



LAKES

ON ELDRIDGE
NORTH

Volume 12, Issue 5

May 2013

Come Cheer the LOE Dolphins Swim Team!

The new swim season is finally here, and our enthusiastic swimmers from the nearby neighborhoods are excited to be back in action and are looking forward to their first meet.

We really appreciate the Lakes on Eldridge North and Villages at Lakepointe communities allowing us to use their facilities for practices this season!

Below is the season's calendar for easy reference. For the latest information, go to our website www.loedolphins.org and click on "Meets and Events". All of our meets this year will be AWAY.

MEET SCHEDULE FOR 2013

May 11 – AWAY at Deerfield Village (Time Trials)

May 18 – AWAY at Copperfield

May 25 – AWAY at Jersey Village

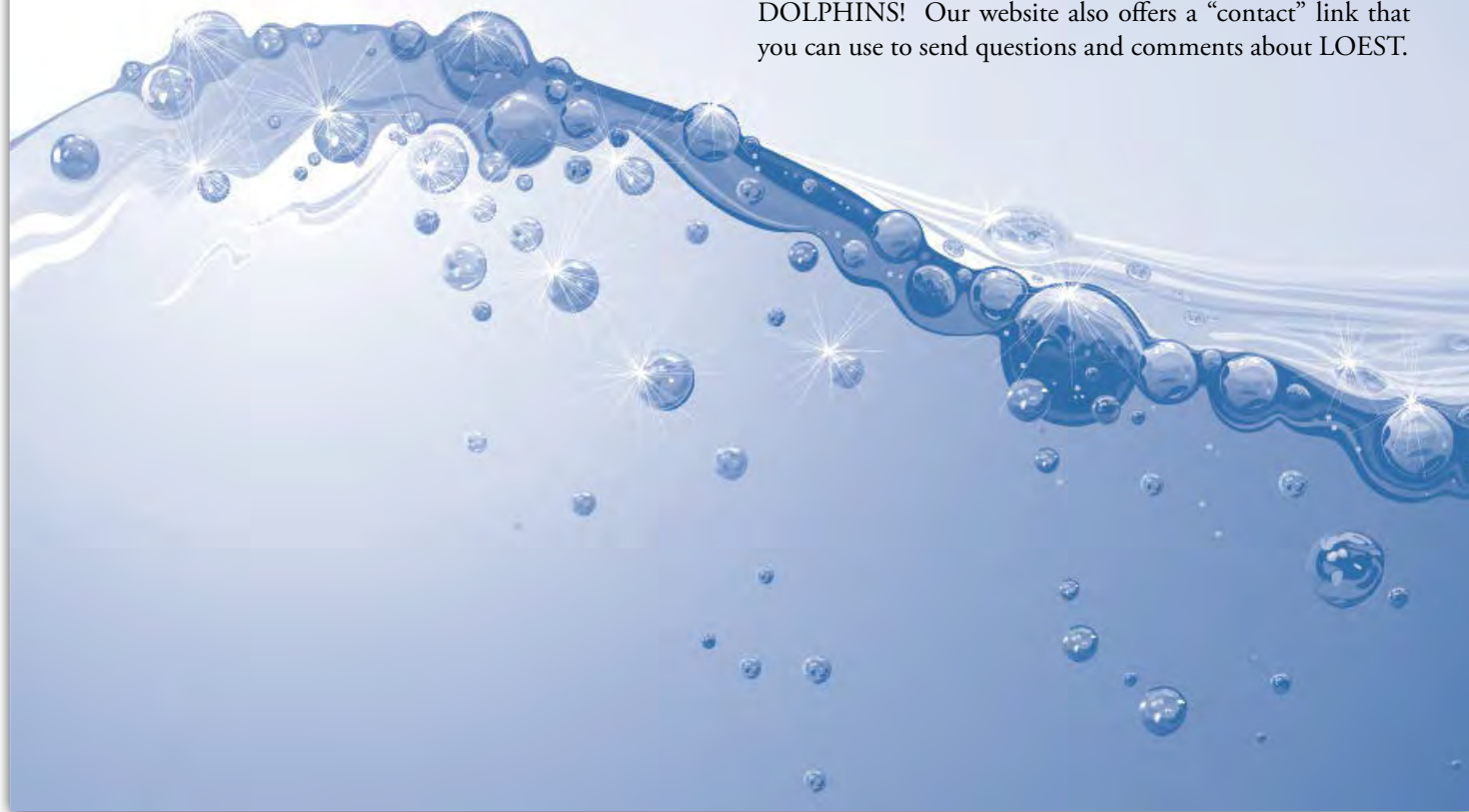
June 1 – AWAY at Lakewood Forest

June 8 – AWAY at Spring Creek Oaks

June 22 – AWAY at Winchester

June 29 – Divisionals at Jersey Village

Check the website www.loedolphins.org for important dates, and also for everything and anything about the LOEST DOLPHINS! Our website also offers a "contact" link that you can use to send questions and comments about LOEST.



Lakes on Eldridge North

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Cy-Fair Fire Department - (emergency)..... 281-466-6161
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Poison Control..... 1-800-764-7661
Texas DPS..... 713-681-1761
Waste Management..... 713-695-4055
(trash collection Mondays & Thursdays)
Aqua Services 713-983-3602
(Service or emergencies 24 hrs) ... 713-983-3604
Harris County Tax Office 713-224-1919
Reliant Energy..... 713-207-7777
(give pole # of street which is out)
Entex (gas) 713-659-2111
Comcast Cable..... 713-341-1000
Houston Chronicle 713-220-7211
Metro Transit Info..... 713-635-4000
Kirk Elementary..... 713-849-8250
Truitt Middle School..... 281-856-1100
Cy-Ridge High School 281-807-8000
Newsletter Publisher
Peel, Inc.advertising@PEELinc.com, 888-687-6444

