



SGS

Stone Gate Slate

THE OFFICIAL HOA NEWSLETTER
of Stone Gate, Canyon Lakes, Canyon Lake
Villages and Canyon Lakes West

January 2013

Volume 6, Issue 1

2013 STONE GATE & CANYON LAKES WEST COMMUNITY EVENTS



"Egg"stravaganza - Saturday, March 23
Spring Garage Sale - Saturday, April 13
Document Shredding Day - Saturday, April 13
Summer Pool Parties - Saturday, August 10
Fall Garage Sale - Saturday, September 14
Document Shredding Day - Saturday, September 14
Golf Tournament - Monday, September 16
Canyon Gate Night at Astros - TBD
National Night Out - TBD
Ladies Brunch and Trunk Show - Saturday, November 16
Gingerbread House Making - Saturday, December 7
Holiday Yard Decoration Contest - December 8-14
Cookies with Santa - Saturday, December 14

Please contact
 Jennifer Henrie, Director of Community Events at
jenniferhenrie@canyongate.com if you would like to help with
 any of our events!

HAPPY NEW YEAR

Gingerbread House Making

A SPECIAL THANK YOU TO OUR VOLUNTEERS FROM THE
Cy-Fair High School Key Club



IMPORTANT NUMBERS

ON-SITE OFFICES & GATE ATTENDANTS

S-G Clubhouse Office	281-304-7448
S-G Gatehouse	281-256-3620
Splashpad Texas Office	281-213-9777

PROPERTY TAXES

Harris County Appraisal District.....	713-224-1919
Water / Remington MUD #1	281-579-4500
Water / MUD #165	713-932-9011

POLICE & FIRE

Emergency	911
Harris County Sheriff.....	713-221-6000
Precinct #5 Constable	281-463-6666
Cy-Fair Volunteer Fire Station.....	713-466-4073
Texas DPS	281-232-4334
Cy-Fair Medical Center.....	281-890-4285
North Cypress Medical Center.....	832-912-3500
Poison Control.....	800-222-1222

UTILITIES

Electricity (call your provider)

Centerpoint Energy	713-207-2222
Power To Choose	866-797-4839
Gas (Centerpoint Energy Entex).....	713-659-2111

Telephone & Cable

AT & T.....	800-464-7928
AT & T U-verse.....	866-299-6824
Comcast - Cable/High Speed Internet	713-341-1000
Trash Pickup (WCA Waste).....	281-368-8397
Water (Remington MUD #1) (S-G-STES).....	281-579-4500

PUBLIC SERVICE

Harris Co. Animal Control	281-999-3191
Harris County Toll Road Auth	281-875-3279
Voter Registration	713-224-1919
Auto Registration	713-368-2000
Cy-Fair Chamber of Commerce	281-955-1100
Metro Park and Ride	713-635-4000
Lone Star College Library	281-290-3200
Gulf Coast Reg Blood Ctr	713-790-1200

U.S. POST OFFICES

Stone Gate & Canyon Lakes	281-859-9021
Canyon Lakes West	281-373-3372

SCHOOLS

Cy-Fair ISD District Office	281-897-4000
.....	www.cfsd.net

Classified Ads

BUSINESS CLASSIFIEDS (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or advertising@PEELinc.com.

CANYON LAKES WEST & PINE CREEK CONTACTS

Rec Center Office	281-855-0984
CLW Gatehouse.....	281-858-6106
Smith Middle School	281-213-1010
Postma Elementary School	281-345-3660
Hopper Middle School	281-463-5353
Cypress Springs High School	281-345-3000
H2O Consulting/Harris County MUD #165	281-861-6215
Spring Cypress Post Office	281-373-3372
Property Tax: MUD #165	713-932-9011
Gatehouse	281-858-6100

ASSOCIATION'S MANAGEMENT COMPANY CONTACT INFORMATION

Planned Community Management (PCMI) has been contracted by the Board of Directors to manage the day-to-day activities of the community. In order to contact the community's Board of Directors or if residents have concerns, questions about their account, or deed restriction violations to report, please put the information in writing and send via e-mail to Mary Carey at mcarey@stes.com or call PCMI at 281-870-0585.

