

## TALKING TRASH: Recycling Weighs on the Bottom Line

We may love our gas at the low prices we've been experiencing, but everyone forgets that oil affects many other industries including recycling. It is becoming increasingly harder for waste companies to cover the cost of processing. For example, low oil prices make new plastic cheaper to make than using recycled plastic. In addition, commodity prices are affected and they have been going down for over a year, resulting in waste companies being unable to cover the costs of collection and processing of recyclables. Slow economic growth in China has also contributed to lower prices for recycled metals.

Most of us probably don't realize some of the issues involved in the recycling process. For example: glass causes problems by damaging sorting machines while it is sold at very low prices. Consumer Confusion over what to put in recycling carts/bins makes recycling more expensive. Companies spend more money removing non-recyclables from the recycle stream and contamination (food, oil, etc.) reduces the quality; therefore, the price of the recyclables they sell from collection.

To aid Best Trash in keeping costs down please adhere to the list below and note that this list DOES NOT INCLUDE: broken glass; broken or unbroken ceramic dishes; construction debris; bricks/concrete; carpet remnants and rolls; cloth and material; air conditioner/furnace filters; egg shells (foam/cardboard containers are OK); any type of clothes hangers; and used paper towels, toilet tissue, facial tissue and flushable cleaning cloths.

### **PAPER: DRY, CLEAN & LOOSE**

- Newspapers and Inserts
- Magazines & Catalogs
- Junk Mail, Envelopes, File Folders
- Office White, Colored & Computer Paper
- Corrugated Cardboard Boxes
- Cereal & Gift Boxes, etc. (that can be torn easily by hand and are grey, brown or white (water, milk inside))
- Paper Bags & Phone Books
- Wrapping Paper
- Milk Cartons

- Juice Cartons
- Wax Coated Boxes

### **CONTAINERS: EMPTY, CLEAN & LOOSE**

- Glass – Clear and Colored
- Aluminum Cans
- Aluminum Foil (Clean)
- Aluminum Foil – Plates & Serving
- Containers (clean)
- Plastic Bottles, Jars, Tubs & Buckets (shampoo, detergent, condiments, salad dressing, yogurt, margarine, pet food, etc.)
- Plastic Grocery/Newspaper Bags
- Styrofoam containers (clean) & packaging
- Metal Food Cans (aluminum, tin & steel)
- Metal Food Can Lids
- Metal Pots & Pans

**DON'T FORGET Box Tops for Education:** Before putting accepted, cleaned General Mills products such as cereal/cake mix boxes; cake/brownie icing containers; snack/juice containers; refrigerated/dairy products containers; meals and sides (packages and cans); food storage bags and containers; frozen food packages; produce packages; tableware (plate, cups, napkins); paper products (facial tissues, toilet paper, paper towels and flushable cleaning cloth packaging); waste bag cardboard containers; and school/office products in the recycle cart to check for Box Tops worth .10 cents each to Gleason EL and Cook MS. Find a complete listing of participating Box Top products: [www.btfe.com/products](http://www.btfe.com/products).

Also, please check for Labels for Education (think Campbell's Soup and many other products). They may be turned in to Cook MS (Gleason does not participate). Also Barbara Lallinger collects them for Bane EL. Labels for Education has recently announced that they are ending their long standing program at the end of this school year so please turn them in as soon as possible.

# Willowbridge - Stonebridge

## IMPORTANT NUMBERS

All Emergencies.....	911
Harris County Sheriff.....	713-221-6000
Harris County Animal Control .....	281-999-3191
Cy-Fair Hospital.....	281-890-4285
Street Lights & Outages - CenterPoint Energy.....	713-207-2222
CenterPoint Energy.....	713-659-2111
Newsletter Publisher	
Peel, Inc. ....	www.PEELinc.com, 888-687-6444
Advertising.....	advertising@PEELinc.com, 888-687-6444
Poison Control Center .....	800-222-1222
AT&T - Repair .....	800-246-8464
Billing .....	800-585-7928
Best Trash.....	281-313-2378
Vacation Watch - Harris County District 5 ....	281-290-2100
W. Harris County MUD #11.....	281-807-9500
Willow Place Post Office .....	281-890-2392
Willowbridge Website .....	www.willowbridgehoa.com

