

# The LONGWOOD Letter

February 2016

Volume 10, Issue 2

News For The Residents of Longwood

## WELCOME TO LONGWOOD LETTER

*A Newsletter  
for the Longwood  
Community*

The Longwood Letter is a monthly newsletter mailed to all Longwood residents. Each newsletter will be filled with valuable information about the community, local area activities, school information, and more.

If you are involved with a school group, play group, scouts, sports team, social group, etc., and would like to submit an article for the newsletter, you can do so online at [www.PEELinc.com](http://www.PEELinc.com). Personal news (announcements, accolades/honors/celebrations, etc.) are also welcome as long as they are from area residents.

**GO GREEN!** Subscribe via [Peelinc.com](http://Peelinc.com) to have an email sent to you with a link to a PDF of the newsletter, or have an email sent to you instead of having a newsletter mailed to you!

## Finding Connection

Do you remember your last first date? I know, for many of you that seems like it was eons ago! Take a minute and try to recall what went through your mind.

For most of us, there were thoughts of, "What if he doesn't think I'm pretty?" Or, "Will he think I'm smart enough? ...Funny? What if he thinks I'm boring?" Take your pick, and fill in the description. Male or female, old or young, we've all worried about these things at some point.

Every self-help book tells you that you need to love yourself before you can make a connection with another person. But how? How do you learn to find that connection within yourself so that you can learn to find connections with others?

For me, it was when I began working with horses. I learned a few simple, but profound, facts about horses. Horses don't judge, and are not impressed by a pretty face. They don't care about the car you drive, what your job is, or how

much money you make. There are no concerns about race, sexuality, or religion. All a horse wants to know is, "Can I trust you to keep me safe?" and, "What's in it for me?"

These amazing creatures are incredibly similar to humans in that they instinctively crave the connection formed with other beings. Through my journey into the world of Natural Horsemanship, I learned that horses are deeply intuitive creatures who can read you just by reading your body language and intent.

Working with these creatures teaches you so much about yourself.

For instance, working with a creature that weighs over 1000 lbs. makes you feel strong and confident. When a horse chooses to interact with you, you feel honored and special. When a horse offers you his trust, you feel love. And, if you mess up or make a mistake? Well, horses are the consummate teachers of forgiveness. They don't hold grudges or cast blame. They just move on. Really, there's a lesson in life everyone should learn.

Learning to love yourself is imperative to finding and establishing connections with others. Learning how to love yourself is a journey in itself. Begin your journey this month, and enjoy the ride.

Tara Chatterson works at Five Horses, LLC in Waller, Texas. To find out more about how horses can help you and your relationships, check out the natural horsemanship program, as well as the equine-assisted learning workshops provided here: [www.fivehorses.com](http://www.fivehorses.com)



# LONGWOOD LETTER

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- Homicide/Assault .....	713-967-5810
- Child Abuse.....	713-529-4216
- Sexual Assault/Domestic Violence.....	713-967-5743
- Runaway Unit .....	713-755-7427
Poison Control.....	800-764-7661
Traffic Light Issues .....	713-881-3210

### SCHOOLS

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Cypress Fairbanks ISD Transportation .....	281-897-4380
Cypress Fairbanks Senior High.....	281-897-4600
Goodson Middle School .....	281-373-2350
Hamilton Elementary.....	281-370-0990

### OTHER NUMBERS

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Cypress Fairbanks Medical Center.....	281-890-4285
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- not working (Report Number on Pole)	
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## Cypress-Tomball Democrats February Meeting

The Cypress-Tomball Democrats monthly meeting for the month of February will be held on Tuesday, February 16, 2016, at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 p.m. to 8:00 p.m.

Everybody is welcome to attend the meeting and to join this growing club, which meets on the third Tuesday of every month. The meetings foster great fellowship and feature informative guest speakers. For further information, visit the website [www.cytomdems.com](http://www.cytomdems.com); contact Glenn Etienne at [cytomdems@yahoo.com](mailto:cytomdems@yahoo.com); Follow us on Facebook at Cypress- Tomball Democrats.

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## “Learning to WIN with ABWA: The Ins and Outs of Working in WIN”

### Luncheon Details

Thursday, February 25, 2016

Networking 11a.m.; Luncheon begins at 11:30 a.m.  
Sterling Country Club, 16500 Houston National Blvd.,  
Houston, TX 77095

Costs \$25 with advanced reservations; \$30 at the door

At the February 25 Cy-Fair Express Network Luncheon, attendees will learn about working in and through WIN (Women's Instructional Network). They will learn more about how to update member profiles, upload items to WIN, and also learn about other scholarship opportunities. Members are encouraged to bring their laptops and/or tablets, and hotspot connection to actively participate in the presentation.

