

NORMANDY FOREST

August 2016

Official Publication of the Normandy Forest Homeowners Association

Volume 5, Issue 8

GETTING READY FOR BACK TO SCHOOL



NORMANDY FOREST

NORMANDY FOREST COMMITTEES

THE ARCHITECTURAL COMMITTEE

Danny Rodriguez 281-528-6640
Mark Lawson 281-651-8034

The Association has an active Architectural Control Committee that approves or denies all construction and any improvements. You may request an ACC form by contacting Chaparral Management 281-537-0957 or the association website. Please keep in mind that the Association has thirty days (30 days) to approve or disapprove any ACC and verbal approvals or disapprovals are not given.

SECURITY COMMITTEE

In the event of an emergency please call “911” or for Precinct 4 please program your cell phone with the number below.

Precinct 4 281-376-3472
Paul Diaz..... 281-651-8606

POOL MAINTENANCE & LIFEGUARDS

Jeffery King 281-655-8675

CLUBHOUSE RENTALS

Chaparral Management / Valerie Overbeck..... 281-537-0957

MAINTENANCE COMMITTEE

John Nemec 281-651-8606 | jnemec@normandyforest.org
Paul Diaz..... 281-687-2045

POOL TAG COMMITTEE

Sally Rodriguez 832-788-4186
Chaparral Management..... 281-537-0957

BLOCK CAPTAIN COORDINATOR

Sally Rodriguez 832-788-4186

IMPORTANT CONTACTS

BOARD OF DIRECTORS

John Nemec | President 281-651-8606
Paul Diaz | Vice President..... 281-687-2045
Judy Doll | Secretary..... 281-528-9110
Sally Rodriguez | Treasurer..... 832-788-4186
Lindsey McPherson | Director at Large..... 713-898-9878

BALLPARK RESERVATIONS

John Nemec | Coordinator 281-651-8606

COMMUNITY SERVICES

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Call Centerpoint for street light repair or outages
Electric | Reliant Energy 713-207-7777
Phone | AT&T www.att.com
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Fire Department | Spring VFD..... 281-355-1266
County Commissioner | Jack Cagle..... 713-755-6444

MANAGEMENT COMPANY

Chaparral Management Company, AAMC
6630 Cypresswood Suite 100 | Spring, Texas 77379
281-537-0957 phone | 281-537-0312 fax
Valerie Overbeck | Association Manager
voverbeck@chaparralmanagement.com

OFFICE HOURS

9am to 5pm | closed for lunch 12:30 to 1:15 pm

NEWSLETTER INFO

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Peel, Inc. www.PEELinc.com, 512-263-9181
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Condolences

To the family of Mr. Ricky Neil who lived on Meadowhill Drive who is survived by his wife, daughter and son. We are so sorry for your loss.



Welcome Neighbor!

Veronica Buchanan
John & Monique Mufarreh

Letter from the President

If you've been to the pool this summer, you'll notice there have been a few changes. We had a new pergola built over the baby pool, providing shade for the young swimmers and their parents. Also, the HOA purchased new tables and umbrellas for the pool area. We have also had the double slide on the play area switched with the ladder. This keeps the slides cooler. Finally, the new pool passes this year are wrist bands that homeowners purchased, with the proceeds going to help fund the new pool furniture.

The HOA hopes everyone is having a safe and fun-filled summer.
-John Nemeec, President
Normandy Forest HOA

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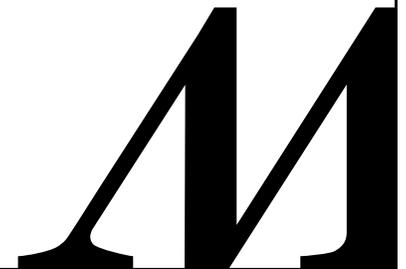
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Yes, You Can Drown Out of the Water!

By Emily Newman

WebMD Health News; Reviewed by Hansa D. Bhargava, MD; WebMD News Archive

Summer is a time for water fun, but also for a higher risk of drowning.

Many people don't realize that people can drown even after they're out of the water. It's a rare phenomenon known as "dry drowning" or "secondary drowning."

To learn more, WebMD spoke with James Orłowski, MD, from Florida Hospital Tampa, whose research on drowning has earned global recognition.

Here's what you need to know about dry drowning and secondary drowning:

Swimming Pool and Beach Safety

What is dry drowning? What is secondary drowning?

While "dry drowning" and "secondary drowning" are not official terms, dry drowning happens when someone breathes in small amounts of water during a struggle, Orłowski says. That triggers the muscles in their airway to spasm and makes breathing difficult.

In secondary drowning, fluid builds up in the lungs, called pulmonary edema, after a near-drowning incident. The fluid causes trouble breathing.

A person who had a drowning close call can be out of the water and walking around normally before signs of dry drowning become apparent. But all dry drowning results in breathing trouble and brain injury, just as drowning in the water does. If untreated, it can be fatal.

Is dry drowning rare?

Dry drowning and secondary drowning are not common. Both probably amount to only 1%-2% of drownings, Orłowski says.

What are the signs of dry or secondary drowning?

A person who has inhaled water can have:

- Trouble breathing, chest pain, or cough
- Sudden changes in behavior
- Extreme fatigue

These signs are not easy to spot, particularly in young children who may normally be fussy or tired after a long day in the sun and water. If your child struggles or has problems while in the water, look for these signs, which can appear hours later.

What should you do if you think someone is at risk?

If you notice any of the signs above, go to the emergency room immediately. Time is an important factor in treating dry drowning.

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