## ASSOCIATION DIRECTORY

Beautification Committee	
Jennifer Y'Barbo .....	jhybarbo@subhou.com
Homeowners Association .....	713-334-8000
Graham Mgmt - Tracy Graham	
.....	grahammanagement@sbcglobal.net
Clubhouse/Reservations	
Adrienne DelGiorno .....	713-334-8000
Pool Parties/Tags	
Sweetwater Pool Co. ....	281-988-8480
Marquee Coordinator	
Barbara Lallinger.....	281-890-8464
Newsletter Coordinator	
Barbara Lallinger & Krystina Cotton	
.....	willowbridgenews@gmail.com
Security Coordinator	
Julie Dubros.....	281-794-9032
.....	martin@juliedubros.com
Soccer Field Coordinator.....	
Jay Guarino .....	jvguarino@hotmail.com
Website Coordinator	
Angela Doray.....	willowbridgehoa@live.com
Yard of the Month Committee	
Nominate your favorite at: willowbridgehoa.com or Contact	
Jennifer Y'Barbo .....	jhybarbo@subhou.com
Lost Pet Coordinator	
Sonia Moore .....	msrco@aol.com, 281-955-8068
Welcoming Committee	
Gracie Galvan .....	281-732-0009
.....	galvangracie@hotmail.com

## BOARD OF DIRECTORS

Brian Fisher .....	President
Jennifer Y'Barbo .....	Secretary
Leah Protz .....	Treasurer
Barbara Lallinger .....	Director
Rebecca Peters .....	Director

## HOA INFORMATION

Willowbridge Homeowners Association Inc. - Graham Mgmt  
Tracy Graham .....

713-334-8000  
E-Mail .....

grahammanagement@sbcglobal.net  
Fax .....

713-334-5055  
2825 Wilcrest Dr., #600 Houston, Tx. 77042

*If you have any questions or comments regarding the neighborhood please contact the numbers above.*

## HOA MEETINGS

**Willowbridge/Stonebridge Homeowner's Association Meetings** are held the fourth Thursday of each quarter (Jan, Apr, Jul, & Oct) at the community clubhouse at 7:00 pm.

## WELCOMING COMMITTEE

The Welcoming Committee meetings are the last Monday of each month.

## HARRIS COUNTY ROAD AND BRIDGE

To report street or curb damage, missing/damaged street signs and street flooding: (281) 353-8424 or www.hcp4.net.

If a resident wants to request a new sign or replace a damaged one, they have to go online and fill out a request.

## STREET LIGHT OUT?

If you notice a street light out PLEASE report it to CenterPoint Energy. We pay for all of the street lights in our subdivision... every month... regardless if they are illuminated or not!! This is also a serious safety issue. To report an outage, follow these steps:

1. Dial (713) 207-2222.
2. Choose a language preference.
3. Select option "4" (for street light outages).
4. Provide the 6 digit number (located approximately 5 feet up the pole), street name and closest address.

## NEWSLETTER ARTICLE SUBMISSION

Newsletter Article submission Deadline is 3rd of each month. Please give a 2 month advance notice.

## SPLISH SPLASH!

Our Spring Festival will be held Saturday, May 21. The board voted to coincide the Festival with the opening of the pool this year. The pool will be open from 10:30 am to 8:30 pm. Leah Protz is still needing volunteers to help with the activities. Contact her at [Imp0486@gmail.com](mailto:Imp0486@gmail.com).

### POOL SCHEDULE

May 21 (Saturday) 10:30 am – 8:30 pm

May 22 (Sunday) 12 noon – 8:00 pm

Memorial Day Weekend

May 28 (Saturday) 10:30 am – 8:30 pm

May 29 (Sunday) 12 noon - 8:00 pm

May 30 (Monday) 10:30 am – 8:30 pm

June 4 (Saturday) 10:30 am – 8:30 pm

June 5 (Sunday) 12 noon – 8:00 pm

Pool CLOSED Mondays

Pool Open Tuesday – Saturday 10:30 am – 8:30 pm

Pool Open Sunday 12 noon – 8:00 pm

### POOL WRISTBANDS

Distribution dates are set for May 6 (F), May 14 (Sat), and May 19 (Th) from 3:30 – 6:00 pm at the clubhouse.

