

# THE TIMES

NEWS FOR THE RESIDENTS OF BRIDGELAND

October 2016

An Independent Publication Serving the Bridgeland® Community

Volume 10, Issue 10

## Bridgeland's 6th Annual Veterans Day Festival is Scheduled for Sunday November 13, 2016 2-5 pm at Festival Park

*Submitted by Kay Burkhalter, Secretary to The Bridgeland  
Community Supports Veterans, Inc.*

- Enjoy the Ceremony Honoring our Vets
- Explore the Honor Wall of Bridgeland Veterans and Family Members
- Learn about the contributions of our Bridgeland Veterans
- Enter the patriotically decorated bicycle contest
- Win the Patriotic Sidewalk Chalk Drawing Contest or the Singing Contest

The Band is Awesome and so are the Face Painters  
Best Bounce House Ever!



## IMPORTANT NUMBERS

### BRIDGELAND COMMUNITY ASSOCIATIONS (HOA)

16902 Bridgeland Landing  
Cypress, TX 77433  
281-304-1318

#### General Manager

Melissa Hargrove ..... mhargrove@pcmi-us.com

#### Assistant Manager

Cris Pulatie ..... cpulatie@pcmi-us.com

#### Activities Director

Rachel Johnson ..... rjohnson2@pcmi-us.com

#### Administrative Assistant

Ann Klak ..... annklak@pcmi-us.com

#### Community Administrator

Denise Saxton ..... dsaxton@pcmi-us.com

### EMERGENCY NUMBERS

EMERGENCY ..... 911  
Fire ..... 911  
Ambulance ..... 911  
Harris County Sheriff ..... 713-221-3300  
Cy-Fair Volunteer Fire Dept. .... 281-550-6663

### AREA HOSPITALS

Cy-Fair Medical Center ..... 281-897-3300  
North Cypress Medical Center ..... 832-912-3500  
Willowbrook Methodist ..... 281-477-1000

### SCHOOLS

Cy-Fair ISD ..... 281-897-4000  
Cy-Fair ISD ..... 281-897-4000  
Robison Elementary School ..... 281-213-1700  
Warner Elementary School ..... 281-213-1650  
Spillane Middle School ..... 281-213-1645  
Smith Middle School ..... 281-213-1010  
Cy Woods High School ..... 281-213-1727  
Cy Fair High School ..... 281-897-4600

### UTILITIES

Trash - Republic Waste ..... 281-446-2030  
Water and Sewer ..... 800-579-4500  
Gas - Centerpoint Energy ..... 800-579-4500  
Electricity - Reliant Energy ..... 800-735-42568  
Cable/Internet/Phone - Comcast ..... 713-341-1000

### PUBLIC SERVICES

Cypress Post Office ..... 281-373-9125  
Drivers License Info. .... 281-955-1100  
Harris County Tax ..... 713-224-1919

### NEWSLETTER PUBLISHER

Peel, Inc. .... 888-687-6444  
Article Submissions ..... [bridgeland@peelinc.com](mailto:bridgeland@peelinc.com)  
Advertising ..... [advertising@peelinc.com](mailto:advertising@peelinc.com)

# THE TIMES

## A newsletter for Bridgeland residents.

The Times is a monthly newsletter mailed to all Bridgeland residents. Each newsletter is filled with valuable information about the community, local area activities, school information and more.

If you are involved with a school group, play group, scouts, sports activity, social group, etc. and would like to submit an article for the newsletter you can do so online at [www.PEELinc.com](http://www.PEELinc.com) or you can email it [bridgeland@peelinc.com](mailto:bridgeland@peelinc.com). Personal news for the Stork Report, Teenage Job Seekers, special celebrations, birthday announcements and military service are also welcome. *Our goal is to keep you informed!*

## Advertising Information

Please support the businesses that advertise in The Times. Their advertising dollars make it possible for all the Bridgeland residents to receive the monthly newsletter at no charge. If you would like to support the newsletter by advertising, please contact our sales office at 888-687-6444 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com). The advertising deadline is the 10th of each month for the following month's newsletter.



