

**News For The Residents of Longwood** 

# BSA Life Saving Award is awarded to Sammy Armstrong Local scout from BSA Troop 533 saves girl's life

Sammy Armstrong is a seventh grade student attending Salyards Middle School. He is the son of Stacey Armstrong and Kelley Armstrong, and he is a member of the BSA Good Shepherd United Methodist Troop 533.

On October 3, 2013, Sammy was awarded the Honor Medal, a National Lifesaving Award, from the Boy Scouts of America (BSA) during an award ceremony at Fairfield Baptist Church in Cypress, TX. The BSA Honor Medal is a special award, only awarded to a

scout that demonstrates courage, unusual heroism and skill or resourcefulness in saving or attempting to save a life at considerable risk to self. Only 2,354 Honor Medals have been awarded since 1923, and 52 were awarded nationwide in 2012.

While on vacation with his family, Sammy proved his outstanding and unusual heroism, scouting skills and bravery while attempting and accomplishing the mission of rescuing a young girl from drowning at McKinney Falls State Park in Austin in June of 2012.

After having finished a trip down the creek on their kayaks, Sammy, his younger brother, and father, Stacey headed for a swim at the bottom of the upper falls. In a moment of family fun as Sammy rested on a rock at the edge of the creek as his father and brother looked on from the ledge above, Sammy saw a 5- year old girl standing near her field trip group at the top of a the waterfall. According to Sammy's recollection of events, the young girl was reaching for a water bottle, when she slipped and fell into the water as the current swept her over the falls. The girl's chaperones were in a panic; they could not see her. She had been rolled back



by the current and concealed from the 15 foot stone they stood on. ""All you could see was the top quarter-inch of her head," Stacey recalled. "Sammy was the only person down at the bottom of the falls. He looked around and got the bearings of the situation, and then he looked at me. I was scared to death but I tried to stay extremely calm for him. I said, 'You got this. You have to get her out of there.' He jumped in and went after her." Sammy was able to pull the girl out and above the 20-feet-deep water surface and pulled her to shore. Sammy was

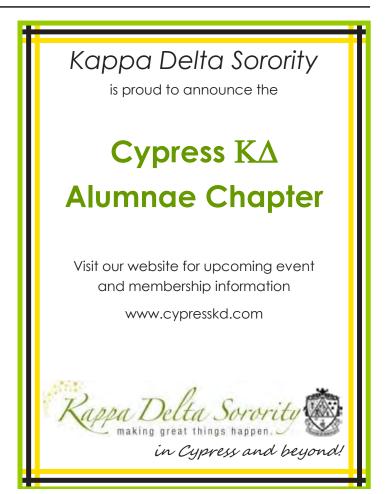
able to keep the girl calm even in a state of panic. Even though Sammy earned his Swimming Merit Badge with the Scouts and has proved to be a good swimmer as part of the Texas Terrapins Swim Team, Sammy's Father, Stacey feared the young girl would pull both Sammy and herself under water due to her panicked state. Sammy states, "I was afraid she might die. My dad couldn't get to her, but he told me that I could do it. So, I went in, and then when I was afraid that I might not be able to save her, I think God helped me." It is clear that Sammy was driven by his quick instincts ability to stay alert and he says that he had always been told to stay alert in the water and always know the quickest exit route and those principles he had learned from scouting and from his parents definitely played a role.

The family of the young girl is very thankful and grateful for Sammy's heroism. In the 15 months since the incident occurred, the family has been an important part in providing testimony to the BSA to help with the Honor Medal vetting process. Stacey said, "I can't tell you how many times they've said 'thank you."

