



LAKES

ON ELDRIDGE

Volume 12, Issue 1
January 2013

Official Newsletter
www.lakesoneldridge.net

TRAVEL THE WORLD WITHOUT LEAVING YOUR HOMETOWN

Host a Foreign Exchange Student

By Vicki Odom

Who hasn't dreamed about walking among the Egyptian pyramids, or soaking in the sun on a beach in Spain, or wandering along the Great Wall of China? Every parent wants to give their children a taste of the world, but the economic reality of international air travel for a family, not to mention hotels, passports and food, makes it tough for most of us to consider except in our daydreams.

There is a way to give your children the world - without leaving your living room. How? Host a foreign exchange student from a country you've always admired! Fascinated by France? Curious about China? Intrigued by India? By welcoming an international student from one of these countries into your home, you instantly open a portal to a far off land.

Foreign exchange students come from all over the world. Ayusa matches host families with students from more than 60 different countries including Argentina, China, Ecuador, Egypt, France, Germany, Japan, Lebanon, Norway, Pakistan, Sweden, Thailand, Tunisia and Turkey. All high school foreign exchange students are fully insured, bring their own spending money, and are proficient in English - and all high school exchange programs are regulated by the U.S. Department of State.

"We welcome host families of all shapes and sizes - families with young children, families with no children, empty nesters whose children have left home, single parents and non-traditional families," says Heather Wells, Regional Director of Ayusa, a non-profit that promoting global learning and leadership through foreign exchange and study abroad opportunities for high school students. "The key requirements for a host family are to provide a safe and nurturing home environment, genuinely love children, and have a desire to learn more about a different culture."

Volunteer host families provide foreign exchange students a nurturing environment, three meals a day and a bedroom (either private or shared with a host sibling of the same gender). Each host family and student is supported by a professionally trained community representative who

works with the family and student for the entire program. All interested host families must pass a criminal background check and a home visit by an exchange organization.

Interested host families are required to fill out an application, pass a background check and interview with a local exchange program representative in their homes. Once accepted to a program, host families can view profiles of students to find the right match for their family.

"Hosting an exchange student is a life-changing experience - for the student, the host family, and the host community," says Wells. "There is no better way to teach your children about the world around them than through welcoming an international high school student into your home."

Ayusa is currently accepting applications for families to host an exchange student for the 2013 - 2014 school year. For more information about hosting a high school foreign exchange student, please contact Ayusa at 1.888.552.9872 or by visiting the website at www.ayusa.org.



Lakes on Eldridge

IMPORTANT NUMBERS

AMI.....	713-932-1122
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Waterfowl, Betty Burkett.....	713-302-9929
Sheriff - (non-emergency).....	713-221-6000
Cy-Fair Fire Department - (emergency).....	281-466-6161
(non-emergency).....	281-550-6663
Poison Control.....	1-800-764-7661
Texas DPS.....	713-681-1761
Waste Management.....	713-695-4055
(trash collection Mondays & Thursdays)	
SouthWest Water Company.....	713-405-1750
Harris County Tax Office.....	713-224-1919
Reliant Energy.....	713-207-7777
CenterPoint (gas).....	713-659-2111
Center Point (street light).....	713-207-2222
(give pole # of street which is out)	
Comcast.....	713-341-1000
Houston Chronicle.....	713-220-7211
Metro Transit Info.....	713-635-4000
Kirk Elementary.....	713-849-8250
Truitt Middle School.....	281-856-1100
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LOE BOARD OF DIRECTORS

To contact a member of the Board of Directors, call Richard Lowstetter with AMI at 713-932-1122. Leave the number where you can be reached. Your message will then be forwarded onto one of the following board members:

Carlton Thorpe.....	President
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Visit the Association Website: www.lakesoneldridge.net



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Texas Stallions

YOUTH OUTDOOR TRACK AND FIELD INFORMATION BRIEFING

Come Run, Jump and Throw with us!