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**BRIDGELAND  
VETERANS DAY  
CELEBRATION  
FESTIVAL PARK      NOVEMBER 13, 2016  
2:00 - 5:30 PM  
BAND 3:00 - 5:00 PM**

Join all your friends and neighbors as we come together to celebrate those that have given so much for our freedom - our Veterans. We will have a "Veterans Memorial", Live Performance from Commercial Art, Children's Bike Parade, Children's Games, Singing Contest, Patriotic Music, Bounce House, Face Painters, Bridgeland's Patriotic Photo Contest and a Sidewalk Chalk Drawing Contest. To register and enter any of these contests please email [bveteransday2016@gmail.com](mailto:bveteransday2016@gmail.com).

Please send us a photo and information on the service men and women in your life you would like to honor. Send the information to [bveteransday2016@gmail.com](mailto:bveteransday2016@gmail.com). We will post your photo information on our Honor Wall.

Do you have a Custom Car, Antique, Muscle Car, or Motorcycle? Visit [bveteransday2016@gmail.com](mailto:bveteransday2016@gmail.com) to register it for the car display.

Ceremony Honoring our Veterans with Roll Call at 2:30pm. Please Attend!

For questions, please contact us at [bveteransday2016@gmail.com](mailto:bveteransday2016@gmail.com).

**Visit [www.bridgelandlife.com](http://www.bridgelandlife.com) for more information.**

# ANNUAL FORE CY-FAIR GOLF TOURNAMENT SET FOR OCTOBER 3

## BENEFITTING THE ADAM J. SKINNER MEMORIAL SCHOLARSHIP OF THE CY-FAIR EDUCATIONAL FOUNDATION

The Cy-Fair Houston Chamber of Commerce invites the community to its 18th annual FORE Cy-Fair Golf Tournament at Blackhorse Golf Club on Monday, October 3.

The tournament benefits the Adam J. Skinner Memorial Scholarship of the Cy-Fair Educational Foundation. A scholarship has been established in his memory and the Chamber has contributed more than \$104,000 to date to the endowment.

Player registration will begin at 9:00 a.m. A putting contest and the opening of the driving range will follow at 10:00 a.m. Shotgun start will be at 11:00 a.m. with the awards, dinner, raffle and silent auction at 4:00 p.m.

“This tournament continues to grow each year and provides a great networking opportunity for businesses in the Cy-Fair community,” Leslie Martone, President of the Cy-Fair Chamber of Commerce said. “This event brings those who do business in this community together to raise funds and awareness for a great cause.”

The tournament is underwritten for the first year by Cypress Fairbanks Medical Center Hospital. Returning for its third year as the CFISD sponsor, which includes the opportunity to play with the CFISD Superintendent, Dr. Mark Henry, is IBI Group.

The True Texan sponsorship is still available and offers the opportunity to play with Commissioner Jack Cagle. This \$5,000 sponsorship will receive two team entries, four hole sponsorships, a tournament trophy, hospitality tent at hole of choice and logo recognition in all promotional material.

Other top sponsors to-date include: Brand Junkie, Bridgeland, Caldwell Companies, CenterPoint Energy, Community Impact Newspaper, Consolidated Mills, Inc., Evolution Fitness & Wellness, Frontier Title, HEB-Cypress Market, Joe K. Hutchins DDS, Kindred Hospital Houston Northwest, Louetta Automotive, McCall Gibson Swedlund Barfoot PLLC, Memorial Hermann Cypress, Neighbors Emergency Center, North Cypress Medical Center, Northwest Dodge Chrysler Jeep Ram, PBK, Randall’s, Silver Eagle Distributors, L.P., SS Graphics, Towne Lake and TurnerDuran Architects, LP.

Sponsorship and marketing opportunities range from \$150 to \$5,000. In addition, the public is invited to purchase a \$25 awards dinner and \$10 raffle tickets. You need not be present to win the raffle.

The event is rain or shine. For more information about the tournament, visit cyfairchamber.com. To become a sponsor, purchase raffle tickets or RSVP for a dinner reservation, call Sara Theut at 281-373-1390.



