



CYPRESS MILL *Chronicle*

NEWS FOR THE RESIDENTS OF CYPRESS MILL

July 2013

Volume 13, Issue 7

Cypress Symphony to Host Inaugural Founder's Dinner

The Cypress Symphony cordially invites you to "Encore!" our Inaugural Fundraising dinner. Excitement is building for Cypress Symphony's first season and you can help by attending this event. Your \$100 ticket will help secure our first year and contribute to the cultivation of an arts culture in Northwest Houston. You will also enjoy an elegant dinner at one of Cypress' premier restaurants, Dario's Cuisine. Look forward to a silent auction as well as a musical surprise. We can't wait to spend this special evening with you! Tickets to this event can be purchased at csencore.eventbrite.com.

Tickets to our inaugural concert season can be purchased at cypresssymphony.org, purchased on the website at www.cypresssymphony.org.

CYPRESS MILL

Important Numbers

Cy-Fair High School	281-897-4600
Cy-Woods High School.....	281-213-1919
Cypress Lakes Golf Club	281-304-8515
Cypress Mill M.U.D. #1, (24 Hour Emergency)	281-374-8989
Constable Ron Hickman, (24 Hour Emergency)	281-376-3472
DPS Sex Offenders website	http://records.txdps.state.tx.us/
Centerpoint Energy Gas.....	713-659-2111
Centerpoint Energy Gas-Emergency Gas Leaks.	713-659-3552
CenterPoint Energy.....	713-207-2222
Irrigation Leaks/Common Area Repairs - Principal Management	
Poison Control Center	800-764-7661
Principal Management	713-329-7100
Robison Elementary	281-213-1700
AT&T Repair Center.....	800-246-8464
Spillane Middle School.....	281-213-1645
Street Light Outages.....	713-207-2222
Comcast Cable.....	713-341-1000
Waste Corporation of America (WCA) Recycling.....	281-368-8397

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281-925-3816

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Constable Ron Hickman (24 Hour Emergency)

281-376-3472

Harris County Road and Bridge

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Newsletter Publisher

Articles..... cypressmill@peelinc.com

Peel, Inc. advertising@PEELinc.com, 888-687-6444

Newsletter Deadline

The deadline for the newsletters is the 9th of each month.

Please email articles to: cypressmill@peelinc.com

Remember: The Speed Limit throughout Cypress Mill is 30 MPH!

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Please support the businesses that advertise in the Messenger. Their advertising dollars make it possible for all Cypress Mill residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact Peel, Inc. Sales Office at 888-687-6444, advertising@PEELinc.com

MUD Board of Directors

The District is governed by the Board of Directors, consisting of five directors, who have control over and management supervision of all affairs of the District. All of the Directors reside in the District.

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Ms. Angell Swedlund, Treasurer

Mr. Jerry Bryant, Assistant Secretary

<http://www.cypresshillmud1.com/contact/index.html>

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Girl Scouts Celebrate 101 Years!

Girls Scout across the country and around the world are celebrating a new century of leadership in Girl Scouts!

This is the organization's 101st year. Girl Scouts of America was founded in 1912 in Savannah, Georgia by a woman who was determined to empower young women and help teach them values. Juliet Low, started her first Girl Scout troop at her home in Savannah. It is now a museum and home of the national headquarters.

Girl Scouts all over the planet invite you to take action this summer and volunteer, recycle, conserve, explore, teach and make the world a better place!



NORTHWEST HARRIS COUNTY AGGIE MOM'S CLUB

nwhcaggiemoms.org

Are you a New Aggie Mom? Are you an Aggie Mom that wants to join other Aggie Moms in supporting our students? Find out how we can help your student succeed during those college years at one of our informal Summer Mixers. The Northwest Harris County Aggie Mom's Club, as an organization, encourages parents to become familiar with A&M during their student's freshman year. The path to graduation can be a challenging journey; don't go it alone. Northwest Harris County Aggie Moms has been here for 25 years and we're committed to helping your student and YOU enjoy the TAMU experience. Please join us at one of the following locations in your area. Please RSVP to thompson5511@sbcglobal.net or 713-956-0972 so our hostesses will know how many people to expect. We look forward to meeting you!