The Texas Stallions Track Club will host information meeting for its youth outdoor track and field season on February 7, 2013, at 6 p.m. in the B. F. Clark Community Building at Southwell Park, located at 27419 Nelson St, Spring, Texas 77373. Light refreshments and registration begin at 5:45 p.m. Prospective athletes and their parents will receive an overview of the sport, team philosophies, and the season may. There will also be an opportunity to visit with the coaches and obtain information and have your questions answered about participating in the Spring/Summer season of track and field. The Stallions is a youth track and field program that develops youth runners, jumpers, and throwers and emphasizes the importance of fitness, a healthy lifestyle, and living a life of "Dedication, Determination and Discipline"! The Stallions offers youth athlete ages 6 – 18 the opportunity to learn about and train in different events in track and field and provides the opportunity to compete on a local, regional and national level. To learn more, visit us online www.texasstallions.org or contact Rosario Scheerhorn at (832) 415-0568, ext 105 or via email at registrar@texasstallions.org.

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Lakes On Eldridge Vandalism Information

Several instances of vandalism were reported over the Thanksgiving holiday. The Board of Directors of the LOE Homeowners Association takes these matters very seriously and has been undertaking efforts to address periodic vandalism in our neighborhood. A recent study of criminal activity in our neighborhood that was presented at the Annual Meeting on November 7, 2012 shows that crime is very low compared to other nearby non-gated neighborhoods, but to the extent we have a problem, it occurs when school is out of session. The Board voted to increase the annual fee this year to expand the patrol service during times when school is out of session.

The extended patrols were implemented during the Christmas school break. A neighborhood watch program is being organized and many volunteers will be needed for this. The Board is also open to other ideas to address this and other problems in the neighborhood. We live in a great place and together we can keep it great.

In the event you witness any type of vandalism or crime, please follow the following steps:

Contact the sheriff - call 911 or 713-221-6000

Obtain documentation - pictures or video, license number of vehicles, etc.

Contact the front gate -713-937-8825. If a patrol person is on duty, they will also investigate.

Please know that our gate personnel and our patrol personnel serve as deterrent to crime. The patrol officers are not armed and cannot make arrests. The patrol officers are helpful in discouraging crime and in gathering evidence, but cannot be expected to actively engage a criminal. As discussed in our annual meeting, our incidents are extremely low compared to other nearby non-gated communities. The full presentation slides are available on our website www.lakesoneldridge.net.

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Lakes on Eldridge

1st Annual Wildcat Golf & Gaming Tournament

The tournament, sponsored by the Tomball Memorial Athletic Booster Club, will take place Sunday, April 07, 2013, 12:30PM, at Gleannloch Pines, 19999 Champion Forest Dr, Spring TX, 77979.

The Tomball Memorial Athletic Booster Club (TMABC) is the ALL sports booster club for the newest addition to the Tomball ISD, Tomball Memorial High School. The sole purpose of TMABC is to assist, promote and help support ALL athletic teams and athletic programs at TMHS. We honor all TMHS athletes with annual recognition events, provide scholarships for senior athletes of current Family/Individual members, and supplement the athletic department budget by helping coaches purchase "wish list" items.

This is NOT your ordinary golf tournament! Golfers will enjoy 18 holes on Gleannloch Pines well-manicured fairways, participating in contests for long-drive contests, hole-in-one on all par 3's, and our special Wildcat Hole. We'll even help you shave a stroke at the buy-a-drive hole! Gamers will experience a double elimination NCAA style basketball tournament delivered by CurbGames.com using the latest Xbox console. These 2 player teams will go head-to-head vying for the top three spots. There will also be hourly golf lessons and free games as you wait for your next challenger.

Not a golfer or a gamer? You can still participate by volunteering, donating auction and raffle items, and/or participating in one of our sponsorship opportunities. For more information on how you can sponsor or participate visit our website www.tomballmemorialabc.com, or email tmabcinfo@gmail.com.