Deadline for submitting articles for the Lakes On Eldridge North Newsletter is the 10th of each month. Submissions are subject to space limitations and editorial approval. Email Articles to loen@PEELinc.com.

PERSONAL CLASSIFIED ADS: Deadline for submitting personal classified ads is the 10th of each month for publication in the following month's newsletter. Email personal classifieds to loen@PEELinc.com.

ADVERTISING: Deadline for submitting ads is the 8th of each month for publication in the following month's newsletter. Please contact Peel, Inc. Sales Office at 888-687-6444 or advertising@PEELinc.com *for information on advertising.*

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Article Submissions

Please e-mail articles and/or photos to loen@peelinc.com.
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Deputy Voter Registrar Training Available

at Cypress-Tomball Democrats Meeting

The Cypress-Tomball Democrats will offer Deputy Voter Registrar training during their Tuesday, May 21st meeting. It will be held at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 to 8:00 p.m.

Xavier Herrera, Manager of Outreach from the Harris County Tax Office, will conduct training for anyone interested in becoming a Volunteer Deputy Voter Registrar.

All are welcome to attend and to join this growing club, which meets on the third Tuesday of every month. For more information, visit the website at www.cytomdems.com or contact Glenn Etienne at cytomdems@yahoo.com.

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Lakes on Eldridge North



Houston Metro Go Texan Committee
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2013 Golf Tournament • • Four Man Florida Scramble

Monday, June 10 – 1:30 p.m. Shotgun Start
Sterling Course at Houston National Golf Club
16500 Houston National Blvd, Houston, Texas 77041

All Golfers will receive a Tournament Rewards Card valued at \$85 for "buy-one-get-one-free" rounds of golf at Houston National and Red Wolf Resort in Huffman!