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**GARY GREENE**



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# FORE

**CY-FAIR**  
HOUSTON  
Chamber of Commerce

**MONDAY, OCTOBER 3, 2016**  
**BLACKHORSE GOLF CLUB**  
**11:00 AM SHOTGUN START**

**SPONSORSHIPS AVAILABLE**  
**FROM \$150 - \$7,500**

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**SNACKS AND BEVERAGES THROUGHOUT**  
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**MEMORIAL SCHOLARSHIP FUND**  
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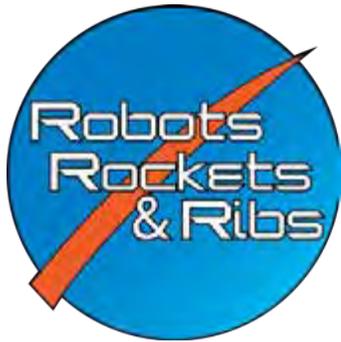
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# CYPRESS RANCH HIGH SCHOOL CY-BORGS ROBOTICS TEAM



Join in the fun on Saturday, October 29 from 11-2 pm at Cypress Ranch High School. Cy-Borgs Robotics Team will be holding their second annual event "Robots, Rockets, and Ribs".

This family- friendly event will include a competition of bottle rockets constructed from 2 liter bottles and launched with pressurized water. Kits will be

available for spectators to construct and launch their own rockets. Prizes will be given for the longest duration flight. Sponsorships for the team rockets are available. Please contact us through our website, [www.cyborgs3335.org](http://www.cyborgs3335.org).

The Cy-Borgs will have several robots on display. This event is for all ages!

FIRST FRC TEAM 3335, Cy-Ranch Cy-Borgs, is a FIRST FRC robotics team based out of Cypress Ranch High School in Cypress, TX. Although we are based at Cy-Ranch HS, we invite students from CFISD to join us if their school does not have a FIRST team. We feel it is very important to make sure all students have an opportunity to participate in FIRST. Our 9th – 12th graders all have interests in science, technology, engineering, math, marketing and media. Together we work as a team, build robots, compete at FIRST FRC competitions, actively participate in STEM Outreach and Community Outreach all year long. We are the longest running FIRST team in our school district. Lunch will be available for purchase at Robots, Rockets and Ribs.

## Cy-Ranch Theatre Presents *HELLO DOLLY*

Get ready to be entertained....CY-RANCH THEATRE presents HELLO, DOLLY! The Cy-Ranch Company is an award winning group of talented students that will blow you away with their singing, dancing, acting...once the curtain is up you will forget you are watching a High School performance and be captured in the world of high energized Broadway entertainment.

HELLO, DOLLY! the blockbuster Broadway hit, bursts with humor, romance, high-energy dancing, and some of the greatest songs in musical theater history. The romantic and comic exploits of Dolly Gallagher-Levi, turn-of-the-century matchmaker and "woman who arranges things," are certain to thrill and entertain audiences again and again. Dolly, the famed New York City matchmaker, receives her toughest challenge yet when rich grump Horace seeks a suitable wife. She successfully matches many others in the city, including Horace's niece and two clerks, but everything seems to go wrong when it comes to matching Horace. Dolly finally realizes that maybe she'd like to marry Horace herself, but only if her late husband will send her a sign - and if Horace himself will have her.

Hello, Dolly will be at Cy-Ranch HS on Nov, 10,11,12, at 7pm and Nov 13 at 2pm. go to our website to find information on how to purchase tickets for the show.

**WWW.CYRANCHTHEATRE.ORG**

Sure to be exciting and another blockbuster on the heels of CyRanch theatre's 2015 Fall musical Chitty that earned 11 Tommy Tune nominations!!!



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## Crimson Cadettes Drill Team DANCE CLINIC

The Cy-Woods Crimson Cadettes Drill Team will host their 11th annual dance clinic for

K-12th grade students from 9:00 a.m. to 1:00 p.m. on October 15th, 2016. Participants will learn dance technique from Crimson Cadette team members! Registration includes specially choreographed routines for each age group, a t-shirt, drink and snack. Showoffs Performance will be held at 12:30 p.m. in the Main Gym

Please register by October 3rd to get the pre-registration price of \$40.