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#### **IMPORTANT NUMBERS**

EMERGENCY NUMBERS
EMERGENCY911
Fire
Ambulance911
Constable
Sheriff - Non-emergency
- Burglary & Theft713-967-5770
- Auto Theft
- Homicide/Assault713-967-5810
- Child Abuse
- Sexual Assault/Domestic Violence713-967-5743
- Runaway Unit713-755-7427
Poison Control800-764-7661
Traffic Light Issues
SCHOOLSCypress Fairbanks ISD Administration281-897-4000Cypress Fairbanks ISD Transportation281-897-4380Cypress Fairbanks Senior High281-897-4600Goodson Middle School281-373-2350Hamilton Elementary281-370-0990
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OTHER NUMBERS
Animal Control
Cypress Fairbanks Medical Center281-890-4285
Harris County Health Department713-439-6260
Post Office Box Assignment – Cypress 1-800-275-8777
Street Lights - CenterPoint Energy713-207-2222
- not working (Report Number on Pole)
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# FIGHT HEART DISEASE ONE STEP AT A TIME



My Heart, My Life.

WHAT: Fun Activities and non-competitive 3-mile walk to promote walking as a part of healthy lifestyle and raise funds to support cardiovascular research and educational programs for the American Heart Association.

WHEN: Saturday, November 23, 2013, 8:00 a.m.

WHERE: Lone Star College - Kingwood, 20000 Kingwood Dr., Kingwood, TX 77339

WHY: Heart disease and stroke — the nation's No. 1 and No. 4 killers — and all other cardiovascular diseases, claim more than 870,000 American lives a year. The American Heart Association's goal

## Heart Walk.

Greater Lake Houston

is to raise \$100,000 for the 2013 Greater Lake Houston Heart Walk. Research funded by the American Heart Association has yielded or contributed to many important innovations such as CPR, lifeextending drugs (including clot-busters), pacemakers, bypass surgery, the heart-lung machine and surgical techniques to repair heart defects.

HOW: To participate in the annual event, walkers can register online by visiting www.greaterlakehoustonheartwalk.org or by calling 713-610-5000. There is no registration fee, but donations are appreciated. Walk as part of a company team or form your own team with family and friends.



#### **CY-FAIR KIWANIS CLUB**

Kiwanis wants YOU! The Cy-Fair Kiwanis Club is actively seeking new members who are interested in giving service to improve our community and our world. Visit the Cy-Fair Kiwanis Club and learn about the projects in which its members participate to enrich and improve life for citizens in our community. We sponsor the Key Clubs in the Cy-Fair Jersey.

members participate to enrich and improve life for citizens in our community. We sponsor the Key Clubs in the Cy-Fair, Jersey Village, and Katy communities and work with them in service to the Cy-Fair area. Internationally, Fair K both Kiwanis and Key Club are participating in the ELIMINATE two Builders' Club ir PROJECT aimed at the eradication of maternal/neonatal tetanus.

Businesses of the community are encouraged to support a representative for membership in Kiwanis. If you work for a business that is oriented toward involvement in community improvement and leadership, suggest to them that you would like to represent that business through membership and involvement in work with Kiwanis. We welcome business and organization representatives as well as individual memberships.

The Cy-Fair Kiwanis Club meets at Hearthstone Country Club on the first, second, and third Tuesday of each month at 12:15 for lunch and

informative programs. For more information, call John Carroll at 281-463-0373, George Crowl at 832-467-1998 or Peggy Presnell at 281-304-

7127. We invite you to be our guest at one of the meetings and enjoy the fellowship of Kiwanians from your community as you learn about our organization.

CHILDREN PRIORITY ONE is the motto of Kiwanis Clubs worldwide. The Cy-

Fair Kiwanis Club sponsors nine Key Clubs and two Builders' Club in the Cy-Fair School District. If you would like to work with teens and preteens, join us and work with the outstanding youth in these organizations. We sponsor the Kids Triathlon; Girl Scout, Boy Scout, and Sea Scout troops and activities; award scholarships to outstanding Key Club members in our district; provide assistance to Cypress Assistance Ministries and Bear Creek Ministries; the Houston Food Bank; and many other nonprofit organizations.

We welcome your visit at our Club meeting and your consideration of membership in our service organization. Join Now.