LOE 2013 Spring Bible Study

Lakes on Eldridge Bible study will begin a new study on January 15, 2013. Does that even seem possible? 2013 already? The Bible tells us that events and times will rapidly increase as the time of the new beginning approaches. Knowing God's word and listening for His voice (heard with the heart, not the ears) is critical. Our new study, written by Sharon Jaynes, deals with how God speaks to us, recognizing His voice, things that block our hearing, preparing to listen, and the blessings of listening. We hope you will join us for this new study. Lakes on Eldridge is located between Tanner and Clay Roads on Eldridge Rd. Come through the gate, Turn right at the stop sign, then left at the next stop sign and you are at the Beach Club where we meet every Tuesday at 9:15 for coffee, fellowship, bible study and prayer. If you would like additional information, or would like to purchase a book for \$12.00 in advance of the meeting, email Stephanie at mrstjl10179@gmail.com or call 713-560-0042. We look forward to seeing you next year.

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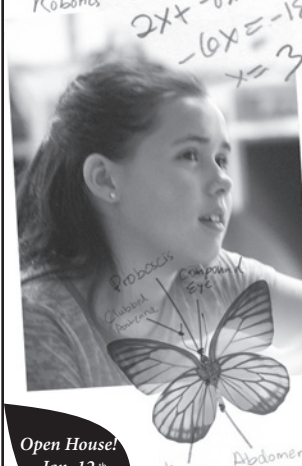


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Lakes on Eldridge

Book Club

Book club had a great year in 2012 and is looking forward to our selections for 2013. We are trying a genre new for us this year—SciFi/Fantasy—as well as adding in a classic. Consider joining us on the 4th Monday of each month at 7:30 P.M. We take turns hosting the meeting, so please contact celeste.fritz@gmail.com to get the details for each meeting.

Here is our tentative schedule for 2013 so far:

January 28th - Beautiful Ruins by Jess Walter. The acclaimed, award-winning author of the national bestseller *The Financial Lives of the Poets* returns with his funniest, most romantic, and most purely enjoyable novel yet. Hailed by critics and loved by readers of literary and historical fiction, *Beautiful Ruins* is the story of an almost-love affair that begins on the Italian coast in 1962...and is rekindled in Hollywood fifty years later.

February 25 - *The Eye of the World* by Robert Jordan. Still think Robert Jordan is the hero of Hemingway's *For Whom the Bell Tolls*? Not sure what all the hype's about? If you've yet to experience the magic, mystery, excitement, and splendor of Robert Jordan's spectacular *Wheel of Time* fantasy series, now's your chance to get hooked, as have millions of fans worldwide. It all began with *The Eye of the World*, which launched the complex, spellbinding adventures of Rand, Egwene, Moiraine, Lan, and so many others.

March 25 - *The Catcher in the Rye* by J. D. Salinger. Ever since it was first published in 1951, this novel has been the coming-of-age story against which all others are judged. Read and cherished by generations, the story of Holden Caulfield is truly one of America's literary treasures. Salinger's classic coming-of-age story portrays one young man's funny and poignant experiences with life, love, and sex.

April 22 - *Coyote* by Allen Steele. Allen Steele's *Coyote* is reminiscent of science fiction classics like Isaac Asimov's *Foundation* series and Arthur C. Clarke's *The Songs of Distant Earth*. After stealing a starship full of political refugees, Captain Robert E. Lee and his crew travel to a distant planetary system with a habitable moon (named *Coyote*) with the dream of starting a colony free from governmental and social oppression.

May - TBD

June 24 - *The Casual Vacancy* by J. K. Rowling. Harry Potter fans waited nearly six years for J.K. Rowling's next book, and debates about its merits will probably persist for at least another decade. For those not disturbed by Rowling's first venture into adult fiction, *The Casual Vacancy* has earned praise as "a richly people, densely imagined world...intelligent, workmanlike, and often funny."