SUMMER MIXER LOCATIONS

Monday, June 17 - 7-9 pm

Hosted by: Linda Saxby

17210 Prescott Manor, Cypress, TX 77433

Lakes Fairhaven subdivision (just north of Fairfield off of Mason Rd.)

Sunday, June 23 - 2-4 pm

Hosted by: Connie Pritchard

12418 Pedder Way Drive, Tomball, TX 77377

Village Creek Subdivision

Thursday, July 11 - 7-9 pm

Hosted by: LaDonna MacDonald

15903 Harwick Drive, Spring, TX 77379

Champions Forest Subdivision

Tuesday, July 23 - 7-9 pm

Hosted by: Cheryl Williams

8331 Church Light Lane, Houston, TX 77064

Carriage Lane Subdivision

The Northwest Harris County Aggie Mom's Club meets August thru May on the second Tuesday of every month at 7:00 pm at the Houston Distributing Center, 7100 High Life Drive, conveniently located near Willowbrook Mall. We are looking forward to kicking off the 2013-2014 school year at our 'HOWDY PARTY' on August 13th-Please join us! All meetings are open to Aggies, future, present or past. We provide light refreshments and you can shop our Boutique for that one-of-a-kind Aggie treasure. Our hand crafted items celebrate the heart-warming TAMU traditions. You will also enjoy hearing from dynamic speakers throughout the year like, Brigadier General, Joe Ramirez, Commandant of the Corp of Cadets. For more information on monthly speakers or upcoming events visit our website at www.nwhcaggiemoms.org or contact Shannon Eberle, Club President at clubpres2012@gmail.com.



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Cypress Symphony Features Richard Dowling

The Cypress Symphony is pleased to announce its inaugural concert on Saturday, September 21st, 2013 at The Centrum (located at 6823 Cypresswood) at 7pm, featuring Richard Dowling, world renowned concert pianist.

Works on the program include:

- 1) Samuel Barber's captivating Adagio for Strings;
- 2) Bach's Keyboard Concerto in D Minor (performed by Dowling), and
- 3) an uplifting Tango by American Composer Ray Granlund.

Conducted by Zachary Carretin, called "spellbinding" by the Denver Times, the Cypress Symphony's mission is to provide the finest classical music performances for the Northwest Houston areas including Cypress, Tomball, Spring, and The Woodlands. Tickets for the symphony's first concert and season may be purchased on the website at www.cypresssymphony.org.

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Cy-Fair ISD Celebrates Volunteers, Community and Business Partners

The importance of recognizing volunteer contributions and the support of our business and community partners is essential to a strong volunteer and partners program. The administration, students, and staff of CFISD enjoyed hosting and entertaining over a thousand of the tens of thousands of volunteers and supporters that have given so much to help us achieve our goals this year.

With the commitment and generosity of several community businesses, tickets to this appreciation event were free. PBK Architects continues to serve as the underwriter for the VIPS Appreciation Luncheon. Additionally, the event was sponsored by: Allsafe Storage, Cy-Fair Educational Foundation, Cy-Hope, GameTime by Total Recreation Products, H-E-B, Kroger, Lone Star College Cy-Fair, Spring Creek Barbeque, Towne Lake and Rock Creek.

As a district, we are so fortunate to have thousands of volunteers who actively give their time to our kids, and many business and community partners who adopt and support our schools. As Superintendent, Dr. Mark Henry, says, "each volunteer plays a very key role in the lives our students and staff, and it has not gone unnoticed. In these past years, with a struggling economy and the district dealing with huge budget cuts, you have kept us on top by being generous with your time and sharing your many talents to make our district the great success that it is."



Volunteer Appreciation

Cypress-Fairbanks Independent School District had the pleasure of honoring its district and state volunteer and business partner award winners during the Volunteer Appreciation Luncheon on April 5, 2013. The award winners were nominated by various schools in the district at which the volunteers and/or business partners generously donated their time and resources. These treasured volunteers and community partners were first selected as our district award winners and then competed with others in their categories from school districts around the state. The state level award winners were recognized by the Texas Association of Partners in Education during their annual conference held in Austin on January 29.