This month's CYFEN meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program. Luncheons are held at the Sterling Country Club, 16500 Houston National Blvd.

### About Cy-Fair Express Network (CYFEN)

Now over 50 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to [www.CYFEN.org](http://www.CYFEN.org).

### About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, [www.abwa.org](http://www.abwa.org).



MANY LONGWOOD ROOFS ARE DAMAGED FROM APRIL 19, 2015 WIND & HAIL STORMS. THE HAIL SIZE WAS APPROXIMATELY 3/4" BUT HAS DAMAGED ROOFS THAT ARE AT LEAST 12 YEARS OLD DUE TO THEIR DETERIORATED CONDITION.

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# LONGWOOD LETTER

## THE PLAIDS RETURN FROM THE AFTERLIFE TO PERFORM AT THE HOUSTON FAMILY ARTS CENTER

*Stuart Ross's Off-Broadway Musical "Forever Plaid" is being resurrected on the HFAC Garza Main Stage*

Stuart Ross's, "Forever Plaid", is one of the most internationally popular Off-Broadway musicals to hit the stage, and it's coming to the Houston Family Arts Center. This nostalgic, 50's revue opens on the Garza Main Stage January 29, 2016 – February 21, 2016.

"What is amazing about this show," says director Eric Domuret "is how it makes me feel. So many memories, successes, and life experiences have come from this show. This show and its legacy preserves so perfectly the heart of the generation of the 1950s that had big dreams and felt their decency and hard work was enough to get them there. What better way to preserve it than experiencing it, and making it take hold in the here and now in the hearts of a new generation. What makes this production unique is how much it is like the original production from the early 90s. The original Plaids have handed down their direction, traditions, and intricacies that cannot be discovered outside of this legacy. This is what is being brought to HFAC."

Frankie, Jinx, Sparky, and Smudge are The Plaids. One the way to their first big gig, their cherry red '54 Mercury collided with a school bus, and The Plaids were killed instantly. Now, they've come back to Earth for one final performance. Don't miss this charmingly fun show as The Plaids' sing some of the greatest hits of the 1950's including: "Three Coins in the Fountain," "Chain Gang," and "Heart and Soul" to name just a few!

The guardian angels of The Plaids' are Eric Domuret (director/choreographer), Jesse Lozano (music director), Michael Montgomery (producer), Mary Balest (costume design), Amelia Templeton (scenic design), Ron Putterman (lighting design), David Dean (sound design), Alex Brokmeyer (stage manager), and Mitch Lawyer (bassist).

The posthumous harmonic quartet includes: Eduardo Tercero



(Frankie), Daniel Rosales (Jinx), Brian Chambers (Sparky), and Taylor Fisher (Smudge). Fisher has appeared in several HFAC shows recently as The Baker in "Into the Woods," John Adams in "1776," and Javert in "Les Miserable." Tercero, Rosales, and Chambers are all newcomers to the Garza Mainstage. Eduardo Tercero is known in the Houston opera community for his vocal work with the Houston Chamber Choir, Houston Symphony, and Ars Lyrica. Daniel

*(Continued on Page 5)*



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# LONGWOOD LETTER

*(Continued from Page 4)*

Rosales is a recent musical theatre graduate from Sam Houston State University and has been seen at Stages Repertory Theatre and the former Masquerade Theatre. Brian Chambers is a director and teacher for the Cypress Academy of Performing Arts.

Performances of "Forever Plaid" are Friday and Saturday evenings at 7:30 p.m., with Sunday matinees at 3 p.m., January 29th – February 21st on the HFAC Garza Main Stage. Tickets are on sale now and may be purchased online at [www.houstonfac.com](http://www.houstonfac.com), or by phone at (281) 587-6100. Special pricing is available for groups of 10 or more.

Performance Location:

Houston Family Arts Center Garza Main Stage  
10760 Grant Road, Houston, TX 77070

(Located in NW Houston, easily accessible from SH 249 and SH 290)

Performances:

**Friday, February 12th at 7:30 p.m.**  
**Saturday, February 13th at 7:30 p.m.**  
**Sunday, February 14th at 3:00 p.m.**  
**Friday, February 5th at 7:30 p.m.**  
**Friday, February 19th at 7:30 p.m.**  
**Saturday, February 6th at 7:30 p.m.**

**Saturday, February 20th at 7:30 p.m.**

**Sunday, February 7th at 3:00 p.m.**

**Sunday, February 21st at 3:00 p.m.**

Ticket Prices:

Adults: \$26

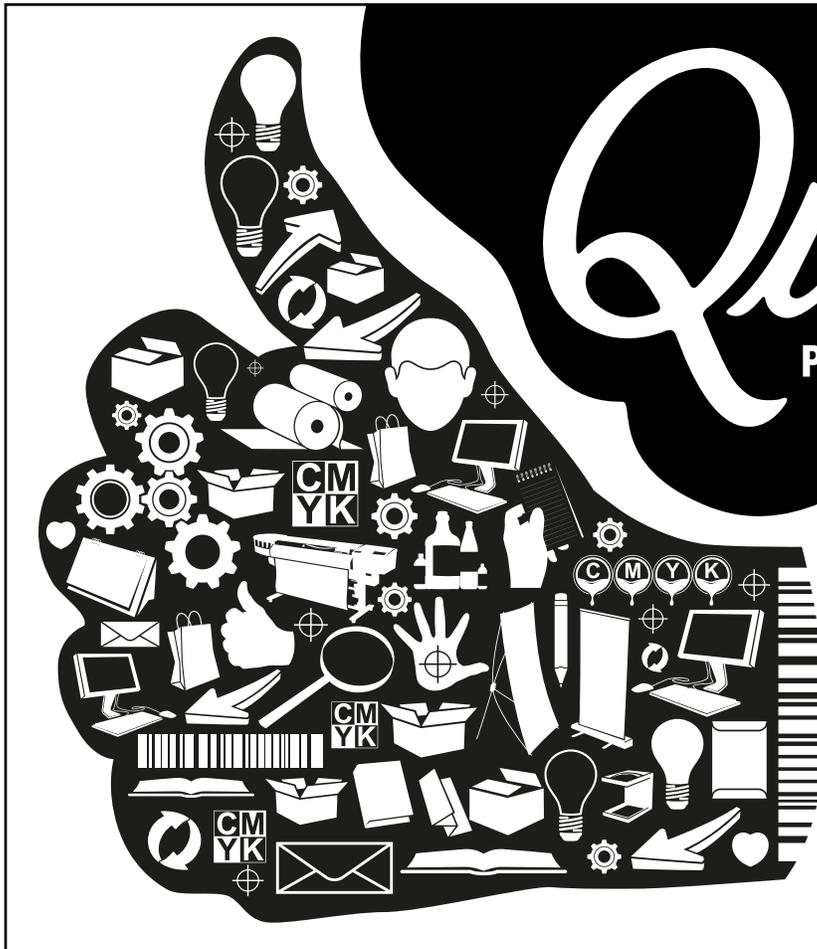
Seniors (65+): \$22

Students (3-18): \$15

About Houston Family Arts Center

Houston Family Arts Center (HFAC), founded in 2005, is a not-for-profit performing arts and educational organization, with a passion for entertaining, enlightening and engaging audiences in Texas. Recent winner in seven categories for the Broadway World Houston Awards, HFAC has also been named Houston's "Best Gem of a Theater" by the Houston Press and "Best Arts and Entertainment" by the "Best of the Northwest" Readers' Choice awards. HFAC is a proud winner of the prestigious national American Association of Community Theatre Twink Lynch Organizational Award. HFAC produces a broad mix of classics, comedies, dramas, musicals and new works.

Through its award-winning Actors Academy, HFAC offers acting and singing classes, and provides performance opportunities for all ages. To purchase tickets, sign up for auditions or classes, or for more information, please visit [www.houstonfac.com](http://www.houstonfac.com) or call HFAC at (281) 587-6100.



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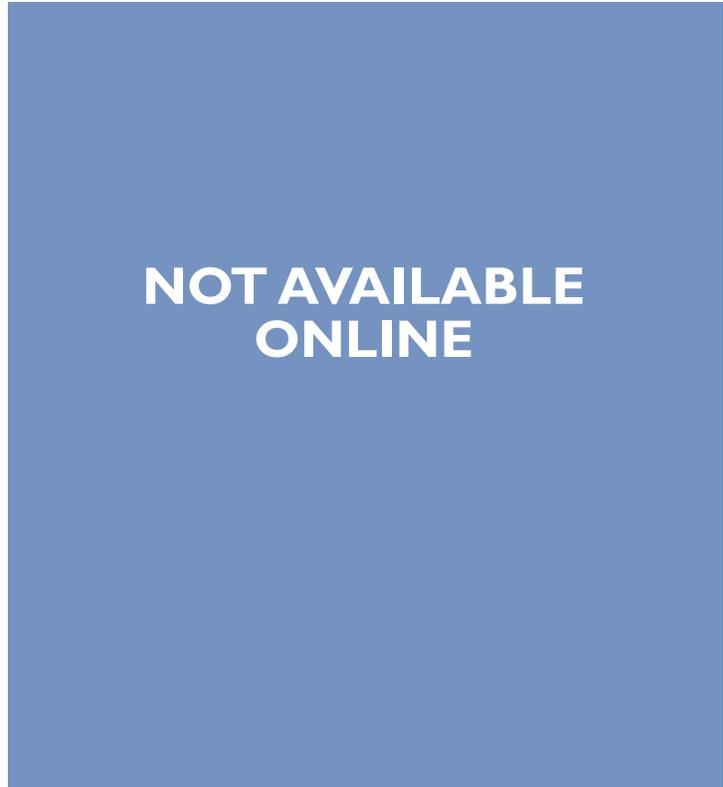
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## 8TH Annual Salute to Our Heroes Gala



