

# NORTHLAKE FOREST

## Herald

OFFICIAL PUBLICATION  
OF THE NORTHLAKE  
FOREST HOA

July 2014

Volume 4, Issue 7

## Hosts of Red White & Blue TV Show to appear at Cypress-Tomball Democrats Meeting



The next Cypress-Tomball Democrats monthly meeting will be on Tuesday, July 15, 2014, at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429. A meet and greet starts at 6:30 p.m., followed by the general meeting from 7:00 p.m. to 8:00 p.m.

July's guest speakers are David Jones and Gary Polland, co-hosts of the Houston PBS political affairs program, "Red White & Blue". They will discuss the outlook for the 2014 and beyond campaigns.

All are welcome to attend the meeting and to join this growing club, which meets on the third Tuesday of every month. For more information, visit the website at [www.cytomdems.com](http://www.cytomdems.com); contact Glenn Etienne at [cytomdems@yahoo.com](mailto:cytomdems@yahoo.com); or "Like" the club on Facebook.

## Special Announcements

Jason Fleming will be celebrating  
his 40th birthday on 7/19!  
Happy Birthday!!



# NORTHLAKE FOREST

## NORTHLAKE FOREST COMMITTEES

### FACILITIES MAINTENANCE

Chair .....Paul Rath  
Board Liaison ..... Russell McPherson

### SAFETY/NEIGHBORHOOD WATCH COMMITTEE

Chair ..... Kelly Moore  
Board Liaison..... Russell McPherson

### ARCHITECTURAL REVIEW COMMITTEE

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Board Liaison ..... Dan Daues

### NEWSLETTER

Chair ..... Chanda Serhus  
Board Liaison.....Paul Rath

### WELCOME

Chair ..... Maureen Cummings

### VOLUNTEERS NEEDED

All of our committees are seeking volunteers to help continue making our community a fun place to be. Just a little bit of your time can go a long way. If you are willing to help, in any way, please contact a board member with your interest.

## NEWSLETTER INFO

### EDITOR

Chanda Serhus..... cserhus@gmail.com

### PUBLISHER

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Advertising..... advertising@PEELinc.com

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President ..... Russell McPherson  
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If you notice a problem or have a concern about something within NLF, please complete the form on our website and bring it to the attention of the management company or Board member so that the issue can be addressed.

### MANAGEMENT COMPANY

Planned Community Management, Inc. (PCMI)  
Michael Quast  
(281) 870-0585

mquast@stes.com · www.pcmi-us.com

Northlake Forest HOA Website: [www.northlakeforesthoa.com](http://www.northlakeforesthoa.com)

## IMPORTANT NUMBERS

### EMERGENCY NUMBERS

Ambulance/Fire/Police ..... 911  
Poison Control ..... 1-800-222-1222

### NON-EMERGENCY NUMBERS

Constable, Precinct 4 ..... (281) 376-3472  
Harris County Sheriff ..... (713) 221-6000  
Cy-Fair Volunteer Fire Department..... (281) 550-6663  
Cypress Substation ..... (281) 376-2997

### GOVERNMENT NUMBERS

Animal Control ..... (281) 999-3191  
Health Department ..... (281) 439-6290

### Harris County Commissioner Precinct 4

Jerry Eversole - Community Assistance Office .. (713) 755-6444  
Harris County Appraisal District ..... (713) 957-7800  
Social Security..... (800) 772-1213  
Department of Public Safety (*Grant Rd*) ....(281)-890-5440  
Department of Public Safety (*Hempstead*) ..(979)-826-4066

### POST OFFICE

USPS (Cypress) ..... (281) 373-9013

### LIBRARY

NW Harris County Library (*Lonestar College*) .. (281) 618-5400  
Barbara Bush Library (*Cypress Creek*)..... (281) 376-4610

### SCHOOLS

Administrative Offices ..... (281) 897-4000  
Farney Elementary ..... (281) 373-2850  
Goodson Middle School ..... (281) 373-2350  
Cy-Woods High School ..... (281) 213-1800

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## **Date Set, Downsize Fitness Joins 2014 Texas Stallions Family Fun Run & Free FitZone!**

The Texas Stallions Track Club Cross Country team is proud to announce the return of the Stallions Stampede 2K/5K Fun Run 10K Relay and We Can! FitZone. The family friendly event will take place on October 18, 2014, at 8am, at Forest Oaks Park in Spring, Texas.