Early Bird Fees: \$90 per player FMV = No Donative Value / \$360 per team • • **After May 15th:** \$100 per player / \$400 per team
 This includes Golf, Cart, Range Balls, Three Drink Tickets, Lunch & Dinner, Awards and Door Prizes!
 * Men's & Ladies Longest Drive Prize * Closest to the Pin Prize * Putting Contest (Entry \$5)
 Mulligans sold the day of the event

For More Information contact: Tammy Faber 713-899-7975 or tfaberpoynor@yahoo.com

Mail or E-Mail forms to: Tammy Faber, 5907 Deep South Drive, Katy, TX 77449

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Player#1 _____	Email: _____
Player#1 _____	Email: _____
Player#1 _____	Email: _____

Thank you!



Hole Underwriter: \$125 • • Each underwriter receives a sign on hole

Underwriter Name: _____ Email: _____

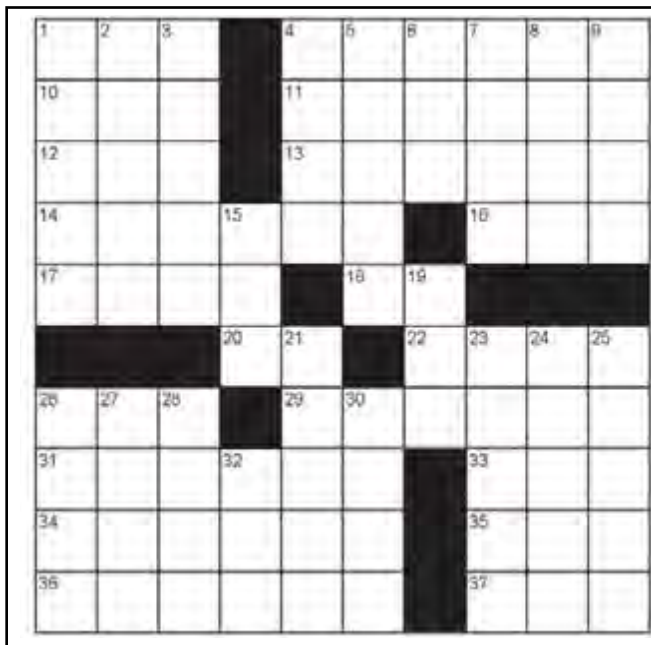
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The Houston Livestock Show and Rodeo is a Section 501(c) (3) charitable organization. The amount of the contribution that may be deductible for federal income tax purposes is the excess value contributed by the donor over the value of goods or services received. Consult your tax professional for more information/eligibility.

Lakes on Eldridge North

CROSSWORD PUZZLE



ACROSS

1. Bad (prefix)
4. Asks for legally
10. Monkey
11. Author of "Sense and Sensibility"
12. Gross national product (abbr.)
13. Plan
14. More humble
16. Swab
17. Retired persons association (abbr.)
18. Education (abbr.)
20. Headquarters (abbr.)
22. Cool
26. Poisonous snake
29. African country
31. Penzoil is this (2 wds.)
33. MD
34. Build
35. Kimono sash
36. Walk quietly
37. Misty

DOWN

1. Lava
2. Sleep disorder
3. Biblical outcast
4. Casing
5. Money
6. Tree
7. Detail
8. Business note
9. Metal fastener
15. Kilometers per hour
19. Cell stuff
21. Capital of Ecuador
23. Give
24. Mud brick
25. Inferred
26. Account (abbr.)
27. Dress
28. Secondary
30. Rejoicing
32. Grain

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NORTHWEST HARRIS COUNTY AGGIE MOM'S CLUB

nwhcaggiemoms.org

Calling all Aggie Moms! Please join us Tuesday, May 14, 2013, at 7 pm. We meet at the Houston Distributing Center conveniently located where Cutten meets SH 249 at the corner of Cutten Road and 7100 High Life Drive.

All meetings are open to Aggies, future, present or past. We provide light refreshments and you can shop our Boutique for that one-of-a-kind Aggie treasure. Our hand crafted items celebrate the heart warming TAMU traditions.

