



The LONGWOOD Letter

January 2016

Volume 10, Issue 1

News For The Residents of Longwood

WELCOME TO LONGWOOD LETTER

*A Newsletter
for the Longwood
Community*

The Longwood Letter is a monthly newsletter mailed to all Longwood residents. Each newsletter will be filled with valuable information about the community, local area activities, school information, and more.

If you are involved with a school group, play group, scouts, sports team, social group, etc., and would like to submit an article for the newsletter, you can do so online at www.PEELinc.com. Personal news (announcements, accolades/honors/celebrations, etc.) are also welcome as long as they are from area residents.

GO GREEN! Subscribe via Peelinc.com to have an email sent to you with a link to a PDF of the newsletter, or have an email sent to you instead of having a newsletter mailed to you!

Make your art a priority in 2016!

Our mission is to promote Art Appreciation in Tomball & surrounding communities, to stimulate enthusiasm for the Arts, increase our knowledge and techniques by having renowned artists demonstrate, and to unite artists by having a common meeting place to share new techniques & knowledge. Join Us!

Jan. 9 – Guest Artist, Peihong Endris - Chinese Brush & Ink

Feb. 13 – Kathy Fediw - Pastels

TAL meets at 9:30 a.m. the 2nd Saturday of the month (some exceptions) in the Amegy Bank building, 2nd Floor,

Hwy 249 @ Medical Complex Dr. in Tomball.

For more info:
thetomballartleague.com

Finding Resolution

I am a goal-oriented, list-making individual. It's how I'm wired, and it has helped me be productive and successful in many ways. However, being goal-oriented doesn't always work so well when building relationships. What if the other individual doesn't have the same goals as you do?

This has been the case many times in my life, and my tendency was to bulldoze over them with my lack of concern for their goals. My goals were better, more thought out, more important, etc. What does that do to this relationship that I valued to work on so much? It completely undermines the whole thing! So, how did I learn to stop this destructive pattern in my relationships? Horses!

How many of you have tried to get an animal that weighs over 1000 pounds to meet your personal goals? It's not easy. Yes, it is possible to

force them to do many things, but can you catch them easily the next day? Do they really want to have a relationship with you after you have met said goals? Mine didn't. Mine ran away and fought many things I tried to "teach".

What did it take for me to listen to the horse's thought on our relationship? An unplanned dismount is the nicest way I've heard it phrased. When a horse goes to bucking, it is pretty clear it doesn't respect your leadership. A wise man once asked me what happened before that buck. I answered, "Lots of little things that I ignored, actually."

I'm too old to ignore those little signals anymore. It hurts to hit the ground with that kind of force! As I've learned to listen to horses better, it has also helped me to listen to people better. Have you ever asked a friend what they want to receive out of the

(Continued on Page 2)

LONGWOOD LETTER

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire.....	911
Ambulance	911
Constable	281-376-3472
Sheriff - Non-emergency	713-221-6000
- Burglary & Theft	713-967-5770
- Auto Theft	281-550-0458
- Homicide/Assault	713-967-5810
- Child Abuse	713-529-4216
- Sexual Assault/Domestic Violence.....	713-967-5743
- Runaway Unit	713-755-7427
Poison Control.....	800-764-7661
Traffic Light Issues	713-881-3210

SCHOOLS

Cypress Fairbanks ISD Administration	281-897-4000
Cypress Fairbanks ISD Transportation	281-897-4380
Cypress Fairbanks Senior High.....	281-897-4600
Goodson Middle School	281-373-2350
Hamilton Elementary.....	281-370-0990

OTHER NUMBERS

Animal Control.....	281-999-3191
Cypress Fairbanks Medical Center.....	281-890-4285
Harris County Health Department	713-439-6260
Post Office Box Assignment – Cypress.....	1-800-275-8777
Street Lights - CenterPoint Energy	713-207-2222
- not working (Report Number on Pole)	
Trash Removal	281-446-2030

NEWSLETTER PUBLISHER

Peel, Inc.	1-888-687-6444
Article Submissions	longwoodletter@PEELinc.com
Advertising.....	advertising@PEELinc.com, 1-888-687-6444

Advertising Information

Please support the businesses that advertise in the Letter. Their advertising dollars make it possible for all Longwood Letter residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact Peel, Inc. Sales Office at 888-687-6444, advertising@PEELinc.com

(Continued from Cover)

relationship you have? Do they have needs that aren't being met? If they aren't treated respectfully and valued, they may not stick around.

Setting goals is still helpful, especially in helping me think of the steps to help myself achieve them. I just want to make sure I am not ruining relationships along the way. So, my goal setting looks different now as I make sure it includes the friends I value the most.

These are a few of my relational goal ideas for the next year. They are all oriented toward preventing those blow ups, like my horse gave me, with one of my friends or husband.

