th Anniversary Season by hosting its annual free information / registration breakfast on Saturday, February 2nd, 2013, for all boys, girls and their parents who are interested in joining for the 2013 track season. The breakfast starts promptly at 8:30 AM at the Cypress Creek Christian Community Center Forum located at 6823 Cypresswood Dr., Spring, TX, 77379.

The free breakfast is the opportunity for youth athletes to register for the club's 2013 spring/summer track season, and to meet the Northwest Flyers coaches, staff, and other new and returning athletes. The event will be highlighted by a special presentation from a member of the USA Track & Field Olympic organization. All new parents and athletes interested in joining the Northwest Flyers must attend.

The Northwest Flyers Track Club is a youth (ages 6 -18) track club, affiliated with USA Track & Field (USATF), that provides a full

program of sanctioned "track" events such as sprints, hurdles, middle distance, distance and relays, and sanctioned "field" events such as long jump, triple jump, high jump, pole vault, shot put, discus and javelin. The Northwest Flyers has approximately 285 members. The club was founded 26 years ago by Olympic gold medalist Fred Newhouse to foster the development of youth track & field in the Northwest Houston area.

The Northwest Flyers is a member of the "Win with Integrity" program, a partnership between USATF and the American College of Sports Medicine. "Win with Integrity" brings elite track & field athletes and school-aged kids together to promote healthy lifestyles, keeping active, and living with integrity through the sport of track & field. For additional information on the Northwest Flyers Track Club, please visit the team website at http://www.northwestflyers.org or contact Linette Roach at (281) 587-8442 or linette.roach@sbcglobal.net.

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Pictures!!

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Email the picture to *bridgeland@ peelinc.com*. Be sure to include the text that you would like to have as the caption.

Pictures will appear in color online at *www.PEELinc.com*.



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# **Tennis** Tips

By USPTA/PTR Master Professional Fernando Velasco

### HOW TO EXECUTE THE FOREHAND VOLLEY

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand and a one-handed backhand. In this issue, I will give you instructions on how to execute a forehand volley for a right hander. This stroke is used whenever the player is forced to hit a ball in the air. In these pictures student Camille Palafox demonstrates the proper form and technique. Photos by her husband Charlie Palafox.

**Step 1: Ready Position:** The body is facing the net. The right hand is holding the end of the racket in a forehand grip position and the left hand is next to the right hand. The left hand is holding the racket slightly tighter than the right hand. Feet are a shoulder width apart and the body is in equal balance. For beginners it is okay to use the forehand and backhand grips for the forehand and backhand volleys. As the player gets stronger and the balls come at a faster speed, it will be best to use the continental grip for both volleys.

**Step 2: Back Swing:** Since the volley is usually executed when a player is close to the net and there is very little time to react to the incoming ball, the back swing is very short. The right arm should take a short turn and the head of the racket should align to the flight of the ball. The right wrist should be "cocked" back slightly and the head of the racket should be above the wrist. Eyes are still



focused on the incoming ball. Here I am helping Camille to feel the hand on the racket to tilt back and still keep the head of the racket above her wrist.

**Step 3: Point of Contact:** The right foot is now taking a step forward and the racket is making contact with the ball. It is important to keep the left shoulder closed and not rotate the right hip too early. Flexing the right knee will allow more flexibility to find the proper point of contact and give power to the ball.

**Step 4: Follow Through:** Once the racket has made contact with the ball, the follow through is very short to allow the player to immediately get back to the ready position. The left arm should be close to the body.

Look for in the next Newsletter: The Two-Handed Backhand Volley



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The Cypress Texas Zeta Tau Alpha Alumnae Chapter would like to thank everyone that took a gamble and helped to make our 2<sup>nd</sup> Annual Pink Tie Affair another great success. With the help of sponsors, donors, and the over 170 that attended we were able to raise nearly \$8000 for the Zeta Tau Alpha Foundation in support of Breast Cancer Education & Awareness!!

For your support of

With the support of our community and surrounding area businesses the silent auction provided 44 great baskets, raising over \$4000 alone, along with many great raffle and door prize items! A special congratulations goes out to our 2012 Texas Hold'em Tournament champion, Adam Brashier, and the High Roller of the evening, Bruce Newton! Both Adam and Bruce took home great prize baskets we are sure they will enjoy! Check out event photos at

http://bellanovafoto.smugmug.com/Zeta2012/Zeta-Casino-Night-2012

Thank you again for your support in the fight against breast cancer! Don't forget to mark your calendars for the 3<sup>rd</sup> Annual Pink Tie Affair in October 2013!

KBenefiting Breast Cancer Education and Awareness thru the Zeta Tau Alpha Foundation

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\$451,000\$499,999	0	1	1	0	1	0	1	0	1	0
\$351,000\$450,999	2	6	1	3	9	5	8	2	5	4
\$276,000\$350,999	0	4	4	8	6	6	6	7	7	4
\$231,000\$275,999	0	4	6	4	3	4	5	3	3	1
\$201,000\$230,999	0	3	3	2	4	7	2	2	1	0
\$200,999 and below	0	2	1	2	1	1	2	0	1	1
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RE/MAX Preferred Homes would like to wish everyone a Merry Christmas and Happy New Year