

The Beacon

News For The Residents at Lakes of Fairhaven

www.lakesoffairhavenHOA.org



RELAY FOR LIFE OF CY-FAIR

Relay For Life of Cy-Fair seeks teams and sponsors for Relay 2016

The American Cancer Society's Relay For Life of Cy-Fair is seeking participant teams and corporate sponsors for the 2016 event which will take place on April 22-23.

This year our theme is: Relay Wars – May the cure be with you!

The Cy-Fair Relay has surpassed \$1.3 million in total contributions raised with the 2015 event! Despite inclement weather which moved last year's event indoors, enthusiasm abounded and the event was a huge success, drawing nearly 1500 participants! This year our goal is to raise \$150,000. for cancer research to end this dreaded disease! Participate and help Make Cancer History!

Relay For Life remains the American Cancer Society's most effective fund raising event in the fight against cancer. Money raised supports the American Cancer Society's cancer research, as well as the programs and services we provide to cancer patients and their families. Relay For Life, is now forming both business and personal teams for the April 2016 Cy-Fair event. RFL is also seeking corporate sponsors, volunteers, cancer Survivors and Care-Givers for the Cy-Fair Relay. Anyone interested in signing up or learning more about how you can help in the fight against cancer can go to www.relayforlife.org/cyfairtx . Your involvement is the reason for our success! Thank you!

Richard Iazzetti, Marketing Chair, Relay For Life – Cy-Fair



CY-FAIR EDUCATIONAL FOUNDATION
Today's Students - Tomorrow's Future

28TH ANNUAL B. F. ADAM GOLF CLASSIC

On May 12, 2016, the Cy-Fair Educational Foundation (CFEF) will hold its 28th Annual B. F. Adam Golf Classic at Blackhorse Golf Club. Cypress Fairbanks Medical Center Hospital has been generously underwriting this golf tournament since 2010. Returning as Platinum Sponsors, for 10 years or more, are Linebarger Goggan Blair & Sampson and IBI Group.

The B.F. Adam Golf Classic is a prime example of our trustees and business partners in our community working together to raise scholarship funds for students of Cy-Fair ISD. To date, this tournament has successfully raised over 2.6 million dollars.

CFEF was established in 1970 as a non-profit to raise money to fund a scholarship for high school graduates in the area. Over the past 45 years, the Foundation has grown tremendously through the efforts of the Board of Trustees and the generosity of the Cy-Fair Community. The Foundation has awarded more than \$6 million in scholarships to 1300 graduating seniors. CFEF is a 501(c)3 non-profit organization, all contributions are tax deductible, as allowed by the law.

SPONSORSHIPS AVAILABLE

For more information please contact marie@thecfef.org or visit our website at www.TheCFEF.org .



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Zika Virus

Zika virus is transmitted by Aedes mosquitoes and there is no specific treatment or vaccine currently available. The best way to avoid getting the virus is to avoid being bitten by infected mosquitoes. About 20% of people with Zika virus actually get ill. Severe disease, requiring hospitalization, is uncommon and death due to the virus is rare.

The incubation period of Zika virus is thought to be a few days to a week, but is still unknown. Symptoms include fever, skin rash, conjunctivitis, muscle and joint pain, and headache. Symptoms tend to be mild and last from 2-7 days. Zika virus can be contracted through the bite of an infected mosquito, through blood transfusions, through sexual contact, and from mother to child during pregnancy.

The mosquitoes that are able to transmit Zika virus are also able to transmit dengue and Chikungunya viruses. These mosquitoes are daytime biters, but can also bite at night. Aedes mosquitoes lay their eggs in standing water- buckets, tires, tree holes, animal water dishes, etc.

To protect yourself from mosquito bites, wear light-colored clothing that covers as much skin as possible, use insect repellent (read and follow label instructions), use screening on doors and windows, use mosquito netting (if needed) while sleeping, and reduce standing water areas.

For more information on Zika virus, please see the CDC website here <http://www.cdc.gov/zika/index.html>

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin.

