

The Official Newsletter of The Steeplechase Community Improvement Association, Inc. and Steeplechase



# Shane Huckins 2016 Graduate

Shane Huckins 2016 graduate of Cy-Ridge High School graduated June 2nd all because of this man. Officer Joey Shriver spent countless hours mentoring Shane. I am so proud of both these men for all their hard work and perseverance. Officer Shriver never gave up on Shane. Shane I am so proud as a mom to see all of the trials and tribulations you have overcome and yet you never gave up. You have grown into such a great man and I look so forward to what future holds for you.

Thank you Officer Shriver for always being there for my family and for always keeping us safe in our Steeplechase Neighborhood. You are more than just an Officer of the law, you are our friend.

Congratulations Shane, Mom, Savanna, Mimi and Papa

## Deed Restriction Reminder

The SCIA deed restrictions prohibit the use of firecrackers and other fireworks by residents living in Steeplechase.

## Cypress Texas Tea Party

The next meetings of the Cypress Texas Tea Party will be on: Saturday, July 16, 2016 NOON - 2:00 PM - Daniel Greer & Weston Hicks, PillarPost.net and other conservative ventures - G. Kent "GK" Mangelson, "Independence Forever! 4 Steps to Save America"

Saturday, August 6, 2016 NOON - 2:00 PM

The Cypress Texas Tea Party meets every three weeks on Saturday

Noon until 2:00 PM at: Spring Creek BBQ 25831 Northwest Freeway Cypress, Texas 77429 Map: http://goo.gl/maps/OoNjY

A schedule of our meetings and confirmed speakers can be found at our website, www.cypresstexasteaparty.org

# Volunteer Girl Scouts

From the time your daughter came into your life, you've only wanted the best for your girl. You want to see her feel happy and loved, be confident, make new friends, stay healthy, excel in school, and eventually rise up the ranks in a career she finds fulfilling. Girl Scouts gives girls and their leaders opportunities to share new experiences, make new friends and to become confident young ladies.

In Girl Scouts, the volunteers are the backbone of our organization. Without our volunteers, there are no Girl Scout troops, no camping experiences, no cookie businesses, and no troop badges earned. As an adult, all of your experiences have brought you to where you are in your life today. As a Girl Scout leader, an adult has the chance to mentor a group of girls to help them reach their fullest potential through your shared experiences.

Please consider volunteering with Girl Scouts so you can have a direct impact on the girls in your community. To volunteer, please visit our website at www.gssjc.org and click on "Volunteer Today." Let's show the girls in CyFair what's possible!

# <u>STEEPLECHASE</u>

## IMPORTANT Telephone Numbers



Emergency		
Sheriff's Dept		
Cy-Fair Fire Dept911		
Cy-Fair Hospital		
Animal Control		
Center Point (Street lights)		
http://cnp.centerpointenergy.com/outage		
Neighborhood Crime Watch SteeplechaseSecurity@gmail.com		
Library		
Post Office		
Steeplechase Community Center 281-586-1700		
Deed Restriction Issues (CMC) 281-586-1700		
Water/Sewer713-405-1750		
Architectural Control (CMC) 281-586-1700		
Trash Pick-up (Best Trash, LLC) (Wed. & Sat.) 281-313-BEST		
Harris Co. Pct. 4 Road Maintenance 281-353-8424		
Harris Co. MUD #168hcmud168board@gmail.com		
Community Events		
Clubhouse Rentals: Private Parties and Community Events		
(Jinnie Kelley)		
Traffic Initiative		
Private Pool Parties		
NEWSLETTER PUBLISHER		

Peel, Inc. (Advertising)......kelly@PEELinc.com, 888-687-6444 | Articles.....sjohnston@chaparralmanagement.com |

## Community Center Contacts

Schools

Emmott Elementary	. 281-897-4500
Campbell Middle School	
Cy-Ridge High School	. 281-807-8000

## Contact the Management Company

www.steeplechasecia.com or by phone 281-586-1700

## Saint Aidans Workshop

### SATURDAY, AUGUST 6 SAINT AIDAN'S EPISCOPAL CHURCH

Choosing Authenticity: Discover how to reach deeper levels of authenticity in your life and work by engaging with Brene Brown's celebrated research. A Daring Way workshop led by The Rev. Les Carpenter, M.Div., DWF. Saturday, August 6, 9:30-3:30. Saint Aidan's Episcopal Church, 13131 Fry Rd, Cypress, Tx. \$20.00 includes lunch. Registration information available online at http:// aidanschurch.org/brenebrown. Please call us at 281-373-3203 with questions.