TO CONTACT THE BOARD:

Please address the Board of Directors via

Mary Carey, PCMI, (mcarey@stes.com)

P.O. Box 219223, Houston, TX 77218, 281-870-0585

HAVE YOU LOGGED IN YET?

WWW.CANYONGATE.COM/RESIDENTS/SG

Features of the Stone Gate & Canyon Lakes West intranet include:

- Email Blasts On Community News & Events
- Resident Directory
- Current Events & Activities
- News
- Official Documents & Forms
- Event Photos and MORE!



NEWSLETTER INFORMATION

Article Submission.....jenniferhenrie@canyongate.com

Advertising.....advertising@PEELinc.com

ADVERTISING INFORMATION

Please support the businesses that advertise in the Stone Gate Slate. Their advertising dollars make it possible for all Stone Gate residents to receive the monthly newsletter at no charge. If you would like to support the newsletter by advertising, please contact our sales office at 888-687-6444 or advertising@PEELinc.com. The advertising deadline is the 8th of each month for the following month's newsletter.

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Gingerbread House Making

Continued from cover



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View answers online at www.peelinc.com

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The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

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www.wendye.scentsy.us

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Tupperware
www.mytupperware.com/kellyrpowell

Velata
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Ginger Hurley
Better Homes and Gardens Real Estate Gary Greene
ABR, CHMS, GRI
713.501.1661
gingerhurley@garygreene.com www.gingerhurley.com



Additional Photos on Page 9

Pet Control

Stone Gate Community has had many loose dogs & cats lately. Please do your part to keep your animals safe and contained on your property.

Please Control Your Pets!

It is a deed restriction violation if your pets are not confined to a fenced backyard or within your home. They must not be allowed to bark all night or cause a nuisance to your neighbors. They must also be on a leash at all times when not in a contained environment. It is also the pet owner's responsibility to keep ALL areas of the community FREE from pet debris when walking your pets. Please remember that cats must also be confined.

Remember that all pets should always wear a collar with ID tag! Pet owners should also consider pet microchips for identification in case your pet loses their collar/ID tag.

Did you know?

There is a Lost Pet Feature to Community Intranet

- Log into www.canyongate.com/residents/sg (login required)
- Click on "classifieds" under Resources located on left side of menu
- Click on "lost & found pets"

You personally can create a description of the lost or found pet as well as add photos. Please include your contact information to speed up communications.



Did you forget the name of that...



Visit here to find **YOUR** local businesses:
www.peelinc.com/businessDirectory



PERFECT TIME FOR COOL SEASON HERBICIDE

It's finally time to use the cool season herbicides I've referred to on the GardenLine radio program. If you know what I'm talking about but just need the names of the products, they are Fertilome's Weed Free Zone and Bonide's Weed Beater Ultra. These herbicides are specific for broadleaf weeds like Clover and Virginia Buttonweed. They will not control any "grassy" weeds. The perfect temperature range for usage of these two cool-season herbicides is roughly between 75 degree highs and 40 degree lows.

But there are some caveats that must be respected for these herbicides to work properly. The one constant in weed control, whether it's a cool season herbicide or a regular post-emergent herbicide, is to use a surfactant. Surfactants help herbicides do their job because most water in our area is considered hard. Hard water tends to just roll off leaf surfaces. There are two ways of adding a surfactant to most herbicides. The simple way is add about a tablespoon per gallon of dish soap to the mix. The professional grade way is to use a relatively inexpensive commercial

surfactant like Hi-Yield's Spreader Sticker or Bonide's Turbo. The other important step would have to be "HOW" it is applied. You should use either a pump-up sprayer or a hand-held trigger sprayer. Avoid the use of Dial-N-Spray hose sprayer because you cannot be as precise with the spray, and over-use of such products on the entire yard can cause a yellowing of the grass. Spot treating is paramount with these controls. There are some concentrates available in a "Ready to Spray" formula that you hook on the end of the hose. If this is the only thing available, concentrate on that spot treatment. That means you've got to be quick on the switch with the ON and OFF lever.