DISTRICT LEVEL VOLUNTEER, COMMUNITY AND BUSINESS PARTNERSHIP AWARD WINNERS:

Business Partnership – Academic Impact Award:

Flaherty's Flooring of America, Moore Elementary School Business Partner

Business Partnership - Career Education Award:

Mustang Engineering, Inc., Watkins Middle School Adopt-A-School Partner

Community Partnership – Academic Impact Award:

Bak-Pak Critters, Bang Elementary School Community Partner

Community Partnership – Health Award:

Harris County MUD #167, McFee Elementary School Community Partner

Individual Wisdom Award:

Ray Raymer, Mentor at Moore Elementary and numerous CFISD schools

Individual Role Model Award:

Carolina Rodriguez, Postma Elementary School Volunteer

Partnership Program Award – Innovation:

Bus Buddies Program, Cy-Fair ISD Volunteer and Business Partnership Program

Special Event Award:

VIPS Appreciation Luncheon, Cy-Fair ISD Volunteer, Business and Community Recognition

STATE LEVEL VOLUNTEER, COMMUNITY AND BUSINESS PARTNERSHIP AWARD WINNERS:

Community Partnership, Academic Impact – Crystal Award:

Bak-Pak Critters, Bang Elementary School Community Partner

Partnership Program, Innovation – Crystal Award:

Bus Buddies Program

Cy-Fair ISD Volunteer and Business Partnership Program

Special Event Award – Crystal Award:

VIPS Appreciation Luncheon

Cy-Fair ISD Volunteer, Business and Community Recognition

Community Partnership, Health – Gold Award:

Harris County MUD #167, McFee Elementary School Community Partner

Individual Partnership, Role Model – Gold Award:

Carolina Rodriguez, Postma Elementary School Volunteer

The district congratulates both our business partners and individuals for their award winning accomplishments and thanks them for their devoted service to our students and staff. "Hats Off" to all the volunteers in our district! We celebrate each and every one of you for your countless hours of service and dedication to our students and staff in Cypress-Fairbanks Independent School District every day of the year.

CYPRESS MILL

CY-FAIR KIWANIS CLUB

Kiwanis wants YOU! The Cy-Fair Kiwanis Club is actively seeking new members who are interested in giving service to improve our community and our world. Visit the Cy-Fair Kiwanis Club and learn about the projects in which its members participate to enrich and improve life for citizens in our community. We sponsor the Key Clubs in the Cy-Fair, Jersey Village, and Katy communities and work with them in service to the Cy-Fair area. Internationally, both Kiwanis and Key Club are participating in the ELIMINATE PROJECT aimed at the eradication of maternal/neonatal tetanus.

Businesses of the community are encouraged to support a representative for membership in Kiwanis. If you work for a business that is oriented toward involvement in community improvement and leadership, suggest to them that you would like to represent that business through membership and involvement in work with Kiwanis. We welcome business and organization as well as individual



memberships.

CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-Fair Kiwanis Club sponsors nine Key Clubs and one Builders' Club in the Cy-Fair School District; sponsors the Kids Triathlon; Girl Scout, Boy Scout, and Sea Scout troops and activities; awards scholarships to outstanding Key Club members in our district; provides assistance to

Cypress Assistance Ministries and Bear Creek Ministries; the Houston Food Bank; and many other nonprofit organizations.

The Cy-Fair Kiwanis Club meets at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and informative programs. For more information, call John Carroll at 281-463-0373, George Crowl at 832-467-1998 or Peggy Presnell at 281-304-7127. We invite you to be our guest at one of the meetings and enjoy the fellowship of Kiwanians from your community as you learn about our organization.

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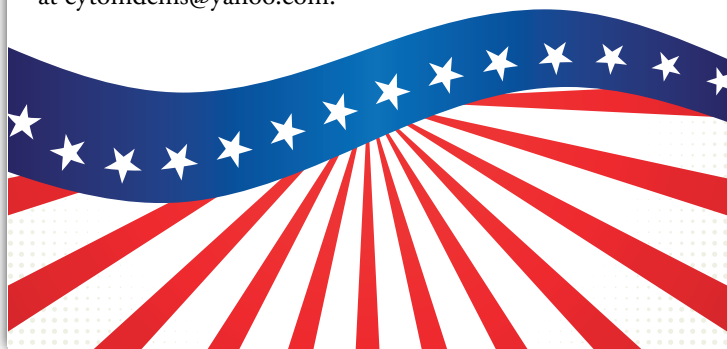
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Cypress-Tomball Democrats July Meeting

The next Cypress-Tomball Democrats monthly meeting will be on Tuesday, July 16, 2013. It will be held at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 to 8:00 p.m.