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Please support the businesses that advertise in The Beacon. Their advertising dollars make it possible for all Lakes of Fairhaven residents to receive the monthly newsletter at no charge. If you would like to support the newsletter by advertising, please contact our sales office at 512-263-9181 or advertising@PEELinc.com. The advertising deadline is the 10th of each month for the following month's newsletter.

CLASSIFIED ADS

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Lakes of Fairhaven residents, limit 30 words, please e-mail thebeacon@PEELinc.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or advertising@PEELinc.com.

NEWSLETTER INFO

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NEW WEBSITE

Lakes of Fairhaven has a new community website. Please visit it at www.lakesoffairhavenHOA.org and register to get emails on HOA info and upcoming LOF announcements.



5TH ANNUAL WINE FAIR CY-FAIR CELEBRATES DYNAMIC CY-FAIR COMMUNITY

Festival Highlights Local Food, Art and International Wines with Portion of Funds Benefitting Reach Unlimited

The fifth annual Wine Fair Cy-Fair, presented by H-E-B and The Lippincott Team hits Cypress Village Station on Saturday, April 23, 2016 from 5:30 p.m. to 8:30 p.m.

This year's event welcomes more than 3,000 participants who come to partake in more than 30 culinary creation tasting stations provided by Cy-Fair's ever-expanding and diverse restaurant scene, more than 250 wines and 40+ craft beer selections in The Backyard Grill Beer Garden.

Saturday's pre-event, All that Sparkles, presented by Aruba Tourism at Hanan's Café, is an effervescent party from 4:30 p.m. to 5:30 p.m. Guests enjoy French champagnes, sparkling wines and light bites. The luxurious VIP Premium room opens at 5:00 p.m. and will offer a closed environment with relaxed seating and restroom facilities along with premium wine and delicious food provided by Black's Market Table.

Wine Fair Cy-Fair is a partnership between the Cy-Fair Houston Chamber of Commerce and Food & Vine Time Productions. The community event celebrates Cy-Fair businesses and residents with interactive anchor areas, sponsor displays, home zone, vendors, local artisans and live music. "Wine Fair is a great way to show case the businesses and residents in the Cy-Fair community," Leslie Martone, President of the Cy-Fair Houston Chamber of Commerce said. "We are so grateful for the amount of success the event continues to bring each year, which helps improve the quality of life in the Cy-Fair area."

Kicking off Wine Fair weekend is One Fine Affair, presented by Mercantil Commercebank. This elegant event is held on Friday, April 22 from 7:00 p.m. to 10:00 p.m. at Lindsay Lakes. The theme for 2016 is "Diamonds and Lace," so put on your finest threads and come ready to enjoy the finest Cy-Fair has to offer. The evening will include elegant foods and premium wines as funds are raised for Reach Unlimited through a silent auction, live auction and wine pull. One Fine Affair is limited to only 200 guests who appreciate the finer things in life, so make sure to get your tickets early.

"Wine Fair Cy-Fair continues to grow and expand due in large part to the community leaders and businesses who see the value of an annual signature event celebrating life in Cy-Fair ... with a sip," Constance McDerby, Founder and Co-Producer of Food & Vine Time Productions said. "We are grateful for the ground-swellling support through attendance, sponsors and our partnership with the Cy-Fair Houston Chamber of Commerce. Assisting Cy-Fair charity Reach Unlimited through fundraising and awareness continues to be gratifying."

Co-presenting sponsors include H-E-B and The Lippincott

Team. Other sponsors to date include Aruba Tourism, Chad Gaulding KwikKopy Printing, Fetzer, Constellation Wines, Palm Bay International, Banfi Vintners, Community Impact Newspapers, Cypress Village Station, Houston Event Photos, Republic National Distributing Company, SpeedPro Printing The Woodlands, The Hidden Cellar, University of Houston Downtown and Massage Heights.

Sponsorship, restaurant and vendor opportunities are now available. General admission tickets are \$25. All tickets can be purchased at www.winecyfair.com. You must be 21 years or older to purchase tickets. For more information, visit www.winecyfair.com or call the Houston Cy-Fair Chamber of Commerce at (281) 373-1390 or Food & Vine Time Productions at (713) 557-5732.