This is a major fund-raiser for the Cadettes and enables them to participate in activities throughout the 2016-2017 school year.

For more information email [kat1964@comcast.net](mailto:kat1964@comcast.net) or check out our website at [www.crimsoncadettes.com](http://www.crimsoncadettes.com), where you will find a sign-up form and a link to PayPal for easy payment.

Crimson Cadette Dance Clinic  
October 15, 2016  
9:00 – 1:00  
Cypress Woods High School

## Cy Ranch HS Choir

Please join the  
The Cypress Ranch High School Choirs for our  
FALL CONCERT

Tuesday, October 4th, at 7:00 p.m. in the Cypress  
Ranch High School Auditorium

Save the Date!!  
The Cypress Ranch High School Choirs  
Present "Candles & Carols"

The Cypress Ranch Choirs will perform their Winter concert, "Candles & Carols", Monday, December 5th, at 7:00 p.m. in the Cypress Ranch High School Auditorium.

Join us for hot chocolate, cookies and holiday cheer!

For more information, please check the Cypress Ranch Choir  
[www.ranchchoir.com](http://www.ranchchoir.com)

### SAVE THE DATE

3rd Annual **Friday October 14th**  
**Patient Appreciation Party!** \* 5-8 p.m.  
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## Cy-Fair Hospital Seeks Volunteers

Have you ever wanted to make a difference in people's lives? By volunteering at Cypress Fairbanks Medical Center Hospital, you can! As a volunteer, you'll have a profound impact on every area of our hospital, serving as a vital resource to our patients, families, visitors and employees. Cy-Fair Hospital offers a variety of volunteer opportunities that accommodate all schedules, including those of working adults, students and retirees. We're always looking for more people ready to help.

For more information you can call (281) 897-3186 or visit us online:

[www.cyfairhospital.com/for-family-visitors/volunteer-with-us](http://www.cyfairhospital.com/for-family-visitors/volunteer-with-us)

24<sup>th</sup> Annual Gingerbread Village  
**HOLIDAY MARKET & CRAFT SHOW**

Saturday  
 October 29, 2016  
 9am - 4pm

Featuring Arts, Crafts, Specialty Foods, Fashion Goods & More!

Located at  
 St. Elizabeth Ann Seton Catholic Church  
 6646 Addicks-Satsuma  
 Houston, TX 77084  
(In Northwest Houston, approx. 1 mile east of Hwy 6 between FM 529 & West Little York)  
 Hosted by SEAS Ladies Auxiliary

Pre-K - 12th Grade

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Come visit! SCHOOL PREVIEW October 25th at 6:30 p.m.

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# October 29 Vintage Park Shopping Village offers free fun night for kids and families

Meet your Favorite Characters and Treats for Everyone

**Event Details**

**Vintage Park Shopping Village**  
**110 Vintage Park Blvd (Located Hwy 249 at Louetta Rd)**  
**Saturday, October 29, 2016**  
**5:00 pm – 7:30 pm**  
**Cost: FREE**

Houston, Texas (September 15, 2016) Meet and greet your favorite characters at Vintage Park Shopping Village on Saturday, October 29, from 5:00 pm until 7:30 pm. The Park will once again partner with the fabulous talent of Truly Enchanting Entertainment.

Kids wear your costumes and join us for treats! Take photos with the characters you love! Spiderman, Captain America, Elsa and Ana from Frozen and of course, Minions everywhere. It's FREE!

Characters will be stationed around the park and you will have an opportunity to take photos and visit participating stores who will have a treat for you.

Don't miss a special live performance Sing-Along at 7:00 pm in the Piazza area by the fountains.



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# St. Peter's Angelican Church Bazaar

The St. Peter's Angelican Church at 19915 Cypress Church Road, Cypress, TX 77433, will host their annual bazaar and bake sale on November 4 & 5 from 8:00 AM until 3:00 PM. There will be seasonal crafts, raffles, bake sales, vendor booths, new-to-you booth and hot dog plates. For further information you may call 281-731-4546 or 281-213-9953.