TAMU President Loftin was our March speaker. Next year November, Brigadier Joe Ramirez, Commandant of the Corp of Cadets will offer his help to students wanting to attend TAMU through this prestigious program.

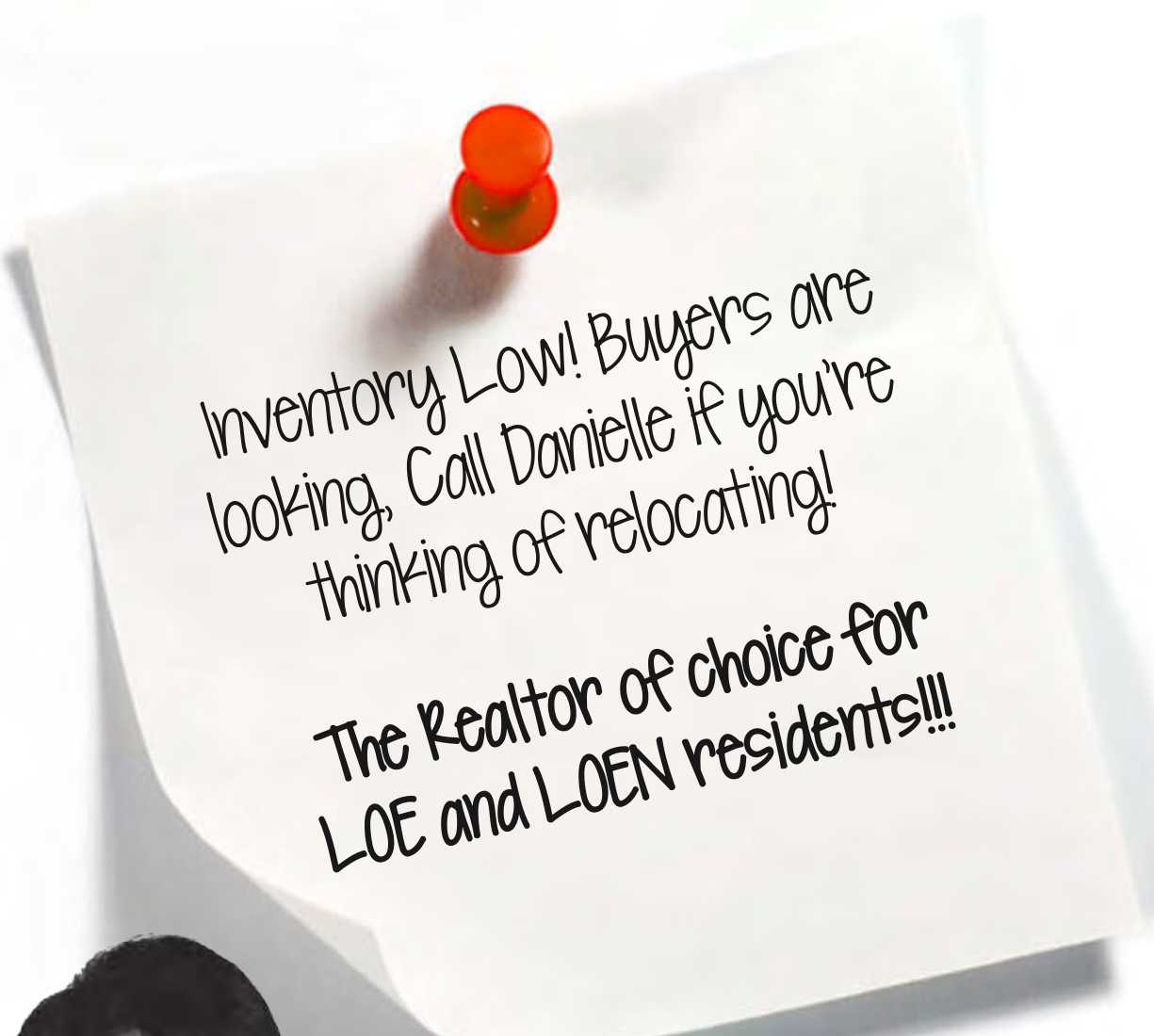
New Aggie Mom? Are you sending off your first to AggieLand? Find out how we help your student succeed that first year at one of our informal Summer Mixers. Dates and locations on our website at www.nwhcaggiemoms.org.

