

SYDNEY HARBOUR

News For The Residents at Sydney Harbour

January 2014 Volume 2, Issue 1

HOLIDAY LIGHTING Contest Winners

The Events Committee wants to say "Thank You" to everyone who decorated and participated in the Holiday Lighting Contest. There were some very beautiful homes and a lot of Christmas cheer around. Here are the winners of the 2013 contest.



1st Place

George & Jackie Warren, 18018 Grotto Bay



2nd Place

Don Laham & Ricardo Gonzalez, 18006 Obelisk Bay

SYDNEY HARBOUR

COMMUNICATIONS COMMITTEE

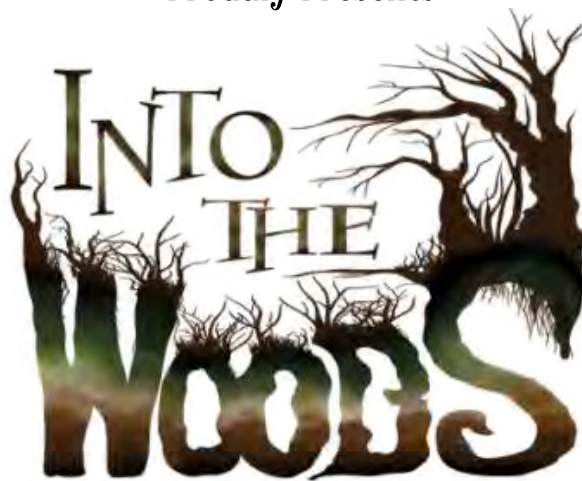
The Communication Committee coordinates the newsletter. A new committee is needed to help review the articles that are submitted for insertion into a monthly newsletter. As you know by now, the newsletter is being printed and mailed monthly to all Sydney Harbour residents by Peel Inc. Articles may be submitted via the neighborhood e-mail sydneyharbour2009@yahoo.com. If you have any interest in working with the committee, please send a note through the neighborhood e-mail.

If you know of any resident who is not receiving the newsletter, please have them send their name, address, and e-mail to sydneyharbour2009@yahoo.com.

Advertising can also be done through this newsletter. Please email kelly@peelinc.com.

CY WOODS THEATRE COMPANY

Proudly Presents



Cy Woods theatre students will be performing the musical "Into the Woods" by Stephen Sondheim and James Lapine. This musical encompasses classic fairy tale characters that portray a sense of fantasy and reality.

Performances will be held in the Cy Woods High School Auditorium Thursday – Saturday (January 30th – February 1st) at 7:00 pm with a Saturday (January 30th) Matinee at 2:00 pm.

Tickets may be purchased online at www.showtix4u.com.

Ticket prices:

Orchestra Level - \$15.00

Mezzanine Level - \$10.00

Synopsis: The story follows a Baker and his wife who wish to have a child, Cinderella who wishes to attend the King's Festival, and Jack who wishes his cow would give milk. When the Baker and his wife learn that they cannot have a child because of a witch's curse, the two set off on a journey to break the curse. Everyone's wish is granted, but the consequences of their actions return to haunt them later with disastrous results.

LIBERTY TAX

If you own a business or thinking of starting one, let us help you understand...

- Your Opportunities
- Liabilities
- Reporting Responsibilities
- State Required Reporting
- HCAD Business Reporting

26281 NW Freeway, Ste. 650
Cypress, TX 77429
(281)304-7300

9260 FM 1960 W
Houston, TX 77070
(281)894-5888

LIBERTY TAX SERVICE

LIBERTY TAX 866-871-1040 LibertyTax.com

Rachael's

Hallmark

GOLD CROWN

Family Owned and operated since 2000

12312 Barker Cypress @ 290 • 281-256-9800

THANK YOU
FOR YOUR
BUSINESS IN 2013.

Happy
New Year!



Chairman of Texas Democratic Party to Speak at Local Meeting

The next Cypress-Tomball Democrats monthly meeting will be on Tuesday, January 21, 2014, at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429. A meet and greet starts at 6:30 p.m. followed by the general meeting from 7:00 p.m. to 8:00 p.m.

January's special guest speaker will be Gilberto Hinojosa, Chairman of the Texas Democratic Party.