REMINDER: Last year as in years past, many residents were caught off-guard to learn that they owed funds to the HOA which prevented them from picking up their wristbands. If you have questions regarding amounts due (or you're just not sure), please contact Graham Management at (713) 334-8000 prior to these dates. This year's wristbands will be 2 different colors from prior years so throw any others away. For your and visitor safety, wristbands must be worn for pool entrance. Last year the Certified Life Guards were given much grief over this issue. Please be aware that they are adhering to the rules set by the HOA. If you have issues with the lifeguards or other swimming/pool issues, please call Graham Management and they will be relayed to the board. Since being a board member is a voluntary position HOAs employ management companies to handle the day to day business. Your annual assessment fees pay for this. Put them to good use when you have questions.

## NOTICE - Damage to Your Trash Can?

If your personal trash can sustained damage from mishandling by Best Trash personnel, please call them at (281) 313-2378 to request an inspection. If they determine that it is from their mishandling, they will replace your trash can.

## PET PLACE

### Don't Forget It's the Law: License Your County Pet

Harris County Public Health & Environmental Services reminds us that all dogs and cats over 4 months of age and living in unincorporated Harris County must have a current rabies vaccination and display a Harris County license tag. Failure to comply may result in fines up to \$500 per offence.

There are 3 easy ways to license your pet:

1. ONLINE: @ [www.hcpes.org/vph](http://www.hcpes.org/vph) or [www.countypets.com](http://www.countypets.com)
2. IN PERSON: @ the shelter located at 612 Canino Rd. Houston 77076. Visit the websites above for location and hours or call (281) 999-3191.
3. BY MAIL: Form will usually be given to you by your vet at the time your pet receives its' rabies vaccination.

Registration of your pet requires proof of rabies vaccination, proof of spay/neuter and payment of a license fee. An unaltered pet requires an annual licensing fee of \$60. A spayed/neutered pet is \$20 annually and Senior Citizens using a certified assistance dog is \$2 annually. You may also register your pets for up to 3 years by paying triple the fees listed above.



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# Willowbridge - Stonebridge

## RECIPE BOX

### STRAWBERRY SHORTCAKE

#### INGREDIENTS

1 large angel food cake

For the custard:

1 (8-ounce) package cream cheese, softened

1 (14-ounce) can sweetened condensed milk

1 (12-ounce) container frozen whipped topping, thawed

For the glaze:

1 cup sugar

3 tablespoons cornstarch

3 tablespoons strawberry gelatin (recommended: Jell-O)

1 cup water

2 cups fresh strawberries, cut in 1/2 (if berries are extra large, they can be cut into quarters)

Whole fresh strawberries and mint leaves, for garnish

#### FOR THE CAKE:

Slice cake, using a serrated knife, horizontally into 3 equal layers.

#### FOR THE CUSTARD:

Mix together cream cheese, condensed milk, and whipped topping in a bowl; set aside.

#### FOR THE GLAZE:

In a medium saucepan, stir together sugar, cornstarch, and gelatin; add water. Cook stirring over medium heat until thick. Remove from heat and allow to cool completely. Fold in strawberries.

#### FOR ASSEMBLY:

Place 1 layer of cake in a large clear bowl. Top with a layer of glaze, followed by a layer of custard mixture. Repeat layering in this order for remaining cake, glaze and custard. Top cake with 3 whole fresh strawberries and fresh mint leaves.

*Recipe courtesy of Paula Deen, 2007*

Read more at: <http://www.foodnetwork.com/recipes/paula-deen/strawberry-shortcake-recipe.html?oc=linkback>



## SUDOKU

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View answers online at [www.peelinc.com](http://www.peelinc.com)

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The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

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## APRIL GARDENING TIPS

*Offered by WeekendGardener.Net*

Use this list to help you figure out what gardening tasks you want to accomplish this month.