Aggie Moms, as an organization, encourages parents to become familiar with A&M during their student's freshman year instead of waiting for graduation to visit as is the custom on other university campuses. The path to graduation can be a challenging journey; don't go it alone. Northwest Harris County Aggie Moms has been here for 25 years and we're committed to helping your student and YOU enjoy the TAMU experience.

The Northwest Harris County Aggie Mom's Club meets the second Tuesday of the month at 7:00 p.m. (August-May), at the Houston Distributing Company, 7100 High Life Drive and Cutten Road. Drop on by and say Howdy. We'll be darn glad you did! Feel free to contact Tish Otten, Club President at clubpres20122@gmail.com.



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Lakes on Eldridge North

CY-FAIR KIWANIS CLUB

PLAY GOLF with the Cy-Fair Kiwanis Club: MAY - annual Golf Tournament at the Hearthstone Country Club! Bring your own team or we will team you up with other players.

You do not have to be a Kiwanis member to play in or sponsor a team in the Golf Tournament. We welcome any who wish to participate. Businesses are encouraged to sponsor teams for their organization. It's good publicity to have your clients know you support activities that return all profits to the community through projects that support our youth and others in need. Play will be at the Hearthstone Country Club. For information, call Aaron Mackey at 281-865-2663.

The Kiwanis Kids Triathlon will be one of only 6 triathlon City-wide events this year and will be held at Langham Creek YWCA. Events include swimming, running, and bicycling and begin at 8 a.m. Registration information will be given out at the schools and can be found in the newspaper and community newsletters. All children 6 years through 12 years of age are invited to participate.

The Cy-Lakes Key Club was chartered in February by the Cy-Fair Kiwanis Club, sponsor. Congratulations to these outstanding students. They have a charter membership of 169 students!

Attention, graduating seniors! It's time to get your applications in for Kiwanis college scholarships. Information should be available from your sponsors by the time this newsletter is published. We look forward

to rewarding the outstanding service and academic achievements of our Key Club members.

Wouldn't you like to be a part of this organization that assists in these activities that promote good citizenship and leadership in our youth? We invite you to a complimentary lunch to hear more about the children's activities we sponsor. The Cy-Fair Kiwanis Club sponsors nine Key Clubs in the Cy-Fair Schools; Girl Scout, Boy Scout, and Sea Scout troops and activities; we provide scholarships to outstanding Key Club members in our district; and support other family oriented groups such as Cypress Assistance Ministries and Bear Creek Ministries; the Houston Food Bank; and many other nonprofit organizations. CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide.

Membership is open to persons of good character who adhere to the standards of good conduct in their community and believe in and subscribe to the objects of Kiwanis International. If you would like to know more about Kiwanis and the programs it promotes, we invite you to be our guest at one of our monthly meetings. The Cy-Fair Kiwanis meet at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call Peggy Presnell at 281-304-7127; John Carroll at 281-463-0373 or George Crowl at 832-467-1998.

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Welcome to a Seller's Market!