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PET OF THE MONTH



Interested in adopting? Please email us to fill out an adoption application animalrescuekingdom@gmail.com

Checkers was found as a stray and our group took him in. He is a chihuahua mix. He is 9 months old. Checkers is such a happy little guy! He loves everyone! Gets along with kids, dogs and cats. He is super friendly. He can use the doggy door and is kennel trained. He is active, alert and would make a great family dog. He is heart worm negative and up to date on shots. He has a video too, if you would like to see it please email us, animalrescuekingdom@gmail.com

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The Beacon

The Houston Choral Society Presents A Celtic Celebration

A toe-tapping, hand-clapping performance just in time for St. Patrick's Day

The Houston Choral Society (HCS) presents an evening of festive entertainment just in time for St. Patrick's Day with its A Celtic Celebration concert, on Saturday, March 12, 2016, at The Foundry United Methodist Church, beginning at 7:30 PM. Dr. Kevin Klotz, Associate Artistic Director, directs this toe-tapping, hand-clapping concert.

"Come and experience a musical journey through the Irish countryside with popular and heartfelt songs such as "Shule Aroon," "Molly Malone," and "The Cliffs of Doneen, "." said Dr. Klotz. After a rousing, rhythmic start with "Riversong," the concert will continue with many other Celtic folksongs including the children's street song "Tell My Ma," and the lovely "Loch Lomond," which describes a beautiful lake and mountain area in Scotland and tells the tale of two Scottish brothers who were captured by the Redcoats and sentenced to death. The fate of the brothers has been immortalized in the

chorus, "You'll tak' the high road and I'll tak' the low road and I'll be in Scotland afore ye." The choir will also be singing a wonderful arrangement of Andrew Lloyd Webber's "Love Changes Everything" from his musical Aspects of Love.

The highlight of the evening is Mark Brymer's choral suite, Letters from Ireland, a collection of wonderful Irish folk songs intermixed with actual letters and diary entries from the 1700s and 1800s. The letters will be narrated by Elaine Edstrom and Doug Laughlin. The concert concludes with the beloved "Old Irish Blessing."

Ticket prices are \$25 for adults, \$20 for seniors/students/veterans, and \$10 for children ages 5 and younger. Group rates are available. Tickets are available online at www.houstonchoral.org. Tickets may also be purchased at the door. The Foundry United Methodist Church is one of the premiere choral venues in Houston with

(Continued on Page 26)



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(Continued from Page 25)

extraordinary acoustics. It is located in northwest Houston at 8350 Jones Road, Houston, TX 77065 with easy access from Highway 290.

THE HOUSTON CHORAL SOCIETY (HCS) founded in 1987, is a not-for-profit professional-quality civic chorus serving the greater Houston area. The HCS mission is to bring great choral music to enrich the soul and advance the choral arts to Houston audiences. HCS was founded by Dr. Betty Devine, its current Artistic Director. In 2008, HCS commissioned and performed the world premiere of Dr. Adolphus Hailstork's Set Me On a Rock (Songs of Sanctuary) at the Wortham Theatre Center. HCS has completed five international tours performing in England/Scotland, Italy, Hungary/Austria/Czech Republic, Ireland, and Germany/Austria. The Houston Choral Society is a member of Chorus America, an association of professional and volunteer vocal ensembles. HCS is funded in part by grants from Harris County and the Texas Commission on the Arts through the Houston Arts Alliance. For more information or to purchase tickets, please visit the HCS website at www.houstonchoral.org.

Track Club Registration for Middle School and High School Athletes

The Northwest Flyers Track Club is now registering middle and high school athletes for the spring and summer 2016 season. The team is sanctioned by USA Track & Field, and provides a full program of "track" events such as sprints, hurdles, middle distance, distance and relays, and "field" events such as long jump, triple jump, high jump, pole vault, discus, shot put and javelin. It is an excellent "off-season" program for young athletes who compete on their middle school or high school track teams.