All are welcome to attend the meeting and to join this growing club, which meets on the third Tuesday of every month. For more information, visit the website at www.cytomdems.com, contact Glenn Etienne at cytomdems@yahoo.com, or "Like" the club on Facebook.

Sydney Harbour E-Mail Account

A neighborhood e-mail account is available for communication between residents. This e-mail does NOT go to the HOA or Developer. It also is NOT to be used for advertising of any kind. If you have something you would like to advertise, please contact PEEL Inc.

If you want to share a neighborhood concern with your neighbors, send a note to SydneyHarbour2009@yahoo.com.

The note will then be sent to the correct people from the holder of this address. If you are trying to contact the Management Company, please use servicedesk@sterlingasi.com.



Your Cypress Specialist



15720 Stone Oak Estates Ct.

Stone Oak Estates - \$1,800,000
SOLD!



19010 Fir Canyon Trail

Villages of Cypress Lakes - \$192,000
SOLD!



17418 W. Summer Rose

Lakes of Rosehill - \$430,000
Under Contract in 3 Days



Gina Baker

Broker Associate

Office: 281.304.1344

www.ginabaker.com

Century 21
Realty Partners
Each office is independently owned and operated

Cell: 281.685.0306

26321 NORTHWEST FRWY #100 • CYPRESS TX, 77429

SYDNEY HARBOUR

SHALOM

Hi Jewish Community!
Let's get connected! To share...

- Shabbat dinners
- Chanukah parties
- Passover Seders
- or simply get together!

INTERESTED?

E-mail us at
info@shalomcypress.org.
Or visit our website at
www.shalomcypress.org



Just Do It.



SELL US YOUR CAR!



TEXASDIRECTAUTO.COM

We make buying and selling fun!



Scan and sell us your car
or search our inventory

A FOCUS ON RESOLUTIONS

RESOLVE TO BE A BETTER YOU

By: *Concentra Urgent Care*

The New Year is a great time to make healthy lifestyle changes. According to the US Department of Health and Human Services, the most common resolutions focus on losing weight, getting fit, quitting smoking, and reducing stress. These are important themes that can reduce your risk of disease. Here are ways you can achieve your goals this year.

LOSING WEIGHT

A weight loss of five to seven percent of your body weight can improve your health and quality of life. It can also help prevent weight-related health problems, like diabetes.

Changing your eating habits and increasing your physical activity are keys to successful weight loss and help to maintain optimal weight for the rest of your life.

Create a plan for healthy eating and increased physical activity, while taking in fewer calories than you use. Your healthy eating plan should include:

- Taking into account foods you like and dislike

- A focus on fresh fruits, vegetables, and whole grains

- Consuming fat-free or low-fat dairy products such as yogurt, cheese, and milk

- Protein sources such as lean meats, poultry, fish, beans, eggs, and nuts

- Avoiding saturated and trans fats such as animal fat, butter, and hydrogenated oils

- Staying away from foods high in sodium and added sugars

For more information on weight management and improving nutritional practices, visit the National Institute of Diabetes and Digestive and Kidney Diseases at www.win.niddk.nih.gov/publications/for_life.htm.

GETTING FIT

Regular physical activity for at least 30 minutes each day, or broken up into several shorter periods of 20, 15, or 10 minutes, can help you lose weight, keep it off, and stay fit. It can also improve your energy and mood and lower your risk for heart disease, diabetes, and some cancers. Try some of these physical activities:

- Walking (15-minute miles or 4 miles per hour)

- Biking

- Tennis

- Aerobic exercise classes (step aerobics, kickboxing, dancing)

- Yard work or house cleaning (gardening, raking, mopping, vacuuming)

Taking the first step can be the hardest part. Start slowly, at a level that is comfortable for you and add activity as you go along. Sometimes, it helps to have a friend or activity buddy when you start out. It is recommended that adults get at least two and a half hours of moderate physical activity each week. Strengthening activities, such as pushups, sit-ups, or lifting weights, at least two days per week are also encouraged.

For more information on getting fit, visit the President's Council on Physical Fitness and Sports at <http://fitness.gov/>.

Happy New Year from Concentra Urgent Care!