Houston single-family home sales in January increased a whopping 28% in comparison to last year. Inventory is 25% below what was found this time last year and average days on the market are down 15% from last year

It's a seller's market and now that listings are low, sales are high and median sales prices are up. Call or email us today for a free, no obligation Competitive Market Analysis to find out what your house is worth! **2013 may be your year to make a move.**



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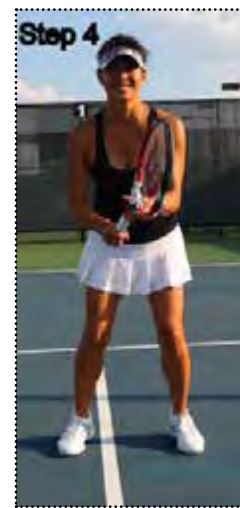
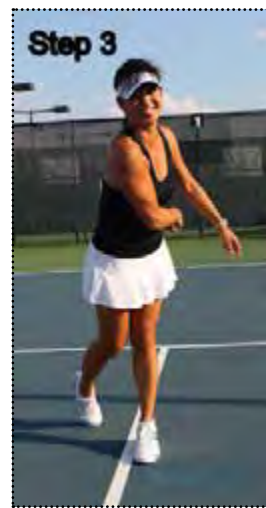


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TENNIS TIPS



By USPTA/PTR Master Professional
Fernando Velasco



How to Execute The Overhead “Smash”

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand, forehand volley, the two handed backhand volley, the serve, the forehand half-volley and the one-handed backhand volley. In this issue, I will offer you instructions on how to execute the overhead “smash” when players get a high ball and they hit the ball above their head. In the illustrations, Matilda O’Connor, player at the Grey Rock Tennis Club, shows the proper technique to execute this stroke. Photos by Charlie Palafox.

Step 1: The Back Step: When Matilda realizes that a ball is high enough to hit the overhead, she takes a step back on the side to hit the ball. The upper body turns, the racket starts the back motion by keeping the elbow in 90 degree angle and the left hand is pointing to the ball. Notice that her head is looking at the ball and keeping the chin up.

Step 2: The Point of Contact: When Matilda is ready to hit

the ball, her racket starts accelerating from the back position. She is making perfect contact on the upper part of the racket and the right wrist is “snapping” to get on top of the ball. Her left arm is still pointing to the ball to assure a good hit on the “sweet spot”. Her weight has shifted from the back foot to the front foot.

Step 3: The Follow Through: After the ball has been struck by the racket, Matilda will continue the swing of the racket across the left side of her body. The eyes are now focused on the path of her stroke. The left arm is on her left side. Her right foot still kept her toes on the court to allow for maximum balance on the stroke.

Step 4: The Ready Position: Even though the overhead “smash” is a powerful weapon, many times the opponents will return it back to the players. Here Matilda is ready for the next ball coming back to her. By the looks of her smile, it seems that her overhead was successful and she has won the point.

Look for in the next Newsletter: The Forehand Service Return

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Lakes on Eldridge North

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- Ongoing:** Colin's Hope Athlete Ambassadors needed! <http://www.tinych.org/signup>
- Now-June 18:** Discount Schlitterbahn Tickets for sale. <http://www.tinych.org/tickets>
- May 18:** Colin's Hope Got2Swim Pure Austin Quarry Lake. <http://www.tinych.org/QuarryLake>

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- Kids Stuff -



You're very excited — your mom and dad promised to take you on a fun camping trip this year. Or maybe your scout group is gearing up for an awesome canoe trip. Enjoying the beauty and nature of the woods is fun — if you are careful. Here are some tips to keep you safe.

PACKING BASICS

Before you leave, pack these few important things to make your trip more comfortable and safe:

- map of the area
- compass or GPS (learn how to use it beforehand)
- cell phone (though you can't be sure it will work in remote areas)
- whistle
- bottled water and food
- sleeping bag
- flashlight with extra batteries
- sunscreen and sunglasses
- waterproof matches (for an adult to bring)
- first-aid kit with gauze pads, adhesive bandages, tape, tweezers, and antiseptic
- waterproof tent (set it up beforehand to practice)
- warm clothing, clean socks, and rain gear

INTO THE WOODS

Staying safe in the woods means using common sense. That means being aware of your surroundings and always camping with an adult. Never go into the woods by yourself. Some things you need to be careful of while you're camping are insects, poison ivy, extreme hot or cold temperatures, rain or snow, and areas where you could trip or fall.