SUDOKU

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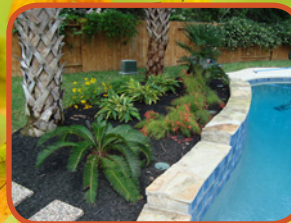
View answers online at www.peelinc.com

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The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

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Welcome to a Seller's Market!



2012 was the best year for real estate since 2007. Rising employment caused buyer demand to soar. Excess inventory was absorbed in the market and we experienced double-digit declines in inventory. Most areas in Houston are now considered to be a Seller's Market.

If you have considered moving, please contact us for an update on current market values.

2013 may be your year to make a move.

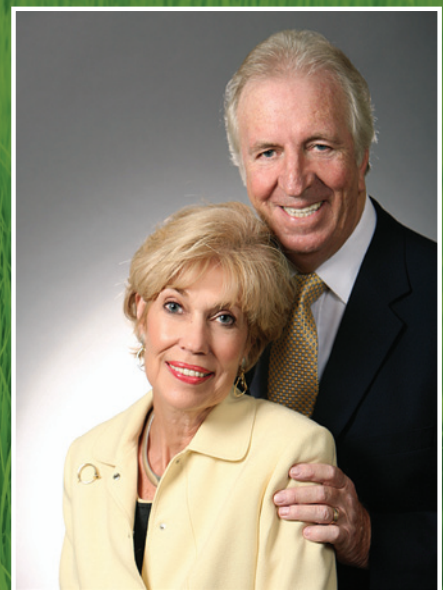
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Lakes on Eldridge

Northwest Flyers Youth Track Club Registration on Feb 2nd

The Northwest Flyers Youth Track Club will celebrate its 26th Anniversary Season by hosting its annual free Registration/Information breakfast on Saturday, February 2nd, 2013, for all boys and girls who are interested in joining for the 2013 track season. The breakfast starts promptly at 8:30 AM at the Cypress Creek Christian Community Center Forum located at 6823 Cypresswood Dr., Spring, TX, 77379.

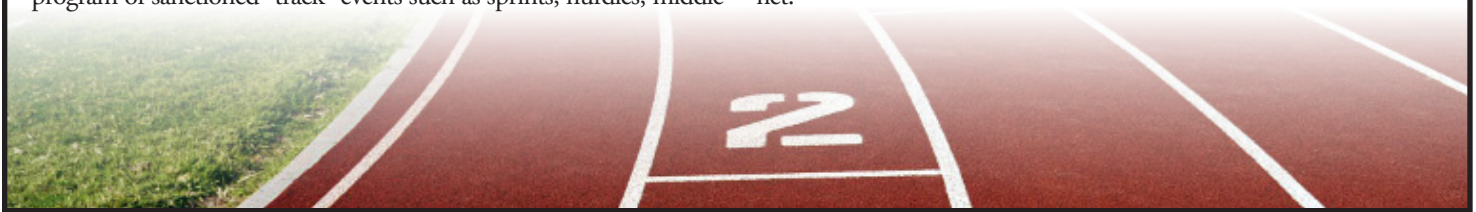
The free breakfast is the opportunity for youth athletes to register for the club's 2013 spring/summer track season, and to meet the Northwest Flyers coaches, staff, and other new and returning athletes. The event will be highlighted by a special presentation from a member of the USA Track & Field Olympic organization. All new parents and athletes interested in joining the Northwest Flyers must attend.

The Northwest Flyers Track Club is a youth (ages 6 -18) track club, affiliated with USA Track & Field (USATF), that provides a full program of sanctioned "track" events such as sprints, hurdles, middle

distance, distance and relays, and sanctioned "field" events such as long jump, triple jump, high jump, pole vault, shot put, discus and javelin. The Northwest Flyers has approximately 285 members. The club was founded 26 years ago by Olympic gold medalist Fred Newhouse to foster the development of youth track & field in the Northwest Houston area.