Be a better friend by:

1. Stopping to question myself when feeling annoyed or offended- "Is really that important?"

2. Plan monthly dates to build relationships.

3. Check in with my friends to find out their needs, before they ask!

4. Be more available by being less BUSY- say no to more things, so I can say yes to important ones.

5. LISTEN better- friends are giving early signs of needs, but we are distracted with our own.

Shannon Birkelbach works at Five Horses, LLC in Waller, Texas. To find out more about how horses can help you and your relationships, check out the natural horsemanship program as well as the equine assisted learning workshops provided here. www.fivehorses.com

WIRED

ELECTRICAL SERVICES

SERVICING ALL YOUR ELECTRICAL NEEDS

- Panel Upgrades
- Home Inspections
- TV Install/Mounting
- Troubleshooting
- Remodeling
- Landscaping Lighting
- Home Generators

RESIDENTIAL & COMMERCIAL 24-7 SERVICE
LICENSED & INSURED

Take \$25.00 Off Your
Next Service Call

FAMILY OWNED AND OPERATED

713.467.1125 or 281.897.001

www.WiredES.com



TECL 22809 Master 100394



SPRING MULCH SALE

\$5.50 Per Bag

PROJECT PROM 2016 – CY-FAIR HIGH SCHOOL

Just in time for Spring... Cy-Fair Project Prom has all the MULCH you want to spruce up your yard! Please Pre-Order your bags of Black Velvet Hardwood Mulch now for \$5.50 a bag (2 cu. Ft.) by Friday, February 19th for FREE delivery.

DELIVERY / PICK-UP

SATURDAY, MARCH 5, 2016

9:00 AM – 3:00 PM

**ORDER BY 2/19 FOR FREE DELIVERY OR YOU CAN
PICK-UP AT WORTHAM VILLAGES CLUBHOUSE**

HOW TO PLACE YOUR ORDER FOR FREE DELIVERY

Fill out the Pre-Order Form below and mail or drop off at the following address: YOUR ADDRESS. If you need help placing

your order, contact Tina Critendon at tcritendon@sbcglobal.net or 713-410-2439.

Cy-Fair High School Seniors and Parents can earn Project Prom Points by donating their time and 'MUSCLES' as well as trucks and trailers for this fundraiser. Please email Tina Critendon at tcritendon@sbcglobal.net or contact her at 713-410-2439, if you are interested in helping on March 5th!

Project Prom is an all-night lock-in party that parents provide after the prom through fundraising. Its specific purpose is to provide a safe and alcohol free environment. Cy-Fair Project Prom is a tax-exempt organization that may receive charitable contributions. Monetary or gift card donations are always welcome!

WWW.CYFAIRPROJECTPROM.COM



MANY LONGWOOD ROOFS ARE DAMAGED FROM APRIL 19, 2015 WIND & HAIL STORMS. THE HAIL SIZE WAS APPROXIMATELY 3/4" BUT HAS DAMAGED ROOFS THAT ARE AT LEAST 12 YEARS OLD DUE TO THEIR DETERIORATED CONDITION.

LIMITED TIME LEFT TO FILE A CLAIM!

OTHER SERVICES:

- INTERIOR & EXTERIOR PAINT • PATIO ADDITIONS • ROOM ADDITIONS
- BATHROOM & KITCHEN REMODELING • FENCING & FENCE REPAIRS
- ENERGY EFFICIENT VINYL REPLACEMENT WINDOWS
- HARDIPLANK FIBER CEMENT SIDING • ROOF MAINTENANCE & REPAIRS

HAIL & WIND STORM DAMAGE?

**FIND OUT IF YOU QUALIFY
FOR A NEW ROOF COVERED
BY YOUR INSURANCE
(EVEN IF YOU'VE BEEN DENIED)
DON'T GET LEFT OUT!!!**

**ROOF REPAIR
COUPON
\$250**

(LONGWOOD RESIDENTS ONLY)

* includes basic roof maintenance of caulking around roof flashings & general roof inspection for up to one hour. Does not include material. May also be applied to complete roof replacement.

**CALL (281) 376-7474
FOR A FREE ESTIMATE
WWW.ANDERSONRESTORE.COM**

LONGWOOD LETTER

CY-FAIR PROJECT PROM 2016 MULCH SALE PRE-ORDER FORM

Place your order by Friday, February 19th

Make checks payable to: Cy-Fair Project Prom

Please fill in info below and mail or drop off at: 12911 Reedwood Ridge Rd, Wortham Estates (box on porch)