All are welcome to attend and to join this growing club, which meets on the third Tuesday of every month. The meetings always feature informative guest speakers who address timely topics. For more information, visit the website at www.cytomdems.com or contact Glenn Etienne at cytomdems@yahoo.com.



Elisha Roberts Chapter

The wonderful ladies of the Elisha Roberts Chapter, NSDAR, extend an invitation to any female, 18 years or older, who can prove direct lineal descent from someone who either fought in or provided aid during the American Revolution. We are a family oriented group of ladies who promote patriotism, education and historic preservation. Our motto is God, Home and Country. If this sounds like you, please come and join us for a meeting. We meet the third Thursday of each month, September through May, at the Backyard Grill, located at 9453 Jones Road. Our next meeting will be on September 19, 2013 at 7:00 p.m. For more information, please contact the chapter Regent, Cheryl Partney at cpart86@comcast.net or by phone at 832-654-0306. We look forward to meeting you.



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A FOCUS ON HEAT EMERGENCIES

Healthy Tips To Stay Cool In Extremely Hot Weather

By: *Concentra Urgent Care*

Heat emergencies fall into three categories of increasing severity:

Heat Cramps, Heat Exhaustion, and Heatstroke.

Heat illnesses are easily preventable by taking precautions in hot weather. Children, elderly, and obese people have a higher risk of developing heat illness. People taking certain medications or drinking alcohol also have a higher risk. However, even a top athlete in superb condition can succumb to heat illness if he or she ignores the warning signs. If the problem isn't addressed, heat cramps (caused by loss of salt from heavy sweating) can lead to heat exhaustion (caused by dehydration), which can progress to heatstroke. Heatstroke, the most serious of the three, can cause shock, brain damage, organ failure, and even death.

SIGNS AND SYMPTOMS:

Heat Cramps

- Sweating
- Pain in arms, legs, and abdomen
- Heat Exhaustion
- Moist, pale skin
- Fatigue and fainting
- Dizziness and lightheadedness
- Headache and confusion
- Nausea and vomiting
- Rapid pulse and breathing

Heat Stroke

- No sweating
- Dry, hot, red skin
- Confusion/loss of consciousness
- Rapid pulse
- Temperature over 103° F
- Seizures

CAUSES:

The following are common causes of heat emergencies:

- High temperatures or humidity
- Dehydration
- Prolonged or excessive exercise
- Excess clothing
- Alcohol use
- Medications, such as diuretics, neuroleptics, phenothiazines, and anticholinergics
- Cardiovascular disease

WHAT TO DO IN HEAT EMERGENCIES...

First Aid

1. Have the person lie down in a cool place. Elevate the person's feet about 12 inches.
2. Apply cool, wet cloths (or cool water directly) to the person's skin and use a fan to lower body temperature. Place cold compresses on the person's neck, groin, and armpits.
3. If the person is alert, give cool water or sports beverages. It's advisable to drink slowly and steadily, particularly if they are experiencing nausea.
4. For muscle cramps, give beverages as above, and massage and stretch affected muscles gently, but firmly, until they relax.
5. If the person shows signs of shock (bluish lips and fingernails, and decreased alertness), starts having seizures, or loses consciousness, call 911 and continue cooling procedures, as described above.

DO NOT:

- DO NOT underestimate the seriousness of heat illness, especially

if the person is a child, elderly, or injured.

- DO NOT give the person medications that are used to treat fever (such as aspirin or acetaminophen). They will not help, and they may be harmful.

- DO NOT give the person salt tablets.

- DO NOT give the person liquids that contain alcohol or caffeine. They will interfere with the body's ability to control its internal temperature.

- DO NOT use alcohol rubs on the person's skin.

- DO NOT give the person anything by mouth (not even salted drinks) if the person is vomiting or unconscious.