Excerpts from this tip sheet are reprinted by permission from Randy Lemmon at www.randylemmon.com.

GardenLine with Randy Lemmon

Exclusively on NewsTalk 740 KTRH | Sat. & Sun. 6 - 10 a.m.

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PROPERTY MANAGER

Mary Carey is your property manager. Mary can be reached at 281.870.0585 or mcarey@stes.com. Please add Mary to your contact list.

ONSITE OFFICES

Stone Gate Rec Center Office
Monday-Saturday 10:00am-6:00pm
Winter Hours Starting November 5th Monday-Saturday
9:00am-5:00pm
281-304-7448
stonegaterec@att.net
11655 Canyon Green Dr., Houston, TX 77095

Stone Gate SplashPad Onsite Office

Tuesday-Saturday 10:00am-5:00pm (weather permitting)
Winter Hours Starting November 5th Tuesday-Saturday
9:00am-5:00pm
281-213-9777
9901 Red Rugosa, Houston, TX 77095

Canyon Lakes West Rec Center Office

Monday-Saturday 10:00am-6:00pm
Winter Hours Starting November 6th Monday-Saturday
9:00am-5:00pm
281-855-0984
canyonlakeswest@att.net
19722 Stanton Lake Dr., Cypress, TX 77433

Amenity Access

Canyon Lakes West is in the same homeowner's association as Stone Gate and both Canyon Lakes West and Stone Gate amenities can be shared by all residents.

To sign up for Stone Gate amenities, residents of Canyon Lakes West must go to the Recreation Center at Stone Gate and show them a copy of their driver's license to show proof of residency and then they can register there. The two recreation centers are on different computer systems and in order to use the Stone Gate amenities, residents must sign up on their system and vice versa.

REGISTER at ONSITE OFFICES

Stone Gate Rec Center Office
Monday-Saturday 10:00am-6:00pm
Winter Hours Starting November 5th Monday-Saturday
9:00am-5:00pm
281-304-7448
stonegaterec@att.net
11655 Canyon Green Dr., Houston, TX 77095

Canyon Lakes West Rec Center Office

Monday-Saturday 10:00am-6:00pm
Winter Hours Starting November 6th Monday-Saturday
9:00am-5:00pm
281-855-0984
canyonlakeswest@att.net
19722 Stanton Lake Dr., Cypress, TX 77433

SEND US YOUR Event Pictures!!

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to jenniferhenrie@canyongate.com. Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www.PEELinc.com.



Rachael's



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Trunk Show Photos Continued from page 5



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If you would like to know more about an activity or the group, please send an e-mail to stonegaterec@att.net.

Monthly games and/or visiting will be held at the SG Rec Center on the first Wednesday of each month from 1pm-3pm. They also meet every third Wednesday at Sterling Country Club for breakfast at 9 am.