BUGS

If insects bug you, ask an adult to set up camp away from the water and build a small fire. The water attracts bugs, and the smoke from the fire will keep most of the bugs away. Another thing you can do is to remember to keep the tent door zipped at all times, even if you're just going in or out for a minute. Also, turn off your flashlight

before you enter your tent because insects such as moths are attracted to the light and will follow you.

Always check for ticks at the end of the day when you've been in the woods. Ticks can carry disease and germs. Some ticks are tiny, like the size of the head of a pin! You'll want an adult to help you inspect your body for ticks. Check behind your knees and ears, under your arms, and in your groin — that's where your legs meet your abdomen, or belly area. If you're camping with a pet, have an adult check your pet for ticks, too — dogs and cats can pick up ticks in their fur even more easily than humans. If you do find a tick, it needs to be removed. Get an adult to help you.

POISON IVY

Poison ivy is a plant that can cause an itchy skin rash in some people. Its leaves grow in groups of three, but the plant can still be hard to spot. If you accidentally touch poison ivy, wash the area with soap and water as soon as possible. The oil from the poison ivy plant can spread on clothes or even your dog. To try to prevent a poison ivy rash, there are products you can apply to your skin before going into the woods. Stores that sell outdoor equipment and sporting goods may carry them.

STAYING SAFE OUTDOORS

Your Campsite

Roasting marshmallows and singing songs by an open fire are favorite camping activities. Adults, not kids, should start campfires. Adults also need to watch the fires and make sure they are out when you're done. Never leave a fire without anyone to watch it. Don't forget to put out your fire by dumping water or shoveling dirt on it when you sleep or leave your campsite. Feel the ground around the area where the fire was to make sure it isn't warm.

Your Food and Water

When you're exploring outdoors, eat or drink something only if an adult says it is

safe. Even if streams or lakes look crystal clear, they could contain germs and the water may not be safe to drink. Bring bottled water to drink. Likewise, never eat wild berries. Some are poisonous and it may be tough to know which are safe. Good snacks for the outdoors include fruit, trail mix, crackers, granola bars, bread, and peanut butter.

Your Clothing

Wearing layers is a good idea when you're outdoors. That way, you can take off a layer or two if you get too warm. Wear comfortable boots when hiking so your ankles are supported and you don't get blisters. Keep your arms and legs covered while hiking to avoid ticks and insect bites and wear knee-high boots and long pants when you are in an area with snakes. Make sure to take rain gear, such as ponchos and waterproof jackets, to keep you dry if an unexpected shower occurs.

Watch Out for Wildlife

Although animals are cute to look at, wild animals are best enjoyed from far away. Don't go near or try to feed a strange animal. It's better to enjoy these animals at the zoo, in books, or on the Internet. To keep animals such as bears or wolves away from your campsite, keep it clean. Food and anything else an animal might smell must be packed away. In fact some campers put all their food, even candy bars, in a bag (called a "Bear Bag") and hang it from a tree branch away from the campsite. If they can smell it, the animals will be led away from where the campers are.

What if You Get Lost?

Stick with your group when you're in the woods. Carry a whistle and blow it if you get separated from the group. If you have a cell phone and it's working, use it to make contact with your group. If you do get lost, wait in a safe, sheltered place for an adult to find you. The sooner you're found, the sooner you can go back to having fun in the great outdoors!

Reviewed by: Steven Doushen, MD Date reviewed: June 2011

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Looking for Volunteers!

High School Students from 60 countries are arriving to our area this coming August and I am looking for volunteers to host them. You need to provide a bed and meals for the student. They have their own spending money and are fully insured. If you are interested in volunteering and making a dream of a teen come true please email or call.

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