PREVENTION:

- Wear loose-fitting, lightweight clothing in hot weather.
- Rest regularly in a cool area; seek shade when possible.
- Avoid strenuous physical activity in hot or humid conditions.
- Drink plenty of fluids every day. Drink more fluids before, during, and after physical activity.
- Be especially careful to avoid overheating if you are taking drugs that impair heat regulation, or if you are overweight or elderly.
- Be careful of hot cars in the summer. Allow the car to cool off before getting in.
- Avoid heavy meals and hot foods.

For more information on how to cope with the heat, ask your Concentra health professional, or visit the CDC's Web site at: www.cdc.gov/niosh/topics/heatstress/

References

Auerbach PS. Wilderness Medicine. 4th ed. St. Louis, Mo: Mosby; 2001:240-316.

DeLee JC, Drez Jr. D, Miller MD, eds. DeLee and Drez's Orthopaedic Sports Medicine. 2nd ed. Philadelphia, Pa: Saunders; 2003:763.



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July 21: Colin's Hope Kids Got2Swim Pure Austin Quarry Lake. <http://www.tinych.org/got2swim>
August 29: Colin's Hope Got2Swim Lake Austin 10K/10 miler. <http://www.tinych.org/got2swim>
September 8: 5th Annual Colin's Hope Kids Triathlon <http://www.tinych.org/KidsTri>

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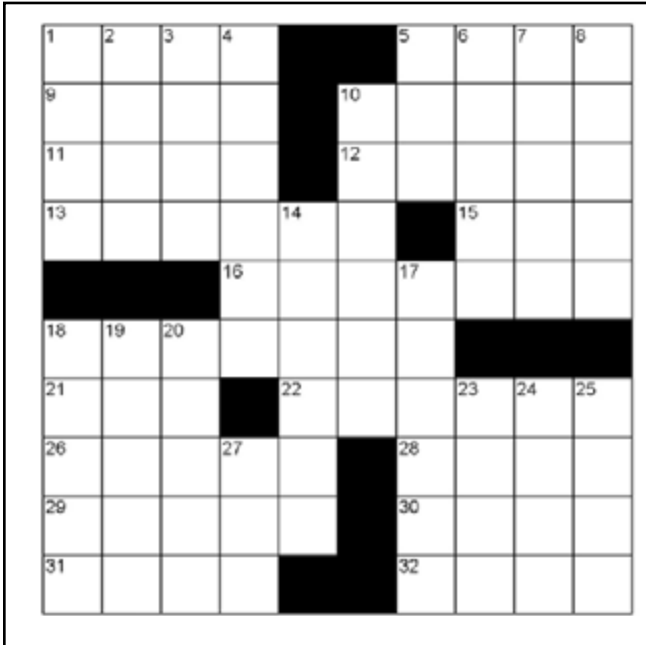
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ACROSS

1. Curse
5. Glasses
9. Charge card
10. Japanese dish
11. Pear type
12. Type of alcohol
13. Mete out
15. Deer relative
16. Mountains
18. Sin
21. Fawn's mom
22. Rain shoe
26. Angry
28. Sole
29. Whoop
30. A spinning toy (2 wds.)
31. Plateau
32. Former magistrate of Venice

DOWN

1. Baby's "ball"
2. Famous cookies
3. Loch __ monster
4. Levy
5. Jag
6. Direct
7. Animal kingdom division
8. Soft materials
10. Member of an American Indian people
14. Dancer Rogers
17. Put more ammunition in
18. Abhorrence
19. Skill
20. Heroic actions
23. Upon
24. Slug
25. Publicity
27. Drink

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9		6			3			
			2			8		
3	7				5			
					4		1	
7		2						
8	6		5				2	
			1				4	

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If you've ever played outside, chances are you've been bugged by insects or other crawly creatures. Maybe unwelcome ants joined you at a picnic in the park or a bee buzzed around your head while you were playing catch.

None of this may have bothered you — unless you were bitten or stung. Ouch! It's enough to make you stay indoors. But the outdoors can still be a great place to play if you know a little bit more about insects.

WHY DO BUGS BITE OR STING?

Insects like bees, wasps, and hornets and other creatures like spiders and scorpions usually attack when they feel like they're in danger. Sometimes they are protecting their territory, web, or nest. Other insects, such as mosquitoes and ticks, suck blood in order to survive. The female mosquito needs blood so that she can lay her eggs. (The male mosquito does not bite at all!) Ticks are parasites, which means they live on other animals and need to suck blood to live.

