

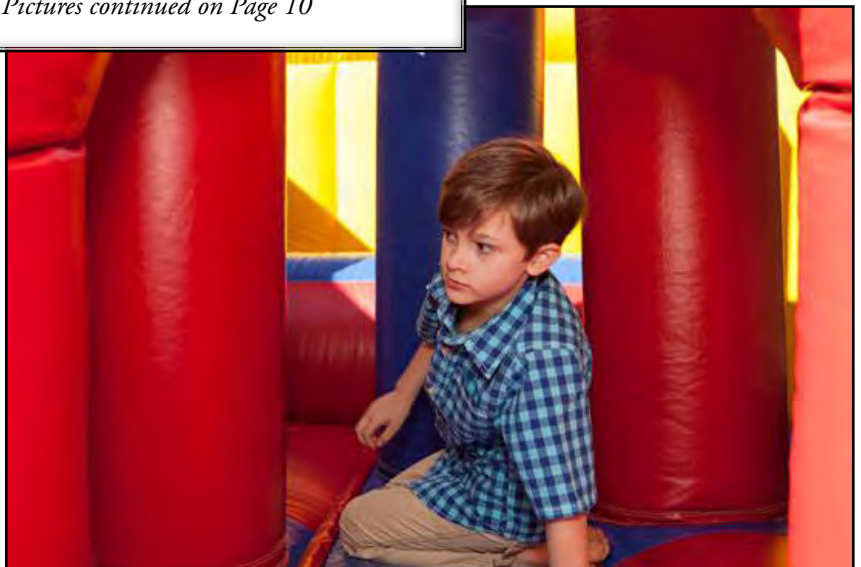
# SUMMERWOOD LIFE

OFFICIAL NEWSLETTER OF THE SUMMERWOOD COMMUNITY ASSOCIATION, INC.



## SUMMERWOOD EASTER FESTIVAL

*Pictures continued on Page 10*



## IMPORTANT NUMBERS

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 ..... customercare@ciaservices.com  
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 Houston Fire Station #105 .... 14014 W. Lake Houston Pkwy  
 ..... Houston, Texas 77044  
 South Lake Houston EMS (Dispatch)..... 281-459-1277  
 Dead Animal Pick-Up (Precinct 1)..... 281-820-5151  
 Animal Control..... 281-999-3191  
 After Hours..... 281-221-5000

### UTILITY SERVICE NUMBERS

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 Entouch Systems..... 281-225-1000  
 (Telephone, Cable, Alarm Monitoring)  
 AT&T..... 800-288-2020  
 CenterPoint..... 713-659-2111  
 Reliant Energy..... 713-207-7777  
 MMIA (Water District Operator)..... 281-651-1618  
 Garbage Pick-Up  
 MUD 342 & 344 (Republic Waste)..... 281-446-2030  
 MUD 361 (Wast Management)..... 1-800-800-5804

### SCHOOLS

Summerwood Elementary ..... 281-641-3000  
 Lakeshore Elementary ..... 281-641-3500  
 Post Office..... 713-695-2690  
 4206 Little York, Houston, TX 77078

## NEWSLETTER INFO

### EDITOR

Article Submissions....summerwoodnewsletter@gmail.com

### PUBLISHER

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 Advertising.....advertising@PEELinc.com, 888-687-6444

## MANAGER'S CORNER

# Coming soon, EXPANDED SPLASHPAD AT CLUB SUMMERWOOD



We are very excited to be expanding the splash pad at Club Summerwood! As of the time of this writing, construction is underway with completion anticipated in May. I know you're probably wondering what the final product is going to be so here is a sneak peek.

The original splash pad was removed to make room for a bigger area with more water features. We are bringing back the brass frog and raining flower that we've all come to know and love. Joining them are many new features.

The Froggy Hoop is a hoop mounted to the surface with eyes like a frog. Our "splashers" will run through the hoop while water sprays down on them.

We are also adding a 3 Arm Shower which is a tall pole with 3 extensions that spin and spray. Another fun thing for our splashers will be the Triple Bucket Fun. This is another surface mounted feature on a pole with three extensions that drop buckets of water down. And we couldn't expand the splash pad without adding Water Canons. The canons will be located at opposite ends so splashers can have water wars with each other.

Splashers will also love the Car Wash which has both ground sprays and pole sprays. There are several poles situated opposite of each other to form a line like a car wash. Our splashers will run through getting sprayed with water from the sides of the poles and from the pad surface. Super fun!

Another cool feature and probably the one we are most excited to see in action is the Dancing Fountain. This is a circle of in ground programmable sprays that will appear to dance on the surface. With the programming, we will always be able to keep our splashers on their toes as they will never know what is going to happen next.