# Shalom!

## CYPRESS

Shalom Cypress was established in 2011 by local families seeking a Jewish presence in Northwest Houston. We are the closest synagogue within 25 miles of the nearest synagogue. Many thought that they were the only Jews in the Cypress area, but it turns out that they were wrong! Shalom Cypress has grown to more than 30 affiliated families.

School is back, and the High Holidays are right around the corner! In Oct, we will have our High Holidays services. Shalom Cypress will have services the second day of Rosh Hashanah (10-04-16), and Yom Kippur services on 10-11-16 & 10-12-16. Join us a week later to build the community Sukkah.

Shalom Cypress has many ongoing & active programs for people of all ages. It is not too late to sign-up for our Fall 2016 Hebrew School. Please visit our website at [www.shalomcypress.org](http://www.shalomcypress.org), e-mail us at [info@shalomcypress.org](mailto:info@shalomcypress.org), or call Ben Federman at 832-795-2002 to find out more details about the upcoming events.

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# CYPRESS 5K AND PUPPY PARADE

Cypress and Houston area residents can strengthen their families, their bodies, their neighborhood school, and their dogs at a very fun family friendly event this fall. Cypress 5K Fun Run and Puppy Parade benefiting the Performing Arts Department at Spillane Middle School will take place Saturday, November 19th at 9:00 a.m. at Spillane Middle School, 13403 Spillane Woods Blvd.

The event is the school's third annual Fun Run, and will feature a timed run. You don't have to be a competitive runner to participate since the race also features a family run for those pushing strollers or wanting to walk, and a dog walking segment. The race will begin at Spillane Middle School, and go through the Coles Crossing neighborhood. Medals will be awarded in multiple age brackets, and to the first three dogs who cross the finish line.

While generating funds to support the school's award-winning Performing Arts programs is one goal of this run, event organizers want to strengthen the school's ties to the community as well as encourage community spirit and fitness. The race has become an annual tradition for many, and provides the opportunity to run, walk, bond with, and support family, friends, and neighbors. Last year's run had over 900 participants, and was a great success.

Early bird registration continues until October 29 for \$30, which includes a commemorative T-shirt. From Oct. 30 – Nov. 12th registration increases to \$35 and a T-shirt is not guaranteed. Late registration, which continues until race day, is \$40 and does not include the shirt. Family discounts are available through October 29.

Runners who have pre-registered can pick up their packets Thursday, November 17th from 4:00 pm - 7:30 p.m. at Spillane Middle School.

To register or for more information, visit the Cypress 5K Fun Run & Puppy Parade website at <https://thedriven.net/cypress5k>.



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with [ScheduleNow](#) or call 713.222.CARE.

# “Mythbusters: Public Speaking Edition”

## Luncheon Details

Thursday, October 27, 2016

Networking 11a.m.; Luncheon begins at 11:30 a.m.

Sterling Country Club, 16500 Houston National Blvd., Houston, TX 77095

Costs \$25 with advanced reservations; \$30 at the door

We are pleased to have speaker Kathryn Kelly at our October 27 Cy-Fair Express Network Luncheon.



Kathryn Kelly is a communications instructor and private speech coach in College Station, Texas. For the last ten years, she has taught Public Speaking, Argumentation and Debate, Mass Communication, and Oral Interpretation classes while coaching champion collegiate speech and debate teams. Kathryn started ghost writing speeches for politicians and business professionals

during college, and in the last five years has taken on private public speaking lessons to professionals in the public and private sectors.

*"To not speak does yourself, and the world, a great disservice."*

This month's CYFEN meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program. Luncheons

are held at the Sterling Country Club, 16500 Houston National Blvd.

### ABOUT CYFAIR EXPRESS NETWORK (CYFEN)

Now over 60 members strong, Cy-Fair Express Network's vision is to provide a supportive environment for personal growth, business development, networking, education and mentoring to women in our community. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to [www.CYFEN.org](http://www.CYFEN.org).