The Northwest Flyers is a member of the "Win with Integrity" program, a partnership between USATF and the American College of Sports Medicine. "Win with Integrity" brings elite track & field athletes and school-aged kids together to promote healthy lifestyles, keeping active, and living with integrity through the sport of track & field.

For additional information on the Northwest Flyers Track Club, please visit the team website at <http://www.northwestflyers.org> or contact Linette Roach at (281) 587-8442 or linette.roach@sbcglobal.net.



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TIME FOR A MARKET UPDATE!

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	# Sold	\$/ft.	# Sold	\$/ft.
3 Bedrooms	5	\$114.04	2	\$135.68
4 Bedrooms	16	\$118.17	33	\$124.84
5+ Bedrooms	2	\$130.51	12	\$135.73
1 Story	5	\$114.45	9	\$128.41
2 Story	18	\$119.42	38	\$128.00
Without Pool	12	\$109.90	28	\$118.60
With Pool	11	\$127.54	19	\$142.05
Built 1990-1999	20	\$116.96	0	\$0.00
Built After 2000	3	\$127.57	47	\$128.08
Never Lived In	0	-	0	-
1500-2000 sq. ft.	0	-	0	-
2000-2500 sq. ft.	2	\$111.50	0	\$0.00
2500-3000 sq. ft.	6	\$116.93	5	\$135.67
3000-3500 sq. ft.	8	\$112.05	17	\$118.43
3500-4000 sq. ft.	1	\$99.61	8	\$125.08
4000-4500 sq. ft.	5	\$132.69	7	\$123.86
4500+ sq. ft.	1	\$137.81	10	\$146.05
Waterfont	1	\$137.81	5	\$145.25
Waterview	3	\$121.70	5	\$144.86
Cul-de-sac	8	\$117.66	11	\$118.66
Other	11	\$116.15	26	\$125.54

All information obtained from HAR mls data.

FACT: In the last 5 months we had the best resale market ever recorded in LOE and LOEN!

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Lakes on Eldridge

CY-FAIR KIWANIS CLUB



Kiwanis wants YOU! The Cy-Fair Kiwanis Club is actively seeking new members who are interested in giving service to improve our community and our world. Visit the Cy-Fair Kiwanis Club and learn about the projects in which its members participate to enrich and improve life for citizens in our community. We sponsor the Key Clubs in the Cy-Fair, Jersey Village, and Katy communities and work with them in service to the Cy-Fair area. Internationally, both Kiwanis and Key Club are participating in the ELIMINATE PROJECT aimed at the eradication of maternal/neonatal tetanus.

Businesses of the community are encouraged to support a representative for membership in Kiwanis. If you work for a business that is oriented toward involvement in community improvement and leadership, suggest to them that you would like to represent that business through membership and involvement in work with Kiwanis. We welcome business and organization representatives as well as individual memberships.

The Cy-Fair Kiwanis Club meets at Hearstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call John Carroll at 281-463-0373, George Crowl at 832-467-1998 or Peggy Presnell at 281-304-7127. We invite you to be our guest at one of the meetings and enjoy the fellowship of Kiwanians from your community as you learn about our organization.

CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club sponsors nine Key Clubs and one Builders' Club in the Cy-Fair School District; sponsors the Kids Triathlon; Girl Scout, Boy Scout, and Sea Scout troops and activities; awards scholarships to outstanding Key Club members in our district; provides assistance to Cypress Assistance Ministries and Bear Creek Ministries; the Houston Food Bank; and many other nonprofit organizations.