On February 13, 2016, the Cy-Fair Educational Foundation (CFEF) will hold its 8th Annual Salute to Our Heroes Gala at the Omni Houston Hotel Westside. Joe Myers Ford Lincoln is generously underwriting this gala that honors the brave men and women who have served to protect our freedom and liberty. Cypress Fairbanks Medical Center Hospital and North Cypress

Medical Center are Major General Sponsors for Salute to Our Heroes. The evening will include a Missing Man Table and Honors Ceremony to honor our missing loved ones [or missing comrades in arms, for veterans].

Gerald Coffee is the guest speaker. Captain Coffee served our country as a naval officer for 28 years; much of that service was as one of the longest held prisoners of war in the communist prisons of North Vietnam. His military decorations include the Silver Star, the Distinguished Flying Cross, two Bronze Stars, the Air Medal, two Purple Hearts, and the Vietnam Service Medal with 13 stars.

Salute to Our Heroes has raised more than half a million dollars over the past seven years. Proceeds from this event have funded three endowed scholarships for students graduating from the Cypress Fairbanks ISD.

CFEF was established in 1970 as a non-profit to raise money to fund a scholarship for high school graduates in the area. Over the past 45 years, the Foundation has grown tremendously through the efforts of the Board of Trustees and the generosity of the Cy-Fair Community. The Foundation has awarded more than \$6 million in scholarships to 1300 graduating seniors. CFEF is a 501(c)3 non-profit organization, all contributions are tax deductible, as allowed by the law.

Sponsorships and tickets are available for Salute to Our Heroes  
Tickets: \$100 individual; \$50 veterans

For more information please contact [marie@thecfef.org](mailto:marie@thecfef.org) or visit our website at [www.TheCFEF.org](http://www.TheCFEF.org).

# DAR

The wonderful ladies of the Elisha Roberts Chapter, NSDAR (National Society, Daughters of the American Revolution), would like to extend an invitation to local females (18 and older) to attend our next meeting. We meet the third Thursday of each month, Sept-May at the Richard and Meg Weekley Community Center, 8440 Greenhouse Rd, Cypress, TX 77433. We are friendly, family oriented, and diverse in ages, and promote patriotism, education, and historic preservation. Membership is based on the requirement that you can prove direct lineal descent from someone who fought in the American Revolution or provided any type of aid, but it is not required up front to attend meetings if you're interested, as we will help you research your ancestry!

For more information, please contact the chapter Regent, Melinda Sims at [melinda@mazzaroth.net](mailto:melinda@mazzaroth.net).

We look forward to meeting you!

## KIWANIS CLUB OF CY-FAIR HOUSTON

If you live or work in the Cy-Fair area, we would welcome the opportunity to meet you and tell you about the service the Cy-Fair Kiwanis Club gives to our community. Be our guest at our meeting on February 2, 9, or 16.

Time and place: Meetings are held at the Hearthstone Country Club. Lunch is served at 12:15pm, followed by a brief, informative program. Adjournment is at 1:15pm.

What is Kiwanis? Kiwanis is an international service organization focused on changing the world one child and one community at a time. Service is at the heart of every Kiwanis club, no matter where in the world it's located. Members stage nearly 150,000 service projects and raise nearly US\$100 million every year for communities, families and projects. In addition, Kiwanis members actively participate in many service projects in their home communities.

The Cy-Fair Kiwanis Club of Houston seeks to serve this community through sponsoring Key Clubs for high school students, Builders Clubs for middle school students, and Aktion clubs for adults with disabilities. Also, we sponsor Boy Scout and Girl Scout troops. We provide support to various other organizations in the community that serve children and families. Enjoy the pleasure of being a part of this service.

Visit the Cy-Fair Kiwanis Club website at [www.KIWANISHOUSTONCYFAIR.COM](http://www.KIWANISHOUSTONCYFAIR.COM).

For more information, call John Carroll at 281-463-0373; George Crowl at 832-467-1998; or Peggy Presnell at 281-304-7127.



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