### ABOUT AMERICAN BUSINESS WOMEN'S ASSOCIATION (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, [www.abwa.org](http://www.abwa.org).



CYPRESS FAIRBANKS  
*Women's*  
IMAGING CENTER

*Join us for a Pink Champagne Brunch!*  
In Honor of Breast Cancer Awareness Month

**Saturday, October 15, 2016**  
**10 - Noon**  
**11307 FM 1960 W.**

Bring a friend and spend a morning with the Breast Care Physicians  
of Cypress Fairbanks Medical Center Hospital

Learn more about:

- Current Options
- Prevention and Screening
- 3D Mammograms
  - Risk Factors
- Latest Treatments
- Survivorship

A delicious complimentary brunch buffet will be served.  
**Space is limited. Please call to register: 1-888-511-PINK (7465).**

# National Association Names Top Ten Business Women of the Year

The American Business Women's Association (ABWA) named Dr. Michelle L. Becker, Founder of Shots for Holly, one of the Top Ten Business Women of the Year. The Top Ten Business Women of ABWA is a national program that honors 10 outstanding members for achieving excellence in career, education and community involvement.

In 2014, Michelle established a 501(c)(3) non-profit organization, Shots for Holly, to honor her friend that died from flu-related complications at the age of 41. Her current roles are spreading awareness through appearances and presentations about the flu and the importance of flu shots, collecting corporate donations, heading up fundraisers, reading literature and research about the flu, and attending networking meetings and functions. She has dedicated her life to educate the public about the flu, to dispel the myths concerning flu shots, and to help those in need get the flu shot.

Michelle relocated to Houston TX in 2005 following her postgraduate fellowship at the National Institutes of Health. After the birth of her daughter, she began selling jewelry for a direct sales company and earned numerous trips and awards. Following Holly's death, Michelle sold the majority of her jewelry collection to fund the

non-profit. With the money, the organization was able to pay start-up fees and purchase a mascot vehicle. Because of her community involvement with Shots for Holly and active participation in numerous organizations, Michelle has earned much recognition. She was named a Federation of Houston Professional Women's "Woman of Excellence" in 2015, and she earned the ABWA "Inner Circle" Award, CYFEN's 2016 "Woman of the Year" Award, and the Cy-Fair Houston Chamber of Commerce "Ambassador of the Quarter" Awards in 2015 and 2016.

## ABOUT CY-FAIR EXPRESS NETWORK (CYFEN)

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"Top Ten candidates are a paradigm for ABWA members who strive for excellence in their careers, their communities, and in the

*(Continued on Page 16)*

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(Continued from Page 15)

Association,” says René Street, ABWA Executive Director. “It was a privilege to recognize these outstanding women this year at the National Women’s Leadership Conference and to gain inspiration from their accomplishments.”

When asked how her membership in ABWA helped her, Michelle recalls, “I had no idea my six years of committee and board membership in CYFEN would prepare me for the biggest challenge of my life. Because of the skills I gained in CYFEN, money was raised and a Board was formed. Volunteers were gathered and a mascot was born. Three years and \$80,000 thus far, Shots for Holly is a viable 501(c)(3) organization lead by dedicated people. ABWA continues to provide support and learning tools necessary to welcome the challenges of setting goals, balancing work and life, teambuilding, and leadership. I am successful today because ABWA showed me the way.”

### ABOUT ABWA

Founded in 1949, ABWA’s mission is to bring together business women of diverse occupations and to provide opportunities to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

*For more information: visit [www.abwa.org](http://www.abwa.org).*

# PET OF THE MONTH



LuLu was found with her 2 babies living on the streets. LuLu is a Jack Russel Terrier/Chihuahua Mix. She is a sweet calm girl that loves to be petted. She is approx 1-2 years old. She gets along with kids and dogs. She has a beautiful white and Black wire coat.