12 Lakes on Eldridge - January 2013



2012 & 2013 Holiday Schedule

There will be no refuse pickup service on these holidays:

- Thanksgiving Day – Thursday, November 22, 2012
- Christmas Day – Tuesday, December 25, 2012
- New Years Day – Tuesday January 2013
- Memorial Day, Monday May 27, 2013
- Independence Day - Thursday, July 4, 2013
- Labor Day – Monday, September 2, 2013
- Thanksgiving Day – Thursday, November 28, 2013
- Christmas Day – Wednesday, December 25, 2013
- New Years Day – Wednesday January 2014

Service will resume on the next regularly scheduled collection day. Have a Safe and GREEN Holiday!



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Lakes on Eldridge

Cypress-Tomball Democrats *Host January Monthly Meeting*

The next Cypress-Tomball Democrats monthly meeting will be on Tuesday, January 15th, 2013. It will be held at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 to 9:00 p.m.

January's guest speaker will be Dr. Mark Jones, Chair of the Department of Political Science at Rice University. Dr. Jones will discuss the 2012 election, the 2013 legislative session and the future of party politics in Texas.

All are welcome to attend and to join this growing club, which meets on the third Tuesday of every month. For more information, contact Olga Moya at cytomdems@yahoo.com.



Bunco Junkies



Members of Bunco Junkies meet & play at the LOE Beach Club House on the 1st Thursday of each month from 12 noon until 2 pm. We must have 12 players each month to be able to play. Please speak to your friends & neighbors and ask them to join us in this easy and fun game. Players do not have to be residents of Lakes on Eldridge to play.

For more information contact Catherine Spellings at CTSpellings@aol.com, or call 713-628-7083 or 713-896-1652.

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- Chanukah parties
- Passover Seders
- or simply get together!

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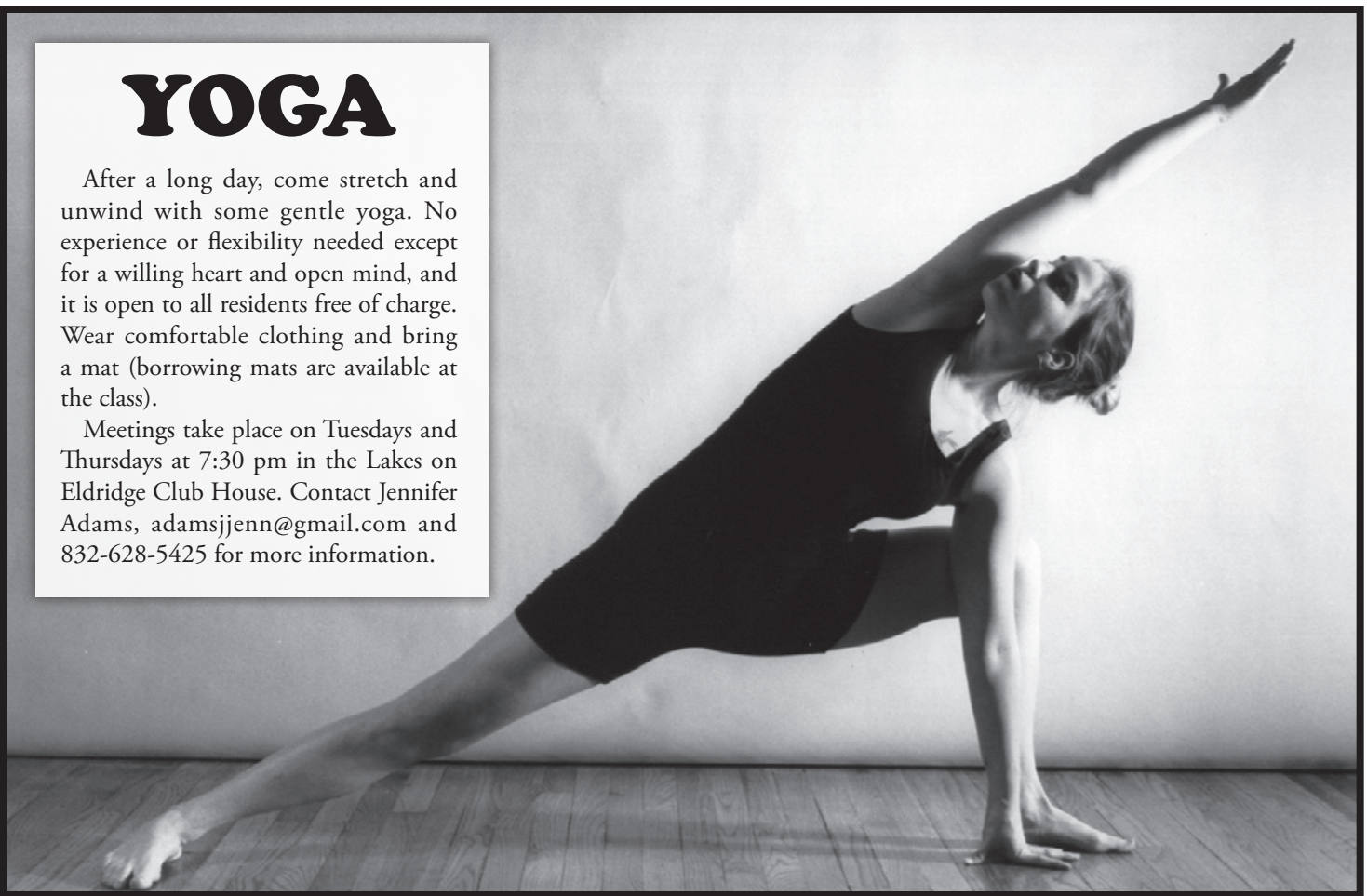
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info@shalomcypress.org.
Or visit our website at
www.shalomcypress.org