## **BUSINESS CLASSIFIEDS**

**DANIEL & SON FENCE RESTORATION** Scared of your backyard, beautify your ugly fence! Just in time for your summer events. Call today for a free estimate on fence staining & repair. See videos and photos at: www.fencerestore.com. Ph. 281-653-9458. Fully Insured. Steeplechase Resident.

*Business classifieds* (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office at 512-263-9181 or *advertising@PEELinc.com.* 



# **STEEPLECHASE**

# **KIWANIS CLUB OF CY-FAIR HOUSTON**

If you live or work in the Cy-Fair area, we would welcome the opportunity to meet you and tell you about the service the Cy-Fair Kiwanis Club gives to our community. Be our guest at our meeting on July 12, 19. and 26.

Time and place: Meetings are held at the Hearthstone Country Club. Lunch is served at 12:15pm, followed by a brief, informative program. Adjournment is at 1:15pm.

What is Kiwanis? Kiwanis is an international service organization focused on changing the world one child and one community at a time. Service is at the heart of every Kiwanis club, no matter where in the world it's located. Members stage nearly 150,000 service projects and raise nearly US\$100 million every year for communities, families and projects. In addition, Kiwanis members actively participate in many service projects in their home communities.

The Cy-Fair Kiwanis Club of Houston seeks to serve this community through sponsoring Key Clubs for high school students, BuildersClubs for middle school students, and Aktion clubs for adults with disabilities. Also, we sponsor Boy Scout and Girl Scout troops. We provide support to various other organizations in the community that serve children and families. Enjoy the pleasure of being a part of this service.

### VISIT THE CY-FAIR KIWANIS CLUB WEBSITE AT: WWW.KIWANISHOUSTONCYFAIR.COM

For more information, call John Carroll at 281-463-0373; George Crowlat 832-467-1998; or Peggy Presnell at 281-304-7127.





# <u>STEEPLECHASE</u>

# **The Heart Gallery**

Fabian, 5 and Julio, 7 are two happy little boys who are always laughing and interacting with one another, they are searching for a forever family. They enjoy playing games and watching videos, and are quick to show others how much fun they're having. Fabian and Julio are healthy children and will do well with a patient family who offers structure and a routine. They respond well to encouragement and motivation and will enjoy having positive role models in their lives.

A program of Partnerships for Children, The Heart Gallery of Central Texas is both a traveling portrait exhibit and outreach opportunity for individuals to learn more about children in the foster care system and the adoption process. The children are in foster care because they have been removed from their biological homes because of abuse and neglect, and are awaiting adoption.

LEARN MORE AT WWW.PARTNERSHIPSFORCHILDREN.ORG

### USA Fit Champions Ready to Get Aspiring Runners Marathon/Half Marathon-Ready by January

With many winter long distance races to look forward to, USA Fit Champions seeks to get Spring and Northwest Houston area residents "marathon-ready." The local full and half marathon training group is currently taking registrations through Aug. 30 at www.ChampionsFit.net for its new season, which kicks off with two orientation/in-person registration events at 7 a.m., Saturday, July 9 and 16, at the D. Bradley McWilliams YMCA in Spring. Now, Co-Organizer Roy McDonald says, is the perfect time, no matter a runner's ability level, to start training for January races such as the Chevron Houston Marathon, Aramco Half Marathon and Memorial Hermann USA Fit Marathon.

"Most people don't believe they can complete a full or half marathon for various reasons," said McDonald. "Our mission at USA Fit is to show people they absolutely can succeed by providing training plans for every fitness level in a fun, non-intimidating and safe environment."

McDonald himself joined USA Fit's Houston group 25 years ago

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when he and four fellow employees at his company discussed running a marathon. It was a goal he had never entertained. At the time, he weighed 240 pounds and at the end of his first marathon training with the group dropped to 185 pounds. In addition to gaining a lifelong love of running, McDonald gained a lifelong friend in member and now co-organizer Mitchell Garcia, who was one of the employees who had initially joined him.

McDonald and Garcia both hope as organizers and coaches to bring the same motivation and encouragement that their coaches and fellow members had given him to help runners and walkers around the Champions area reach their own personal goals.

According to McDonald, the top myths about marathon running include:

- · Marathoners must be young.
- · Marathoners must be athletes.
- · It is not possible to walk 13.1 or 26.2 miles.

· Running long distances is dangerous to one's health.

 $\cdot$  Runners must be a certain weight or size to successfully run a full or half marathon.

He said that members of USA Fit Champions defy all of these myths and have gone on to complete half and full marathons during their very first seasons with the group as well as meet personal health



and fitness goals.

"The most rewarding part of our job as coaches is to see members achieve so much more than they thought possible, no matter their fitness level or stage in life," said McDonald. "The only thing we ask our members to show up with is a goal and the passion to meet it. We take care of the rest."