We didn't stop the expansion at water features. The entire splash pad and the playground has been completely fenced with access to be granted only by use of your key FOB or cards. We are adding another shade structure and picnic table so parents can comfortably keep an eye out for their own splashers.





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## IMPORTANT WHEN KEEPING YOUR YARD BEAUTIFUL!

Please be careful not to blow leaves and grass clippings into the drainage system. Your clippings and leaves should be bagged for pick up by the trash company. If they are blown into the storm drains, it could ultimately clog the drainage system and cause flooding of our streets. Thank you for being mindful of that!

## MARK YOUR CALENDAR!

|                     |                         |
|---------------------|-------------------------|
| <i>May 25</i>       | Memorial Day Pool Party |
| <i>July 4</i>       | Independence Day Parade |
| <i>September 19</i> | Fishing Tournament      |
| <i>October 17</i>   | Fall Festival           |
| <i>December 5</i>   | Winter Festival         |



*Dates subject to change.*

*Check [www.summerwoodlife.com](http://www.summerwoodlife.com) for more information.*

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## Pine Cove's Camp in the City Comes to Atascocita

If you're looking for a great camp experience without sending your child to an overnight camp, consider Pine Cove. It's packing up all the fun activities and fantastic staff of summer camp and, for the first time ever,



heading to northeast Houston. Camp in the City is Pine Cove's summer day-camp program that will be held July 27–31 at Northeast Houston Baptist Church. After five days with some of the most fun and exciting college students in the country, children will be energized and ready to face the world with fresh perspectives. Pine Cove has scoured the country to find a fantastic staff and requires stringent training and credentials for all counselors.

Camp in the City is for children entering first through sixth grades. Campers will be grouped with others the same age and gender, with an 8:1 camper-to-counselor ratio. Campers should bring sack lunches each day, and Pine Cove will take care of everything else. Each day is jam-packed with fun activities like bungee trampolines, rock wall, water slide, slip 'n' slide, octaball, laser tag, sword fighting, a



fashion show, and more. Campers will go home tired at the end of every day. There is high-energy worship and funny skits to go along with what children will learn in Bible study. There will be group games, cheers, funny names, tents—the

works. Children will experience a taste of camp close to home. Camp in the City runs from 9 a.m. to 4 p.m., Monday–Friday, July 27–31. The last day of camp features a closing celebration for all parents and campers, starting at 4 p.m.

The cost for Camp in the City is \$250. Registration has already begun, and spots are filling up fast. Register online at [campinthecity.com](http://campinthecity.com). Select Location, then Northeast Houston Baptist Church. Registration can also be completed by phone at 1-800-4PINECOVE.

Northeast Houston Baptist Church is located at 18000 West Lake Houston Parkway, just south of FM 1960. For more information about the church, visit its website at [nehbc.com](http://nehbc.com). Cindy Rogers, director of childhood ministries, looks forward to seeing many children from the Atascocita, Humble, Kingwood, and Lake Houston areas at Camp in the City in July. For more information, she can be reached at 281-794-3851 or emailed at [crogers@nehbc.com](mailto:crogers@nehbc.com).

## SUMMER CREEK HIGH SCHOOL STUDENTS ASK FOR YOUR HELP!



Is your bowl full? Is it empty? Did you know that Summer Creek High School students have made bowls to help fill other people's bowls?

"In the city of Humble, where 60% of our families live, an alarming 20% of residents live below the poverty line: higher than both the county and the state and considerably higher than the nation as a whole. 35% of students attending Humble ISD qualify for free or reduced lunch." –HAAM (Humble Area Assistance Ministries)

You can help too... You are invited to join us for our second-annual Empty Bowls Event benefiting HAAM. Students from across Humble ISD have made bowls to sell for \$10 each to raise money for HAAM (<http://haaministries.org>). Each person who purchases a bowl is welcome to enjoy Chick-Fil-A's donated chicken nuggets.

Where: Summer Creek High School cafeteria

When: Saturday, May 9, 2015, 11 a.m. to 2 p.m. (pre-sale for students who made bowls begins at 10:30 a.m.)

Why: To raise money for our community through HAAM.

## LAKE OF SUMMERWOOD



Many residents have asked for information regarding the distances around the Summerwood lakes. Lake Meredith is the largest lake, with a distance around of 4,803 feet, or 0.91 mile. Lake Anne is the second-largest lake, with a distance around of 3,444 feet, or 0.65 mile. The smallest lake is Lake Ryan (pictured), near the tennis court. The distance around it is 724 feet, or 0.13 mile.