GOOD NEIGHBORS CAN BE GREAT FOR STRESS LEVELS

Do you live in a neighborhood where you feel safe and connected to others, or do you feel overcrowded, threatened, and otherwise unsafe in your surroundings? This, and other aspects of neighborhood life, can impact both your level of happiness and stress.

Socializing: With our busy schedules, we don't always see friends as often as we'd like. For a bit of socializing that takes only minutes out of your day, it's nice to stop and chat with people for a few minutes on your way out to your car. And the more people you have available for shared social support, the better, generally speaking.

Pooled Resources: I know people in some more-friendly neighborhoods who share dinners, minimizing the effort it takes to cook. Others trade fruit from their trees. A neighbor who borrows a few eggs may come back with a plate of cookies that the eggs helped create. Knowing your neighbors increases everyone's ability to share.

Security: Knowing the people around you can bring a sense of security. If you need something—whether it's a cup of sugar when you're baking cookies, or someone to call the police if they see someone lurking outside your home—it's nice to know you can depend on those around you and they can depend on you.

Home Pride: Knowing the people who live around you provides a strengthened sense of pride in your home and neighborhood.

Coming home just feels nicer. While you may not be able to change the neighborhood in which you live, you can change the experience you have in your own neighborhood by getting more involved with those around you and taking pride in the area in which you live. The following are some ideas and resources that can help you to feel more at home in your neighborhood:

Get Out More: If you live in a generally safe area, I highly recommend taking a morning or evening walk. It's a great stress reliever that also allows you to get to know many of your neighbors, get an understanding of who lives where, and feel more at home in your surroundings.

Smile: It's simple enough, but if you're not in the habit of smiling and giving a friendly hello to the people you encounter in your neighborhood, it's a good habit to start. While not everyone will return the friendliness immediately, it's a quick way to get to know people and build relationships, even if you've lived close for years and haven't really said much to one another.

Talk To Your Elders: The more veteran members of the neighborhood often have the inside scoop on the neighborhood. You may be surprised at how much you can learn if you stop to take the time to talk to the sweet old lady at the end of the block.

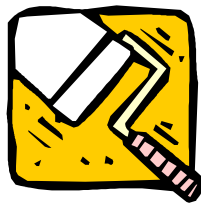
Bashans Painting & Home Repair

Commercial/Residential
Free Estimates

281-347-6702



281-731-3383 cell



- Interior & Exterior Painting
- Garage Floor Epoxy
- Hardi Plank Installation
- Custom Staining
- Wood Replacement
- Roofing
- Sheetrock Repair
- Gutter Repair/Replacement
- Interior Carpentry
- Faux Painting
- Cabinet Painting
- Door Refinishing
- Wallpaper Removal and Texturizing
- Window Installation
- Pressure Washing
- Trash Removal
- Fence Repair/Replacement
- Ceiling Fan/Light Fixtures

References Available • Fully Insured
NO PAYMENT UNTIL COMPLETION
bashanspainting@earthlink.net

Brilliant Energy Texas OUC #10140

BRILLIANT ENERGY

Easy Online Sign-Up at

BrilliantElectricity.com

USE "NEIGHBORHOOD NEWSLETTER" AS REFERRAL

BRILLIANT ENERGY = SERIOUSLY LOW RATES
BRILLIANT ENERGY'S ELECTRICITY RATES CHALLENGE
THE RATES OF EVERY OTHER PROVIDER IN TEXAS!
LOCK-IN A LOW ELECTRICITY RATE FOR
UP TO 3 YEARS

BRILLIANT ENERGY IS RECOMMENDED BY TEXAS ENERGY
ANALYST, ALAN LAMMEY THE HOST OF THE "ENERGY
WEEK" RADIO SHOW ON NEWSTALK 1070 KNTH!

Ask the "Energy Analyst"
281.658.0395

GREAT BUSINESS RATES TOO!