The team was founded 29 years ago by local Olympic gold medalist Fred Newhouse to foster the development of youth track & field in the northwest Houston area. In July, 2015 the Northwest Flyers had one of its most successful competitions ever at the Junior Olympics in Jacksonville, Florida.

For additional information about the Northwest Flyers, visit the team website at www.northwestflyers.org, email linette.roach@sbcglobal.net, or "Like" the club on Facebook.



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"THE FOREIGNER" ARRIVES TO THE GARZA MAIN STAGE AT THE HOUSTON FAMILY ARTS CENTER THIS SPRING

Larry Shue's, "The Foreigner" is coming to the HFAC Garza Main Stage

Larry Shue's award winning comedy, "The Foreigner," is coming to the Houston Family Arts Center this spring. This madcap farce will debut on the Garza Main Stage March 11, 2016 – April 3, 2016.

"The Foreigner is a staple of theaters across America, and for good reason," says director, Lisa Garza. Watching poor Charlie overhear seemingly private conversations is riotously funny. Not to mention the fact that this play, which premiered in 1985, still deals with very topical issues of race and intolerance, albeit in a comically satisfying way. Charlie struggles with social anxiety so severe that it inhibits his ability to carry on a conversation. Plus he pines for the love of a distant and insensitive spouse. Watching him heal his own heart is one of the most charming events to happen on stage."

The scene is a fishing lodge in rural Georgia often visited by Sergeant "Froggy" LeSeuer, a British demolition expert who occasionally runs training sessions at a nearby army base. This time "Froggy" has brought along a friend, a pathologically shy young man named Charlie who is overcome with fear at the thought of making conversation with strangers. Before departing, "Froggy" tells all assembled that Charlie is from an exotic foreign country and speaks no English. Once alone, the fun really begins, as Charlie overhears more than he should with the thought that Charlie doesn't understand a word being said. That he does fuels the nonstop hilarity of the play and sets up the wildly funny climax in which things go uproariously awry for the "bad guys," and the "good guys" emerge triumphant. Winner of two Obie Awards and two Outer Critics Circle Awards for Best New American Play and Best Off-Broadway Production.

The entertaining ensemble includes: Sam Martinez (Charlie Baker), Stephanie Osorio (Catherine Simms), Russell Snow (Sergeant "Froggy" LeSeuer), Jonathan Rozas (Owen Musser), Katie Reed (Betty Meeks), Nick Maudlin (Rev. David Marshall Lee), and Cole Pfaffenberger (Ellard Simms).

The show is guided by: Lisa Garza (director and scenic designer), Michael Montgomery (producer), Lacy Lynn (stage manager), Barbara Terry (costume designer), Ron Putterman (lighting designer), and David Dean (sound designer).

Performances of "The Foreigner" are Friday and Saturday evenings at 7:30 p.m., with Sunday matinees at 3 p.m., March 11th – April, 3rd on the HFAC Garza Main Stage. There is no performance on Easter Sunday, March 27. An additional performance has been added on Thursday, March 24 at 7:30 p.m. Tickets are on sale now and may be purchased online at www.houstonfac.com, or by phone at (281) 587-6100. Special pricing is available for groups of 10 or more.

Performance Location:

**Houston Family Arts Center Garza Main Stage
10760 Grant Road, Houston, TX 77070**

(Located in NW Houston, easily accessible from SH 249 and SH 290)

Performances:

Friday, March 11th at 7:30 p.m.
Saturday, March 12th at 7:30 p.m.
Sunday, March 13th at 3:00 p.m.
Friday, March 18th at 7:30 p.m.
Saturday, March 19th at 7:30 p.m.
Sunday, March 20th at 3:00 p.m.
Thursday, March 24th at 7:30 p.m.
Friday, March 25th at 7:30 p.m.
Saturday, March 26th at 7:30 p.m.
Friday, April 1st at 7:30 p.m.
Saturday, April 2nd at 7:30 p.m.
Sunday, April 3rd at 3:00 p.m.