## LAKE HOUSTON *LADIES CLUB*

### MAY MEETING AND LUNCHEON INFORMATION

The Lake Houston Ladies Club will have its meeting and luncheon on Tuesday, May 19, beginning at 10 a.m. at the Walden Country Club, 18100 Walden Forest, Humble, 77346. Jerry Diaz and Hannah's Reef Tropical Band will be back playing their original style of Texas beach music. Come join us on a musical journey to New Orleans, Pensacola, Key West, and the Texas beach scene.

The Lake Houston Ladies Club is a social organization that welcomes new members from all surrounding areas. Several interest groups are available, including readers' choice, bridge, Bunco, teatime, lunch and look, movie group, supper club, mah jongg, and girls' night out. Please join us; new members are always welcome. Call Carol at 832-671-4475 for more information about the club, and for luncheon reservations, call by Friday, May 15, before 5 p.m.

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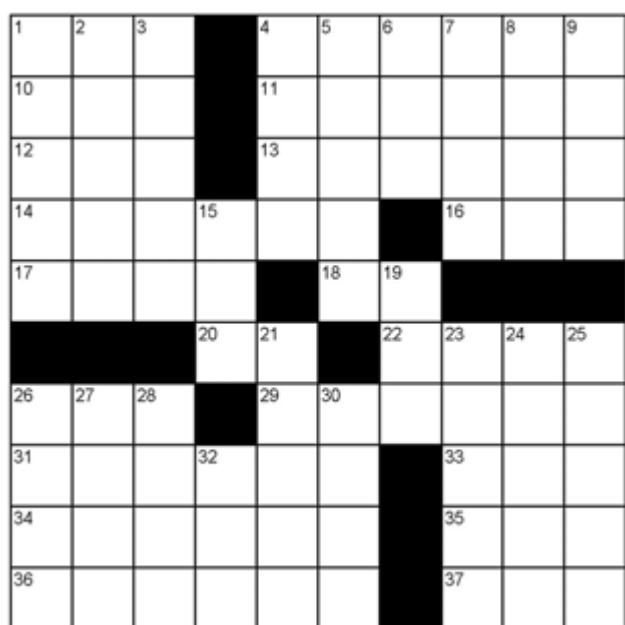


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## CROSSWORD PUZZLE



### ACROSS

1. Ornament
4. Sacred poems
10. Morse code "T"
11. Cover Girl's competitor
12. Hubbub
13. Docket
14. Searching for metal
16. Put
17. Ratify
18. Year (abbr.)
20. Kansas
22. Wager
26. Tax agency
29. "\_\_\_ and World Report"
31. Harry
33. Pock
34. Lush
35. Whiz
36. Military attack
37. Downwind

### DOWN

1. John \_\_\_ (U.S. President)
2. Radiuses
3. Leather strip
4. Frame
5. Waterlogged
6. To be
7. Glasses part
8. Fixed
9. Louvre
15. Pen stuff
19. Dashed
21. Japanese dish
23. Asian country
24. Again
25. Sugar-free brand
26. Pixies
27. Rolled chocolate candy brand
28. Mumble
30. Eye infection
32. Eastern Time

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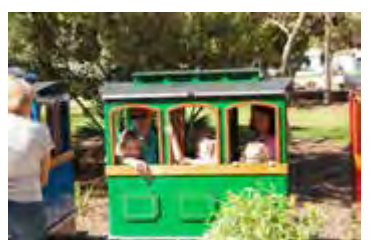
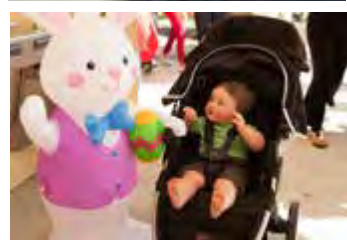
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|   |   | 9 |   |   | 7 |   | 6 | 1 |
| 2 | 7 |   |   |   |   |   | 3 |   |
| 5 |   |   |   | 9 |   |   |   | 4 |
|   |   |   |   | 7 | 1 |   |   |   |
|   |   | 4 | 9 |   |   |   | 2 |   |
| 7 |   | 6 | 8 |   | 3 |   |   |   |

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Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to [summerwoodnewsletter@gmail.com](mailto:summerwoodnewsletter@gmail.com). Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at [www.PEELinc.com](http://www.PEELinc.com).



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## Asthma can be controlled, not cured

*Medications and lifestyle changes help manage asthma, but they will not actually cure it*

"You still have airway inflammation that needs to be treated," said Dr. Nicola Hanania, associate professor of medicine at BCM.

Asthma has a higher prevalence in the inner city population. Treatment incorporates anti-inflammatory medications and lifestyle changes.

Hanania stresses controlling indoor allergens such as dust mites and mold, as well as controlling exposure to second hand smoke.