NAME: _____ CONTACT NUMBER: _____

ADDRESS: _____ EMAIL: _____

DESIGNATE PROJECT PROM POINTS TO (Name of Senior): _____

Black Velvet Hardwood Mulch (2 Cu.Ft. Bags) \$5.50 each x _____ = _____

Where would you like for us to stack your mulch? _____

DEADLINE FOR PRE-ORDERS IS FRIDAY, FEBRUARY 19th

PAYPAL PAYMENTS – www.cyfairprojectprom.com

The advertisement for Quality Printing Company features a large, stylized logo with the word "Quality" in a white script font and "PRINTING COMPANY" in a white sans-serif font, set against a black background. To the left of the logo is a circular collage of white icons representing various printing and design services, including a lightbulb, gears, a computer monitor, a printer, a magnifying glass, a hand, a barcode, a thumbs up, a shopping bag, a folder, a document, a speech bubble, a heart, and the CMYK color model. Below the logo, the text "Call today for more info" is followed by the phone number "512.263.9181" in a large, bold, black font. Underneath the phone number, a paragraph states: "From design to print to mail, **Quality Printing** can help you with all of your printing needs!" At the bottom right, the website "QualityPrintingOfAustin.com" is listed in a bold, black font.

The Benefits of Hosting Span Borders

Traveling the world and experiencing new cultures is something many dream of but few are able to do. Hosting an Ayusa exchange student provides the opportunity to experience the world while bringing other benefits to their family and local community.

For schools, opening their doors to an exchange student provides their students the opportunity to experience new cultures and expand their understanding of the global society. Not only will students be able to expand their circle of friends, they will be able to reference different perspectives of world events. The new perspectives that both local and exchange students gain through the exchange experience are invaluable for the ever-expanding global community.

Ayusa exchange students are eager to learn and participate in school and community programs. They take their role as ambassadors for their country seriously. Ayusa students are not simply bystanders to their program year; they are active participants looking to make a difference in their host school and community.

Ayusa exchange students are strong academic performers, well-rounded, and open-minded. Prospective students go through an extensive interview process in their home countries and are evaluated for maturity, strength of goals, leadership skills, and

academic background. Ayusa honors all school enrollment standards, academic requirements and student placement criteria specified in school or district policies.

Host families also reap the benefits of opening their home by sharing their America. When they share with their exchange student, they are also able to see America with fresh eyes through the student. Families often learn new things about the U.S. and have different perspectives after hosting. The experiences and memories that are shared during the program last a lifetime and span international borders.

For more information about hosting a high school foreign exchange student, please contact your local representative Vicki Odom at 832.455.7881 or [HYPERLINK "mailto:vodom@ayusa.org" vodom@ayusa.org](mailto:vodom@ayusa.org) or Ayusa at 1.888.552.9872 or by visiting the website at www.ayusa.org.

ABOUT AYUSA

Ayusa is a non-profit educational organization that promotes global learning and leadership through foreign exchange and leadership program programs for high school students from around the world. Ayusa offers unique, richly personal cross-cultural experiences for students, volunteer host families, schools, and local communities.



got news?

Submit your news at:
www.peelinc.com

LONGWOOD LETTER

The Longwood Letter is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use the Longwood Letter contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the Longwood Letter is exclusively for the private use of Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

**NOT AVAILABLE
ONLINE**

BASHANS PAINTING & HOME REPAIR

- Interior & Exterior Painting
- HardiPlank Replacement
- Sheetrock Repair
- Cabinet Painting
- Pressure Washing
- Fence Repair/Replacement
- Custom Staining
- Gutter Repair & Replacement
- Crown Molding
- Wallpaper Removal
- Wood Replacement
- Interior Carpentry
- Wallpaper Removal & Texture
- Garage Floor Epoxy
- Roofing
- Faux Painting

NO MONEY UP FRONT

20 Years Experience • References Available

Commercial/Residential

~ FREE ESTIMATES ~

BashansPainting@earthlink.net

◆ FULLY INSURED

281-347-6702

281-731-3383 cell



HARDIPLANK®



*"Living, loving, and learning in
Christ and the Church."*
6646 Addicks Satsuma Rd.
Houston, TX 77084
281-463-1444
www.seasc.org

EXCELLENT CURRICULUM • ATHLETICS
COMPUTER & SCIENCE LABS
BEFORE & AFTER SCHOOL PROGRAMS



Now Registering
2015-2016
School year

**CHALK
UP A
NEW
IDEA**



PEEL, INC.
community newsletters

Contact a representative today!
512.263.9181



Attention KIDS: Send Us Your Masterpiece!

Color the drawing below and mail the finished artwork to us at:

Peel, Inc. - Kids Club

308 Meadowlark St

Lakeway, TX 78734-4717

We will select the top few and post their artwork on our Facebook Page - Facebook.com/PeelInc.

DUE: January 31st

Be sure to include the following so we
can let you know!

Name: _____

(first name, last initial)

Age: _____



LW



PEEL, INC.

308 Meadowlark St. South
Lakeway, TX 78734

PRSR STD
U.S. POSTAGE
PAID
PEEL, INC.

LW



LET US HELP YOU
GROW YOUR NEXT

**BIG
IDEA**



PEEL, INC.
printing & publishing

CONTACT US TODAY!

512.263.9181

OR VISIT

PEELINC.COM