Ticket Prices:

Adults: \$26
Seniors (65+): \$22
Students (3-18): \$15

About Houston Family Arts Center

Houston Family Arts Center (HFAC), founded in 2005, is a not-for-profit performing arts and educational organization, with a passion for entertaining, enlightening and engaging audiences in Texas. Recent winner in seven categories for the Broadway World Houston Awards, HFAC has also been named Houston's "Best Gem of a Theater" by the Houston Press and "Best Arts and Entertainment" by the "Best of the Northwest" Readers' Choice awards. HFAC is a proud winner of the prestigious national American Association of Community Theatre Twink Lynch Organizational Award. HFAC produces a broad mix of classics, comedies, dramas, musicals and new works.

Through its award-winning Actors Academy, HFAC offers acting and singing classes, and provides performance opportunities for all ages. To purchase tickets, sign up for auditions or classes, or for more information, please visit www.houstonfac.com or call HFAC at (281) 587-6100.

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Are you a Cheap, Thrifty or Frugal?

Webster's.com says: "Cheap = stingy or miserly." Example...do you water down hydrogen peroxide to make it go farther? Do your own dental work? Time yourself when opening the fridge? You might be frugal if you save leftover bars of soap in a jar with water to make your own soft soap. (OK. I'll confess to trying this one, but with dismal success.) "Frugal = not wasteful and careful." The word "thrifty" sounds even better than "frugal" and has a tremendously positive definition. Noted at Webster's.com as Thrifty = "Successful, wisely economical". As you hunt and experience the thrill of shopping at a resale/thrift stores, think to yourself "I am thrifty! I am successful! I am wisely economical" and laugh all the way to the bank. At times in my life, I have been all three.

The perception of thrift stores several years ago was that many smelled like old socks and Fritos. What you can expect to find in most of today's shops are cheerful, eager volunteers or staff, a daily change of inventory, clean fitting rooms, thrifty pricing, lots of used coffee mugs, and stores offering sales.

Some of the items I have found at local stores are. New Prada scarf--\$1.00, Fossil Leather purse new with tag--\$3.00, New Suede Pants with bead embellishments --\$7.99 and Whoohoo!, they sported a new \$230 tag. Genuine Brighton purses and shoes have been purchased too.

I have been shopping thrift for years and have developed the following:

Ten Successful and Wisely Economical Thrift Store Tips to save time AND money:

- Always take donations to drop off if you are planning to bring some things home. Simultaneously bring out and bring in and always clean up your clutter. Make a detailed list for taxes.
- Find a thrift store by your home, visit frequently and check out store websites for sale calendars. Inventory changes daily.
- Have a list when you go in to the store. The clothing in most thrift stores is sorted by color not size. Don't become overwhelmed. If it was super quick to find a deal, wouldn't everyone be doing it?
- Don't buy clothing if it doesn't fit. This is a frugal thing to do. Are

you really going to lose 5-10 pounds?

- Wear bike shorts and slip on shoes for quick changes.
 - Look outside the box. You'll need to shop when people are cleaning out their closets and not when retail stores would typically have sales. Shop June through September for long underwear and seek out Hawaiian Shirts in November. Housewares, baby items, toys and furniture are good finds at any month. I feel the best time to shop is second or third week of June, and second or third week of January when de-cluttering typically occurs.
 - Buy essential wardrobe pieces
 - Black turtle neck sweater
 - Hawaiian shirt
 - Purses
 - Jackets, Scour through tons of women's dress and denim jackets.
 - Pants that fit. Seek moderate sportswear labels if you are a label snob. Chicos, Liz Claiborne, Banana Republic can be found at \$7.99 vs \$60.00.
 - Silk Black Tank Top--easy to find after Christmas.
 - Western Shirt. We ARE in Texas. Someone is always having a party or Go Western Day in February/March Look for shirts in April- Summer.
 - Ties. Find a good funeral tie or ripe, ugly tie for about \$2.00 instead of \$20++.
 - Try to find someone in the aisle to brag about what you have found, but to avoid spreading the word about your thrift store gold mines, just call it a "boutique near your home" when talking to friends.
 - Play right. Don't take more than the recommended items in the dressing rooms and put back what you don't want.
 - Take everything to a \$1.75 cleaners on the same day. This feels like you have been shopping retail. Be "frugal" and buy many clothes that are machine washable, but find yourself a "good, but cheap" dry cleaners.
- The National Thrift Shop Day will be August 21st. Yes, it even has its own "day", but I personally think every day is a great thrift store day--Good luck.