WHAT ARE BUG BITES AND STINGS?

Insects and other bugs can inject venom (say: veh-num) into your skin when they bite or sting you. Usually, venom is like soap in your eyes — it doesn't really hurt you, but it's not very comfortable. It will make a small, itchy bump no bigger than a pea form on your skin. When you scratch, your skin becomes red and more itchy. A tick bite can cause a red rash that looks a little like a bull's-eye (this may take as long as a week, or even more). In the case of bee stings, the area becomes swollen and a stinger might be left in the skin.

DOES IT HURT?

In most cases bug bites are not serious and only hurt for a little while. The itching is the most irritating part of most bites and stings. Some bites or stings, such as a bite from a scorpion or a black widow spider, may require a trip to the emergency department. But this doesn't happen very often. An adult will know whether this trip is necessary.

WHAT SHOULD YOU DO?

If anything bites or stings you, make sure you let an adult know. He or she will look at the bite or sting to see what needs to be done. If a mosquito bites you, try not to scratch. It's hard sometimes, but scratching will make the itch worse and can cause the bite to swell, bleed, or get infected. If you are stung by a bee, an adult can help you get the stinger out quickly. Have an adult wash the area with soap and water, and apply ice to the sting on

and off for the first 24 hours. An antihistamine, which is a type of medicine, can help stop the itching, pain, and swelling. Acetaminophen can also help stop the sting from hurting. Hydrocortisone creams and calamine lotions can be helpful to take away the itch. An adult will decide what medicine is best for you.

TICK TALK

If you find a tick on you, don't try to remove it yourself. Get an adult to help you. He or she will grab the tick with tweezers as close to your skin as possible and pull it off in one smooth motion. Once the tick is removed, save it by storing it in a small container or a sealable plastic bag. Don't try to crush it in your hands. Your doctor may want to see this tick later.

WHEN TO GET HELP

Some people have an allergic (say: uh-ler-jik) reaction to the venom that certain insects, such as bees, inject. If you have trouble breathing, break out in hives (hives are red bumps that show up on your skin), or feel like you are going to throw up after a bee or wasp has stung you, you could be having an allergic reaction. Tell an adult right away so that you can go the emergency department. Once you know you are allergic to bee stings, your doctor will provide you with a special kit. The kit is called an epinephrine kit and will contain a shot of epinephrine (say: eh-pih-neh-frin). You will need this shot if a bee stings you. You should keep this kit with you at all times, especially when you are outside. Make sure an adult is close by to give you the shot if you need it.

STOPPING THE STINGING

You can keep from getting stung by staying away from bee or wasp nests. Keep sweet-smelling food or drink covered when you are eating outdoors. And don't swat at flying insects — it just makes them angry, causing them to bite or sting. If you go hiking, wear a long-sleeved shirt and pants tucked into your socks and shoes to avoid ticks. And always have an adult check you for ticks if you've been playing in the woods. The best way to avoid being bitten by spiders or scorpions is to avoid places where they like to make their homes, like woodpiles. Playing outside is a lot of fun — bugs or no bugs. With a little bit of care, you can have fun even when the insects come marching in!

Reviewed by: Elana Pearl Ben-Joseph, MD Date reviewed: September 2010

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Cypress Mill Year-to-Date Sales Report

	Aug '12	Sept '12	Oct '12	Nov '12	Dec '12	Jan '13	Feb '13	Mar '13	Apr '13	May '13
\$201,000 and above	1	1	0	1	0	0	0	0	1	0
\$176,000--\$200,999	0	0	0	0	0	0	0	0	1	0
\$151,000--\$175,999	0	0	2	0	0	2	1	0	3	3
\$141,000--\$150,999	2	3	3	1	2	0	1	0	2	3
\$121,000--\$140,999	4	4	0	4	4	1	1	2	2	3
\$101,000--\$120,999	3	1	1	0	0	1	1	0	0	1
\$100,000 and below	0	0	0	0	0	0	0	0	0	1
Total	10	9	6	6	6	4	4	2	9	11
Highest \$/sq ft	\$79.57	\$84.95	\$75.72	\$82.36	\$81.79	\$73.77	\$79.82	\$82.55	\$83.00	\$84.10

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