YOGA

After a long day, come stretch and unwind with some gentle yoga. No experience or flexibility needed except for a willing heart and open mind, and it is open to all residents free of charge. Wear comfortable clothing and bring a mat (borrowing mats are available at the class).

Meetings take place on Tuesdays and Thursdays at 7:30 pm in the Lakes on Eldridge Club House. Contact Jennifer Adams, adamsjjenn@gmail.com and 832-628-5425 for more information.



Lakes on Eldridge

Stitch & Chat

Members of Stitch and Chat meet every Thursday from 10 a.m. until 12 noon at the LOE Beach Club House. We knit, crochet, do needle point, embroidery, and counted cross stitch, plus mend items and sew on buttons that we have put off much too long. We make quilts for family members, shawls for cancer patients, and caps for newborn babies. We would love to have you join us for coffee and conversation. We would be happy to help you get started on any project that you have always wanted to do.

You do not have to be a resident of Lakes on Eldridge to join us. For more information contact: Catherine Spellings at CTSpellings@aol.com, or call 713-628-7083 or 713-896-1652.



To My Neighbors In Lakes On Eldridge North

My name is Kieran Cassin. I am a Chemical Engineering student at University of Waterloo in Ontario, Canada. I have been a resident of LOEN for 10 years, and have been co-owner of College Bound Fence Pressure Washing and Staining for 6 years.

The course I am enrolled in is a 5 year rotating co-op program consisting of four months of study followed by a required four month internship/work experience in the chemical engineering field.

Currently I am on a study term, and am seeking an internship/work experience situation for January through May of 2013, that would fulfill this required work experience in any aspect of a chemical engineering field.

I will be returning to Houston in mid-December to pursue an internship. I am submitting this letter to our neighborhood newsletter in the event that a resident of LOEN might have or know about an internship or work experience available at their business or elsewhere. I would greatly appreciate any assistance in this endeavor you may be able to provide.

I can be reached at the following email address or phone number. Additionally, questions about internships from the University of Waterloo can be answered by internship director Cathy Lac-Brisley at 1-519-888-4567, ext 37351 or clacbris@uwaterloo.ca.

Thank you.
Kieran Cassin
1-226-972-8593 cell
713-937-3535 home (Houston)
kierancassin@gmail.net - email

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SEND US YOUR
Event Pictures!!