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FINDING FATE: IS IT LUCK OR IS IT FATE?

As we rapidly approach the luckiest day of the year (i.e. St. Patrick's Day) I've been thinking about how much luck actually plays in our lives. It can be just about guaranteed that come March 17th you, me, and your mother will all be wearing green and pinching people for good luck. But how much does luck really account for in our lives?

And, of course, there's the question of fate. The constantly sought yet ever-elusive thing everyone consistently seeks and desires to control. Can fate be controlled? Just what exactly is fate? One might consider it to be the inevitable, predestined course in life, a coincidence, or even chance. This thought leads to a rather worrisome question--Are we predestined to live exactly as a plan woven in some great tapestry of life? Or are we lucky enough in life to choose our fate?

What if there was another choice besides just blindly choosing to trust in fate or luck? I believe there is, and I learned that best from my horse!

When I'm riding, I refuse to count on luck and my fate does not rest in the horse's hands (hooves?). Trusting my safety to either of those is asking for a bruising, and I just don't bounce back from such bruising's the same way anymore. I know that I am safe when I ride because I have faith--Faith in God to keep me safe and to show me when it something is unsafe. Faith that things will be better, and will

continue to get better on my darkest days. When my faith is shaken and I'm wondering how I can keep going, all I need to do is sit with my horse and everything suddenly seems to grow brighter.

I have found that horses are hands-down the best non-verbal therapists and the perfect teachers of how to practice faith. They not only help us find our faith and belief in God's presence with their beauty, power, and spirit, but actively demonstrate faith in everything they do. Talk about role models!

There is a bigger plan for our lives, but you have to make the choice to pursue it. Choose Faith. Faith in Jesus is the only thing you can always count on & do not need to seek. It's always there, waiting patiently for you to notice it & pick it up. It comes in many colors, sizes, and shapes, and can be all but invisible much of the time. Nonetheless, no matter how big, small or percentage of visibility, I will choose to live my life according to my faith rather than fate or luck each and every time.

So, don't count on seeing me in green this St. Patrick's Day, but you can bet that you'll find me on a horse!

Tara Chatterson works at Five Horses, LLC in Waller, TX. To find out more about how horses can help you, check out the natural horsemanship program, as well as the equine assisted learning workshops provided here: www.fivehorses.com.

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NATIONAL DOWN SYNDROME DAY AND TACOLAND

March 21 is National Down Syndrome Day and Tacoland will celebrate it for the 3rd straight year at the Telge @ 290 location. Come on Saturday March 19th to enjoy our food and spend a great time with your family, we guarantee your kids will have a blast with our face painting and ballon sculpting clown, which will be here 11am-1pm. All down syndrome friends will eat free, and their family members will get 20% discount. We will promote down syndrome awareness and donations are encouraged. Wear your silly socks to get a 20% discount. Hope to see you here. Our address is 22224 Northwest Freeway, Cypress TX 77429. Next to Chevron @ Telge Rd.

Cypress-Tomball Democrats March Meeting

The Cypress-Tomball Democrats monthly meeting for the month of March will be held on Tuesday, March 15, 2016, at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 p.m. to 8:00 p.m.

Everybody is welcome to attend the meeting and to join this growing club, which meets on the third Tuesday of every month. The meetings foster great fellowship and feature informative guest speakers. For further information, visit the website www.cytomdems.com; contact Glenn Etienne at cytomdems@yahoo.com; Follow us on Facebook at Cypress- Tomball Democrats.

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KIWANIS CLUB OF CY-FAIR HOUSTON

If you live or work in the Cy-Fair area, we would welcome the opportunity to meet you and tell you about the service the Cy-Fair Kiwanis Club gives to our community. Be our guest at our meeting on March 1, 8, and 15.