### Planning

When purchasing bedding annuals this spring, choose properly grown plants with good color. Buy plants with well-developed root systems that are vigorous, but not too large for their pots. Plants that bloom in the pack are often root bound and can be set back for several weeks after being transplanted. Plants not yet in bloom will actually bloom sooner, be better established and grow faster.

For hot-weather color, select one of the following: Gloriosa Daisy, Madagascar Periwinkle, Ornamental Peppers, Mexican Zinnia or Amaranthus 'Joseph's Coat. Plan to attract hummingbirds to your garden this year by planting red or orange flowers. Monarda (common names: beebalm, horsemint, Oswego tea, and bergamot) is a good perennial plant that thrives in sun and provides nectar for these small birds.

### Planting

Begin to plant seedlings of warm-season vegetables such as tomatoes, peppers, and eggplants. You can also start your pumpkin seeds now.

Sow beets, beans, cucumbers, carrots, lettuce, sweet corn and radishes

Plant herbs such as thyme, sage, parsley, chives and basil

Sod or sow new lawns, and over seed damaged older lawns

Start planting out warm season annuals such as impatiens, marigolds, petunias, sunflowers, zinnia, lobelia, alyssum

Finish planting summer-flowering bulbs like tuberose, gladiolus, dahlias, and callas

Plant chervil, coriander, dill, rosemary, and summer savory outside after the last spring frost date for your area. Your Extension agent should be able to give you the date.

### Maintenance

Mulch soil to save water, smother weeds, keeps soil cooler. Spread 1-3 inches (2.5-7cm) of bark chips, compost, wood shavings, or other organic material under shrubs trees, annuals and vegetables. Thin vegetables that were sown too thickly, like basil, carrots, green onions, or lettuce. Prune spring-flowering shrubs and trees after bloom is over.

Fertilize everything right now, but do not feed spring-flowering shrubs like azaleas, camellias, and rhododendrons until after they have finished flowering. Use an acid based fertilizer. They also should be pruned after blooming.

## BASHANS PAINTING & HOME REPAIR

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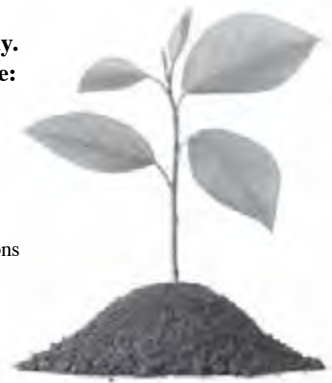
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# Willowbridge - Stonebridge

## Live Allergy Free

Do you suffer from nose congestion, running nose, sneezing constantly, itchy nose, sore throat, red & itchy watery eyes, and cough? Do you have more than ten sneezes non-stop sometimes especially in the morning. If this sounds like you? You may suffer from allergy. If you have these symptoms during certain seasons of the year, you may have seasonal allergies. With all the trees and flowers in Houston, more and more people suffer from seasonal allergy.

If the symptoms are not effectively under control by western medicine, some people may develop chronic allergy, the symptoms become more severe every time. Other people may develop dependency to the medication, need to increase dosage form time to time.

The cause of the allergy is either the exterior pathogen (allergen) or the internal constitution (body type). Traditional Chinese Medicine treat patient's constitution, rebalance the body, change the internal environment by improving the circulation of Qi and blood, therefore to control, reduce and cure the allergy.

Several Chinese patterns of disharmony may be involved in cases of allergies. In all cases, however, wind is often part of the diagnosis.

In seasonal allergies, such as hay fever, the most common diagnosis is related to wind and dampness. Individual's body constitution and condition at the time play a big role in the treatment plan.

Treatment plans for allergies vary greatly, and the possible results range from temporary relief to complete remission based on the reaction of individual person. Acupuncture frequently relieves allergy symptoms immediately. Diet advice and control plays an important part in controlling seasonal allergies.

Take your health into your own hands, live allergy free with safe effective natural way.

Apart from respiratory issues including allergy, acupuncture is also effective to treat reproductive issues for male and female, emotional issues, neurological issues, gastric distress. It is a wonderful way to relieve pain without intoxications, to help with rehabilitation, to treat addictions and fatigue.

Talk to your licensed Acupuncturist about what acupuncture and TCM can do for you.



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