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to News@lakesoneldridge.net. Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www.PEELinc.com.

A Focus On Resolutions

By: *Concentra Urgent Care*

The New Year is a great time to make healthy lifestyle changes. According to the US Department of Health and Human Services, the most common resolutions focus on losing weight, getting fit, quitting smoking, and reducing stress. These are important themes that can reduce your risk of disease. Here are ways you can achieve your goals this year.

LOSING WEIGHT

A weight loss of five to seven percent of your body weight can improve your health and quality of life. It can also help prevent weight-related health problems, like diabetes. Changing your eating habits and increasing your physical activity are keys to successful weight loss and help to maintain optimal weight for the rest of your life. Create a plan for healthy eating and increased physical activity, while taking in fewer calories than you use. Your healthy eating plan should include:

- Taking into account foods you like and dislike
 - A focus on fresh fruits, vegetables, and whole grains
 - Fat-free or low-fat dairy products such as yogurt, cheese, and milk
 - Protein sources such as lean meats, poultry, fish, beans, eggs, and nuts
 - Avoiding saturated and trans fats such as animal fat, butter, and hydrogenated oils
 - Staying away from foods high in sodium and added sugars
- For more information on weight management and improving

nutritional practices, visit the National Institute of Diabetes and Digestive and Kidney Diseases at www.win.niddk.nih.gov/publications/for_life.htm.

GETTING FIT

Regular physical activity for at least 30 minutes each day, or broken up into several shorter periods of 20, 15, or 10 minutes, can help you lose weight, keep it off, and stay fit. It can also improve your energy and mood and lower your risk for heart disease, diabetes, and some cancers. Try some of these physical activities:

- Walking (15-minute miles or 4 miles per hour)
- Biking
- Tennis
- Aerobic exercise classes (step aerobics, kickboxing, dancing)
- Yard work or house cleaning (gardening, raking, mopping, vacuuming)

Taking the first step can be the hardest part. Start slowly, at a level that is comfortable for you and add activity as you go along. Sometimes, it helps to have a friend or activity buddy when you start out. It is recommended that adults get at least two and a half hours of moderate physical activity each week. Strengthening activities, such as pushups, sit-ups, or lifting weights, at least two days per week are also encouraged. For more information on getting fit, visit the President's Council on Physical Fitness and Sports at <http://fitness.gov/>. Happy New Year from Concentra Urgent Care!



Lakes on Eldridge

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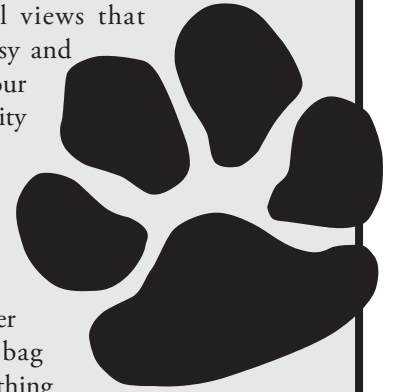
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Please Clean After Your Dog

One of the best things about LOE is the abundance of sidewalks, footpaths and beautiful views that make taking walks an easy and very pleasant break from our frenetic lives. It is a real pity then to come across spots that are starting to look like doggy restrooms...

Please be a good neighbor! When you take your dog for his or her constitutional, bring a bag along and don't leave anything behind, whether it is on a neighbor's lawn or on one of the public areas. We are all counting on each other to keep LOE beautiful!



Lakes of Eldridge *Online*

Join Us For A Chat!

Your LOE Neighbors are gathering on the Internet!

- Meet neighbors by using neighborhood-wide discussion forums
- Organize and learn about events in your neighborhood
- Share recommended businesses and services
- Post Lost and Found notices
- Post photos, links and files

Go to www.i-neighbors.org/77041/LOE to join the LOE i-neighbors Message Board. Be sure to include a message identifying yourself as a Resident of LOE in your request to join.



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