Registration for USA Fit Champions is \$140 for new members and \$100 for returning members. Runners meet Saturday mornings for ability-based group trainings, enjoy weekly seminars and social events throughout the season and benefit from the encouragement and expertise of certified coaches. To learn more and to register, visit www.ChampionsFit.net or contact Roy McDonald at info@ championsfit.net.



## BASHANS PAINTING & HOME REPAIR

- Interior & Exterior Painting
- HardiPlank Replacement
- Sheetrock Repair
- Cabinet Painting
- Pressure Washing
- Fence Repair/Replacement
- Custom Staining
- Gutter Repair & Replacement
- Crown Molding

- Wallpaper Removal
- Wood Replacement
- Interior Carpentry
- Wallpaper Removal & Texture
- Garage Floor Epoxy
- Roofing
- Faux Painting



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### Women Empowering Women Express Network

Expand your network, grow your business skills, reach a new audience, or advance your career with the Women Empowering Women Express Network of the American Business Women's Association (WEWEN). WEWEN meets the first Wednesday of each month from 11AM-1PM in the West Dining Room of Lone Star College-University Park at 20515 State Hwy 249, Houston, Texas 77070. Open networking begins at 11:00AM, followed by an informative program and lunch from 11:30AM-1:00PM. Additional details and registration (\$25) are available at wewen.org. Contact communications@wewen.org with questions.

## Bidding Farewell & Saying Hello

School's out for the summer and with that we say goodbye to our latest group of foreign exchange students. As they pack their bags and head back to their parents and their home countries, their host families are left with the memories of a great year, and a new son or daughter that that lives in another country. Plans are already underway for travel abroad so they can once again be with their students and see the sites of their home countries.

The Houston and Austin based students had a great time this past year – visiting a number of our local attractions in both cities as well as San Antonio. We are hoping to be able to do the same for our incoming students for the 2016/2017 school year.

Ayusa is currently looking for volunteer host families to open their hearts and their homes to these wonderful students. All that is needed to host is to be able to provide a room for the student to sleep and three meals a day. The students come with their own spending money and medical insurance. Help us to welcome these great kids into Texas – you'll be happy you did!

### HOW TO HOST AN INTERNATIONAL STUDENT

Interested families can learn more about the program and available exchange students and request additional information by visiting http://www.ayusa.org or calling 1-888-552-9872.

The process to apply is simple. Families complete the online application, which includes questions about themselves and local high school, references, and a background check. The local Ayusa Community Representative conducts an in-home interview. They can also help each family with any questions they may have about the application or process.

After families are fully approved, they can select the Ayusa student they would like to host.

#### ABOUT AYUSA

Ayusa International (www.ayusa.org) is a 501(c)3 non-profit student exchange organization founded in 1981 and an official U.S. Department of State designated Exchange Visitor Program Sponsor. In addition, Ayusa administers high profile grant programs funded by the U.S. Department of State and other organizations. Ayusa is a sister company of Intrax, a family of organizations that provides a lifetime of high-quality educational, work and volunteer programs that connect people and cultures. Intrax is headquartered in San Francisco with offices on four continents.

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you would like for a one-off custom shirt. We take your idea and design it for you. Once you approve the design we make it available in our store for you to purchase.

Who do we work with? We work with individuals as well as partner with organizations and businesses. Some of our partners are CrossFit boxes. We relieve the box owners of the hassle of mass shirt orders by creating their very

How does it work? Lets say you have a design own store within W4 Apparel. This allows their members to visit our site and order their shirts directly. We create custom designs at their request and even toss in a few of our own. We offer the same service for non-profits, businesses, and organizations of all kinds.

> Visit us online and view our Partners to see who we are currently working with.

We would love to partner with you as well!







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## <sup>•</sup>Did you know only about 5 - 10% of breast cancer cases are thought to be hereditary?

Don't take chances - get your annual mammogram starting at age 40.



## Now offering 3D mammography and genetic testing!

Evening and weekend appointments are available for your convenience. Please call 281-897-3121 for availability.

- I \*\*Women's Imaging Center at Cy-Fair Hospital (FM 1960 at Jones Road) \*Genetic testing available here
- 2 \*\*Cy-Fair Urgent Care & Imaging Center (at Spring Cypress & Grant)
- 3 Cy-Fair Emergency & Imaging Center (at Barker Cypress & FM 529)
- 4 Cy-Fair Emergency & Imaging Center (Beltway 8 & Tanner Rd.) Opening May 2016

\* According to the American Cancer Society \*\*'Tomosynthesis, (3D mammography) an FDA approved imaging technology designed for early breast cancer detection, is available here.



## CyFairWomensImaging.com

281.897.3121