Although asthma symptoms may not be as apparent when medication and lifestyle changes are incorporated, asthma is not actually cured. If medication or lifestyle changes are stopped, signs of poor control, such as exacerbations and an increased use of an inhaler, will appear and can lead to emergency room visits, hospitalizations and sometimes even death.

Hanania suggests proper education about asthma and having an action plan and knowing when to get help or when to go to the emergency room.

It is possible for adults to develop asthma even though it was not present previously.



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## Apple Cake

- 3 medium apples, peeled & thinly sliced
- 1/4 Cup plus 1 tablespoon sugar
- 1 tablespoon plus 2 teaspoons cinnamon
- 3 cups flour
- 2 cups sugar
- 1 tablespoon baking powder
- 1 teaspoon salt
- 4 eggs, beaten
- 1 cup vegetable oil
- 1/4 cup orange juice
- 1 tablespoon vanilla

Combine first 3 ingredients, tossing well. Set aside. Combine flour, 2 cups sugar, baking powder, and salt in a large mixing bowl. Combine next 4 ingredients; add to flour mixture, mixing well. Pour 1/3 of batter into a greased and floured 10 inch tube pan. Top with half of the thinly sliced apples, leaving a 1/2" margin around center and sides. Repeat layering, ending with batter on top. Bake at 350° for 1 hour or until a wooden pick comes out clean. Cool in pan 10-15 minutes; then remove from pan. Let cool completely. Sprinkle with powdered sugar, if desired.



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## BREAST CANCER

### Importance of Early Detection

By: Concentra Urgent Care

Breast cancer is the most common cancer among women in the United States, and is the second leading cause of cancer deaths. Screening is vital because early stages of the disease are easier to treat. The American Cancer Society recommends women:

- Obtain yearly mammography screenings, beginning at age 40
- Obtain yearly clinical breast exams
- Check your breasts regularly for lumps
- Discuss their breast cancer risk with their physician

Breast cancer risk increases as we age. Other factors that increase a woman's risk for breast cancer include:

- Having started menstrual periods at a young age
- Having a first child after age 30
- Use of hormone replacement therapy
- Having a family history of breast cancer

Men are also at risk for rare cases of breast cancer. All persons familiar with the normal look and feel of their breasts should promptly report any unexpected changes to their physicians. The American Cancer Society recommends both women and men consult their doctor if they notice any of the following:

- A new, hard lump or thickening in any part of the breast
- Change in breast size or shape
- Dimpling or puckering of the skin
- Swelling, redness, or warmth that does not go away
- Recurrent pain in a particular part of the breast
- Pulling in of the nipple
- Nipple discharge that starts suddenly in only one breast
- An itchy, sore, or scaly area on one nipple

*For more information about breast cancer and early detection, contact your health care provider, your Concentra health specialist, visit the American Cancer Society Web Site at: [www.cancer.org](http://www.cancer.org), or visit the National Breast Cancer Awareness Month Web site at: <http://nbcam.org/>*

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**I** Constantly watch children around water.  
**NOT** become distracted.  
**WILL** Learn CPR and the signs of drowning.  
Be ON DUTY until relieved by another adult.

## DROWNING IS PREVENTABLE



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## KITCHEN MAKEOVERS IN MAY

Could your kitchen use an update? You can transform your dull, seemingly dated kitchen into a stylish, modern centerpiece of your home with a few DIY projects that you could tackle in a weekend:

**Recolor Your Scheme** – Freshen up your colors. Adding a new coat of paint or taking some risk with bold, striking wallpaper can miraculously transform any room. Don't forget the 60-30-10 rule!

**Contain The Clutter** – Add functional storage to help contain the kitchen mess that can make your space feel cramped and cluttered. You can find some inexpensive solutions to improve how you store food as well as pots and pans online.

**Update Your Cabinetry** – You might be amazed at the difference knobs and handles can make to your kitchen cabinetry. With a drill and knob placement tool from your local hardware store you can ensure every knob and handle is perfectly placed in minutes.

**Still Struggling with Ideas?** – Check out one of my favorite FREE apps; “houzz”. It is filled with fantastic ideas, pictures, and instructions to remake any part of your home.

Tracy Montgomery and her team of experienced Realtors do far more than list and sell homes. Tracy's goal is to ensure she stays up on market trends, buyer needs, and seller tips to ensure their clients have nothing less than an amazing Real Estate experience. Nobody sells more happy customers than the Tracy Montgomery Team. Call now to learn how Tracy can transform your home buying or selling experience.



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If you know of someone who would appreciate the level of service my Team provides, please call me with their name and business number. I'll be happy to follow up and take great care of them.

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