The Stallions Stampede and We Can! FitZone aims to promote healthy living in youth through family education, increased physical activity and reduced sedentary time. A USATF Sanctioned event the Stallions Stampede offers 3 races to get the community involved – A Family 2K, a USATF Certified 5K, and a 10K Relay. The We Can! FitZone is free community event offering youth and families fun and useful tools and information for healthful living.

*(Continued on Page 4)*



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# NORTHLAKE FOREST

## Texas Stallions (Continued from Page 3)

“Stallions XC is excited to welcome Downsize Fitness as a Winner’s Circle Sponsor, their perfect complement to our efforts to raise awareness about childhood obesity”, said Head Cross Country Coach Lavoxkeia Carnes. “Downsize fitness is the world’s first gym for people with more than 50 pounds of weight to lose and offers kids free memberships when their parents join”, said Grover Daly, VP of Downsize Fitness. The Stallions Events Committee is seeking healthy living businesses and professionals to provide health screenings, education, assessments and other services to our participants.

For more details, visit the event web site at [www.StallionsStampede.com](http://www.StallionsStampede.com) or contact Lavoxkeia Carnes, meet director, Texas Stallions Track Club at 832-415-0568 or by email at [txstallions@texasstallions.com](mailto:txstallions@texasstallions.com). Registration is underway for our 2014 Cross Country Running Program, visit [www.TexasStallions.org](http://www.TexasStallions.org) to join today!



## Cypress Texas Tea Party

The next meetings of the Cypress Texas Tea Party will be on:

**Saturday, July 12, 2014 12:00 PM - 2:00 PM**  
**Saturday, August 2, 2014 12:00 PM - 2:00 PM**

The Cypress Texas Tea Party meets every three weeks on Saturday Noon until 2:00 PM at:

**Spring Creek BBQ**  
**25831 Northwest Freeway**  
**Cypress, Texas 77429**

Map: <http://goo.gl/maps/OoNjY>

A schedule of our meetings and confirmed speakers can be found at our website, [www.cypresstexasteaparty.org](http://www.cypresstexasteaparty.org) or email us at [cypresstexasteaparty@gmail.com](mailto:cypresstexasteaparty@gmail.com)

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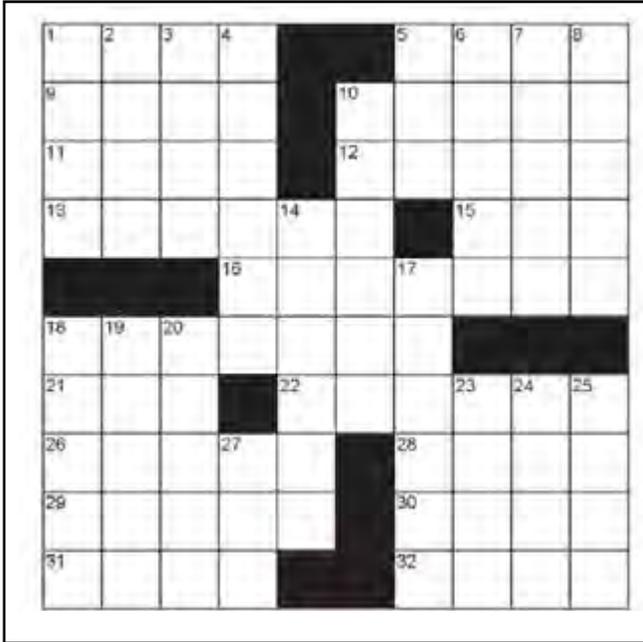

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# NORTHLAKE FOREST

## CROSSWORD PUZZLE



### ACROSS

1. Chunk
5. Tramp
9. Run
10. Confuse
11. Cain killed him
12. To that time
13. Fraud
15. Compass point
16. Taught
18. Hides
21. Brew
22. Large meals
26. Sheer, triangular scarf
28. Midwestern state
29. Electronic mail
30. First letter of the Arabic alphabet
31. September (abbr.)
32. Polish

### DOWN

1. Attired
2. Earring need
3. Organization of Petroleum Exporting Countries
4. Efface
5. Egg layer
6. Many times
7. Capital of Idaho
8. Eyed
10. Combustible material
14. Angry
17. Old Testament prophet
18. Fireproof storage areas
19. Climate
20. Summary
23. Fly alone
24. Matching
25. Secure
27. Whack

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