**Watch her video here:**

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## Cy-Fair Republican Women

Guest speaker for CFRW October meeting will be Rick Figueroa, a leader for the future of the Republican Party. Rick believes that we are at a crossroads, in need of a renewal of our Republican values. He wants to carry the message that we are a party of addition and the only party with anything to offer the Hispanic community.

**Tuesday, October 11th**  
will be CFRW General Meeting  
10:30 AM - Noon.

Meeting is \$3 -- Meeting w/Lunch at Noon is \$20.

Hearthstone Country Club  
7615 Ameswood, Houston, TX 77095

Enjoy likeminded fellowship and getting to know our candidates. All are welcome! Candidates, we want to get to know each of you.

**RSVP to [www.cfrw.net](http://www.cfrw.net) by October 4th.**

*Note:* November Meeting will be the 1st as Election Day is the 8th.

## Cypress Texas Tea Party

*The next meetings of the Cypress Texas Tea Party will be on:*

**Saturday, October 8, 2016 NOON - 2:00 PM**

- Renee McGee, Judge, 337th District Court
- Debra Ibarra Mayfield, Judge, 165th District Court

**Saturday, October 29, 2016 NOON - 2:00 PM**

- Eric Golub, Political Conservative Comedian

[www.tygrrrrexpress.com](http://www.tygrrrrexpress.com)

**Spring Creek BBQ**

25831 Northwest Freeway

Cypress, Texas 77429

Map: <http://goo.gl/maps/OoNjY>

*A schedule of our meetings and confirmed speakers can be found at our website, [www.cypresstexasteaparty.org](http://www.cypresstexasteaparty.org)*

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2008, 2010 BBB - Award of Excellence

## Athlete Training + Health Collaborates with Health Care Systems to Redefine Athlete Development

Athlete Training + Health (ATH), formerly known as CES Performance, has trained thousands of professional, collegiate, high school and youth athletes since 1997. Now, ATH is working with Memorial Hermann in Houston and Texas Health Resources in Dallas/Fort Worth, to offer in-house clinical care at ATH facilities.

ATH opened their first Texas facility at Houston Sports Park in 2012. In June 2016, ATH opened a second Houston-area facility in Spring, Texas. At 38,000 square feet, it is the largest facility of its kind in the state. As part of the new facility, Memorial Hermann, the largest not-for-profit health system in Southeast Texas, offers onsite clinical services with access to primary care physicians, and sports medicine and rehabilitation specialists.

In 2017, ATH plans to open additional facilities in Katy, Texas and Sugar Land, Texas – each of these facilities will include a Memorial Hermann Urgent Care and sports medicine office – and also in Arlington, Texas, collaborating with Texas Health Ben Hogan Sports Medicine. ATH expects to expand beyond the state of Texas with partnerships with health care systems in other markets.

Relationships between ATH and local health care systems create an environment for athletes and active adults to receive full-spectrum training and care. The company aligns with these health care organizations and leaders in sports medicine, performance research and nutrition to advance

human performance and provide athletes with the most effective training programs.

“Our facilities are a phenomenal place for the professional, collegiate, high school and youth athletes in Texas,” says Danny Cooper, COO of ATH. “Our collaborations with health care systems help athletes to receive proper care, instruction and development throughout their athletic career. With our new adult fitness offering, we can also impact the lives of active adults.”

Wayne Fraleigh, Vice President of Operations for Ambulatory Services at Memorial Hermann Health System, agrees. “By offering in-house clinical services, we are able to offer immediate, safe, high quality care for non-life-threatening health conditions, thereby bringing out the best in sports medicine and performance training for athletes of all ages.”

Not only does ATH affect the Texas athletic community, but also the athletic coaching community worldwide. ATH hires many international coaches, coming from countries such as England, Canada, Ireland and Trinidad and Tobago. ATH athletes are equally varied, coming from many sports backgrounds and regions. ATH clients have competed in the MLB All-Star Game, the World Series, the Super Bowl, the NFL Pro Bowl, the MLS Cup, the Olympic Games, the FIFA World Cup, all the major collegiate conferences and high school state championships.