IMPORTANT NUMBERS

Management Company
Sterling Association Services, Inc.
 P.O. Box 38113 Houston, TX 77238-8113
 (p) 832.678.4500, (f) 281.598.4487
 www.sterlingasi.com, servicedesk@sterlingasi.com

EMERGENCY NUMBERS

Harris County Sheriff 866.222.7100
 Pct 4 Main Dispatch Number 281.376.3472
 Animal Control (Emergency) 281.999.3191
 Poison Control 800.764.7661
 Cy-Fair Volunteer Fire Department 713.466.6161
 Emergency 911

LOCAL UTILITY/SERVICE PROVIDERS

Electricity- Reliant Energy 281-897-8808
You can choose your electric provider
 Water and Sewer-Eagle Management 281.374.8989
 Garbage Pick-up Monday & Thursday
 Recycle Pickup Monday ONLY
 Gas-CenterPoint Energy 713-.659.2111
 Telephone- AT&T 800.464.7928
You can choose your telephone provider
 Cable-Comcast 713.895.2539
You can choose your cable provider

PUBLIC SERVICES

United States Postal Service 281.373.9125
 16635 Spring Cypress Road
 Metro Park and Ride 713.635.4000

MEDICAL FACILITIES

Methodist Hospital-Willowbrook 281.477.1000
 Cy-Fair Medical Center 281.890.4285
 Memorial Herman Hospital 281.392.1111
 North Cypress Medical Center 281.894.0003

COMMUNITY SCHOOLS

Cy-Fair ISD Administration 281-897-4000
 10300 Jones Road
 Farney Elementary School 281-373-2850
 14425 Barker Cypress
 Goodson Middle School 281-373-2350
 17333 Huffmeister
 Cy-Woods High School 281-213-1727
 16825 Spring Cypress Road

NEWSLETTER INFORMATION

Publisher

Peel, Inc. www.PEELinc.com, 512-263-9181
 Article Submission sydneyharbour@PEELinc.com
 Advertising advertising@PEELinc.com

STERLING ASI PERSONNEL

Roxanne Martinez Association Manager
 832.678.4500, roxanne@sterlingasi.com

Janine Cruz Administrative Assistant
 832-678-4500 ext. 205, janine@sterlingasi.com

Lizbeth Garcia Administrative Assistant
 832.678.4500 ext.206, lizbeth@sterlingasi.com

Any concerns or general questions for the association regarding violations, deed restrictions, acc applications, interest in joining a committee, clubhouse/pool rentals and any other questions regarding the property can be directed to Janine.

Sara Schouten Account Representative
 832.678.4500 ext. 215, sschouten@sterlingasi.com

Any accounting related questions, a payoff quote or a transfer fee, or just want to know how much is due on their account will be directed to Sara.

Angela Villegas Pool Card Administrator/Customer Service
 832.678.4500 ext. 224, angela@sterlingasi.com

Should homeowners need a pool card for access to the pool area or have any general questions they can ask for Janine, Lizbeth or Angela.

Along with Janine, Lizbeth, Sara and Angela, we have 6 customer service representatives that are familiar with the Association and area readily available to assist homeowners.

DIRECTV is rolling out the RED CARPET

VIP Pricing exclusively for Residents



FREE 5 tuner Genie HD/DVR
 Instant rebate on all packages
 Record, watch and playback in HD from any room

FREE Installation
 Up to 3 FREE additional HD client boxes
 FREE HBO, Cinemax, Starz & Showtime for 3 months

Mention this ad for your VIP deal.
CALL NOW!

1.888.799.0512





PEEL, INC.

308 Meadowlark St. South
Lakeway, TX 78734

PRSRT STD
U.S. POSTAGE
PAID
PEEL, INC.

SYD

IF YOU CAN IMAGINE IT, WE CAN HELP YOU MAKE IT.

WHAT WOULD YOU DO IF YOU HAD ACCESS TO...

MACHINE SHOP • WOODWORKING SHOP • METAL WORKING SHOP
ELECTRONICS LAB • 3D PRINTER • ADVANCED 3D DESIGN SOFTWARE
TRAINING • MENTORING • LASER CUTTER / ENGRAVER • AND MORE

JOIN US IN BRINGING THE ULTIMATE TOOL SHOP TO THE HOUSTON AREA.

A membership to The Inventor's Mill gives you access to the tools, equipment, space and training to make almost anything you can imagine. Perfect for hobbyists, makers, inventors, artists, do-it-yourselfers and even small businesses.

*Limited number of charter memberships available
through January 31st.*

**The
Inventor's
Mill**
www.inventorsmill.com