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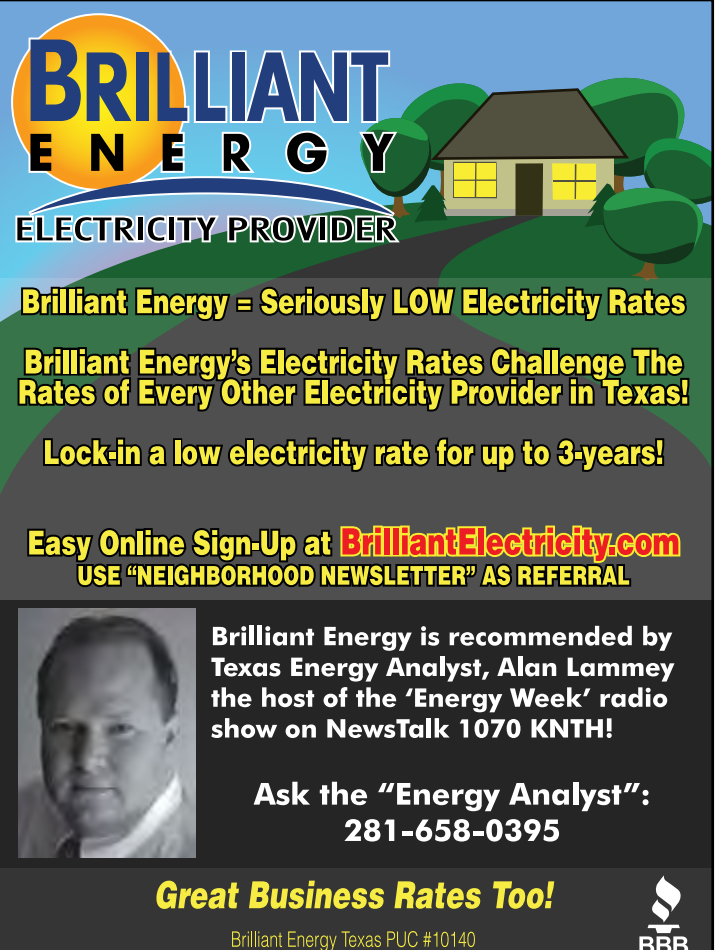


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A Focus On Resolutions

By: Concentra Urgent Care

The New Year is a great time to make healthy lifestyle changes. According to the US Department of Health and Human Services, the most common resolutions focus on losing weight, getting fit, quitting smoking, and reducing stress. These are important themes that can reduce your risk of disease. Here are ways you can achieve your goals this year.

LOSING WEIGHT

A weight loss of five to seven percent of your body weight can improve your health and quality of life. It can also help prevent weight-related health problems, like diabetes. Changing your eating habits and increasing your physical activity are keys to successful weight loss and help to maintain optimal weight for the rest of your life. Create a plan for healthy eating and increased physical activity, while taking in fewer calories than you use. Your healthy eating plan should include:

- Taking into account foods you like and dislike
- A focus on fresh fruits, vegetables, and whole grains
- Consuming fat-free or low-fat dairy products such as yogurt, cheese, and milk
- Protein sources such as lean meats, poultry, fish, beans, eggs, and nuts
- Avoiding saturated and trans fats such as animal fat, butter, and hydrogenated oils
- Staying away from foods high in sodium and added sugars

For more information on weight management and improving nutritional practices, visit the National Institute of Diabetes and Digestive and Kidney Diseases at www.win.niddk.nih.gov/publications/for_life.htm.

GETTING FIT

Regular physical activity for at least 30 minutes each day, or broken up into several shorter periods of 20, 15, or 10 minutes, can help you lose weight, keep it off, and stay fit. It can also improve your energy and mood and lower your risk for heart disease, diabetes, and some cancers. Try some of these physical activities:

- Walking (15-minute miles or 4 miles per hour)
- Biking
- Tennis
- Aerobic exercise classes (step aerobics, kickboxing, dancing)
- Yard work or house cleaning (gardening, raking, mopping, vacuuming)

Taking the first step can be the hardest part. Start slowly, at a level that is comfortable for you and add activity as you go along. Sometimes, it helps to have a friend or activity buddy when you start out. It is recommended that adults get at least two and a half hours of moderate physical activity each week. Strengthening activities, such as pushups, sit-ups, or lifting weights, at least two days per week are also encouraged. For more information on getting fit, visit the President's Council on Physical Fitness and Sports at <http://fitness.gov/>. Happy New Year from Concentra Urgent Care!



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