Time and place: Meetings are held at the Hearthstone Country Club. Lunch is served at 12:15pm, followed by a brief, informative program. Adjournment is at 1:15pm.

What is Kiwanis? Kiwanis is an international service organization focused on changing the world one child and one community at a time. Service is at the heart of every Kiwanis club, no matter where in the world it's located. Members stage nearly 150,000 service projects and raise nearly US\$100 million every year for communities, families and projects. In addition, Kiwanis members actively participate in many service projects in their home communities.

The Cy-Fair Kiwanis Club of Houston seeks to serve this community through sponsoring Key Clubs for high school students, Builders Clubs for middle school students, and Aktion clubs for adults with disabilities. Also, we sponsor Boy Scout and Girl Scout troops. We provide support to various other organizations in the community that serve children and families. Enjoy the pleasure of being a part of this service.

Visit the Cy-Fair Kiwanis Club website at www.KIWANISHOUSTONCYFAIR.COM.

For more information, call John Carroll at 281-463-0373; George Crowl at 832-467-1998; or Peggy Presnell at 281-304-7127.



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TENNIS TIPS

By USPTA/PTR Master Professional, Fernando Velasco



STEP 1

STEP 2

STEP 3

STEP 4

How to execute The Half Volley

In previous newsletters, I offered tips on how to execute a forehand groundstroke, a two-handed backhand, one-handed backhand, forehand volley, the two handed backhand volley, and the serve. In this issue, I will give you instructions on how to execute the half volley, which is usually played between the base line and the net. The player is not close enough to the net to hit it on the air and/or does not have enough time to retrieve back to hit it on the top of the flight. The ball is usually hit right after it hits the ground. In these pictures student Liz Stanis from the Grey Rock Tennis Club demonstrates the proper form and technique.

Step 1: The Split step: When the player realizes that she will have to play the ball right after it hits the ground, the player will stop and take the split step by bouncing off her toes at the same time and let her body lean forward to react to the ball. Both hands are on the racket so it can react to either move to the left or to the right. Eyes are focused on the incoming ball.

Step 2: The Back Swing: The secret of the half volley is to take the racket back early and have a short back swing. Also, it is critical to lay

the wrist back slightly to allow for a good point of contact in front of the body. The player will then bend her knees and lunge forward to hit the ball as soon as it hits the ground. Notice the concentration of keeping her eye on the ball.

Step 3: The Point of Contact: As soon as the ball starts to rise, the player will make the contact with the ball and will aim to go away from the net person. Her eyes are focused on the point of contact and the left hand is still close the body for better balance. The left knee is still bent and the left toe is pointing toward the point of contact.

Step 4: The Finish: Once the ball leaves the racket, the left knee has now almost straightened up and the follow through is above the players' head. This will allow the ball to go high over the net and will land deep toward the baseline. The opponent will have to back off to hit the next ball, or will also be forced to hit another half volley. The left hand is ready to hold the racket on the handle to anticipate the next shot, which probably will be the volley.

Look for in the next Newsletter: The One Handed Backhand Volley

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Lakes of Fairhaven Year-to-Date Sales Report

	Apr '15	May '15	June '15	July '15	Aug '15	Sept '15	Oct '15	Nov '15	Dec '15	Jan '16
\$500,000 and above	2	3	1	3	5	2	1	1	3	1
\$451,000--\$499,999	0	0	0	1	0	0	0	0	0	0
\$351,000--\$450,999	0	0	0	0	0	0	0	0	0	0
\$276,000--\$350,999	0	0	0	0	0	0	0	0	0	0
\$231,000--\$275,999	0	0	0	0	0	0	0	0	0	0
\$201,000--\$230,999	0	0	0	0	0	0	0	0	0	0
\$200,999 and below	0	0	0	0	0	0	0	0	0	0
Total	2	3	1	4	5	2	1	1	3	1
Highest \$/sq ft	\$121.96	\$138.76	\$142.26	\$140.34	\$140.39	\$126.03	\$139.39	\$108.15	\$147.30	\$126.28

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