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#### Elisha Roberts Chapter

The wonderful ladies of the Elisha Roberts Chapter, NSDAR, extend an invitation to any female, 18 years or older, who can prove direct lineal descent from someone who either fought in or provided aid during the American Revolution. We are a family oriented group of ladies who promote patriotism, education and historic preservation. Our motto is God, Home and Country. If this sounds like you, please come and join us for a meeting. We meet the third Thursday of each month, September through May, at the Backyard Grill, located at 9453 Jones Road. Our next meeting will be on November 21, 2013 at 7:00 p.m.

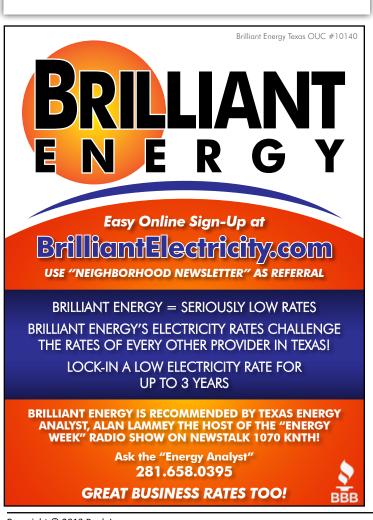
For more information, please contact the chapter Regent, Cheryl Partney at cpart86@comcast.net or by phone at 832-654-0306. We look forward to meeting you.



#### **Host November Monthly Meeting**

The next Cypress-Tomball Democrats monthly meeting will be on Tuesday, November 18, 2013. It will be held at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429. A meet and greet starts at 6:30 p.m., followed by the general meeting from 7:00 p.m. to 8:00 p.m.

All are welcome to attend the meeting and to join this growing club, which meets on the third Tuesday of every month, and always features an informative guest speaker. For more information, visit the website at www.cytomdems.com; contact Glenn Etienne at cytomdems@yahoo.com; or "Like" the club on Facebook.





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- Roofing
- · Gutter Repair/Replacement
- · Faux Painting
- · Door Refinishing
- · Window Installation
- · Trash Removal
- · Ceiling Fan/Light Fixtures

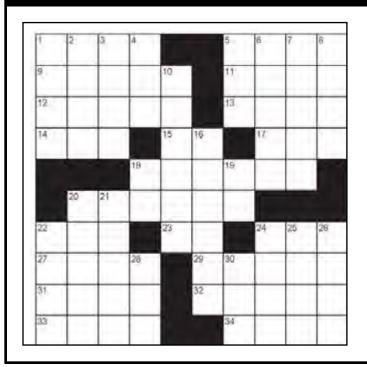
#### References Available • Fully Insured NO PAYMENT UNTIL COMPLETION

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### NOT AVAILABLE ONLINE

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#### **CROSSWORD PUZZLE**



#### ACROSS

1. Swiss-like cheese 5. Black

9. Confuse

11. Dog food brand

12. Flat

13. Sticky black substances

14. Mr.

15. Advertisement

17. No

18. Make better

20. Pre-Nissan

22. Electric spark

23. Miss lang

24. Tire

27. Saloons

29. Immense

31. Shine

32. Santa's helpers

33. Madam

34. Ribald

**DOWN** 

1. Tides

2. Cafe

3. Far away

4. Day of wk.

5. Sup

6. Mont

7. Ms. Winfrey

8. Curious

10. City

16. Toil

18. Movie alien

19. Fashionable

20. Play

21. Smoky

22. Cain killed him

24. Skimp

25. Afresh

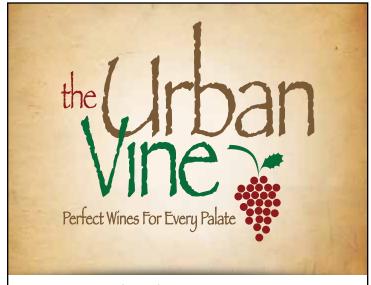
26. Posttraumatic stress disorder

28. Pigpen

30. Unwell

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