

# NORMANDY FOREST

August 2016

Official Publication of the Normandy Forest Homeowners Association

Volume 5, Issue 8

## GETTING READY FOR BACK TO SCHOOL



# NORMANDY FOREST

## NORMANDY FOREST COMMITTEES

### THE ARCHITECTURAL COMMITTEE

Danny Rodriguez ..... 281-528-6640  
Mark Lawson ..... 281-651-8034

*The Association has an active Architectural Control Committee that approves or denies all construction and any improvements. You may request an ACC form by contacting Chaparral Management 281-537-0957 or the association website. Please keep in mind that the Association has thirty days (30 days) to approve or disapprove any ACC and verbal approvals or disapprovals are not given.*

### SECURITY COMMITTEE

In the event of an emergency please call “911” or for Precinct 4 please program your cell phone with the number below.

Precinct 4 ..... 281-376-3472  
Paul Diaz..... 281-651-8606

### POOL MAINTENANCE & LIFEGUARDS

Jeffery King ..... 281-655-8675

### CLUBHOUSE RENTALS

Chaparral Management / Valerie Overbeck..... 281-537-0957

### MAINTENANCE COMMITTEE

John Nemec ..... 281-651-8606 | [jnemec@normandyforest.org](mailto:jnemec@normandyforest.org)  
Paul Diaz..... 281-687-2045

### POOL TAG COMMITTEE

Sally Rodriguez ..... 832-788-4186  
Chaparral Management..... 281-537-0957

### BLOCK CAPTAIN COORDINATOR

Sally Rodriguez ..... 832-788-4186

## IMPORTANT CONTACTS

### BOARD OF DIRECTORS

John Nemec | President ..... 281-651-8606  
Paul Diaz | Vice President..... 281-687-2045  
Judy Doll | Secretary..... 281-528-9110  
Sally Rodriguez | Treasurer..... 832-788-4186  
Lindsey McPherson | Director at Large..... 713-898-9878

### BALLPARK RESERVATIONS

John Nemec | Coordinator ..... 281-651-8606

### COMMUNITY SERVICES

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MUD #28..... Meet 4th Tuesday of the Month @ 4 pm  
Hayes Utility South (Water & Sewer)..... 281-353-9756  
Trash | Republic Waste ..... 281-446-2030  
Fire Department | Spring VFD..... 281-355-1266  
County Commissioner | Jack Cagle..... 713-755-6444

### MANAGEMENT COMPANY

Chaparral Management Company, AAMC  
6630 Cypresswood Suite 100 | Spring, Texas 77379  
281-537-0957 phone | 281-537-0312 fax  
Valerie Overbeck | Association Manager  
[voverbeck@chaparralmanagement.com](mailto:voverbeck@chaparralmanagement.com)

### OFFICE HOURS

9am to 5pm | closed for lunch 12:30 to 1:15 pm

## NEWSLETTER INFO

### EDITOR

Judy Doll ..... [txcardlady@sbcglobal.net](mailto:txcardlady@sbcglobal.net)

### PUBLISHER

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## NEIGHBORHOOD WATCH

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# NORMANDY FOREST

## Condolences

To the family of Mr. Ricky Neil who lived on Meadowhill Drive who is survived by his wife, daughter and son. We are so sorry for your loss.



## Welcome Neighbor!

Veronica Buchanan  
John & Monique Mufarreh

### Letter from the President

If you've been to the pool this summer, you'll notice there have been a few changes. We had a new pergola built over the baby pool, providing shade for the young swimmers and their parents. Also, the HOA purchased new tables and umbrellas for the pool area. We have also had the double slide on the play area switched with the ladder. This keeps the slides cooler. Finally, the new pool passes this year are wrist bands that homeowners purchased, with the proceeds going to help fund the new pool furniture.

The HOA hopes everyone is having a safe and fun-filled summer.  
-John Nemeec, President  
Normandy Forest HOA

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## Yes, You Can Drown Out of the Water!

By Emily Newman

WebMD Health News; Reviewed by Hansa D. Bhargava, MD; WebMD News Archive

Summer is a time for water fun, but also for a higher risk of drowning.

Many people don't realize that people can drown even after they're out of the water. It's a rare phenomenon known as "dry drowning" or "secondary drowning."

To learn more, WebMD spoke with James Orłowski, MD, from Florida Hospital Tampa, whose research on drowning has earned global recognition.

Here's what you need to know about dry drowning and secondary drowning:

Swimming Pool and Beach Safety

What is dry drowning? What is secondary drowning?

While "dry drowning" and "secondary drowning" are not official terms, dry drowning happens when someone breathes in small amounts of water during a struggle, Orłowski says. That triggers the muscles in their airway to spasm and makes breathing difficult.

In secondary drowning, fluid builds up in the lungs, called pulmonary edema, after a near-drowning incident. The fluid causes trouble breathing.

A person who had a drowning close call can be out of the water and walking around normally before signs of dry drowning become apparent. But all dry drowning results in breathing trouble and brain injury, just as drowning in the water does. If untreated, it can be fatal.

Is dry drowning rare?

Dry drowning and secondary drowning are not common. Both probably amount to only 1%-2% of drownings, Orłowski says.

What are the signs of dry or secondary drowning?

A person who has inhaled water can have:

- Trouble breathing, chest pain, or cough
- Sudden changes in behavior
- Extreme fatigue

These signs are not easy to spot, particularly in young children who may normally be fussy or tired after a long day in the sun and water. If your child struggles or has problems while in the water, look for these signs, which can appear hours later.

What should you do if you think someone is at risk?

If you notice any of the signs above, go to the emergency room immediately. Time is an important factor in treating dry drowning.

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