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# BOO TO YOU FROM OUR CREW

By Cheryl Conley, TWRC Wildlife Center

It's hard to believe that Halloween is just around the corner. One of my favorite things to do is to carve pumpkins into Jack-o-lanterns. I've never given any thought to why we do that or how this custom started until I began writing this article.

There are many tales about the practice of carving pumpkins. One comes from Irish folklore. A man named Jack, who was a blacksmith, didn't want to go to hell for his many sins so he tricked the devil into guaranteeing that he wouldn't. When Jack died, little did he know that although he was spared from going to hell, he was also denied entrance into heaven. God did not want him. Legend has it that the devil gave Jack a burning coal which Jack put into a carved-out turnip to use as light while he roamed aimlessly somewhere between heaven and hell. Thus the name Jack-o-lantern was born.

Legends aside, we all love carving pumpkins but isn't it a shame that most of them end up in the trash when the holiday is over? Well, this year, don't trash them! Feed our wildlife. Please keep in mind that these suggestions only apply to pumpkins that haven't been painted or decorated which can be toxic to wildlife.

1. Make a bird feeder (see photo). Use wooden dowels and strong twine. It's a good idea to punch holes in the bottom of the pumpkin to let

water drain. You can also cover the holes you made to make the face so the seed doesn't spill out.

2. Save the pumpkin seeds for large birds and small mammals. Let the seeds dry out and then place them in a shallow bowl or flat tray. If the seeds aren't

being eaten, mix them with a small amount of black oil sunflower seeds.

3. You can place small pumpkins around your yard. For larger pumpkins, cut into smaller pieces. Be sure to place some of the pieces in secluded areas of your yard.

There is magic in the night when pumpkins glow by moonlight. HAPPY HALLOWEEN!

TWRC Wildlife Center admits over 5,000 injured and orphaned animals every year. We don't receive any City, State or Federal funding and we need your help. As you begin thinking about the holidays, please remember to include TWRC Wildlife Center in your gift-giving. Donate through our website at [www.twrcwildlifecenter.org](http://www.twrcwildlifecenter.org).



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# ROCKETFEST

Family Fun Fair & Silent Auction

Friday, October 14, 2016

5:00 – 9:00 pm

Robison Elementary School

17100 Robison Woods Rd. Cypress, TX 77429

The Robison Elementary School PTO will be hosting a Family Fun Fair & Silent Auction on Friday, October 14, 2016 from 5:00 pm to 9:00 pm on the Robison Elementary fields. The event is open to the public and will be a fun time for all ages. Complete with boardwalk games, cake walks, food and more, you won't want to miss! Bring all the kids and come join in the fun, mark your calendars now!

Wristbands will be \$30 at the door for unlimited boardwalk games. Separate charges will apply for the adventure activities, food and show. All proceeds will benefit the Robison Elementary PTO.

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- Summerwood
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- Village Creek
- Villages of Decker Oaks
- Villages of NorthPointe
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## Bridgeland Year-to-Date Sales Report

	Nov '15	Dec '15	Jan '16	Feb '16	Mar '16	Apr '16	May '16	June '16	July '16	Aug '16
\$500,000 and above	0	3	0	1	1	1	3	1	2	5
\$451,000--\$499,999	0	1	0	0	0	0	3	4	3	4
\$351,000--\$450,999	3	5	7	6	8	7	6	7	15	1
\$276,000--\$350,999	4	7	5	3	6	6	7	8	9	11
\$231,000--\$275,999	2	2	4	0	0	1	5	3	5	5
\$201,000--\$230,999	0	0	0	0	0	0	0	1	1	0
\$200,999 and below	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>9</b>	<b>18</b>	<b>16</b>	<b>10</b>	<b>15</b>	<b>15</b>	<b>24</b>	<b>24</b>	<b>35</b>	<b>26</b>
<b>Highest \$/sq ft</b>	<b>\$133.88</b>	<b>\$143.57</b>	<b>\$142.87</b>	<b>\$138.68</b>	<b>\$136.16</b>	<b>\$138.92</b>	<b>\$152.14</b>	<b>\$151.45</b>	<b>\$176.78</b>	<b>\$175.84</b>

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